



# FRONTLINE

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# TRIBUNE

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COMPASSION is our  
**PASSION**



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital  
Met Campus-1995 Lens Avenue, Windsor, N8W 1L9 / Ouellette Campus-1030 Ouellette Avenue, Windsor, N9A 1E1

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### WINDSOR REGIONAL HOSPITAL The REGIONAL SCENE

To contribute a news tip, story or advertisement in the next issue, please email us at:  
[frontlinetribune@wrh.on.ca](mailto:frontlinetribune@wrh.on.ca)

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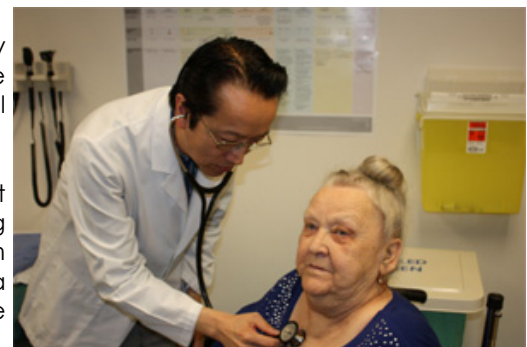
**Got a news story, contest or announcement that you would like to be considered for posting in the next issue of the newsletter?**

**Send it to us today!!!!**

## Case Costing Aims To Provide Clear Snapshot Of Hospital Patient Costs

A major project is under way that will eventually provide Windsor Regional Hospital with a more accurate snapshot of the cost of an individual patient's journey through our system.

"Case costing" is a method of allocating both direct and indirect costs of an individual patient – taking into account all of the costs that are incurred from the moment a patient is triaged or arrives for a procedure or diagnostic, all the way until they leave or are discharged from hospital.



WRH was given the opportunity by the Ontario Ministry of Health and Long-Term Care to take part in a case costing initiative that has already been developed and implemented at four dozen Ontario hospitals.

In an era where more of the overall funding a hospital receives from the provincial government is based on "quality-based procedures" – which in its simplest terms sets out how much money a health care provider receives for their contribution to a patient's journey. The more accurate and fulsome the data, the better able WRH and other hospitals can be in substantiating funding allocations by the province.

Additionally, case costing allows WRH to better assess the true cost for every patient who comes to either campus, and benchmark ourselves against similarly sized institutions around Ontario.

For the IT and hospital professionals of TransForm and WRH working on this intense project, it's not a simple task. Both campuses were developed using different systems and processes for data collection and the project looks into how to compile data from a number of sources to provide a more complete picture.

"Managing the data throughout a facility means tracking vast amounts of data, which can vary depending on the source," said Mark Fathers, WRH Chief Financial Officer.

A team of individuals gathered for a two-day session to map out a strategy for the project and will be working on the project for several months.

It takes two to three years for an institution to become "experts" and produce quality information. The hospital will work with the Ministry to review the data as the case costing project develops.

The Steering Committee for this project is comprised of Gina Bulcke (Director, Organizational Effectiveness), Linda Campeau (Director, Health Management and Communications) and John Quint (Director, Financial Services).

**Get Connected with Windsor Regional Hospital!**

[www.wrh.on.ca](http://www.wrh.on.ca) / [@WRHospital](http://www.facebook.com/WindsorRegionalHospital)

# UPCOMING EVENTS

**APR 08** **Hand Hygiene Audit Training**  
Time: 1:00pm - 2:30pm  
Auditorium Side A, Met Campus  
Windsor Regional Hospital

**APR 21** **Blood Pressure Screening Clinic**  
Time: 12:00pm - 3:00pm  
Vendor Hallway, Ouellette Campus  
Windsor Regional Hospital

**MAY 13** **Hand Hygiene Audit Training**  
Time: 1:00pm - 2:30pm  
Maidstone Room, Ouellette Campus  
Windsor Regional Hospital

