



FRONTLINE TRIBUNE

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FRONTLINE TRIBUNE is a publication of the
Public Affairs and Communications Department of Windsor Regional Hospital

Met Campus - 1995 Lens Avenue, Windsor, Ontario, N8W 1L9
Ouellette Campus - 1030 Ouellette Avenue, Windsor, Ontario, N9A 1E1

COMPASSION is our
PASSION



YOUR WEEKLY NEWS PUBLICATION OF WINDSOR REGIONAL HOSPITAL

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WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

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The Public Affairs and Communications Department of Windsor Regional Hospital is responsible for providing coordinated leadership in the development and execution of programs, services, and activities that promote the achievements and good work of the hospital. Responsibilities include enhancing the public's awareness and understanding of the hospital's programs, services, and facilities.

Our mission is to assist Windsor Regional Hospital in achieving its vision and goals by providing effective communications counsel to Hospital leaders and key stakeholders and by implementing strategic employee, media and public communications and programs.



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[@WRHospital](https://twitter.com/WRHospital)

UNIONS and WRH Partner To Launch Patient Safety 2 x 4 Campaign

A 2-step patient identifier and the 4 moments of hand hygiene are required-organizational practices at Windsor Regional Hospital. To reinforce this with staff, a Patient Safety 2 x 4 campaign is being launched on Tuesday, October 14, 2014. In partnership with local unions, patients and families are reminded of their right and obligation to ask staff if they performed the 4 moments of hand hygiene and if they checked the armband, check of ID twice to prevent patient harm.

Staff at Windsor Regional Hospital will now display identification (badges/stickers) that simply state, 'Ask Me!' Patients and families have the right and obligation to ask any staff member entering the hospital or their room if they are meeting WRH's safety standards of washing hands and checking to ensure the correct patient is being administered medication, test or surgical procedure. Windsor Regional Hospital wants the patient to not be afraid to question staff if they are not adhering to the 2 x 4 safety initiative! 'Ask Me!' is a reminder to patients and families that they have a right to ask.

As part of the launch of the Patient Safety 2 x 4 initiative, UNIFOR Local 444 retirees will be present at the entrances of the Ouellette and Met campuses reminding both staff and visitors to wash their hands when entering and leaving the hospital for their own safety and their family's safety!

Over the past 5 months the Hand Washing Compliance Rate at Met Campus has been 97.38% and at Ouellette Campus 82.5% with a corporate average of 89.94%. During that same period of time Met averaged 5 health care associated infections per week and Ouellette 14 per week.

"All staff including volunteers are asked to observe the 4 moments of hand hygiene" said David Musyj, President and CEO. David stated further "A higher hand washing rate leads to lower infections and vice versa. One or two weeks after hand washing rates drop, infections increase. One infection is too many".

As a part of this campaign – on a weekly basis – the % of hand washing compliance by campus and the overall corporate percentage will be advertised at each campus on televisions throughout the building as well as on the electronic billboards outside each campus.

Patient Safety 2 x 4 is a reality check! When you hear staff say, we check every patient, it's the right as a patient to check that they did! When staff say they always wash their hands, it is the patient's right to ask if they did!



www.wrh.on.ca



UPCOMING EVENTS

mark your calendars

- OCT 15** **Just Clean Your Hands Training Session**
11:00AM - 12:30PM
Clinical Education Centre
WRH - Met Campus
- OCT 16** **Fall Prevention Mobile Clinic**
Appointments required
St. John's Parish
3294 Sandwich Street, Windsor
- OCT 17** **Emergency Medicine Conference**
Time: 8:30AM
Caesars Windsor
377 Riverside Drive East
- OCT 21** **District Stroke Centre Blood Pressure**
Time: 2:00PM - 3:00PM
Windsor Regional Hospital
Met Campus, Vendor Hallway
- OCT 21** **Compassion Fatigue - Risky Business**
Time: 6:00PM - 7:30PM
Windsor Regional Hospital
Met Campus, Clinical Education Center
- OCT 23** **A Day In The Life - Funkenhauser Golf Tournament Recognition**
Time: 11:00AM
WRH - Ouellette Campus, Goyeau Lobby
- OCT 24** **International Women's Day of the Ciociaro Club Naming Recognition**
Time: 11:00AM
WRH - Met Campus, Breast Cancer Centre
- OCT 24** **Remembering Roberto Bonfiglio**
Dinner: 6:00PM
Caboto Club of Windsor
2175 Parent Avenue, Windsor
- OCT 26** **RocktoberFest**
12:00PM
O'Maggio's Kildare House
1880 Wyandotte Street East, Windsor
- OCT 29** **Seeds of Hope Grant Presentations**
Time: 10:00AM
Windsor-Essex Cancer Centre Foundation
WRH - Met Campus, Cancer Program Lobby
- OCT 30** **Do Good Divas
A Girls Night Out In Handbag Heaven**
Time: 5:00PM
Caboto Club, 2175 Parent Avenue, Windsor
- NOV 03** **Domestic Violence Conference**
Time: 7:30AM - 4:00PM
Caesars Windsor, Augustus Ballroom
377 Riverside Drive West, Windsor
- NOV 11** **Shop Til' You Drop Holiday Shopping Trip**
Pick Up: 8:00AM
Depart: Caboto Club, 2175 Parent Avenue
Great Lakes Crossing shopping trip
- NOV 22** **Crystal Ball Gala**
Time: 6:00pm
St. Clair Centre For The Arts
201 Riverside Drive West, Windsor
- NOV 22** **Cancer Research Conference**
Caesars Windsor
377 Riverside Drive East
www.windsorcancerresearch.ca

