



# FRONTLINE TRIBUNE

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FRONTLINE TRIBUNE is a publication of the  
Public Affairs and Communications Department of Windsor Regional Hospital

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COMPASSION is our  
PASSION



YOUR WEEKLY NEWS PUBLICATION OF WINDSOR REGIONAL HOSPITAL

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## WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

To contribute a news tip, story or advertisement in the next issue, please email us at:  
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The Public Affairs and Communications Department of Windsor Regional Hospital is responsible for providing coordinated leadership in the development and execution of programs, services, and activities that promote the achievements and good work of the hospital. Responsibilities include enhancing the public's awareness and understanding of the hospital's programs, services, and facilities.

Our mission is to assist Windsor Regional Hospital in achieving its vision and goals by providing effective communications counsel to Hospital leaders and key stakeholders and by implementing strategic employee, media and public communications and programs.



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@WRHospital

[www.wrh.on.ca](http://www.wrh.on.ca)

## Windsor Regional Hospital Staff Prepared For Ebola

A recent media conference outlined Windsor Regional Hospital's preparedness in the event of a patient suspected or showing symptoms of Ebola virus.

The team of Karen McCullough, Chief Operating Officer and Chief Nursing Executive; Dr. Paul Bradford, Director of Emergency/Trauma Medicine; Karen Riddell, Director, Professional Practice and Operations and Erika Vitale, Manager, Infection Prevention and Control spoke to planning underway that included a refresher course for staff on commonly used PPEs (Personal Protection Equipment) along with full-body protective suits. Screening has increased and both campuses have a designed area to quarantine an individual should they arrive in the ER with Ebola like symptoms. As Erika narrated, Karen Riddell demonstrated the appropriate manner of putting on and removing a PPE along with displaying a sample of the enhanced protective suit.



Photo Above (left to right)

Erika Vitale, manager of infection prevention and control explains how to properly put on the equipment. Karen Riddell, right, director of professional practice and operations displays the protective equipment used when a patient is suspected of having a communicable disease.

Photo courtesy of The Windsor Star

"The Ministry of Health and Long Term Care is working on the details of transportation and what special precautions will be required to manage the transfer of a suspected patient with Ebola to a designated hospital in Ontario," said Karen McCullough.

We have learned a lot since SARS on how to manage infectious disease and protecting patients, staff and the public. Over the last ten years, we have become more vigilant about hand hygiene and preventing infections among ourselves and patients.

Dr. Paul Bradford indicated the MOHLTC has already directed dispatchers to ask additional questions to prepare paramedics when they go on a call. He indicated that hand washing is also the public's best defense against Ebola and any transferable diseases.



# UPCOMING EVENTS

mark your calendars

- OCT 29** **Seeds of Hope Grant Presentations**  
Time: 10:00AM  
Windsor-Essex Cancer Centre Foundation  
WRH - Met Campus, Cancer Program Lobby
- OCT 30** **Do Good Divas**  
**A Girls Night Out In Handbag Heaven**  
Time: 5:00PM  
Caboto Club, 2175 Parent Avenue, Windsor
- NOV 02** **Colours Of Courage Fashion Show**  
Time: 12:30pm  
Ciociaro Club of Windsor  
3745 North Talbot Road, Oldcastle
- NOV 03** **Domestic Violence Conference**  
Time: 7:30AM - 4:00PM  
Caesars Windsor, Augustus Ballroom  
377 Riverside Drive West, Windsor
- NOV 05** **Provincial Stroke Rounds Video Conf.**  
Time: 8:00AM - 9:00AM  
Met Campus, Admin Conference Room 2  
Ouellette Campus, Harrow Room
- NOV 11** **Shop Til' You Drop Holiday Shopping Trip**  
Pick Up: 8:00AM  
Depart: Caboto Club, 2175 Parent Avenue  
Great Lakes Crossing shopping trip
- NOV 20** **Falls Prevention Mobile Clinic**  
Time: 8:00AM - 5:00PM  
Amherstburg Community Services  
179 Victoria Street, Amherstburg
- NOV 21** **Patient Safety Symposium**  
Time: 8:00AM - 4:00PM  
Caesars Windsor, Augustus Ballroom  
377 Riverside Drive East
- NOV 22** **Crystal Ball Gala**  
Time: 6:00pm  
St. Clair Centre For The Arts  
201 Riverside Drive West, Windsor
- NOV 22** **Cancer Research Conference**  
Caesars Windsor  
377 Riverside Drive East  
www.windsorcancerresearch.ca
- NOV 22** **Twelve Cocktails of Christmas**  
Time: 7:00PM  
Ambassador Golf Club  
1025 Sprucewood Avenue, LaSalle
- DEC 05** **Mele Kalikimaka Staff Holiday Party**  
Time: 6:00pm  
Caboto Club of Windsor  
2175 Parent Avenue, Windsor
- DEC 07** **Christmas Craftmania**  
Children's Holiday Party  
Time: 11:00am  
Caboto Club of Windsor  
2175 Parent Avenue, Windsor

Got a article or news story to share with the staff?

[frontlinetribune@wrh.on.ca](mailto:frontlinetribune@wrh.on.ca)

## Upcoming Flu Clinic Schedule

October 28 - 6:30am - 8:30am (Critical Care Room) / 11:30am - 1:30pm (Library)  
 October 29 - 10:00am - 12:00pm (Yves Landry Room) / 2:30pm - 4:30pm (Library)  
 October 30 - 10:00am - 12:00pm (2 East Classroom) / 2:30pm - 4:30pm (Library)  
 October 31 - 10:00am - 12:00pm (Library) / 2:30pm - 4:30pm (D.I. Workroom)

## Celebrating Our RT's

This week, Windsor Regional Hospital salutes the more than 60 members of our health care team who provide professional care to patients with respiratory ailments and associated disorders.

Respiratory Therapists Week (October 26 to November 1) recognizes the vital role RTs play throughout a hospital – from car accident victims, to premature babies with immature lungs, to heart attack and stroke patients, to those with asthma and emphysema.

“We are there from cradle to grave, providing broad, continued care throughout the organization,” said Rob Elliott, Senior Respiratory Therapist at the Ouellette campus.

RTs are found at the most critical situations. “The most premature babies, we are there. The person whose heart just stopped, we are there. The person whose breathing is so laborious, they are about to go into respiratory failure, we are there,” said Ed Duda, an RT at Met campus.

## Healthy Eating Section

### Easy Baked Apples with Walnuts & Raisins

Nothing says fall quite like the warm, spiced dessert of baked apples. Packed with fiber, particularly pectin fiber, apples help gut bacteria produce compounds to protect colon cells. Sprinkled with walnuts and raisins, this recipe also contains beneficial omega-3 fat and cancer-protective flavonoids and phenolic acids. Enjoy for dessert or top with yogurt and granola for a sweet, nutritious breakfast.



#### INGREDIENTS

Canola oil cooking spray	3 large apples (variety optional)
3 Tbsp. whole-wheat flour	3 Tbsp. brown sugar
3/4-1 tsp. ground cinnamon	1/4-1/2 tsp. ground nutmeg
1/3 cup coarsely chopped walnuts	1/4 cup raisins
1/3 cup apple cider	

Preheat oven to 350 degrees F. Spray oven-proof glass pie dish. Cut apples in half from top to bottom, core and peel. Lay halves flat and cut into medium slices. Place apple slices in large bowl. In medium bowl, mix together flour, sugar, cinnamon and nutmeg. Sprinkle mixture on apples and gently stir until apples are evenly coated with spices. Gently fold in walnuts and raisins. Spoon apple mixture into prepared pie dish. Drizzle cider evenly over top. Bake 50-55 minutes or until apples are tender. Remove from oven and cool 5 minutes. Using spatula, carefully turn over apple mixture to get caramelized sauce from bottom of dish. Serve hot or let cool to room temperature, refrigerate and serve cold later.

**Makes 6 servings.**

**Per serving:** 151 calories, 3.5 g total fat (1 g saturated fat), 31 g carbohydrate, 2 g protein, 4 g dietary fiber, 5 mg sodium.

## PROVIDING OUTSTANDING CARE TO WINDSOR-ESSEX



**Brian Tremblay**  
COORDINATOR  
INFORMATION TECHNOLOGY



**Danielle Spidalieri**  
ADMIN ASSISTANT  
LABOUR RELATIONS



**Ryan Johnston**  
REGISTERED NURSE  
ONCOLOGY



**Jill Miko**  
GENETICS COUNSELOR  
CANCER CENTRE

## Family Giving Campaign Update

As we move into week number two of the Family Giving Campaign, we thank all of the Ambassadors who are doing a fantastic job at getting you your personal Family Giving Campaign brochure. Note that when you give, you automatically qualify for one or more of the prizes listed in the brochure. A simple donation of \$1 per pay goes a long way to supporting the needs of Windsor Regional Hospital. A noted option in the campaign permits you to select the program of your choice to support.

We appreciate your consideration to make a donation to the Family Giving Campaign. If you have already responded, *thank you* for your gift to see that your department and your patients benefit. If you have any questions, please contact Pat Valleau at ext: 33966 or Brandon Osborne at ext. 52449.

## Ciociaro Club Women Stand Tall During Breast Cancer Awareness Month

The International Women's Day Committee of the Ciociaro Club of Windsor made a commitment of \$100,000 to Windsor Regional Hospital and naming a Breast Health Ultrasound Imaging Suite in the Breast Health Centre.

The Breast Assessment Centre is a one-stop service for women providing an expedited breast assessment service. The program is affiliated with Cancer Care Ontario and meets stringent quality standards and is continually evaluated against national and provincial performance measurements.

International Women's Day in an annual reminder of the plight of women toward gaining respect, equality and independence! It was in 1908 when women began to advocate for themselves regarding change to existing conditions associated with shorter working hours, better pay and the right to vote. It took a tragic garment district fire in New York City where many women lost their lives due to poor working conditions to bring attention to the issue. Over 15,000 women marched to bring attention to current issues and conditions. Two years later, an International Women's Day was proclaimed.

Today, women hold their head high and celebrate the success of what has been achieved, along with giving back to their community through philanthropy such as the International Women's Day held at the Ciociaro Club each March and raising funds for WRH's Breast Health Centre.



Photo Above (left to right)

Giulo Malandruculo, Board President, Ciociaro Club; Rita Petrilli; Ilde Mariani; Anna Vitti; Anna Vozza; and, Ilias Kiritsis, President, Windsor/Essex Hospitals Foundation

# stop and sanitize

do your part to reduce  
the spread of infection



Windsor Regional Hospital believes that Infection Prevention and Control is vital to patient safety. ALL persons working at both campuses of the hospital must have a RESPONSIBILITY to practice good infection prevention and control.

The hospital has adopted the "Stop and Sanitize" campaign. Hand hygiene is the single most effective way to prevent health-care associated infections and the spread of antibiotic resistant organisms.

All staff, patients and visitors are asked to perform hand hygiene when entering/exiting the hospital. There are 2 methods for performing hand hygiene:

### Alcohol-Based Hand Rub (ABHR)

– PREFERRED when hands are not visibly soiled. Rub 1-2 pumps of ABHR into palms, fingers, wrists, etc. for 15 seconds (or until dry).

### Hand Washing (Soap and Water)

Apply soap to wet hands and lather 15 seconds. Rinse thoroughly under warm running water. Dry with a paper towel and turn off tap (and open door) with a paper towel. Note: If hands are visibly soiled and there is no running water, use a moist towelette to remove visible soil and then ABHR.



Risk assessment, which is an evaluation of the interaction of the health care provider, the patient and the patient environment to assess and analyze the potential for exposure to infectious disease, is the first and most important step in determining the type of personal protective equipment to use.



## A Girls Night Out in Handbag Heaven

Featuring the Auction of Handbags donated by Celebrities, Retailers & Generous Individuals

Thursday, October 30<sup>th</sup>, 2014 - GIOVANNI CABOTO CLUB  
Doors Open 5:00 PM

### TICKETS

\$60.00 each or  
\$550.00 Table of 10

INCLUDES  
Dinner, Tim Hortons Coffee Bar, Renee's  
Fine Cakes, Huge Halloween Candy Bar  
AND MUCH MORE!

TO ORDER TICKETS:

CALL: 519-735-0211 or EMAIL: info@dogooddivas.com

Proceeds to benefit the care and comfort of patients at the Metropolitan Campus of Windsor Regional Hospital.