**MAY 14** **Sante: A Toast To Your Health**  
Time: 7:00pm  
Ciociaro Club of Windsor  
3475 North Service Road, Windsor

**MAY 28** **WRH Charity Golf Tournament**  
Time: 11:00am  
Essex Golf & Country Club  
7555 Matchette Road, LaSalle, Ontario

## Make Ahead Berry Breakfast Parfaits

**Makes 4 servings**

**Preparation Time: 10 min / Cooking Time: 2 min**

**Refrigeration time: 8 hours**

Make your own beautiful breakfast parfaits in the evening and you've got a nutritious and delicious breakfast ready to go in the morning. The oats soften perfectly as the parfaits sit in the refrigerator overnight.

### Ingredients

- 1 cup large-flake rolled oats
- 1/4 cup chopped almonds, pecans or walnuts (optional)
- 1 tbsp (ground flax seeds (optional)
- 1 1/2 cup 2% plain yogurt
- 1 1/2 cup 2% vanilla yogurt
- 2 cups blueberries, sliced strawberries and/or raspberries

### Instructions

In a skillet over medium heat, toast large-flake rolled oats and nuts (if using), stirring constantly, for 2 to 3 minutes or until golden and fragrant. Immediately transfer to a bowl and let cool. Stir in flax seeds (if using). In a bowl, whisk together plain yogurt and vanilla yogurt. Alternately layer oat mixture, yogurt and berries in four individual 1-1/2-cup (375 mL) reusable containers with lids or tall glasses. Seal with lids or cover with plastic wrap and refrigerate for at least 8 hours or up to 2 days.

### NUTRIENTS Per Serving:

Calories: 322; Protein: 16 g; Total Fat: 6 g; Saturated Fat: 2 g; Cholesterol: 10 mg; Carbohydrates: 55 g; Fibre: 6 g; Sugars: 11 g; Sodium: 127 mg

## Gerbera Daisies for our Kids



**\$6**  
Per Potted Daisy



**April**  
**28, 29 & 30**

## Looking For Nevada Ticket Volunteers

Volunteer Services is seeking volunteers to help sell Nevada tickets at both the Ouellette and Met Campuses. Nevada ticket sales generate \$50,000 plus annually which is used for Hospital equipment purchases.

**Please call: Ingrid Garabedian**

**Ingrid.Garabedian@wrh.on.ca 519-254-5577 Ext. 33497**

## 2015 Run For Rocky

The annual Run For Rocky event will be held Sunday, April 12 at Windsor's beautiful riverfront. This fundraising event raises funds and benefits the local GSA's (Gay Straight Alliance) in Windsor -Essex, educational and programming initiatives and awareness.

Ingrid Garabedian of WRH Volunteer Services, who was friends with Rocky and his family, has a team fundraising for this event and if you would like to make a donation, please contact **ext.33497** or by email at **ingrid.garabedian@wrh.on.ca**.

**Please also visit [www.runforrocky.com](http://www.runforrocky.com) for more information.**



Vaccines undergo several stages of rigorous testing to ensure their safety and effectiveness before they are approved for use. The main ingredient is an immunogen, the killed or weakened germ - meant to stimulate the immune system to recognize and prevent future disease.

## PROVIDING OUTSTANDING CARE TO WINDSOR-ESSEX



**Teodora Gal**  
REGISTERED NURSE  
7 EAST



**Michael Bear**  
ENVIR. SERVICES WORKER  
GUEST SERVICES



**Kaitlyn Myers**  
REGISTERED NURSE  
SURGICAL UNIT



**Kevin Ryan**  
REGISTERED NURSE  
OPERATING ROOM



# Family Giving Campaign Recognition

**CONGRATULATIONS TO ALL ON A SUCCESSFUL FAMILY GIVING CAMPAIGN!**

We want to thank you for your support of our Family Giving Campaign! Come out and enjoy some Chinese delicacies complete with music and décor!

