



FRONTLINE

TRIBUNE

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COMPASSION is our
PASSION



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital
Met Campus-1995 Lens Avenue, Windsor, N8W 1L9 / Ouellette Campus-1030 Ouellette Avenue, Windsor, N9A 1E1

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WINDSOR REGIONAL HOSPITAL The REGIONAL SCENE

To contribute a news tip, story or advertisement in the next issue, please email us at:
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Got a news story, contest or announcement that you would like to be considered for posting in the next issue of the newsletter?

Send it to us today!!!!

Celebrating Nurses Week With WRH & HDGH Nominate An Extraordinary Nurse!

Spring is here – and so is the season to nominate an extraordinary nurse!

Nomination forms are now online for the Jeanne Mance Nursing Excellence Award, which recognizes RNs and RPNs who continually go above and beyond to provide compassionate and professional care to his/her patients, and exemplifies teamwork, compassion, stewardship and respect.

Nominations are open until April 27th. If you have someone in mind you would like to nominate, please check your WRH email for the links to the online submission forms.

Also, RNs who are taking or considering education courses are also encouraged to submit an application for The Lori Dupont Bursary. This is a \$5,000.00 bursary funded by Windsor Regional Hospital and Hôtel-Dieu Grace Healthcare to assist RN staff with continuing education costs. All ONA staff members who are planning to attend education courses, conferences and workshops or who are working toward certification in 2015, are invited to submit a bursary application by April 27th. Each successful candidate will be awarded up to \$1,000.

The awards and bursaries will be handed out at a celebration with Windsor Regional Hospital and Hôtel-Dieu Grace Healthcare at their campus during Nurses Week, which runs May 11-16.

NOMINATE AN AMAZING NURSE



Random Act Of Kindness From U Of W Students

Share-A-Smile is a student-based club at the University of Windsor (U of W) whose vision is to give patients a reason to smile. U of W student representatives visited Windsor Regional Hospital - Met Campus on March 21, the first official day of spring and donated several dozen roses for patients. Windsor Regional Hospital volunteers handed the roses out to patients on different floors and units as a Random Act of Kindness on behalf of the students and their Share-A-Smile Club. The students raise funds through bake sales and draws and plan to support the Paediatric Child Life program with items from their annual wish list.



Photo Above (left to right)
Ankurpreet Kaur; Karen McCullough, VP and Chief Operating Officer and Chief Nursing Executive, WRH; Brahmjot Singh and Dena Ali, 3rd year students of the University of Windsor and members of the student-based club, Share-A-Smile.

Get Connected with Windsor Regional Hospital!

www.wrh.on.ca / www.facebook.com/WindsorRegionalHospital / @WRHospital

UPCOMING EVENTS

APR
08

Hand Hygiene Audit Training
Time: 1:00pm - 2:30pm
Auditorium Side A, Met Campus
Windsor Regional Hospital

APR
13

Neuro Endovascular/Neurosurgical Rounds
Time: 4:00pm - 6:00pm
Essex Room, Ouellette Campus
Windsor Regional Hospital

APR
21

Blood Pressure Screening Clinic
Time: 12:00pm - 3:00pm
Vendor Hallway, Ouellette Campus
Windsor Regional Hospital

MAY
13

Hand Hygiene Audit Training
Time: 1:00pm - 2:30pm
Maidstone Room, Ouellette Campus
Windsor Regional Hospital

MAY
14

Sante: A Toast To Your Health
Time: 7:00pm
Ciociaro Club of Windsor
3475 North Service Road, Windsor

MAY
28

WRH Charity Golf Tournament
Time: 11:00am
Essex Golf & Country Club
7555 Matchette Road, LaSalle, Ontario

Gerbera Daisies for our Kids



\$6

Per Potted Daisy



April

28, 29 & 30



In Canada, 1,640 new active and re-treatment TB cases were reported in 2013 with the highest incidence rate observed in those aged 75 years or older.

Heart Healthy Cheezy Potatoes

Makes 12 servings

Preparation Time: 15 min / Cooking Time: 1 hour 10 min

Reduced-fat soup, reduced-fat cheddar cheese, and light sour cream help transform this favorite holiday casserole into a hearty-healthy side dish..