The Northeastern Ontario Stroke Network invites you to participate in **Provincial Stroke Rounds** via videoconference or webcast:

**Title:** Community Reintegration of Persons with Stroke in Northeastern Ontario: Navigation Intervention (EVENT ID # 38497145)

**Date/time:** Wednesday, Nov 5<sup>th</sup> 2014 0800-0900 hours EST

**Presenters:** Mr. Darren Jermyn BSc.P.T., MBA, Regional Program Director, NEO Stroke Network  
Dr. Phyllis Montgomery RN, CNS, PhD, Professor, School of Nursing, Laurentian University, Sudbury, Ontario

**Host site:** Health Sciences North, Sudbury, ON

**Objectives:** At the end of this presentation, the target audience will be able to:

1. Describe a 3-stage, 2-year mixed method study design exploring the community reintegration of persons with stroke in Northeastern Ontario
2. Explain how navigation relates to community reintegration for persons with stroke.
3. Appreciate the perspectives of persons with stroke regarding navigation service/navigator including its processes and outcomes.

**Target audience:** All health care professionals interested in stroke care

This program meets the accreditation criteria of The College of Family Physicians of Canada and has been accredited for up to 3 Mainpro-M1 credits as approved by the Continuing Education and Professional Development Office of the Northern Ontario School of Medicine.  
This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada, approved by the Continuing Education and Professional Development Office Northern Ontario School of Medicine for up to 1 hour.

**To register:** Contact your OTN Telehealth Coordinator to reserve your system  
**Site coordinators:** Please self-register your site for this event by clicking on the link below:

<https://schedule.otn.ca/tsm/portal/nonclinical/details.do?request.requestId=38497145>

\* For those who do not have Ncompass access, please submit appropriate system information to: [scheduling@otn.ca](mailto:scheduling@otn.ca) stating Event ID. **The Event ID is Non-Clinical Event#38497145**

**Audio line:** 905-415-6672

**Webcast:** Live and Archived Webcast  
Search with event ID # at <http://webcast.otn.ca/index/browse?page=1&type=1>



# SAVE THE DATE



Windsor Regional Hospital, Hôtel-Dieu Grace Healthcare & Henry Ford Hospital are partnering to bring you the

## 5TH ANNUAL INTERNATIONAL PATIENT SAFETY SYMPOSIUM

THE PATIENT VOICE : ARE WE LISTENING?

Featuring Guest Speaker **Suzanne Gordon**

Suzanne Gordon is an award-winning journalist and author/editor of 12 books. She has written for popular publications like *The New York Times*, *The Los Angeles Times*, *The Globe and Mail*, and many more. Suzanne is a popular lecturer. Much of her professional focus is on problem-solving the communication issues that can occur between doctors, nurses and patients. For more information on Suzanne, visit her website: [www.suzannegordon.com](http://www.suzannegordon.com)

**WHEN:** Friday, November 21<sup>st</sup>, 2014  
\*Early Bird Registration ends October 1<sup>st</sup>, 2014

**WHERE:** Augustus Room III, Caesars Windsor  
377 Riverside Dr. East  
Windsor, ON

**SCHEDULE:** VIP Breakfast with Suzanne Gordon 8:00 AM - 9:00AM  
Breakfast tickets are limited.  
Sessions from 9:00 AM - 4:00 PM  
Lunch is included. Free valet parking.



Website registration is now open! For sponsorship, contact [aiera@experiencedmg.com](mailto:aiera@experiencedmg.com).  
**WWW.SAFETYSYMPIUM.ORG**

WRC Staff Activities Committee invites you to:

Relax, unwind and celebrate the holidays the island way!

# Mele Kalikimaka!

Friday, December 5, 2014 - 6:00pm

Caboto Club, Canada Hall

\$35 per person (Retirees - \$30) ~ Cash Bar

Price includes dinner, dancing, and door prizes.

Raffle tickets to be sold for grand prizes!!

Special Performances by Kelani -

a truly Polynesian experience

Music by DJ Victorious

For Tickets, contact:

Met Ext: 52330 / Ouellette Ext: 33023

Last date to buy tickets is November 21

Tickets will not be available at the door

# Christmas Craftmania!

Children's Holiday Party

Sunday, December 7, 2014 ✨ Caboto Club, Canada Hall

Santa Claus will deliver gifts!!

Doors open at 11:00

Lunch served promptly at 12:00

Santa arrives at 1:00

Party is open to staff members' children and grandchildren ages 0-10yrs

**Tickets: \$15 per Adult**

**\$15 per child**

Tickets can be purchased in Human Resources at Met (ext 52330) and Ouellette (ext 33023)

**Advance Sales Only**

**Deadline to purchase tickets:**  
Nov 21, 2014

**Psst!**

Santa will have help from a very cool friend

Write to Santa

Decorate a Cookie

Create an ornament