

# Frontline Tribune

There are no secrets to success. It is the result of preparation, hard work learning from failure. ~ General Colin Powell



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## CONGRATULATIONS!

### TO ALL FOR A SUCCESSFUL FAMILY GIVING CAMPAIGN

The numbers are in and have been tabulated and Windsor Regional Hospital is pleased to announce that all who donated to the Family Giving Campaign assisted in raising a total in cash and pledges of **\$126,227!** Congratulations to all Staff, Board of Directors, Professional Staff, Volunteers and Retirees for stepping forward and supporting your hospital. As importantly, we surpassed last year's goal by almost 10%.

Now the celebration begins! Those who donated will have an opportunity to attend an event to recognize your generosity and thank you for giving, as a family, in support of Windsor Regional Hospital. We are giving winter a kick on the "you know what" and hosting a beach party to warm things up! The event will provide sliders, chips, punch and a summertime theme to give us all a warm feeling as we get through this "winter of winters"!!



#### Ouellette Campus

Tuesday, March 18 - 2:00-4:00 p.m. Cafeteria

#### Met Campus

Friday, March 21 - 2:00-4:00 p.m. Cafeteria



## EXPLORING THE FUTURE OF HEALTHCARE TOGETHER

If you haven't had a chance to visit our new blog, what are you waiting for? WRH's is offering you an opportunity to explore the future of healthcare in Ontario, without leaving home. Through a series of videos and blogs, we want to take a virtual tour of some of the newest and most modern, state-of-the-art hospitals in Ontario and beyond. We'll also explore some of the issues affecting healthcare in our area.

Communications Manager Allison Johnson, is our tour guide on this trip. She'll show us the possibilities that exist as we move toward a new acute care hospital for Windsor-Essex. Visit [www.windsorhospitalsblog.org](http://www.windsorhospitalsblog.org) to get on board. Subscribe to our blog or sign up for email alerts at [www.windsorhospitals.ca](http://www.windsorhospitals.ca) for updates on the project.

## IN HER SHOES with CLARA HUGHES



Monday March 17th, 2014  
Doors Open 6:15pm  
Ciociaro Club Room D & E  
(3745 N Talbot Rd.)

Clara Hughes, six-time summer and winter Olympic medalist, is speaking about mental health and her own recovery at 7:15pm. Hughes will be sharing her past struggles with depression in an effort to help break down the stigma associated with mental illness.

Tickets cost \$25 for adults  
and \$10 for students.

Light Hors D'oeuvres • Cash Bar

For tickets and full details please contact Danielle at (519)973-4411 ext. 32539 or email at [danielle.ramsten@wrh.on.ca](mailto:danielle.ramsten@wrh.on.ca)



Clara's  
Big Ride  
Bell  
Let's Talk



## SOCIAL WORK WEEK - "CHAMPIONS OF POSITIVE CHANGE"

Windsor Regional Hospital is proud to recognize Social Work Week (March 3rd to 9th), which celebrates the efforts of these highly skilled professionals who help people find solutions tailored to their unique needs and concerns.

Social Workers at the Metropolitan and Ouellette campuses provide access to community support services specific to coping with an illness, a loved one's illness or caregiver stress. Social workers are available to provide clients with counseling regarding concerns related to depression, grief and loss.

Social Workers can also assist with referrals to community agencies for any issues related to addictions. Referrals can also be made for physical, emotional or sexual abuse counseling and referrals for community follow up.

This year's Social Work Week theme throughout Ontario is "Champions of Positive Change," which reflects a mandate to ensure clients have the rights and opportunities they need to fulfill their potential.

"Rather than change that can be destructive, social workers support positive change that has the potential to improve the lives of individuals and society as a whole," reads a statement from the Ontario Association of Social Workers ([www.oasw.org](http://www.oasw.org)).

A dinner is being held Thursday, March 6th at the Caboto Club by the Ontario Association of Social Workers Southwestern Branch. The event will feature awards for community contribution, a panel presentation on "The Realities of Private Practice Experience," and a Distinguished Social Work Award.



Think fresh. Eat fresh. 

**AT MET OFFERS**

**SHROVE TUESDAY SPECIAL**

The Subway outlet in Met Cafeteria is offering (3) pancakes as part of the traditional Shrove Tuesday before Lent selection on Tuesday, March 4 from 9:00 a.m. to 4:00 p.m. at \$5.95 per serving.

## THE GREAT MELTDOWN OF 2014!

Have you had enough of winter? Do you want the term, Polar Vortex eliminated from our vocabulary? Sure you do! To help get over this winter, Windsor Regional Hospital offers you a chance to win a \$100 Keg gift card by watch snow melt!! Yes, that is all you have to do.

See the photos of two snow heaps, one at Ouellette Campus and one at Met Campus.

All you have to do to enter is guess the last flake of snow that melts from either snow pile. There will be a prize for each campus. Ron Foster in Public Affairs is the judge of the exact date and time! The decision of the judge is final with no appeal!

### Rules:

- Guess when the last flake of snow will have melted on either pile of snow. Ron Foster VP of Public Affairs is the judge of that date and time. His decision is final with no appeal.
- Complete the online form under "Of Current Interest" on the Intranet. You must name the date and time (on the hour) the last flake will have melted.
- A winner, or winners, are selected based on the closest date and hourly time without going over the date or time.
- Guess for Met and/or Ouellette snow pile no matter which campus you currently work. One submission per person.
- Ron Foster VP of Public Affairs is the judge of that date and time. All decisions of the judge are final. His decision is final with no appeal.
- David Musy cannot win.

*Visit "The Great Meltdown of 2014" under of Current Interest on the Intranet! Good Luck!*



Ouellette Campus -  
(near parking lot across  
from Bell building)



Met Campus  
(beside Visitor Parking exit)

COMPASSION is our  
**PASSION**

## DID YOU KNOW?

The East/West Streets around the Met Campus are named after World War I Battles sites. These include Alsace, Lorraine, Lens and Ypres.