Ingredients

1 - 10 3/4 ounce can reduced-fat/sodium condensed cream of chicken soup
1 cup shredded reduced-fat sharp cheddar cheese (4 ounces)
1/2 cup fat-free milk
1/2 cup light dairy sour cream
1/3 cup finely chopped onion or 2 tablespoons dried minced onion
1/2 teaspoon ground black pepper
1 30 ounce package frozen shredded or diced hash brown potatoes, thawed
1/2 cup crushed cornflakes or crushed wheat cereal flakes

Instructions

Preheat oven to 350 degrees F. Lightly grease a 2-quart rectangular baking dish; set aside. In a very large bowl, combine soup, cheese, milk, sour cream, onion, and pepper. Stir in potatoes. Spread mixture evenly in prepared baking dish.

Cover and bake for 45 minutes; stir potatoes. Sprinkle with cornflakes. Bake, uncovered, for 20 to 25 minutes more or until heated through and bubbly. Let stand for 10 minutes before serving.

NUTRIENTS Per Serving:

Calories: 129; Protein: 5 g; Total Fat: 3 g; Saturated Fat: 2 g; Cholesterol: 11 mg; Carbohydrates: 20 g; Fibre: 1 g; Sugars: 1 g; Sodium: 236 mg

Little Free Library Needs Your Help!

Magazines are needed for the Little Free Library at the Met Campus. All donations are welcome.

Drop off at Public Affairs or Volunteer Services office at the Met Campus.

Batman Returns For Patient Safety Checks

The month of March saw the return of Batman and company. Sometimes joined by Robin and Catwoman, Batman made the rounds during the month of March to promote the 2 by 4 Patient Safety campaign.

Batman did take some time to consult with Erika Vitale, Manager of Infection Prevention and Control on important patient safety initiatives.



PROVIDING OUTSTANDING CARE TO WINDSOR-ESSEX



Zeina Agami
PHARMACIST
PHARMACY



Craig Hilton
COORDINATOR
STANDARD OPTIMIZATION



Alyssa Ganney
REGISTERED NURSE
FAMILY BIRTHING



Rama Nomula
PHARMACY TECHNICIAN
PHARMACY

Neuro-Endovascular /Neurosurgical Rounds and Case-Study Discussions



Open OTN event Hosted by Windsor Regional Hospital, the Neurosurgical Associates of Windsor and Essex County and the Windsor Radiological Associates of Windsor

When: Monday, April 13, 2015
Time: 4 p.m. to 6 p.m.
The OTN Event number is 42372113
Where: Essex Room- Ouellette Campus
 Clinical Education Conference Room- Met Campus
Open to all to attend. No registration required.

Looking For Nevada Ticket Volunteers

Volunteer Services is seeking volunteers to help sell Nevada tickets at both the Ouellette and Met Campuses. Nevada ticket sales generate \$50,000 plus annually which is used for Hospital equipment purchases.

Please call: Ingrid Garabedian
 Ingrid.Garabedian@wrh.on.ca 519-254-5577 Ext. 33497

Out to Africa...

"Wish our KiliKlimb 2015 Team Bon Voyage"



June 4, 2015 7 - 10 p.m.

Walkerville Brewery

Tickets \$10

Cash Bar • Hors D'oeuvres



Available Windsor/Essex Hospitals
 Foundation office at the
 Met or Ouellette Campus or call
 519-973-4433 or 519-985-2656



BENEFITTING THE NEUROSCIENCES PROGRAM AT WINDSOR REGIONAL HOSPITAL

www.kiliklimb2015.ca



4TH ANNUAL PRESENTS

Healing to the Beat

An evening of fabulous music to benefit the
 Oncology Unit at Windsor Regional Hospital

SATURDAY, APRIL 18, 2015

FOGOLAR FURLAN CLUB | 1800 NORTH SERVICE ROAD (E.C. ROW)

DOORS OPEN @ 7:30PM | SHOWTIME 8:30PM



THE KENNY PARKER BAND

WITH VERY SPECIAL GUEST
 DETROIT'S GUITAR
 LEGEND

JIM MCCARTY

AND
Johnny Rocca
 BAND



TICKETS \$25 PURCHASE 10 TICKETS TO RESERVE
 A TABLE. PLEASE CALL
 INCLUDES 1 KING SIZE MEDITERRANEAN PIZZA PER TABLE
 519-985-2656 OR 519-791-5240

TICKETS AVAILABLE AT:



SPONSORED BY:



In loving memory of Sandy Gillis, Don Venus & Ralph Travenetti



Parkwood Hospital Presents: Acquired Brain Injury Survivor and Family Education Series

Broadcast via videoconference at -
 Windsor Regional Hospital—Ouellette Campus
 Tuesdays 6:30—8:30 PM in the Cottam Room
 (1st floor administrative hall)

Contact: Diane Bradford @ 519-973-4411 extension 37818

The survivor and family education series is a forum open to individuals with acquired brain injury, their family, and friends. The goals of the series are to share education and information, provide opportunities to meet other individuals and family members affected by brain injury, and to encourage peer support. You are welcome to attend one, some, or all of the sessions.

