



# "Never in a Million Years..."

Always feeling healthy and then, out of the blue, the first pains came in August 2015.

Then again in November that year.

Crippling pain that shot up the left side of Karen McKeown's back and lasted for seven days each time. Then she began experiencing abnormally fast heart rhythms or palpitations.

With the palpitations, one day she lost control of her right arm.

By the time she got to Emergency, Karen was passing out. She was immediately sent to the Cardiac Care Clinic, where she was given a stress test and put on a two-week cardiac monitor.

Only a few days passed before she was back in the cardiac clinic, the episodes out of control.

This time a CT scan revealed a large lesion in her brain. Brain surgery and more tests revealed that Karen had cancer – a tumour in her brain along with eight tumours in her lungs and a large mass in her left adrenal gland.

This began Karen's intense battle with cancer. Full

brain radiation, at-home chemo, and then years of immunotherapy.

After her brain surgery, Karen was compromised on the right side. She had to relearn how to walk and use her hand.

Yet now, Karen says, "I'm feeling extraordinarily well. I've responded incredibly well to the treatment."



Karen McKeown credits the dedicated care of her Windsor Regional Hospital team with keeping her alive.

Karen credits the dedicated care of her Windsor Regional Hospital team with keeping her alive. And she's experienced first-hand how important updated, high-tech equipment is in fighting cancer like hers.

That's why Karen is writing a book she's titled "Never in a Million Years — A Compilation of Stories from People Living with Life-Altering Diagnoses." Karen says, "I think once you are diagnosed with one of these diseases you think, 'never in a million years did I think this would be me."

Sales of the book, which will be a 100% fundraiser, will be earmarked for the new CT scan

that the hospital is still paying for - a project that Karen is passionate about.

"When I originally went for my CT scan they had an old CT scan machine. When I walked into the room about a month ago, I immediately noticed the CT scan was new. This one is three times as effective."

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#### "Never in a Million Years..."

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Karen wants everyone to know how important donor support is to our hospital.

"I just celebrated my 62nd birthday. Never did I think I would make it. It's amazing, and I don't take it for granted.

If you're well, you don't think about health needs. When you're ill you realize that these new technologies are so necessary. You never know when you're going to need that type of diagnostic imaging. It helps doctors to know what they are dealing with — and how to treat it."



For more information or to contribute to Karen's ebook, please visit: wrh.on.ca/neverinamillionyears.

### Thank you from the Chief of Staff

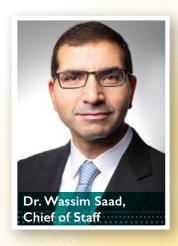
### Thank you!

From all of us at the hospital – the entire health care team and support staff – please know how grateful we are for your support.

There is no more important task than ensuring we are doing our very best for the patients and families in our care. In order to do that, we need to put the very best equipment and technology into the hands of our health care providers.

You and your family, friends and neighbours deserve nothing less.

You have given so generously to many different areas of the hospital. I can tell you that the best, state-of-the-art equipment is only available through your gifts.



## Your Gifts Support Essential Equipment!

Your gift to the Windsor Regional Hospital Foundation helps your hospital to provide the best possible care for our patients.



#### **Audiometer**

Used to measure how well a person hears.

Cost: \$15,255



#### Holium Laser

A surgical laser used in several types of urological surgeries including removing kidney stones.

Cost: \$50,000



#### **Defibrillators**

Used to save the lives of patients suffering from a heart attack

Cost: \$18,607

Please fill out the reply form enclosed if you wish to make a special gift or go online at <u>wrhfoundation.ca</u>.

#### Your questions answered:

### Dr. Dhanoa explains what 3D mammography is and how it's saving the lives of women you love

In the last five years alone, Windsor Regional Hospital has performed over 85,000 breast screening exams.

That's an incredible number, isn't it?

85,000 exams aimed at detecting breast cancer as early as possible, knowing that every day counts for women to begin treatment.

A 3D digital mammogram could help more of these women survive.

Dr. Deljit Dhanoa, our Chief of Diagnostic Imaging, explains that 3D digital mammography is a breast imaging test. It takes multiple x-rays from different angles, to create a three-dimensional picture of the breast. "By evaluating the breast at multiple angles, sometimes 'hidden' cancers can be more easily detected," he explains.

Right now, the Foundation and some very dedicated donors and volunteers are working hard on a fundraising campaign to bring this cancer-fighting technology to the Windsor region. Events





like Sail into Summer and the India Canada Association's annual gala have already raised \$200,000 of the \$500,000 we need to purchase a 3D digital mammography unit.

Windsor Hospital Foundation supporter Alison Baldwin in Amherstburg has been "Kicking Cancer to the Curb One Boot at a Time" with her team of volunteers, going door-to-door asking people to fill up boots with donations.

Together, we can bring this vital technology to our region, and support the women we love!

## "Your support is everything to me and so many other patients"

Nathan Boutcher wants to thank everyone who has supported the campaign for our Renal Dialysis program. The donations you made will support the purchase of equipment to treat patients with kidney disease.

This includes replaced and upgraded treatment chairs with special 'documentation arms' — essential as many dialysis patients spend up to 4 hours at a time in these chairs. Every second they spend there will now be more comfortable because of the compassion of donors like you.

The new chairs let patients switch positions



and have
adjustable
backs to
relieve
discomfort.
They are built
with swing
arms to give
easier access
to those
patients with
disabilities.

They even have a massage setting to ease the aches of sitting so long.

These chairs really are a lifeline for all patients like Nathan, who are being treated for kidney disease.

# Our Investment In Men's Health

Windsor Regional Hospital will be making significant investment to improve its Men's Health Program in 2020.

With the help of the Windsor Regional Hospital Foundation, the plan is to purchase new cystoscopes and ureteroscopes that require replacement. These special scopes allow doctors to diagnosis and treat urology issues like urinary tract infections, kidney stones, bladder control issues and prostate problems. Other items that will help in the treatment of urology issues include a Holium Laser, Neptune Drainage System and Bladder Scanner.

In fact, these pieces of urological equipment will go a long way to help diagnose and treat patients – both men and women.

Two events will have a focus on Men's Health in 2020 — a Charity Golf Tournament at Essex Golf and Country Club on May 21st and Sail into Summer II on June 27th at the Windsor Yacht Club.

The community's support is essential to improving the current program. For more information on upcoming events or to make a donation to fund essential urological/surgical equipment please visit wrh.on.ca/Support or call 519-985-2656.

Thank you for helping keep the men in our community healthy!

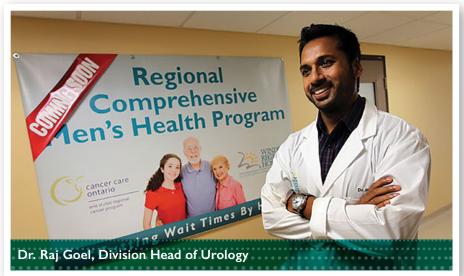


Photo courtesy of Windsor Star

## **Upcoming Events**



March 4th, 2020

Hats On For Healthcare

Businesses and organizations put on their Hats to support the WRH Foundation

May 21st, 2020

Windsor Regional Hospital Foundation Charity Golf Tournament

Essex Golf and Country Club, supporting Men's Health

June 27th, 2020

Sail Into Summer II

Windsor Yacht Club, supporting Men's Health

Visit <u>wrhfoundation.ca</u> for more details



P. (519) 985-2656 wrhfoundation.ca
Join us on @WRHFound