

OCTOBER 20, 2014

VOLUME 2 / EDITION 37

FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Department of Windsor Regional Hospital

Met Campus - 1995 Lens Avenue, Windsor, Ontario, N8W 1L9 Ouellette Campus - 1030 Ouellette Avenue, Windsor, Ontario, N9A 1E1





YOUR WEEKLY NEWS PUBLICATION OF WINDSOR REGIONAL HOSPITAL

- All Hands On Deck To Promote **Patient Safety**

- Get Your Flu Shot! - Event Listing - Healthy Eating This Week

- Met Campus Shuttle Bus - Do Good Divas Event - Family Giving Campaign

- Uncoming Event Posters

WINDSOR REGIONAL HOSPITAL **FRONTLINE TRIBUNE**

To contribute a news tip, story or advertisement in the next issue, please email us at: frontlinetribune@wrh.on.ca

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The Public Affairs and Communications Department of Windsor Regional Hospital is responsible for providing coordinated leadership in the development and execution of services, and activities that promote the achievements and good work of the hospital. Responsibilities include enhancing the public's awareness and understanding of the hospital's programs, services, and facilities.

Our mission is to assist Windsor Regional Hospital in achieving its vision and goals by providing effective communications counsel to Hospital leaders and key stakeholders and by implementing strategic employee, media and public communications and programs



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@WRHospital

All Hands On Deck To Promote 2 x 4 Patient Safety

Windsor Regional Hospital launched its new patient safety campaign on October 14 with the assistance of union leadership, professional staff, non-union employees and volunteer support! It is a full team effort at WRH in getting the word out about the importance of patient safety.

The 2x4 Patient Safety campaign was designed to bring focus and attention to the 2 patient identifier and the 4 moments of hand hygiene, both required-organizational practices at Windsor Regional Hospital. A major part of staff communication began with volunteers staffing the entrances of the Ouellette and Met Campuses early that morning to encourage staff to wear the "Ask Me!" button or sticker and encouraging and giving patient and families the right and obligation to ask staff if they washed their hands coming in and out of the patient room and checking the patient identification on admission, discharge or transfer prior to proceeding with a medical test or medication.

All of WRH's bargaining units, ONA, UNIFOR, CUPE, OPSEU, PIPSC and IBEW endorsed the patient safety campaign; however, it was Dino Chiodo, President of Local 444 who initially brought attention to the issue as a result of his dad, Goffredo being affected by a hospital-acquired infection. Having approached David Musyj and asking how can this be changed and how can he help; together, they made a commitment to launch an initiative that would bring awareness and action! The result was the 2x4 Patient Safety campaign which now makes it a common practice for staff to wash their hands often and ensuring the right patient is receiving the right medication or procedure. Staff are encouraged to wear their Ask Me! button or sticker, to ensure transparency is proved in their care of patients.

"Currently, Windsor Regional Hospital has a 93 per cent hand hygiene rate which is better than the provincial average however; getting to 100% and maintaining it is the ultimate goal," stated David Musyj, President and CEO.



Photo above (left to right)

David Musyj, President/CEO, Windsor Regional Hospital and Dino Chiodo, President, UNIFOR Local 444



Dino Chiodo, President, UNIFOR Local 444 addresses the crowd



UPCOMING EVENTS mark your calendars

District Stroke Centre Blood Pressure
Time: 12:00PM - 3:00PM
Windsor Regional Hospital
Met Campus, Vendor Hallway

Compassion Fatigue - Risky Business
Time: 6:00PM - 7:30PM
Windsor Regional Hospital
Met Campus, Clinical Education Center

International Women's Day of the Ciociaro Club Naming Recognition
Time: 11:00AM
WRH - Met Campus. Breast Cancer Centre

A Day In The Life - Funkenhauser Golf
Tournament Recognition

Time: 11:00AM
WRH - Ouellette Campus. Goveau Lobby

Remembering Roberto Bonofiglio
Dinner: 6:00PM
Caboto Club of Windsor
2175 Parent Avenue, Windsor

Proceedings of the control of the co

Seeds of Hope Grant Presentations
Time: 10:00AM
Windsor-Essex Cancer Centre Foundation
WRH - Met Campus, Cancer Program Lobby

