

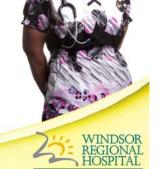
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FRONTLINE TRIBUNE is a publication of the **Public Affairs and Communications Department of Windsor Regional Hospital**

Met Campus - 1995 Lens Avenue, Windsor, Ontario, N8W 1L9 Ouellette Campus - 1030 Ouellette Avenue, Windsor, Ontario, N9A 1E1





YOUR WEEKLY NEWS PUBLICATION OF WINDSOR REGIONAL HOSPITAL

BUILDING ON OUR STRENGTHS SINGLE-SITE ACUTE CARE HOSPITAL

- THE FLU FIGHT CONTINUES - CARROT SOUP WITH ORANGE AND GINGER
- MOVEMBER CAMPAIGN
- LEST WE FORGET
- FRENCH CATHOLIC BOARD DONATES
- UPCOMING EVENT POSTERS - COMMUNITY EVENTS

WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

To contribute a news tip, story or advertisement in the next issue, please email us at: frontlinetribune@wrh.on.ca

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The Public Affairs and Communications Department of Windsor Regional Hospital is responsible for providing coordinated leadership in the development and execution of programs, services, and activities that promote the achievements and good work of the hospital. Responsibilities include enhancing the public's awareness and understanding of the hospital's programs, services, and facilities

Our mission is to assist Windsor Regional Hospital in achieving its vision and goals by providing effective communications counsel to Hospital leaders and key stakeholders and by implementing strategic employee, media and public communications and programs.



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@WRHospital

DING ON OUR STRENGTHS

THE NEW SINGLE-SITE ACUTE CARE HOSPITAL

Our Vision: A state-of-the-art hospital built to the highest standards, with the capacity to serve this community for generations to come.

This week, as we continue to move through the planning stages towards a new state-of-the-art acute care hospital, we are enhancing our communication materials and continuing to engage the community. You will notice information pamphlets in waiting areas around the hospital and an updated look to the www.windsorhospitals.ca site.

In addition, we are partnering with TV Cogeco to broadcast the "Exploring the Future of Healthcare" videos. These videos, which were recorded at new hospitals in Ontario and beyond, are meant to highlight the benefits of modern healthcare infrastructure. WRH President & CEO, David Musyj, and Dave Cooke, Co-Chairs of the Steering Committee overseeing planning for the project, will appear on "Plugged In", with Melanie Deveau later this month, to introduce the videos.



Photo Above In photo (left to right) are Melanie Deveau (TV Cogeco) Dave Cooke and WRH President & CEO. David Musvi

The theme for the project is "Building on our Strengths." During our many Town Hall and community engagement sessions, people have told us they want us to draw on the strengths of everyone at WRH, the regional healthcare system and the Windsor-Essex community, as we work toward a new state-of-the-art hospital.

As part this communication, we are focusing on a number of ways a new, modern hospital will enhance the patient experience, including:

- 80% single patient rooms
- A patient & family-centred design
- Smart technology to enhance communication
 Enhanced capacity for research & clinical trials

Right now, most of the communication material will be featured within the hospital for visitors, patients and families. As we get closer to announcing a recommended site for the new facility, and go deeper into the planning process, the communication will be become broader. Thank you for your continued support as we Build on Our Strengths and work toward The New Single-Site Acute Care Hospital.

For more information about The New Single-Site Acute Care Hospital, please visit our website at www.windsorhospitals.ca.



UPCOMING EVENTS

Shop Til' You Drop Holiday Shopping Trip Pick Up: 8:00AM

Depart: Caboto Club, 2175 Parent Avenue Great Lakes Crossing shopping trip

Family Flu Fighter Vaccination Clinic Time: 5:00PM - 8:00PM

WE Care Pharmacy Windsor Regional Hospital, Ouellette Campus

The Chatty Collection Retrospective **Fashion Show** Time: 7:00PM

Windsor Star News Café 300 Ouellette Avenue, Windsor

Family Flu Fighter Vaccination Clinic NOV Time: 10:00AM - 3:00PM WE Care Pharmacy Windsor Regional Hospital, Ouellette Campus

Blood Pressure Screening Clinic Time: 12:00PM - 3:00PM Windsor Regional Hospital, MET Campus

Falls Prevention Mobile Clinic Time: 8:00AM - 5:00PM **Amherstburg Community Services** 179 Victoria Street, Amherstburg