WRH Health Sciences Library Considered Essential

The Windsor Regional Hospital Ouellette Campus Health Science Library, in conjunction with the National Network of Libraries of Medicine and the School of Information & Library Science at the University of North Carolina at Chapel Hill, recently conducted the "Value of Library and Information Services in Patient Care Study". The purpose of the study was to understand the value and impact of the information resources and services provided by the library and the librarian on patient care. Results of the study, based on attending physicians and nurses responses from the Ouellette Campus, clearly proved the value and importance of the library towards patients care which included some of the following:

- Online journals, databases (MEDLINE), and eBooks were top 3 resources used by staff.
- Having access to library resources and information saved physicians and nurses a average of 2.6 hours of their time.
- 97% of nurses and 100% of physicians indicated that the information obtained from the library was relevant, accurate, current, and of clinical value.
- 93% of staff indicated that the information contributed to higher quality of care.
- 92% of staff indicated that the information resulted in a better informed clinical decision.
- 90% of physicians handled a clinical situation differently as a result of having information.

Domestic Violence Conference November 3, Caesars Windsor

The Domestic Violence Coordinating Committee of Windsor and Essex County will hold their conference on November 3 at Caesars Windsor. Speaker Dr. Lori Haskell will address vicarious trauma, re-victimization, sexual abuse and sexual violence in relation to psychological development. Speaker Rob Nickel, who is a world renowned "Cyber Safety Expert", will address the dangers of lurking online.

Healthy Eating Section

What to do with all of that leftover Turkey?

After thanksgiving, most people are left wondering what to do with all the turkey leftovers so we have included some tips on how to make your leftovers into something new.



Soups, Chili and Stews: Making a turkey broth is a great way to use the leftover turkey carcass. This broth can be made into a turkey soup but also can be used to cook multiple dishes including rice and quinoa, or be frozen and used later. Turkey can be added to soups, chili and stews you can pack with your favourite vegetables for a healthy meal.

Sandwiches: The classic turkey sandwich is always a great option for leftover turkey meat. However, there are many ways you can put your own spin on this classic. With the weather becoming colder you can make a hot turkey sandwich while using your left over gravy! You can also spice things up with a Mexican inspired twist by making turkey tacos, quesadillas or burritos.

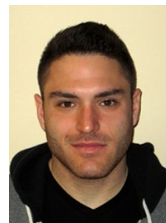
Salads: Adding turkey meat to a salad is a great, easy and healthy lunch idea. You can be really creative and make a homemade salad dressing using left over cranberry sauce. Also, making a hot spinach, squash, dried cranberries and turkey salad is great for a cold afternoon.

Favourite chicken recipes: Leftover turkey can be used in the same ways as chicken. So why not try it in your favourite chicken dish!

PROVIDING OUTSTANDING CARE TO WINDSOR-ESSEX



Shannon Sampson
CLINICAL PRAC. MANAGER
SURGERY



Andrew Lombardo
SOCIAL WORKER
SOCIAL WORK



Candice Conkey
TECHNOLOGIST
LABORATORY



Samir Hrnjadovic
RPN
7 EAST

Canada Savings Bonds and Payroll Savings Plan

Saving money doesn't have to be challenging. Purchase the Canada Savings Bond (CSB) through the Payroll Savings Program for a safe, simple and secure way to plan ahead.

Windsor Regional Hospital staff can sign up online for the Canada Savings Bonds, visit www.csb.gc.ca/employees or contact Judy Byrne, WRH Senior Payroll at Ext. 32025

Did You Know?

