



FRONTLINE OCTOBER 8, 2019 TRIBUNE

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COMPASSION is our
PASSION



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital

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WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

To contribute a news tip, story or advertisement in the next issue, please email us at:

frontlinetribune@wrh.on.ca



@WRHospital

We Need To Move Forward

Having worked in Windsor hospitals since 2005, WRH Chief of Professional Staff, Dr. Wassim Saad, knows the challenges staff faces in the old buildings and the issues they create for patients.

At a recent rally organized by the group 42Forward, Dr. Saad told the crowd of about 200 people why he supports the plan for a new Windsor-Essex Hospitals System.

"A new hospital means state-of-the-art facilities, with more privacy for patients, more space for our staff to provide care, reduced chance of infection, quicker service by medical staff and eliminating the need to transfer patients from one campus to another," Saad told the crowd.

In the last year, 1500 patients were transferred between campuses. "That is not ideal medical care," Dr. Saad told the crowd. "Not in this century or the last one," said Dr. Saad.

The group 42Forward supports moving forward with the new hospital at the selected site.

In addition to Dr. Saad, the group heard from University of Windsor Biology Professor and Director of the Windsor Health Institute, Dr. Lisa Porter and several patients.

Dr. Saad received a standing ovation after his closing remarks, "We are ready, so let's go!" Well said Dr. Saad! #WeAreReady



Organizers of the 42 Forward Rally encouraged the crowd to make their support for the Windsor-Essex Hospitals System known by writing letters and speaking with elected officials."

Shoppers Drug Mart To Help Bring 3D Digital Mammography Machine to Windsor Regional Hospital

On Tuesday, October 1, 2019, Shoppers Drug Mart announced that 20 local stores will be partnering with the Windsor Regional Hospital Foundation to raise funds for a new 3D Digital Mammography machine.

The donations will be part of the Shoppers Drug Mart's Growing Women's Health - 'Love. You.' campaign, a four-week program held across Canada each Fall in support of leading women's health organizations. Shoppers are able to make donations at the cash register to help the stores "grow their tree" by purchasing a leaf for \$1, butterfly for \$5, apple for \$10, or bird for \$50.

The goal is to raise \$50,000 through this campaign to go towards the purchase of the 3D Digital Mammography equipment, which give patients an imaging test that creates a three-dimensional picture of the breast.

During the month of October, whether you're visiting your local Shoppers Drug Mart to pick up a prescription, a newspaper, or a carton of milk, a donation on top of your purchase will directly support a healthier Windsor/Essex County.



Dr. Matt Thibert, Pharmacist with Shoppers Drug Mart.

Visit our website for more information at www.wrh.on.ca



UPCOMING EVENTS

MONDAY, OCTOBER 14, 2019

Canadian Thanksgiving

OCTOBER 21 - NOVEMBER 11, 2019

WRH Family Giving Campaign

Met & Ouellette Campuses

THURSDAY, OCTOBER 24, 2019

Do Good Divas

A Night Out in Handbag Heaven

Caboto Club

2175 Parent Avenue, Windsor

SUNDAY, OCTOBER 27

T2B Halloween Spooktacular

Malden Park

4200 Malden Road, Windsor

THURSDAY, OCTOBER 31, 2019

Halloween

FRIDAY, NOVEMBER 1

Palliative Care Education Day

Ciociaro Club

3745 Talbot Road, Windsor

WEDNESDAY, DECEMBER 25, 2019

Christmas Day

WRH Recognized For Organ and Tissue Donation Efforts

Saving lives through organ and tissue donation is a team effort. When an organ is deemed suitable for transplant, clinical and non-clinical staff work together to ensure that the process to retrieve organs and tissue that can be safely transplanted to another individual waiting for a transplant is timely and successful.

Last week, Windsor Regional Hospital received special recognition of these efforts from the Trillium Gift of Life Network, the Government of Ontario agency responsible for delivering and coordinating organ and tissue donation and transplantation services across the province.

WRH was presented last week with the Provincial Conversion Rate Award, which reflects the number of patients who went on to become donors out of all potential donors. Organ donation is a complex process and the conversion rate reflects how well TGLN and WRH work together to save lives.

In 2018-19, WRH had 13 organ donors which led to 49 transplants performed from organs recovered at the hospital and 62 tissue donors enhancing the lives of many more individuals.

"Windsor Regional Hospital is an outstanding example of how applying leading donation practices can save lives," says Ronnie Gavsie, President and CEO, Trillium Gift of Life Network. "The award is a reflection of the culture of donation established at Windsor Regional Hospital and a reminder of the work that we still need to do in other communities across Ontario. We will not be complacent."

During the event, WRH gave special recognition to "Hidden Heroes" at the hospital whose dedication helped ensure the process to save loved ones is successful which included:

- Frank Foote

Pharmacist, Intensive Care Unit
Ouellette Campus

- Nicole MacKinnon

Physiotherapist
Ouellette Campus



HELPFUL HINT

It is important to dial Ext. 3333 for all Emergency Codes. By dialing 3333 your call will be answered immediately. If you dial "0" for an Emergency Code, your call is placed into a queue delaying the response.

Also, don't know someone's extension? You can reach the Nuance Voice Activated Calling System by dialing Ext. 56660 to be connected to staff and departments. This will avoid unnecessary calls to switchboard.



King's College Hospital in London reports that a 2016 Candida auris outbreak involving 34 cases cost over \$1.2 million USD to control. There were 4 deaths, and the infection was linked to longer hospital stays, haemodialysis, and antifungal therapy.

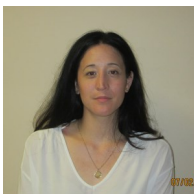
United Way Campaign Wraps Up At WRH

It is with great pleasure that we announce that WRH employees donated \$17,663.00 to the United Way of Windsor-Essex County. The United Way still has a long way to go to reach their goal and pledges will continue to be accepted in the Public Affairs office by contacting Linda McLean at ext. 52005.

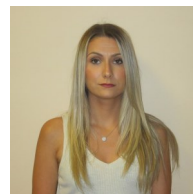
To view the list of winners, please click on the following link:

www.wrh.on.ca/uploads/Common/2019%20United%20Way%20Winners.pdf

INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



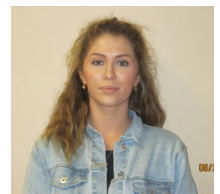
Nicole Lemay
REGISTERED
NURSE
OPERATING ROOM



Lynn McFadden
RECORDS
CLERK
HEALTH RECORDS



Sara Williams
REGISTERED
NURSE
FAMILY BIRTHING CENTRE



Torri Trojand
REGISTERED
NURSE
MEDICINE



A GIRLS NIGHT OUT IN Handbag HEAVEN

Fabulous Handbag Auction
including Celebrity, Vintage &
Designer Bags Supporting
CMHA Windsor-Essex County
& Windsor Regional Hospital

\$65/Ticket
\$600/Table of 10

Thursday, October 24
Giovanni Caboto Club
Doors at 5 pm | Tim Hortons Coffee Bar
Fashion Show and Dinner at 6 pm

tickets@dogooddivas.com | 519-996-4997 | www.dogooddivas.com

You Could Win By Taking The Next e-VOLVE Survey!

Your e-VOLVE Program team wants everyone to fill out the latest quick survey to assess our organizational awareness of the coming Hospital Information System renewal.

Your participation will help the team understand where our current strengths are and identify areas in need of additional support. After you complete the survey, you will be entered in a draw for a \$100 Amazon gift card!

It only takes three minutes to complete, and the survey closes Wednesday, October 16th. Please check your WRH in-box for the link!

Take the online survey

e-VOLVE SURVEY #2 Tell Us What You Think



SURVEY INSTRUCTIONS

- Go to www.e-VOLVE.ca
- Only takes 3 minutes
- Survey closes October 16th



ONLINE SURVEY:
WWW.E-VOLVE.CA

Halloween SPOOKTACULAR MINI GOLF FUNDRAISER

WEDNESDAY, OCTOBER 30, 2019

Colasanti's Tropical Gardens, 1550 Road 3 East, Kingsville, Ontario

Registration: 4:30pm • Mini Golf Start: 5:00pm
Buffet Dinner: 6:00pm - 7:00pm • Prizes: 7:00pm
Costs: \$35.00 Adult & \$20 /Child under 12
Prizes for Best Costume, Low Score & Fun!

For more information or sponsorship opportunities:

Email: cscollard@dmarehab.com

Phone: 1-866-309-0046 ext.348

DMARehability
Health Management Solutions

Velocity
We Move With You - Injury to Recovery



WINDSOR REGIONAL
HOSPITAL FOUNDATION

Proceeds benefit the Windsor Regional Hospital Trauma Program & Injury Prevention

VENDORS ON DISPLAY OCTOBER 7-11, 2019

MET CAMPUS

Accessorize it, Zesty Boutique, Robert Bishop Artwork,
Funky Living, Umbi Fashion, Silver 'n Such,
Crystal Clear Jewellery, Just Jewellery

OUELLETTE CAMPUS

Your Sole Comfort, Barb's Healthcare,
Zesty Boutique, Qualicare

Please note: Vendors subject to change.