Patient Safety Symposium Time: 8:00AM - 4:00PM Caesars Windsor, Augustus Ballroom 377 Riverside Drive East

Crystal Ball Gala Time: 6:00PM St. Clair Centre For The Arts 201 Riverside Drive West, Windsor

Cancer Research Conference Caesars Windsor 377 Riverside Drive East www.windsorcancerresearch.ca

Twelve Cocktails of Christmas Time: 7:00PM Ambassador Golf Club 1025 Sprucewood Avenue, LaSalle

Dedicated Years of Service Recognition Time: 5:30PM Caboto Club of Windsor 2175 Parent Avenue, Windsor

Mele Kalikimaka Staff Holiday Party Time: 6:00pm Caboto Club of Windsor 2175 Parent Avenue, Windsor

Christmas Craftmania Children's Holiday Party Time: 11:00am Caboto Club of Windsor 2175 Parent Avenue, Windsor

Blood Pressure Screening Clinic Time: 12:00PM - 3:00PM Windsor Regional Hospital, Ouellette Campus The DREAM KLIMB

Time: All day event Chrysler Building One Riverside Drive West, Windsor

The Flu Fight Continues

Although our vaccination statistics are better this year than last year, they are still not where we want them to be for a healthcare facility, especially with the influenza season beginning to ramp up. In order to provide our staff and their families with the most opportunities to fight the flu this season, the WE CARE pharmacy will be holding Family and Friends Flu Fighter Vaccination Clinics on Wednesday, November 12, from 5-8 pm and on Saturday, November 15, from 10 am -3 pm at the Ouellette campus. Bring your whole family, invite your neighbours, relatives, and friends, and come get vaccinated. There will be pizza and a number of activities for the kids to enjoy. All Windsor Regional Hospital team members are invited, regardless of the campus you work at.

Just a reminder that the WE CARE Pharmacy is open and giving flu vaccinations on a drop-in basis, Monday through Friday, from 9am to 5pm. And for those employees at the Met Campus, the IDA Pharmacy located at the corner of Tecumseh and Kildare (in the parking lot) is also providing flu shots - again, please call to confirm hours and availability (519-977-0090).

As well, we have only received approximately 1300 consent/decline forms thus far. All hospital staff and physicians are asked to complete it (choose one of the four options - Yes I consent to be immunized; Yes I have been immunized elsewhere; No I am medically exempt; No I decline immunization) and submit this form to the Employee Health Office. This form can be downloaded from the Employee Health Intranet webpage and is also available in the Employee Health Office and We Care Pharmacy. The information collected on this form is used to report the statistics for our organization to the Windsor-Essex County Public Health Unit, as required by the Ministry of Health. If you have been immunized elsewhere or are medically exempt from receiving the flu vaccine, please submit your documentation to the Employee Health Office with your completed consent/decline form.

We want to not only protect you but your entire family as well. Become a flu fighting family by getting your flu shot and help us beat the flu this year!

Carrot Soup with Orange and Ginger

Makes 4 Servings / Preparation: 15 minutes

INGREDIENTS

- 1 Tbsp. extra virgin olive oil 4 cups chopped carrots, peeled, cut into 1/2-inch pieces
- 1 cup chopped yellow onions
- 2 cloves garlic, minced
- 4 large strips orange zest
- 3 cups low-sodium chicken broth (type of broth optional)
- 1 tsp. finely minced fresh ginger
- 1/2 cup orange juice
- 1 Tbsp. fresh lemon juice, optional Salt and ground black pepper to taste
- 1/4 cup chopped chives (dill may be substituted)

In large pot, heat oil over medium-high heat and add carrots and onions. Sauté about 7-8 minutes. Add garlic and sauté additional 2 minutes. Add broth and orange zest strips. Cover and bring to a boil. Reduce heat, uncover and simmer until carrots

are tender, about 10-12 minutes. Let mixture cool for several minutes. Discard orange zest strips. Working in batches, in food processor or blender, purée mixture until velvety smooth. Return soup to pot. Stir in ginger and orange and lemon juices. Season with salt and pepper to taste. Over low heat, let soup simmer for 5 minutes for flavors to mingle. Garnish with chives and serve.

NUTRIENTS Per Serving

150 calories, 5 g total fat (1 g saturated fat), 23 g carbohydrate, 6 g protein, 4 g dietary fiber, 140 mg sodium.