Do Good Divas
A Girls Night Out In Handbag Heaven
Time: 5:00PM

Caboto Club, 2175 Parent Avenue, Windsor

NOV Domestic Violence Conference
Time: 7:30AM - 4:00PM
Caesars Windsor, Augustus Ballroom
377 Riverside Drive West, Windsor

Provincial Stroke Rounds Video Conf.
Time: 8:00AM - 9:00AM
Met Campus, Admin Conference Room 2
Ouellette Campus, Harrow Room

NOV Shop Til' You Drop Holiday Shopping Trip
Pick Up: 8:00AM
Depart: Caboto Club, 2175 Parent Avenue
Great Lakes Crossing shopping trip

Patient Safety Symposium
Time: 8:00AM - 4:00PM
Caesars Windsor, Augustus Ballroom
377 Riverside Drive East

NOV Crystal Ball Gala
Time: 6:00pm
St. Clair Centre For The Arts
201 Riverside Drive West, Windsor

NOV Cancer Research Conference
Caesars Windsor
377 Riverside Drive East
www.windsorcancerresearch.ca

Twelve Cocktails of Christmas
Time: 7:00PM
Ambassador Golf Club
1025 Sprucewood Avenue, LaSalle

Get Your Flu Shot!

Influenza season is upon us. Over the last three weeks, there have been over 52 cases of influenza in Canada, including at least 8 cases in Ontario (FluWatch 2014-2015). Windsor Regional Hospital is committed to protecting the health and wellness of both patients and staff throughout this entire time, by offering the flu vaccine at flu clinics and through the We Care Pharmacy at Ouellette.

The Employee Health Office will be holding flu clinics next week, October 20-24, at the Ouellette Campus, and the following week, October 27-31, at the Met Campus. For the days, times, and locations of these clinics, please contact the Employee Health Office at Met Campus ext.52802 / 52588 or the Ouellette Campus ext.33214 / 32525.

Staff can also receive the flu vaccine at the We Care Pharmacy on a drop-in basis, Monday through Friday, 9am-5pm. Contact them for availability at ext. 32181 or 519-255-2181. And for those employees at the Met Campus, the IDA Pharmacy (corner of Tecumseh & Kildare) is providing flu vaccinations – Call for hours and availability (519-977-0090).

All hospital staff and physicians are asked to complete the new consent/decline form, whether you are being vaccinated, declining for medical reasons, or choosing not to be vaccinated. The information collected on this form is used to report the statistics for our organization to the Windsor-Essex County Public Health Unit, as required by the Ministry of Health. Please visit the Windsor Regional Hospital Intranet to download the form.

If you have already been vaccinated elsewhere, cannot be vaccinated for medical reasons, or are choosing not to be vaccinated, please complete the form and then scan, fax, or drop it off at the Employee Health Office (at either campus).

Healthy Eating Section

Chicken and Corn Chowder

Makes: 9 1-cup (250 mL) servings

Preparation Time: 10 minutes/Cooking Time: 30 minutes

Ingredients

1 tbsp/15 mL Margarine

1 cup/250 mL Diced celery

4 oz/125 grams Boneless skinless chicken breast, cubed

1 cup/250 mL Diced peeled sweet potato

1 can/14oz/385 mL Evaporated milk

1 cup/250 mL Diced onion

1 cup/250 mL Diced red bell pepper

4 cups Reduced-sodium chicken broth

1 cup/250 mL Frozen corn, thawed

1 tbsp/15 mL Chopped fresh parsley

To prepare this recipe in a slow cooker instead of on the stovetop, wait to add the milk until about 30 minutes before cooking is complete; cook on High until heated through.

Directions:

- In a large saucepan, melt margarine over medium heat. Sauté onion, celery and red pepper until softened, about 5 minutes.
- Add chicken, broth, sweet potato and corn; bring to a boil. Reduce heat, cover and simmer for 25 minutes or until chicken and potatoes are cooked through.
- Add evaporated milk and parsley; heat over low heat (do not boil or milk will curdle).

TIP: When using margarine, choose a non-hydrogenated version to limit consumption of trans fats. The evaporated milk gives it a richness that suggests it is higher in fat than it actually is. The addition of sweet potatoes and red pepper helps increase your intake of beta carotene and vitamin C.

NUTRIENTS Per Serving:

Calories: 118; Protein: 9.8 grams; Fat: 2.7 grams; Carbohydrates: 14.2 grams; Sodium: 362 mg Weight Watchers PointsPlus = 3; Weight Watchers Points = 3

PROVIDING OUTSTANDING CARE TO WINDSOR-ESSEX



Stephen Durocher
REGISTERED NURSE
MEDICINE 3



Judy Cooper
OFFICE CLERK
BUSINESS OFFICE



GIORDAN BOIN
PATIENT REG. PORTER
PATIENT TRANSPORT



Aimee Hawkswood POLYSOMNOGRAPHER SLEEP LAB

Met Campus Shuttle Bus Notice

Windsor Regional Hospital contracts Voyageur Transportation to provide a shuttle service for its employees to and from the Met Campus and Kildare Parking Lot at 1591 Kildare Road.

It has been brought to the attention of management that some staff have been trying to board the staff shuttle from the four way stop near the Kildare Parking Lot. This practice puts the safety of those around you at risk. In July 2013, the Shuttle Operation Safety Plan was approved and outlines the responsibilities of both the rider and the operator of the shuttle. This policy indicates that the shuttle will only pick up passengers from the designated areas and shuttle drivers have been instructed not to pick up any staff trying to board the shuttle outside of the designated areas.





FOUNDATION NEWS

EVENTS, CAMPAIGNS AND DONATIONS SUPPORTING WINDSOR REGIONAL HOSPITAL and HÔTEL-DIEU GRACE HEALTHCARE

Family Giving Campaign Provides Incentives and Designations

The 2014 Family Giving Campaign will kick off on October 20th giving all staff at various sites opportunities to give back to their facility and department along with chances to win fabulous prizes! Managed through Windsor/Essex Hospitals Foundation, the campaign supports fundraising initiatives at both Windsor Regional Hospital and Hotel-Dieu Grace Healthcare.

Since its inception, the Family Giving Campaign has raised over \$500,000 for programs and services; successful because staff showed extraordinary generosity.

We are pleased that Dr. Gary Ing, Chief of Professional Staff for Windsor Regional Hospital has agreed to be this year's Campaign Chair. Also, several Family Giving Campaign Ambassadors will assist by ensuring you receive a brochure and answer any questions you may have. The Family Giving brochure gives you all the information you need to make a decision plus having a change to win the many prizes offered this year.

Please review all 'Circles' listed in the brochure. By responding, you are assisting the patients who ultimately are the winners of your gift as it provides funding to improve and enhance their care.

Return your Donation Form to either Pat Valleau, Ouellette Campus, Ext 33966 or to Brandon Osborne, Met Campus, Ext 52449.

Thank you in advance for supporting the 2014 Family Giving Campaign!





do your part to reduce the spread of infection



Windsor Regional Hospital believes that Infection Prevention and Control is vital to patient safety. ALL persons working at both campuses of the hospital must have a RESPONSIBILITY to practice good infection prevention and control.

The hospital has adopted the "Stop and Sanitize" campaign. Hand hygiene is the single most effective way to prevent health-care associated infections and the spread of antibiotic resistant organisms.

All staff, patients and visitors are asked to perform hand hygiene when entering/exiting the hospital. There are 2 methods for performing hand hygiene:

Alcohol-Based Hand Rub (ABHR)

- PREFERRED when hands are not visibly soiled. Rub 1-2 pumps of ABHR into palms, fingers, wrists, etc. for 15 seconds (or until dry).

Hand Washing (Soap and Water)

Apply soap to wet hands and lather 15 seconds. Rinse thoroughly under warm running water. Dry with a paper towel and turn off tap (and open door) with a paper towel. Note: If hands are visibly soiled and there is no running water, use a moist towelette to remove visible soil and then ABHR.



The process of PPE removal requires strict adherence to a formal protocol to prevent recontamination. The standard process is remove gloves and gown, perform hand hygiene, remove mask

and face protection, and perform hand hygiene. If at any point during removal contamination is suspected, then hand hygiene must be performed.



FLU CLINICS

OUELLETTE CAMPUS

Oct 20 - 6:30-8:30am - ICU Classroom 11:30-1:30pm - Vendor Hallway

Oct 21 - 6:30-8:30am - OR Alcove/Staff Rm

11:30-1:30pm - Vendor Hallway

Oct 22 - 10am-12pm -Vendor Hallway 2:30-4:30pm - 3S Mental Health

Oct 23 - 10am-12pm - CTU Class Rm (7th) 2:30-4:30pm - Vendor Hallway

Oct 24 - 10am-12pm - ER Conference Rm

2:30-4:30pm - Vendor Hallway



Ouellette Campus, ext. 32181 Monday to Friday, 9am-5pm

FLU CLINICS

MET CAMPUS

Oct 27 - 6:30-8:30am - Library

11:30am-1:30pm - Meeting Rm 1

Oct 28 - 6:30-8:30am - Critical Care Rm (ICU)

11:30am-1:30pm - Library

Oct 29 - 10am-12pm - Yves Landry Rm (CC) 2:30-4:30pm - Library

Oct 30 - 10am-12pm –2East Classroom

2:30-4:30pm - Library Oct 31 - 10am-12pm - Library

2:30-4:30pm - D.I. Workroom









If you any questions, please contact the Employee **Health Office** MET - ext. 52802, 52588

OUEL- ext. 33214, 32525



Host site:





The Northeastern Ontario Stroke Network invites you to participate in Provincial Stroke Rounds via videoconference or webcast:

Title: Community Reintegration of Persons with Stroke in

Northeastern Ontario: Navigation Intervention

Date/time: Wednesday, Nov 5th 2014 0800-0900 hours EST

Presenters: Mr. Darren Jermyn BSc.P.T., MBA, Regional Program Director, NEO Stroke

Dr. Phyllis Montgomery RN, CNS, PhD, Professor, School of Nursing, Laurentian University, Sudbury, Ontario

Health Sciences North, Sudbury, ON

Objectives: At the end of this presentation, the target audience will be able to:

1. Describe a 3-stage, 2-year mixed method study design exploring the community reintegration of persons with stroke in Northeastern Ontario

2. Explain how navigation relates to community reintegration for persons with stroke.

3. Appreciate the perspectives of persons with stroke regarding navigation service/navigator

including its processes and outcomes.

Target audience: All health care professionals interested in stroke care

meets the accreditation criteria of The College of Family Physicians of Canada and has been accredited for up to credits as approved by the Continuing Education and Professional Development Office of the Northern Ontario

edicine.

an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of the
ge of Physicians and Surgeons of Canada, approved by the Continuing Education and Professional Development
tern Ontario School of Medicine for up to 1 hours.

Contact your OTN Telehealth Coordinator to reserve your system Site coordinators: Please self-register your site for this event by clicking on the link below

https://schedule.otn.ca/tsm/portal/nonclinical/details.do?request.requestId=38497145

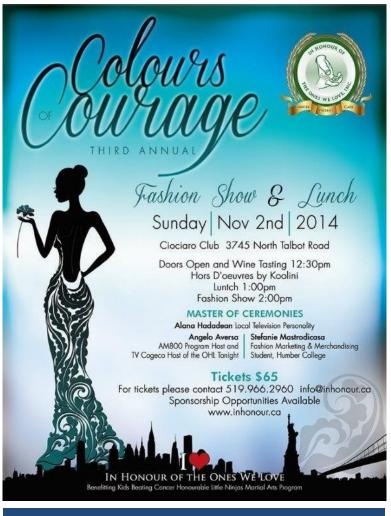
* For those who do not have Ncompass access, please submit appropriate system information scheduling@otn.ca stating Event ID. The Event ID is Non-Clinical Event#38497145

Audio line: 905-415-6672

Webcast: Live and Archived Webcast

http://webcast.otn.ca/index/browse?page=1&type=1





SAVE THE



Featuring Guest Speaker Suzanne Gordon

Suzanne Gordon is an award-winning journalist and author/editor of 12 books. She has written for popular publications like The New York Times, The Los Angeles Times, The Globe and Mail, and many more. Suzanne is a popular lecturer. Much of her professional focus is on problem-solving the communication issues that can occur between doctors, nurses and patients. For more information on Suzanne, visit her website: www.suzannegordon.com

WHEN: Friday, November 21st, 2014

*Early Bird Registration ends October 1st, 2014

WHERE: Augustus Room III, Caesars Windsor

377 Riverside Dr. East Windsor, ON

SCHEDULE: VIP Breakfast with Suzanne Gordon 8:00 AM - 9:00AM

Breakfast tickets are limited. Sessions from 9:00 AM - 4:00 PM Lunch is included. Free valet parking.







Website registration is now open! For sponsorship, contact aiera@experiencedmg.com.

WWW.SAFETYSYMPOSIUM.ORG