

Seek first to understand and then to be und ~ Stephen R. Covey

MARCH 24TH, 2014

#### VOLUME 2 EDITION 12

# CLARA'S BIG RIDE ROLLS INTO WINDSOR

Clara Hughes rolled into Windsor on March 17th with the wind on her back and an enthusiastic speech on mental health. The six-time Olympic medallist spoke to nearly 300 people gathered at the Ciociaro Club as part of Clara's Big Ride for Bell's "Let's Talk" campaign. She delighted those in attendance with personal stories of her past struggles with depression and how she overcame those challenges. Sharing this experience with others has become the next competitive challenge for the renowned Canadian athlete, who won medals in both speed skating and cycling and stands as the only Canadian to win medals at both the Winter and Summer Games competitions.

The stop in Windsor was about 414 kilometres into a 11,572 kilometre journey. "This is another stop in another awesome Canadian city that is showing support for mental health," Hughes told the crowd. Hospital board member Anthony Paniccia presented Clara with a white WRH windbreaker embroidered with the phrase "Compassion is Our Passion," which Clara said would make a great item to wear while cycling through Canada.

Clara posed for a group photo with more than a dozen kids at the end of her presentation and also signed various items that will be used for fundraising purposes by WRH and other event sponsors, including the Canadian Mental Health Association, Greater Essex County District School Board, Loaring Physiotherapy and Hôtel-Dieu Grace Healthcare.

Supporting local mental health initiatives by community groups, schools and other local organizations in every province and territory, Clara's 110-day journey around Canada by bicycle began March 14, spans 12,000 kilometers and will see her visit 95 Canadian communities, concluding in Ottawa on Canada Day, July 1. For more information, please visit Bell.ca/ClarasBigRide.







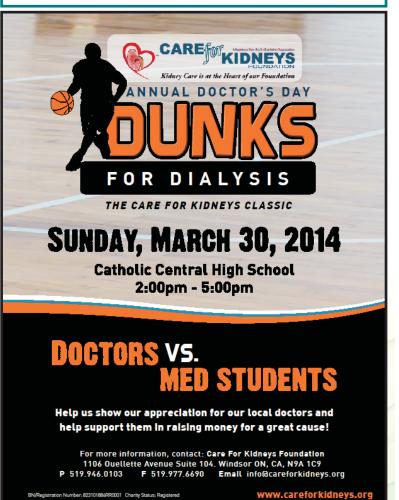
www.wrh.on.ca

# NEW PROCESS FOR DIAGNOSTIC IMAGING APPOINTMENTS AT OUELLETTE CAMPUS

Effective March 17, 2014, the process for patients entering the Ouellette Campus for diagnostic examinations has been streamlined to improve the patient experience.

Previously, patients coming into the Goyeau Lobby for DI exams had to first, stop at the Admitting Desk before proceeding to the DI Waiting Room.

Under the new process, patients can go directly to the DI Department, reducing one extra step for the patient and their family. "It improves the patient experience and also assists to streamline patient flow," stated Jane Millar, DI Coordinator, Support Services.



Public Affairs | Met Campus 1995 Lens Avenue | Windsor N8W 1L9 || Ouellette Campus | 1030 Ouellette Avenue | Windsor N9A 1E1

## NEW RETAIL PHARMACY AT OUELLETTE

A new retail pharmacy is opening at the Ouellette campus one that will provide great service for patients as well as employees, volunteers and professional staff.

The WE Care Pharmacy is located in the Goyeau lobby, next to the entrance to Diagnostic Imaging. Operated by John Payne, an 11-year Pharmacist, the WRH-run outlet will emphasize fast, friendly and efficient service, with a goal of getting prescriptions in customer hands within 5-10 minutes. Also since the Pharmacy is owned by the hospital, all profit will be reinvested within the health system.

"At the end of the day, retail pharmacy is all about what you do above and beyond filling a prescription that makes the difference," says Payne, who recently joined WRH after nine years at St. John Hospital and Medical Center in Detroit. "WE Care Pharmacy is really going to be patient focused."

The WE Care Pharmacy will be open 9 am to 5 pm from Monday to Friday. Service will be available starting March 31st but be sure to drop by for the Grand Opening on April 10th!

# **WEPHARMACY**

### EXPLORING THE FUTURE OF HEALTHCARE IN SUDBURY, ONTARIO

When Health Sciences North opened in Sudbury, Ontario, recruitment got a whole lot easier. In the latest video blog WRH's Allison Johnson takes us there to find out what it is about the new facility that has so

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many physicians packing up and heading north. Visit www.windsorhospitals.ca



Windsor Regional Hospital Cancer Program Nursing Students at the University of Windsor's Student Health Fair talked to over 200 students about Cervical Cancer Screening and Breast Cancer Prevention.



Location: Caboto Club, 2175 Parent Ave. Windsor, ON Cost: Free of charge

Agenda and Registration: **ovariancanada.org** - under **Ontario - News and Events** Or contact: Rochelle ten Haaf, 1-877-413-7970 x235 or rtenhaaf@ovariancanada.org

Neuro Care

College

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 Topic: Exploring Spinal Cord Injuries Session 4(previously cancelled from February 25 2014)
When: Thursday April 10 2014
2 session times: 0800-0915 hrs.

0945-1100 hrs.

Where: WRH-Metropolitan Campus

Administrative Conference Room 1

### NO REGISTRATION NECESSARY! ALL ARE WELCOME TO ATTEND!

For Further information contact : Sean Hopkins- CPM Neurosurgery at <u>sean.hopkins@wrh.on.ca</u>or 519-973-4411 ext.33932

### **DID YOU KNOW?**

In 1957, Canada's first pre-paid drug plan was established in Windsor-Essex County. Today it is called Green Shield Canada.

Frontline Tribune is a Publication of the Public Affairs/Communications Department of Windsor Regional Hospital. Information/submissions can be made to frontlinetribune@wrh.on.ca or by calling ext 33350 (Ouellette Campus) or call ext 52003 (Metropolitan Campus). Staff pictures on the front are: 1) Laura McCorkell - Organizational Development; 2) Kirsty Baccam - CCU; 3) Jerminah Nxele - Surgery; 4) Mary Macera - Finance