Diagnostic Assessment Programs # of new patients: 87 Prostate, 415 Lung, 1,175 Colorectal (across the ESC LHIN). DAPs provide a "one-stop shop" for diagnosis where a Nurse Navigator manages and coordinates the entire process from testing to diagnosis. In addition to quicker diagnosis and treatment, patients have someone with them every step of the way.



FOUNDATION NEWS

EVENTS, CAMPAIGNS AND DONATIONS SUPPORTING WINDSOR REGIONAL HOSPITAL & HOTEL-DIEU GRACE HEALTHCARE

Shoppers Drug Mart and Dragonboats Make A Difference for Women's Health

Representatives from area Shoppers Drug Marts, Dragon Boats Festival, members of the community and the media partook in a presentation at the Met Campus where they presented the Windsor/Essex Hospitals Foundation with a cheque in the amount of \$177,146.16.

The International Dragon Boats Festival for the Cure, which took place on July 12-13, 2014 in Tecumseh, is one of the many ways Shoppers Drug Mart shows its commitment to advancing women's health in body, mind and spirit through its community investment program, Shoppers Drug Mart WOMEN. Funds raised at this year's event is being donated to support breast health technology, services and support at Windsor Regional Hospital, Hotel Dieu Grace Healthcare, Windsor Regional Breast Health Centre and the Windsor & Essex County Cancer Centre.



Representatives from Shoppers Drug Mart with Gerry Orum and Beth Noakes,, Dragon Boats For The Cure

DO GOOD DIVAS Continue to do good!

On Tuesday, October 7, the Do Good Divas, a local not-for-profit service club held a press conference to announce their gala event "A Girls Night Out In Handbag Heaven" which will be held Thursday, October 30, 2014 at the Giovanni Caboto Club. At the press event were many of the handbags and purses that were generously donated from the Windsor-Essex community and will be auctioned off at the event.

Recently the Do Good Divas furnished three different family lounges at the Met Campus and proceeds from this year's gala will ensure the renovation of another three lounges.

For more information or tickets, please visit www.dogooddivas.com



In photo above (left to right) Lindsay Lovecky, Vicki Granger, Gale Simko-Hatfield, Lucy Fanson, representatives from Do Good Divas



stop and sanitize

do your part to reduce the spread of infection



Windsor Regional Hospital believes that Infection Prevention and Control is vital to patient safety. ALL persons working at both campuses of the hospital must have a RESPONSIBILITY to practice good infection prevention and control.

The hospital has adopted the "Stop and Sanitize" campaign. Hand hygiene is the single most effective way to prevent health-care associated infections and the spread of antibiotic resistant organisms.

All staff, patients and visitors are asked to perform hand hygiene when entering/exiting the hospital. There are 2 methods for performing hand hygiene:

Alcohol-Based Hand Rub (ABHR)

– PREFERRED when hands are not visibly soiled. Rub 1-2 pumps of ABHR into palms, fingers, wrists, etc. for 15 seconds (or until dry).

Hand Washing (Soap and Water)

Apply soap to wet hands and lather 15 seconds. Rinse thoroughly under warm running water. Dry with a paper towel and turn off tap (and open door) with a paper towel. Note: If hands are visibly soiled and there is no running water, use a moist towelette to remove visible soil and then ABHR.



Immunization is the first line of defence against influenza. Influenza vaccine is available free of charge to all who live, work or go to school in Ontario and, when used by a significant proportion of the population, can significantly reduce influenza incidence and prevalence.

ANYONE CAN FALL... Prevent it from happening to you!

The Erie St. Clair Falls

Prevention Mobile Clinic is a group of health care providers from the community who assess an individual's risk of having a fall, and discuss how one can reduce the risk and remain independent.



You should come to a clinic if you:

- Are 65 years of age and older.
- Have difficulty getting around.
- Live alone or in assisted living.
- Want to remain independent.
- Have had a fall or near fall.
- Have a fear of falling.
- Want to maintain or improve your balance.

Date of next clinic:

Thursday October 16, 2014

Time:

Appointments are necessary.
Call to register.

Location:

St-John's Parish Hall
3294 Sandwich Street, Windsor

Contact:

Heather Barrington
519-258-2146 ext: 3114



City of Roses

Third Annual Community Emergency Medicine Conference

Come join us for a day of informative lectures & ED case studies pertinent to your daily work experiences.