Spring 2015 Schedule	
March 24 th	Brain Injury 101 - Part 1 Speaker: Kelly Williston Wardell, Occupational Therapist, Lisa McCorquodale, Occupational Therapist
March 31 st	Brain Injury 101 - Part 2 Speaker: Kelly Williston Wardell, Occupational Therapist, Jill Bowen, Social Worker
April 7 th	Practical Strategies for Managing your Life Speaker: Susan Rice
April 14 th	Social Communication & Auditory Issues Following ABI Speakers: Connie Ferri, Stephanie Muir Derbyshire & Patti Hinton
April 21 st	The Importance of Nutrition, Physical Activity & Sleep Following ABI Speakers: Chris Fraser & Laura Graham
April 28 th	Managing Fatigue After ABI Speaker: Becky Moran
May 5 th	Coping with Emotional Dyscontrol following ABI Speakers: Dave Furac & Dan Pettapiece
May 12 th	Survivor Stories

GARDEN TO TABLE

GROW, HARVEST, PREPARE AND SHARE



Now that spring is officially upon us Windsor Regional Hospital wants to start a vegetable garden at both the Met and Ouellette campuses.

This is tentatively planned to be located at Met Campus on East side near gazebo and at Ouellette campus located in NorthWest side near the campus sign.

It will be small to start but expand over time. If you are interested in being part of the planning, planting, care and harvesting please contact:

Renee Hopes, Volunteer Services
519-254-5577 ext.33184 renee.hopes@wrh.on.ca



MAY 1-3
2015



TECHTOWN DETROIT
440 BURROUGHS ST.
DETROIT MI 48202

WINDSOR DETROIT HACKING HEALTH



HACKING HEALTH WINDSOR-DETROIT WILL BE HELD AT TECH TOWN DETROIT
- AN INNOVATION HUB JUST TEN MINUTES FROM THE BORDER

WANTED:

Join the first cross-border Hacking Health in the world that breaks down barriers to healthcare innovation by bringing together IT and healthcare professionals across the US-Canada border to collaborate, dream up & design solutions for patient-centric care.

DESIGNERS	TRANSFORM EVERYDAY HEALTHCARE CHALLENGES INTO REAL SOLUTIONS
DEVELOPERS	CONNECT TO CREATE HOLISTIC SOLUTIONS WITH PATIENTS, NOT JUST FOR PATIENTS
HEALTHCARE PRACTITIONERS	CONTRIBUTE TO IMPACTFUL HEALTHCARE CHALLENGES AND IMPROVE THE EXPERIENCE.
COACHES & MENTORS	OFFER YOUR IDEAS AND CONCEPTS TO HELP CATALYZE INNOVATION IN HEALTHCARE.

TO REGISTER AND FOR MORE INFORMATION :
WINDSORDETROIT.HACKINGHEALTH.CA

LIKE US ON FACEBOOK AT: [HHWINDSORDETROIT](https://www.facebook.com/HHWINDSORDETROIT)
FOLLOW US ON TWITTER AT: [@CROSSBORDERHH](https://twitter.com/CROSSBORDERHH)



Life After Cancer Exercise Program

Specially designed for cancer survivors.

Delivered by Certified Professionals from Windsor Squash & Fitness in collaboration with Windsor Regional Hospital Cancer Program

Exercise Classes

Tuesdays & Thursdays • 1-2pm
Beginning April 14, 2015
for 10 weeks

Yoga Classes

Wednesdays • 6 pm – 7 pm
Beginning April 22, 2015
for 8 weeks

Cost: \$40

Classes take place at Windsor Squash & Fitness Club.

For more information or to register, please call
519-254-5577 x 52800
or renew@wrh.on.ca



HEART BREAKER



TAKE THE CHALLENGE
MAY 23 2015

MALDEN PARK
WINDSOR, ONTARIO

15+ OBSTACLES
LOTS OF MUD!

SUPPORTING:

Hôtel-Dieu Grace
Healthcare

5-7K

100% OF THE PROCEEDS WILL STAY LOCAL AND SUPPORT THE CARDIAC WELLNESS AND PULMONARY REHAB PROGRAMS IN WINDSOR ESSEX.



GET DIRTY, GET FIT, GIVE BACK!

ARE YOU TOUGHER THAN THE MUD? REGISTER NOW!

www.heartbreakerchallenge.com

www.facebook.com/heartbreakerchallenge