**Ouellette Campus**  
**Monday, March 30**  
 2:00pm - 4:00pm  
 11:00pm - 1:00am  
 Cafeteria



**Met Campus**  
**Tuesday, March 31**  
 2:00pm - 4:00pm  
 11:00pm - 1:00am  
 Cafeteria



## FOUNDATION NEWS

EVENTS, CAMPAIGNS AND DONATIONS SUPPORTING WINDSOR REGIONAL HOSPITAL & HÔTEL-DIEU GRACE HEALTHCARE

### Young Philanthropists On A Mission

A new fundraising group of young ladies, known as the **KARMA CREW** visited Windsor Regional Hospital recently and presented a cheque for \$3,000 from their BOOBOIR event held last August 7<sup>th</sup> at the City Grill. They also presented an additional \$550 from proceeds of their Ugly Sweater contest held at Rockefellers in December. The funds raised support the Windsor Regional Breast Health Centre at the Met Campus.

The KARMA CREW's mission is to raise funds for a 3D Digital Mammography system.



Photo Above (Left to Right)

Stephanie Di Federico; Amber Bernachi; Melissa Zivanov; Jaylyn Bernachi; Amanda Szabo; and, Britney Gerhardt. Another member of KARMA CREW, Andrea Bessette was absent for the photo.



### Parkwood Hospital Presents: Acquired Brain Injury Survivor and Family Education Series

Broadcast via videoconference at -  
 Windsor Regional Hospital—Ouellette Campus  
 Tuesdays 6:30—8:30 PM in the Cottam Room  
 (1st floor administrative hall)  
 Contact: Diane Bradford @ 519-973-4411 extension 37818

The survivor and family education series is a forum open to individuals with acquired brain injury, their family, and friends. The goals of the series are to share education and information, provide opportunities to meet other individuals and family members affected by brain injury, and to encourage peer support. You are welcome to attend one, some, or all of the sessions.

Spring 2015 Schedule	
March 24 <sup>th</sup>	<b>Brain Injury 101 – Part 1</b> Speaker: <i>Kelly Williston Wardell, Occupational Therapist, Lisa McCorquodale, Occupational Therapist</i>
March 31 <sup>st</sup>	<b>Brain Injury 101 – Part 2</b> Speaker: <i>Kelly Williston Wardell, Occupational Therapist, Jill Bowen, Social Worker</i>
April 7 <sup>th</sup>	<b>Practical Strategies for Managing your Life</b> Speaker: <i>Susan Rice</i>
April 14 <sup>th</sup>	<b>Social Communication &amp; Auditory Issues Following ABI</b> Speakers: <i>Connie Ferri, Stephanie Muir Derbyshire &amp; Patti Hinton</i>
April 21 <sup>st</sup>	<b>The Importance of Nutrition, Physical Activity &amp; Sleep Following ABI</b> Speakers: <i>Chris Fraser &amp; Laura Graham</i>
April 28 <sup>th</sup>	<b>Managing Fatigue After ABI</b> Speaker: <i>Becky Moran</i>
May 5 <sup>th</sup>	<b>Coping with Emotional Dyscontrol following ABI</b> Speakers: <i>Dave Furac &amp; Dan Pettapiece</i>
May 12 <sup>th</sup>	<b>Survivor Stories</b>

### Out to Africa...

**"Wish our KiliKlimb 2015 Team Bon Voyage"**



MARTIN WUNDER, Q.C.



**June 4, 2015 7 - 10 p.m.**

**Walkerville Brewery**

**Tickets \$10**

Cash Bar • Hors D'oeuvres



Available Windsor/Essex Hospitals  
 Foundation office at the  
 Met or Ouellette Campus or call  
 519-973-4433 or 519-985-2656



BENEFITTING THE NEUROSCIENCES PROGRAM AT WINDSOR REGIONAL HOSPITAL

[www.kiliklimb2015.ca](http://www.kiliklimb2015.ca)

# GARDEN TO TABLE

**GROW, HARVEST, PREPARE AND SHARE**

Now that spring is officially upon us Windsor Regional Hospital wants to start a vegetable garden at both the Met and Ouellette campuses.