Topics to be covered include:

- Dr. Paul Bradford – Stroke Cases: Expert Panel Discussion
- Dr. Jack Spiers – Endovascular Treatment of Stroke
- Dr. Anne Sclater – Risk Assessment for Safe Discharge of Seniors from Hospital
- Dr. Jeya Nadarajah – Fever in the Return Traveller
- Dr. Ed Sabga – Managing Hypertension in the ED
- Dr. Roy Diklich – The ECG & Identifying Young Patients in the ER at Risk for Sudden Cardiac Death
- Dr. Ian Ball – Organ & Tissue Donation in Ontario, Trillium Gift of Life Network
- Ms. Monica Staley – Actions vs. Words: Documentation a Necessary Evil?
- Dr. Paul Bradford – Trauma Cases – Expert Panel Discussion
- Dr. James Webley – Chronic Anterior Shoulder Dislocation
- Dr. James Webley – Low Energy Knee Dislocation in the Obese Patient
- Mr. Christopher Blackmore – Emergency Department Antidote Overview – 3 Novel Cases
- Dr. James Webley – Toddler's Fracture
- Dr. Victor Istasy – Pediatric Ultrasound Cases in the ED
- Dr. Stephen Chao – What's New in Respiriology and Critical Care 2014

Date: Friday October 17, 2014

Registration & Breakfast: 7:45am-8:30am

Conference Time: 8:30am-5:00pm

Place: Caesars Windsor Hotel Convention Centre

Augustus I & II Ballrooms

Cost per participant is \$22.19 (CAD including processing fee).

A catered breakfast & lunch will be provided. Many great raffle prizes available.

Attendance is limited. For further information & to register online visit:

Registration: <https://cityofroseserconference2014.eventbrite.ca>

Website: <http://erconference2014.wix.com/cityofroses2014>

This program has received financial support from Windsor Regional Hospital, Trillium Gift of Life Network, Bayer Healthcare, Leo Pharma, WRH Emergency & Trauma Services, Raffi Auto Group, BioPed, Kinetic Connection, Windsor Professional Centre, Philips Lifeline, WRH ER Physician Group - Ouellette & Metropolitan Campuses and Ellis Graphics in the form of an education grant.

This program has received in-kind support from 3M & McGraw-Hill Ryerson Ltd in the form of donations of conference raffle prizes.



BECOME A



FLU CLINICS

OUELLETTE CAMPUS

- Oct 20 - 6:30-8:30am - ICU Classroom
11:30-1:30pm - Vendor Hallway
- Oct 21 - 6:30-8:30am - OR Alcove/Staff Rm
11:30-1:30pm - Vendor Hallway
- Oct 22 - 10am-12pm - Vendor Hallway
2:30-4:30pm - 3S Mental Health
- Oct 23 - 10am-12pm - CTU Class Rm (7th)
2:30-4:30pm - Vendor Hallway
- Oct 24 - 10am-12pm - ER Conference Rm
2:30-4:30pm - Vendor Hallway



Flu shots are also available at
WE CARE PHARMACY
WINDSOR REGIONAL HOSPITAL
Ouellette Campus, ext. 32181
Monday to Friday, 9am-5pm

FLU CLINICS

MET CAMPUS

- Oct 27 - 6:30-8:30am - Library
11:30am-1:30pm - Meeting Rm 1
- Oct 28 - 6:30-8:30am - Critical Care Rm (ICU)
11:30am-1:30pm - Library
- Oct 29 - 10am-12pm - Yves Laundry Rm (CC)
2:30-4:30pm - Library
- Oct 30 - 10am-12pm - 2East Classroom
2:30-4:30pm - Library
- Oct 31 - 10am-12pm - Library
2:30-4:30pm - D.I. Workroom

CONTAIN EVIL



**KUNG FLU
COUGH**
Cover your mouth when you sneeze or cough

BIN YOUR INNER DEMONS



**KUNG FLU
BLOW AND THROW**
Put disposable tissues in the garbage & wash your hands

KEEP INFECTION AT BAY



**KUNG FLU
ARM OF DISTANCE**
Avoid close contact with others if you or they are unwell with flu

BANISH GERMS



**KUNG FLU
SHINING HANDS**
Wash your hands regularly with soap or an alcohol-based product



If you any questions, please contact the Employee Health Office

MET - ext. 52802, 52588
OUEL - ext. 33214, 32525



Sigma Theta Tau International - Tau Upsilon Presents:

COMPASSION FATIGUE: RISKY BUSINESS



GUEST SPEAKER: **Rita DiBiase, MSN, RN(BC), ACNP, AOCNS, CHPCN(C)**

WHEN: Tuesday October 21, 2014

TIME: 6:00 - 7:30pm

WHERE: Windsor Regional Hospital - Metropolitan Campus -
Clinical Education Center

COST: \$5 for STTI Members & \$10 for Non-STTI Members
(Cost Includes Meal and Beverage)

RSVP: to Karen Riddell via email - karen.riddell@wrh.on.ca

HOPE TO SEE YOU THERE!

Stay up to date on news and upcoming events at www.facebook.com/windsorregionalhospital