

# Frontline Tribune

The more you recognize and express gratitude for the things you have, the more things you will have to express gratitude for. ~Zig Ziglar



OUTSTANDING CARE –  
NO EXCEPTIONS!



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www.wrh.on.ca



## CLEAN HANDS SAVE LIVES

Our patients count on us to heal them - and to keep them safe. No one should enter our hospital and be harmed by our actions or inactions.

Proper hand-washing is essential in reducing and eliminating the risk of hospital-acquired infections. WRH's Ouellette Campus has launched a hospital-wide, unit-by-unit blitz aimed at increasing hand-washing compliance by staff - both before and after seeing a patient, and while entering or exiting the building.

"When our hand-washing rates are high, hospital-acquired infections are low," stated David Musyj, President and CEO at a Town Hall Meeting. To view the presentation, go to: <http://bit.ly/1eotpOu>

David says staff should not be afraid to remind colleagues and visitors of the need to practice proper and regular hand-washing techniques, and urged those who receive reminders to take the request as a constructive one.

"We have to be personally responsible to make sure that each of us washes our hands."

Each area of the Campus will be part of the hand-washing blitz, which will include ongoing audits. Infection Control staff will work with individuals on each unit to discuss best practices and also respond to concerns about where hand-washing stations are located. If they are in an inappropriate location, they will be moved to a more convenient spot for easier access.

You will notice staff wearing buttons that read "Stop and Sanitize ... Clean Hands Save Lives" around the Campus to provide additional reminders. Volunteers will also be helping remind visitors who enter and exit the building.

David encourages staff to "lead by example" so that visitors will better understand the importance of hand-washing in reducing hospital-acquired infections.

"It makes a huge difference," he says. "When they see staff do it, they'll do it themselves."



Clean hands save lives.



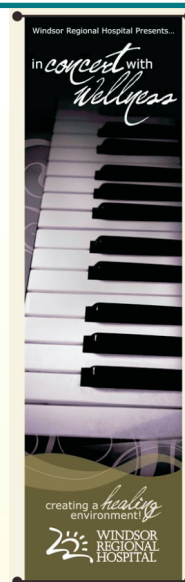
## WRH HEALTHY LIFESTYLES PROGRAM UPDATE

Need to get fit in the New Year? Windsor Regional Hospital's Healthy Lifestyles Program is just what you need toward your personal objectives.

Several fitness classes are available at both the Met Campus and Ouellette Campus:

- Yoga at Lunchtime at both Met and Ouellette - Register by January 3, 2014
- Pilates at Lunchtime at both Met and Ouellette - Register by January 3, 2014
- Strength and Tone at Lunchtime at Ouellette Campus - Register by January 31, 2014
- Boxing & Fitness Boot Camp (after hours) at Ouellette Campus - Register by January 10, 2014

To register, visit Healthy Lifestyles on the Human Resources section of the WRH Intranet.



### Dr. Coughlin and Friends

December 23rd, 2013  
11:15am to 12:15pm  
Mezzanine  
(off the Heritage Hall)  
at Ouellette Campus

Come and enjoy  
Dr. Coughlin and Friends  
as they perform a  
Christmas Harp Concert

Light refreshments will be served.

## KUDOS TO ONCOLOGIST, DR. CAROLINE HAMM

Kudos to Dr. Caroline Hamm for receiving the Excellence in Academics Award during an annual Research and Education Day held at the Schulich School of Medicine & Dentistry at Western University in London, Ontario.



Dr. Hamm was recognized for her exceptional performance in the field of academics and her valuable contribution in the field of Medical Oncology.

In letters of support, her peers highlighted her academic commitments at both the University of Windsor and Western University, significant time dedicated to training the next generation of clinicians, her administrative contributions and her role as principal investigator in over 50 clinical trials. She has also been a distinguished speaker at several international, national and local scientific meetings.

Dr. Hamm is an Assistant Professor at the University of Western Ontario in the division of Medical Oncology and was an Adjunct Professor from 2002-2009 at the University of Windsor. She is the Director of Research and Clinical Trials with Windsor Regional Hospital's Cancer Program and works as Medical Oncologist, specializing in the field of hematology, transplant, with a focus on breast cancer and melanoma. Dr. Hamm is also the Regional Systemic Lead for the Erie St. Clair Regional Cancer Program.

## DISHING OUT SOME CHRISTMAS CHEER

For this group of Windsor Regional Hospital staff members, Christmas giving means pulling back their hair, rolling up their sleeves and making sure everyone in the city gets a warm holiday meal. Turkey, stuffing, potatoes and gravy, all shipped out on a conveyor belt like a scene straight out of 'I Love Lucy.'



The group has been volunteering at the Salvation Army's Holiday Meal for 10 years. Organizer Debbie Berthiaume of Windsor Regional's District Stroke Office says it is a rewarding experience. "It feels good to give back to the community and to do it as part of a group."

## IN THE SPIRIT OF GIVING



Everest College in Windsor encouraged their staff to donate to support various charities in the community and one of them was Paediatric Child Life Services. Everest College Instructor, Noura Yacoub,

along with Medical Laboratory student, Jessica Kenney and son, Brandon visited the Met Campus during the holiday season and donated craft items for children who will be in the hospital over the holidays.



Happy Holidays

from

Trillium Gift of Life Network

TGLN is proud to thank the heroes in the organ and tissue donation and transplantation system for their work to save and enhance lives, and for giving the gift of life by registering consent for organ and tissue donation.

Visit [BeADonor.ca](http://BeADonor.ca) to register, check your registration, or learn more.

## A POWERFUL MESSAGE!



Diane Bradford, RN,MN for the Regional Trauma Program / Injury Prevention and Emergency and Trauma Services at Windsor Regional Hospital, Ouellette Campus shares a video produced by her

colleagues at London Health Sciences Centre.

The powerful video was produced to help combat distracted driving. We think this is a very important message for both young and older drivers this time of year. To view the video, go to: <http://bit.ly/1dkUI6S>

COMPASSION is our  
PASSION

## DID YOU KNOW?

P.A.R.T.Y is an acronym for Prevent Alcohol & Risk-Related Trauma in Youth Windsor. This program is associated with Trauma Services at Windsor Regional Hospital.

Frontline Tribune is a Publication of the Public Affairs/Communications Department of Windsor Regional Hospital. Information/submissions can be made to [frontlinetribune@wrh.on.ca](mailto:frontlinetribune@wrh.on.ca) or by calling ext 33350 (Ouellette Campus) or call ext 52003 (Metropolitan Campus). Staff pictures on front are 1) Brian Brown - Facilities; 2) Karen Charbonneau - Business Office; 3) Diane Hernandez - Clinical Practice Manager; 4) Stacey Johnson - Food & Nutrition