



Windsor Regional Hospital

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Tribune

I skate where the puck is going to be, not where it has been.
Wayne Gretzky.

Windsor Symphony Scheduled to Play at Met Campus

The Windsor Symphony String Quartet will play on March 19, 2008 in the Met Campus Lobby between Noon and 12:45 p.m. as part of the 'In Concert With Wellness' series. Everyone is welcome.

Problem Gambling Awareness Month is March

Problem Gambling Services is recognizing Problem Gambling Awareness month with a series of activities. Watch for displays at both campuses. Everyone is invited to an Open House being held Friday, March 7, 2008 from Noon to 4 pm at their offices—2109 Ottawa Street. Problem Gambling Services offers support, education and treatment to people with gambling addictions and their families.

WRH Recognizes Social Work and Pharmacy

Special congratulations go out to members of the Social Work/Discharge Planning and Pharmacy Departments who celebrate their respective 'weeks' in March. Social Work provides the assistance our patients and their families require after discharge including placement assessments for long term care facilities or referrals to the Community Care Access Centre. Pharmacy Services provides the most appropriate medication and consults with our patients to resolve any drug-related problems, such as inappropriate dose, drug interactions, allergies and duplication. Both Departments perform essential roles for our Organization—Hats off to them!!

Take a Walk in My Shoes—A Size 10 Success!!!

Over 60 participants were able to walk in the shoes of a WRH staff member earlier this week. Appreciation is extended to all those who were learning partners for this activity. Another 'Take a Walk in My Shoes' experience is planned for this year. For more information, contact Melissa Simas, Manager of Human Resources at ext. 72302.

Special Event to be Held in Support of the 64 Slice CT

Charly's Brew Pub & Grill will be hosting a party on March 29th in support of the 64 Slice CT Scanner. Tickets are \$15 and include one refreshment, pizza and a chance at winning some great prizes. Enjoy dancing to Bigg Wiggle. For more information, call Paula Talbot at ext. 72563.

Win an Opportunity for a "Personal Shopping Experience"

As part of the "10,000 steps for 10,000 pound initiative, all staff have an opportunity to win a \$150 grocery gift certificate and assistance from a WRH Dietician. Each time someone enters their weight loss progress, their names will be entered into a draw. To enter, visit the WRH website. Those who do not have access to a PC can contact Stephanie Harcus, Administrative Assistant for Human Resources at ext. 52330.

**Did you know? Pedometers are available for purchase at HR at Met
or in the Cardiac Wellness Centre at Western for \$15.00.**

**The WRH Tribune is a publication of the Public Affairs Department of Windsor Regional Hospital.
Submissions can be made to gisele_sullens@wrh.on.ca or by calling ext. 52008.**