PROVIDING OUTSTANDING CARE TO WINDSOR-ESSEX



Christine Broadbent DIAGNOSTIC IMAGING



Chad Jones REGISTERED TECHNOLOGIST REG. PRACTICAL NURSE 6 EAST



Meaghan Pinkerton REGISTERED NURSE MEDICINE 3



Michel Boudreau REGISTERED NURSE CRITICAL CARE



"THE THIN BLUE STACHE"
WRH Security Department
MOVEMBER CAMPAIGN

Ask a participating Security
Guard for details, OR
visit "www.movember.com"
for more details!!
Movember TEAM NAME
"The Thin Blue Stache"





FOUNDATION NEWS

EVENTS, CAMPAIGNS AND DONATIONS SUPPORTING
WINDSOR REGIONAL HOSPITAL
and HÔTEL-DIEU GRACE HEALTHCARE

French Catholic Board Donates to WRH

Representatives of the Counseil Scolaire Catholique Providence (French Catholic School Board) visited Windsor Regional Hospital on Halloween Day and donated a variety of toys, games and activities for children in Paediatric Services.

Child Life Services representative, Jennifer Burton Liang explained that the toys and activities bring joy to children while in the hospital and also assist with diversion tactics while a child requires treatment or procedure. Our thanks to the staff of the French Catholic School Board who provided funds toward the initiative.



Photo Above In photo (left to right) are Joel Beaudoin, School Principal, Jennifer Burton Liang, Child Life specialist at WRH and, Joseph Picard, Director of Education



Lest We Forget

Each year, on the eleventh hour on the eleventh day of the eleventh month, we observe Remembrance Day across Canada. Every year we gather in community halls, memorial parks, schools, living rooms and more to observe a moment of silence and to mark the sacrifice and honour of so many.

IN FLANDERS FIELDS By: Lieutenant Colonel John McCrae, MD

In Flanders Fields the poppies blow Between the crosses row on row, That mark our place; and in the sky The larks, still bravely singing, fly Scarce heard amid the guns below.

We are the Dead. Short days ago We lived, felt dawn, saw sunset glow, Loved and were loved, and now we lie In Flanders fields.

Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.



SHOW YOUR SUPPORT WEAR PURPLE

NOVEMBER 14, 2014

Purple symbolizes our fight against domestic violence. Shine purple lights, wear purple or hold events to raise awareness of domestic violence.



facebook.com/shinethelightwindsor



CONGRATS TO MRT'S

Congratulations to WRH Medical Radiation Technologists (MRTs) who were recently celebrated for the crucial role that they play in the healthcare system. MRTs provide the professional imaging and radiation-related treatment services and caring touch that allow patients to fully benefit from the latest medical diagnostic and treatment technologies.



The process of personal protective equipment (PPE) removal requires strict adherence

to a formal protocol to prevent recontamination.

SAVE THE DATE



Featuring Guest Speaker Suzanne Gordon

Suzanne Gordon is an award-winning journalist and author/editor of 12 books. She has written for popular publications like The New York Times, The Los Angeles Times, The Globe and Mail, and many more. Suzanne is a popular lecturer. Much of her professional focus is on problem-solving the communication issues that can occur between doctors, nurses and patients. For more information on Suzanne, visit her website: www.suzannegordon.com

WHEN: Friday, November 21st, 2014

*Early Bird Registration ends October 1st, 2014

WHERE: Augustus Room III, Caesars Windsor

377 Riverside Dr. East Windsor, ON

SCHEDULE: VIP Breakfast with Suzanne Gordon 8:00 AM - 9:00AM

Breakfast tickets are limited.

Sessions from 9:00 AM - 4:00 PM Lunch is included. Free valet parking.







Website registration is now open! For sponsorship, contact aiera@experiencedmg.com.

WWW.SAFETYSYMPOSIUM.ORG

























Write to

Santa

SuperBowl Bowling

Christmas Craftmania!

Children's Holiday Party

Sunday, December 7, 2014 Caboto Club, Canada Hall

Santa Glaus will deliver of

Doors open at 11:00 Lunch served promptly at 12:00 Santa arrives at 1:00

Party is open to staff members' children and grandchildren ages 0-10yrs

Tickets: \$15 per Adult \$15 per child

Tickets can be purchased in Human Resources at Met (ext 52330) and Ouellette (ext 33023) **Advance Sales Only**

Deadline to purchase tickets: Nov 21, 2014

PSST

Santa will have help from a very cool friend

Decorate

Cookie

Stay up to date on news and upcoming events at www.facebook.com/windsorregionalhospital