This is tentatively planned to be located at Met Campus on East side near gazebo and at Ouellette campus located in NorthWest side near the campus sign.

It will be small to start but expand over time. If you are interesting in being part of the planning, planting, care and harvesting please contact:

**Renee Hopes, Volunteer Services**  
519-254-5577 ext.33184 renee.hopes@wrh.on.ca



MAY 1-3 2015



TECHTOWN DETROIT  
440 BURROUGHS ST.  
DETROIT MI 48202

## ← + → HACKING HEALTH



WINDSOR | DETROIT

HACKING HEALTH WINDSOR-DETROIT WILL BE HELD AT TECH TOWN DETROIT - AN INNOVATION HUB JUST TEN MINUTES FROM THE BORDER

### WANTED:

Join the first cross-border Hacking Health in the world that breaks down barriers to healthcare innovation by bringing together IT and healthcare professionals across the US-Canada border to collaborate, dream up & design solutions for patient-centric care.

TO REGISTER AND FOR MORE INFORMATION:  
[WINDSORDETROIT.HACKINGHEALTH.CA](http://WINDSORDETROIT.HACKINGHEALTH.CA)

LIKE US ON FACEBOOK AT: [HHWINDSORDETROIT](https://www.facebook.com/HHWINDSORDETROIT)  
FOLLOW US ON TWITTER AT: [@CROSSBORDERHH](https://twitter.com/CROSSBORDERHH)

DESIGNERS	TRANSFORM EVERYDAY HEALTHCARE CHALLENGES INTO REAL SOLUTIONS
DEVELOPERS	CONNECT TO CREATE HOLISTIC SOLUTIONS WITH PATIENTS, NOT JUST FOR PATIENTS
HEALTHCARE PRACTITIONERS	CONTRIBUTE TO IMPACTFUL HEALTHCARE CHALLENGES AND IMPROVE THE EXPERIENCE.
COACHES & MENTORS	OFFER YOUR IDEAS AND CONCEPTS TO HELP CATALYZE INNOVATION IN HEALTHCARE.

# HEART BREAKER



## TAKE THE CHALLENGE MAY 23 2015

**MALDEN PARK WINDSOR, ONTARIO**

**15+ OBSTACLES  
LOTS OF MUD!**

**5-7K**

SUPPORTING:  
**Hôtel-Dieu Grace Healthcare**

100% OF THE PROCEEDS WILL STAY LOCAL AND SUPPORT THE CARDIAC WELLNESS AND PULMONARY REHAB PROGRAMS IN WINDSOR ESSEX.



**GET DIRTY, GET FIT, GIVE BACK!**

**ARE YOU TOUGHER THAN THE MUD? REGISTER NOW!**

[www.heartbreakerchallenge.com](http://www.heartbreakerchallenge.com)  
[www.facebook.com/heartbreakerchallenge](https://www.facebook.com/heartbreakerchallenge)



4TH ANNUAL PRESENTS

## Healing to the Beat

An evening of fabulous music to benefit the Oncology Unit at Windsor Regional Hospital  
**SATURDAY, APRIL 18, 2015**  
FOGOLAR FURLAN CLUB | 1800 NORTH SERVICE ROAD (E.C. ROW)  
DOORS OPEN @ 7:30PM | SHOWTIME 8:30PM



### THE KENNY PARKER BAND

WITH VERY SPECIAL GUEST  
DETROIT'S GUITAR LEGEND  
**JIM MCCARTY**

AND  
**Johnny Rocca BAND**



**TICKETS \$25** PURCHASE 10 TICKETS TO RESERVE A TABLE. PLEASE CALL 519-985-2656 OR 519-791-5240  
INCLUDES 1 KING SIZE MEDITERRANEAN PIZZA PER TABLE

SPONSORED BY: