



# FRONTLINE TRIBUNE

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FRONTLINE TRIBUNE is a publication of the  
Public Affairs and Communications Department of Windsor Regional Hospital

Met Campus - 1995 Lens Avenue, Windsor, Ontario, N8W 1L9  
Ouellette Campus - 1030 Ouellette Avenue, Windsor, Ontario, N9A 1E1

COMPASSION is our  
PASSION



YOUR WEEKLY NEWS PUBLICATION OF WINDSOR REGIONAL HOSPITAL

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## WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

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The Public Affairs and Communications  
Department of Windsor Regional Hospital is  
responsible for providing coordinated  
leadership in the development and execution of  
programs, services, and activities that  
promote the achievements and good work of  
the hospital. Responsibilities include  
enhancing the public's awareness and  
understanding of the hospital's programs,  
services, and facilities.

Our mission is to assist Windsor Regional  
Hospital in achieving its vision and goals by  
providing effective communications counsel to  
Hospital leaders and key stakeholders and by  
implementing strategic employee, media and  
public communications and programs.



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@WRHospital

[www.wrh.on.ca](http://www.wrh.on.ca)



## From The President & CEO

Best Wishes for Peace, Joy and Safe Travels this Holiday Season and a New Year of Health, Happiness and Prosperity!

I cannot believe that 2014 is coming to an end and 2015 is upon us. I always heard that the older you get, its seems the years fly by that much quicker. I recall when my parents were my age, I thought they were old. I now cannot believe how wrong I was and how young they were.

I am hopeful that each of you can spend some time with your families this Holiday Season. Holidays are truly a time to cherish family members who we can spend some time with and to remember those who are no longer with us. However, take this time to share a chuckle or memory about our loved ones and how you celebrated the Holidays with them in the past. Have a safe Holiday Season and see you in 2015!

## Congratulations Again To WRH Staff

Last week's Frontline Tribune highlighted the success that Windsor Regional Hospital achieved at the annual IHI International Forum on Quality Improvement in Healthcare held in Florida.

Now, WRH has been invited to attend the International Forum on Quality and Safety in Healthcare taking place in London, England in April 2015. The two poster displays will be: 'Starting the Week off Right: Monday Morning Huddle to Improve Patient Safety' and, 'Redesign of the Medicine Program: Blending Theory and Method of Grounding Breaking Results'.

The International Forum on Quality and Safety in Healthcare is now in its 20<sup>th</sup> year and is an annual gathering of healthcare professionals focused on quality improvement and patient safety. This United Kingdom forum supports and energizes the movement of healthcare improvement and connects healthcare leaders and practitioners worldwide to improve outcomes for patients and communities.



OUTSTANDING CARE - NO EXCEPTIONS!

# UPCOMING EVENTS

mark your calendars

- JAN 18** **The DREAM KLIMB**  
Time: All day event  
Chrysler Building  
One Riverside Drive West, Windsor
- JAN 31** **Transition To Betterness Goes Punk Gala**  
Ciociaro Club of Windsor  
3475 North Talbot Road, Windsor
- FEB 07** **In Honour Of The Ones We Love Gala**  
Time: 6:00pm  
Ciociaro Club of Windsor  
3475 North Service Road, Windsor
- FEB 11** **Hats On For Healthcare**  
Time: All day event  
Throughout Windsor-Essex community  
Windsor Regional Hospital, Met & Ouellette



## NURSES APPRECIATION NIGHT

**SATURDAY, DEC. 27**  
**GET DISCOUNTED**  
**TICKETS FOR ONLY**  
**\$12.50**

**PURCHASE TICKETS AT THE**  
**PUBLIC AFFAIRS/FOUNDATION**  
**OFFICE AT BOTH CAMPUSES**

## Rolled Herb-Roasted Turkey Breast

**Preparation Time: 15 minutes** **Cooking Time: 1 hour 10 minutes**  
**Recipe Serves: 6 people**

- 1 (3/4 -lb) boneless, skinless turkey breast
- 2 cloves garlic, thinly sliced
- 2 Tbsp. chopped fresh sage leaves
- 2 Tbsp. fresh rosemary leaves
- 1 Tbsp. Becel® margarine\*
- 6 small carrots, cut into 2.5 cm pieces
- 1/2 medium red onion, thinly sliced
- 1 cup reduced sodium chicken broth



