

Frontline Tribune



Understanding is a two-way street. ~ Eleanor Roosevelt

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PRIMARY CARE FOCUS ON LOW BACK PAIN In-Person Education Session

Windsor Regional Hospital is collaborating with the Centre for Effective Practice to offer an in-person education session for primary care providers.

GOAL:

To provide primary care providers (family physicians and nurse practitioners) with evidence-based education to improve the assessment & management of low back pain for their patients.

LEARNING OUTCOMES:

- Implement the CORE Back Tool in primary care for the assessment & management of low back pain including, screening for red flags and risk of chronicity.
- Facilitate patients with lifestyle related self-management techniques for low back pain.
- Identify the appropriate criteria for evidence-based investigations and referrals.

Learn from
leading faculty -
**Drs. Julia Alleyne
& Hamilton Hall**

**Sat. Nov. 2, 2013
10am - 4pm**

Ciociaro Club, Windsor, ON
(3745 North Talbot Rd. R.R. #1)
Lunch Included

Register to attend at:

www.fluidsurveys.com/s/windsor



This program has been reviewed by the College of Family Physicians of Canada for 3.5 Mainpro-M1 credits and is awaiting final ethics review by the Ontario College of Family Physicians.



This program was developed with funding received from the Ministry of Health and Long-Term Care (MOHLTC) as part of their Low Back Pain Strategy. To learn more about the strategy, visit ontario.ca/lowbackpain

To learn more, visit: www.effectivepractice.org/lowbackpain or contact Colleen Berthiaume at 519-973-4411 ext. 3972 or Colleen.Berthiaume@wrh.on.ca



Windsor Spitfires Visit Paediatrics

(l to r) Kerby Rychel #16; Ty Bilcke #79; Paeds patient, Nicholas Renaud and, Jordan Dekort #80 visit Paediatric Services during their monthly greet and meet tour.

FREE BLOOD PRESSURE SCREENING

The Ouellette Campus District Stroke Centre host free Blood Pressure Screening Clinics **every third Tuesday** of the month from 12:00 pm (Noon) to 3:30 pm in the main hallway.
Open to all.



Top Guns!

Paediatric Oncology Satellite Clinic clients and family members were treated to a day at the Windsor Airport for a Top Guns event that included airplane and helicopter rides along with other fun activities. Top Guns was part of celebrating Childhood Cancer Awareness Month that saw Canadian Astronaut Chris Hadfield visit the hospital earlier in the month. Thanks to several sponsors, Paul McCann and staff of the Paediatric Oncology and Cancer Program who ensured that Top Guns was an "over the top" event for kids affected by cancer.





Friday, November 15, 2013
Ciociaro Club

Appetizers 6:30
Dinner 7:30
Tickets \$125 per person

Cool musical entertainment and excellent food awaits

For information please call 519-257-5111 ext. 73859

CARDIAC CARE UNIT AT OUELLETTE CAMPUS BENEFITS!

Congratulations to the event organizers of the 2nd Annual Frank Baumert Memorial Golf Tournament held in August at Fox Glen. A total of \$7,249.77 was raised for the Cardiac Care Unit at the Ouellette Campus.



(l to r) Bill Marra, Senior Director, Planning, Community Partnerships and Development for Hotel-Dieu Grace Healthcare with organizers, Vicky Baumert, Bob Gauthier and Frank Schwartz.

Breast Cancer Awareness Month

Raise awareness and educate yourself, family and friends about breast cancer throughout the month of October. Breast cancer is the most common cancer in Canadian women, yet only 61% of Ontario women aged 50 to 74 were screened in 2010-2011. There are still many women who would benefit from regular breast screening. Women who are both average and high risk can be screened through the Ontario Breast Screening Program (OBSP). Average risk women, 50 to 74 should be screened with mammography every two years - and no doctor's referral is needed. High-risk women, 30 to 69, need to be referred by their doctor for an annual mammography and MRI. With OBSP sites at both campuses, it's very convenient.

Call today - Met Campus: 519-253-0903 or **Ouellette Campus:** 519-973-4428.

It may save your life, or someone you love.



RUM RUNNERS SCAVENGER HUNT

When: October 19th, 2013 ♦ **Time:** 6:00pm

Cost: \$10/person ♦ **Where:** Starting at Willistead Park
All Ouellette Campus and Met Campus Staff are invited to participate! Upon arrival to the event, a list of items that should be collected locally in Walkerville will be provided. You will gather a group of friends and set up a team of 4 people in "Rum Runners" attire. The scavenger hunt will be a fun way to help raise money to support a breakfast program at a local public school and catholic school. Please come out and support a great cause!
Establishments to visit: Walkerville Brewery, The Willistead, Kildare House and Gourmet Emporium.

Contact: Don 519-791-8205 or Brit 519-819-9950

DID YOU KNOW?

The saying: 'An Apple a Day keeps the Doctor Away' was originally 'Eat an apple on going to bed and you'll keep the Doctor from earning his Bread'. The adage is thought to have originated in Wales in the 1920s. The fruit also pops up in traditional Ayurvedic medicine dating back 1500 years in southern Asia.

COMPASSION is our
PASSION

Frontline Tribune is a Publication of the Public Affairs/Communications Department of Windsor Regional Hospital. Information/submissions can be made to frontlinetribune@wrh.on.ca or by calling ext 3350 (Ouellette Campus) or call ext 52003 (Metropolitan Campus).

(Staff picture on front are 1) Ryan Yau, CHIS - Cancer Centre ; 2) Meagan Klyn, RN - ICU Ouellette; 3) Pat Quinlan, Facilities - Ouellette; 4) Deb Charron, 5 North - Met