Breast Cancer Awareness

PINKTOBER

Every Wednesday in October
wear pink to promote
breast cancer screening!

Email a photo of your team for a chance to
win a prize: ScreeningContest@wrh.on.ca

Post on social media & tag us!



Watch our pages for
your contest photos.

To learn more about Breast Screening visit:
www.cancercareontario.ca/getchecked



#RECIPEOFTHEWEEK

Turkey Stuffing Meatloaf

Makes 10-12 servings

Prep Time: 20 min

Bake Time: 60 min



INGREDIENTS

- 4 cups dry stuffing mix, divided
- 1 quart turkey stock, divided
- 6 tablespoons butter
- 1 ½ cups onion, diced
- 1 cup celery, diced
- 2 teaspoons minced garlic
- 1 tablespoon Poultry Seasoning
- 4 whole eggs, beaten
- 2 pounds ground turkey
- 1 ½ teaspoons kosher salt
- ½ teaspoon freshly ground black pepper

GRAVY

- Half of stock from above
- 3 ½ tablespoons butter
- 5 tablespoons all-purpose flour
- ½ teaspoon browning and seasoning sauce
- Cranberry sauce, for serving on the side

DIRECTIONS

Preheat oven to 375 degrees F. In a large bowl, add 3 cups of the stuffing mix and stir in two cups of the stock. Let sit to soak up the liquid and soften. In a medium saute pan over medium heat, add butter to melt. Once melted, add onion, celery, garlic and poultry seasoning. Cook until the vegetables are starting to get soft. Set aside to cool. Pour the remaining cup of stuffing mix in a food processor and process to crumbs. Set this aside. Add the eggs, ground turkey, salt and pepper to the bowl with the three cups of stuffing mix and gently combine. Add the now-cooled celery and onions along with the cup of ground stuffing mix to the bowl and stir in to combine. In a small saute pan in some melted butter, fry up a small piece of the meatloaf to sample a taste. Adjust the seasonings as needed. Line a medium sheet tray with parchment and spray with pan spray. Scrape the meatloaf mixture into the center of the prepared sheet tray. Fill a bowl with water and using wet hands, form the meatloaf into a log, wetting hands often to shape and smooth top and sides. This will also help keep it from cracking. Bake for 55-60 minutes to an internal temperature of 155 degrees F. If you use an instant read thermometer instead, as soon as you withdraw the probe, insert a fat toothpick into the hole to stop the juices from leaking out. Once the internal temperature reaches 155 degrees F, remove the meatloaf from the oven, tent with foil and let rest 15 minutes before slicing. While the meatloaf is cooking, make the gravy by heating the two remaining cups of stock in a medium sauce pan. In a small saute pan, melt the butter over medium low and add the flour. Cook for 2-3 minutes until raw flour smell is gone. Slowly add this mixture to the hot stock while whisking until you reach your desired thickness.

NUTRIENTS Per Serving:

Calories: 533, Protein: 27g, Total Fat: 20g, Carbohydrates: 60g, Sugar: 13g, Fibre 3g, Sodium: 1013mg



Ontario
Palliative Care
Network



PALLIATIVE CARE

EDUCATION DAY



A UNIQUE LOOK AT PALLIATIVE CARE FROM 5 DIFFERENT PERSPECTIVES:
CARDIOLOGY, NEPHROLOGY, ONCOLOGY, PRIMARY CARE, & INTENSIVE/CRITICAL CARE.

FRIDAY, NOVEMBER 1, 2019
7:30 AM - 2:30 PM

CIOCIARO CLUB (SALON A), WINDSOR, ON

TARGET AUDIENCE: ALL HEALTHCARE PROFESSIONALS

PRESENTATIONS BY:

Dr. Kathy Kortez-Miller
Author, Assistant Professor
at Lakehead University

Dr. Jennifer Shapiro
The Temmy Latner Centre
for Palliative Care

Willi Kirenko
Nurse Practitioner

Keynote speaker: Dr. Frank Ferris
Executive Director, Palliative Medicine Research & Education, OhioHealth
and various local specialists!

FREE FOR ALL
TO ATTEND

REGISTER ONLINE Before October 18, 2019:
<https://palliativecareeducationday2019.eventbrite.ca>

QUESTIONS? CONTACT BROOKE MELOCHE AT 519-254-5577 EXT. 52800 OR BROOKE.MELOCHE@WRH.ON.CA

**Do you have a story news that you think should
be in the next issue of the Frontline Tribune?**

Send it to us via email to:

frontlinetribune@wrh.on.ca