### PREPARATION

Preheat oven to 325° F (160° C). Slice horizontally through turkey breast with knife parallel to cutting board, stopping 1 inch from opposite edge; open breast. Cut small slits evenly across inside turkey breast and insert garlic. Sprinkle inside of breast with 1/2 of the herbs. Roll up jelly-roll style starting from narrow end; secure with wooden toothpicks or kitchen string. Brush turkey with Becel® Buttery Taste | margarine, then sprinkle with remaining herbs. Arrange turkey in roasting pan. Add carrots and onion. Roast 60 minutes or until meat thermometer inserted in thickest part of turkey reaches 165° F to 170° F (73° C to 77° C). Remove turkey and vegetables to platter. Cover with aluminum foil and let stand 15 minutes. Place roasting pan over 2 burners and add chicken broth to pan juices. Bring to a boil over high heat, scraping brown bits from bottom of pan. Reduce heat to low and simmer, stirring occasionally, 10 minutes or until reduced by half. Slice the turkey and serve with roasted vegetables and pan juices.

## Patient Safety 2 x 4

On December **24**, 2014 from 4:00am to 8:00am and again from 1:00pm to 5:00pm, "Coffee and Cream" will be at both Campuses (Mezzanine level of the Goyeau entrance and 1<sup>st</sup> Floor Lobby at the Met Campus) to serve up fresh Cappuccinos, Espressos and Teas for staff who are wearing their 2 X 4 buttons!!!



This is a reminder that the **2 x 4** Campaign continues into 2015. The Campaign focuses on the need to follow the four moments of hand hygiene and the two patient identifiers (accreditation mandatory required operational practice). In addition to the focus on patient safety, **ASK ME** buttons encourage patients to **ASK US** if we followed both.

If you do not have a button, stop and get one at the Public Affairs office at each Campus.

Congratulations to the WRH staff who have contributed to increased hand washing compliance and better patient identification.

## PATIENT SAFETY 2 by 4

### PROVIDING OUTSTANDING CARE TO WINDSOR-ESSEX



**Laurie Hotz**  
REGISTERED NURSE  
CRITICAL CARE



**Nicholas Mariani**  
PHARMACY INTERN  
PHARMACY



**Jakkie Smith**  
REGISTERED NURSE  
EMERGENCY



**John Bradt**  
CLIN. PRACTICE MANAGER  
CARDIO CATH LAB



**DREAM CLIMB**  
ONE RIVERSIDE DRIVE WEST  
DOWNTOWN WINDSOR

**2015**

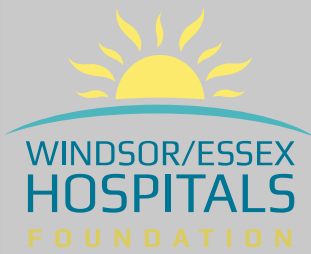
**SUNDAY, JANUARY 18**

**ONE RIVERSIDE DRIVE WEST  
DOWNTOWN WINDSOR**

**REGISTRATION: \$25**

DREAMCLIMB invites the Windsor-Essex community to take part in a walk or run of the stairwell (13 floors) at the 1 Riverside Drive West Building (Chrysler Canada offices)

**WWW.DREAMCLIMB.CA**



**FOUNDATION NEWS**  
EVENTS, CAMPAIGNS AND DONATIONS SUPPORTING  
WINDSOR REGIONAL HOSPITAL AND  
HÔTEL-DIEU GRACE HEALTHCARE

## Waiting Lounge Named After Loved One

The Pulmonary Function Testing Lab now has a waiting lounge named after Kathleen Straky who, as a patient used the services at the Ouellette Campus on many occasions.

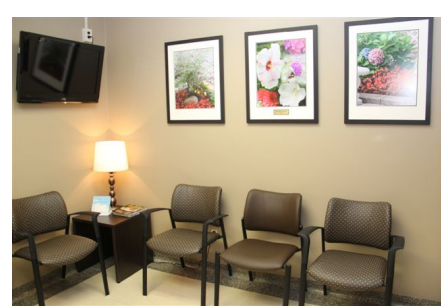
Karl Straky and his family provided funding to refurbish and furnish a new waiting lounge located directly across from the test lab. Kathleen spent over 230 days in the hospital and saw many health care professionals who attended her needs at the time. The family wanted to give back in a way to thank the professional staff, clinicians and nurses who came in contact with Kathleen through those many days.

The Straky family also funded a blanket warmer for the Cath Lab and indicated they will continue to support healthcare in the future.

The Pulmonary Function Lab testing permits the physician to access the capacity and function of the patient's lungs. This assists in the diagnosis and treatment of obstructive and restrictive lung disease such as (COPD) Chronic Obstructive Pulmonary Disease.



**Photo above**  
Karl Straky and family cutting ribbon at waiting room unveiling ceremony.



**Photo above**  
Picture of the Straky waiting room

# THANK YOU TO ALL WHO SUPPORTED THE FOOD DRIVE!



**ONE CAN**  
MAKE A DIFFERENCE  
FOOD DRIVE CAMPAIGN  
SUPPORTING THE DOWNTOWN MISSION

**LAST DAY FOR DONATIONS  
TUESDAY, DECEMBER 23rd**



**CAN GOODS • BOXED FOOD ITEMS • COATS • GLOVES**

DONATION WILL BE ACCEPTED AT THE FOLLOWING DROP OFF LOCATIONS  
MONDAY - FRIDAY: 9:00AM - 5:00PM  
OUELLETTE CAMPUS - WE CARE PHARMACY (GOYEAU ENTRANCE)  
MET CAMPUS - WELCOME DESK (MAIN ENTRANCE)



During influenza season, individuals presenting with acute, apparently non-infectious cardiopulmonary illnesses (e.g., congestive heart failure, exacerbations of chronic obstructive pulmonary disease or asthma) may have influenza. Only half of patients admitted to hospital for influenza exhibit classic symptoms.





MAKE A  
DIFFERENCE  
IN WINDSOR  
ESSEX

SUPPORT  
THE RENAL  
PROGRAM

SUPPORT  
LOCAL  
HEALTH  
CARE



# “HATS ON” FOR HEALTHCARE

## WEDNESDAY, FEBRUARY 11, 2015

**2015 CAMPAIGN SUPPORTING THE WINDSOR/ESSEX HOSPITALS FOUNDATION**

Hats On For Healthcare Day is a fundraising initiative in its 6th year supporting the Windsor/Essex Hospitals Foundation and its services that it provides to the residents of the Windsor-Essex region. Individuals, organizations and companies can either participate by having their staff fundraise, sponsor the event, or both.

Participating individuals, organizations, companies, together with their employees, members and clients are invited to put on their unique and creative head attire, make a \$2.00 donation and take part in the many entertaining activities to help raise funds for the Windsor/Essex Hospitals Foundation, more specifically the Renal Program provided throughout the Windsor-Essex community.

Participating in the 2015 “Hats On For Healthcare” is a great way for you or your company/organization to support the Windsor/Essex Hospitals Foundation and show the community that you or your company or organization and employees care about healthcare in your community.

For more information, please contact us at 519-973-4433 or fax to 519-973-5880

**Register today at [www.hatsonforhealthcare.com](http://www.hatsonforhealthcare.com)**