



FRONTLINE TRIBUNE

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COMPASSION is our
PASSION



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital
Met Campus-1995 Lens Avenue, Windsor, N8W 1L9 / Ouellette Campus-1030 Ouellette Avenue, Windsor, N9A 1E1

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Got a news story, contest or announcement that you would like to be considered for posting in the next issue of the newsletter?

Send it to us today!!!!

Preserving Nursing School History

The Metropolitan General Hospital School of Nursing, located in the former Kildare Building from 1948 to 1973 has a unique history equal to that of the Jeanne Mance Building School of Nursing at the former Hotel-Dieu Grace Hospital; Brett Building at the former Salvation Army Grace Hospital School of Nursing and; the IODE Bartlett Building School of Nursing at the former IODE Memorial Hospital.

Through the meticulous work of Kathleen Moderwell, the Metropolitan School of Nursing Director from 1958 to its closure in 1973, she has preserved and donated artifacts by assembling and annotating official documents and photographs, including the preservation of several yearbooks that represent the unique history that the school provided to many nurse students over that time period.

Now, through ambitious work led by Steven Palmer, Ph.D., Canada Research Chair in History of International Health and Associate Professor, Department of History at the University of Windsor, along with associates and students; they have further preserved the history through digital imaging, scanned the documents and photographs in high resolution from the original archives. Windsor Regional Hospital is indebted to Dr. Palmer and his team for their interest in taking on the challenge and technically enhancing the history of the Metropolitan School of Nursing. Under supervision, the work was completed by a history graduate student, Nicole Hutchinson. The scanned works have now been formatted for on-line use, using state-of-the-art standards and practices. The assembled archives are now ready for all to view over the internet.

A media event will take place on Tuesday, April 21 at 11:00 a.m. on the First Floor Lobby of the Met Campus to introduce the archives. Guests will include faculty members and students from the Department of History, University of Windsor. Also in attendance will be the former Director of the Metropolitan School of Nursing, Kay Moderwell to view the archives that will be available on the website. All staff are invited as well.

"The intent of the archives is to preserve history from which we can learn from and appreciate the past," stated Ron Foster, Vice President, Public Affairs, Communications and Philanthropy for Windsor Regional Hospital. "When Ms. Moderwell called me several years ago and asked if Windsor Regional Hospital would appreciate the assembled works from the Metropolitan School of Nursing and realize their archival value, I accepted them on the premise that they would be preserved for all to appreciate for years to come."



Photo Above
Archived photo of the Metropolitan General Hospital in Walkerville, Ontario as depicted in this 1928 photograph.

Get Connected with Windsor Regional Hospital!

www.wrh.on.ca / www.facebook.com/WindsorRegionalHospital / @WRHospital

UPCOMING EVENTS

APR 13 **Endovascular/Neurosurgical Rounds**
Time: 4:00pm - 6:00pm
Essex Room, Ouellette Campus
Windsor Regional Hospital

APR 14 **Acquired Brain Injury Survivor Series**
Time: 6:30pm - 8:30pm
Cottam Room, Ouellette Campus
Windsor Regional Hospital

APR 18 **Healing To The Beat**
Time: 7:30pm
Fogolar Furlan Club
1800 North Service Road, Windsor

APR 21 **Blood Pressure Screening Clinic**
Time: 12:00pm - 3:00pm
Vendor Hallway, Ouellette Campus
Windsor Regional Hospital

APR 21 **Acquired Brain Injury Survivor Series**
Time: 6:30pm - 8:30pm
Cottam Room, Ouellette Campus
Windsor Regional Hospital

MAY 07 **Hôtel-Dieu Grace Retirees Luncheon**
Time: 11:30am
Caboto Club of Windsor
2175 Parent Avenue

MAY 13 **Hand Hygiene Audit Training**
Time: 1:00pm - 2:30pm
Maidstone Room, Ouellette Campus
Windsor Regional Hospital

MAY 14 **Sante: A Toast To Your Health**
Time: 7:00pm
Ciociaro Club of Windsor
3475 North Service Road, Windsor

MAY 23 **Heartbreaker Challenge**
Time: 9:00am - 8:00pm
Malden Park
4200 Malden Road, Windsor

MAY 28 **WRH Charity Golf Tournament**
Time: 11:00am
Essex Golf & Country Club
7555 Matchette Road, LaSalle



Cultures for *C. difficile* are not routinely done. Stool sample collection should occur as soon as possible after the onset of diarrhea (i.e. 3 or more loose / liquidy stools in 24 hours).

Toasted Barley & Wild Rice Salad

Make 6 Servings

Prep Time: 15 minutes / Cook Time: 35 minutes

Jump on the whole grain wagon with this flavourful salad. Barley's chewy texture and the nuttiness of wild rice are sure to make this salad a family fave. This is a colourful and healthy salad to pack for lunch or a picnic.



INGREDIENTS

- (1/2 cup) each pot barley and wild rice
- (1 cup) low sodium vegetable broth
- 1 orange/yellow bell pepper, chopped
- 30 mL (2 tbsp) cider or white wine vinegar
- 10 mL (2 tsp) canola oil
- 1 small clove garlic, finely grated
- 1 1/2 cups) chopped cooked turkey/chicken
- (1/4 cup) each chopped fresh parsley and chives
- (1 cup) water
- 1 zucchini, chopped
- 1 tomato, diced
- 15 mL (1 tbsp) Dijon mustard
- Pinch fresh ground pepper

DIRECTIONS

In a saucepan, toast barley and wild rice over medium heat, stirring for 3 minutes. Add broth and water; bring to a boil. Reduce heat to a simmer, cover and cook for about 30 minutes or until barley and rice are tender but still chewy and firm. Remove from heat and let cool slightly. In a large bowl, combine cooled barley-rice mixture with bell pepper, zucchini and tomato. In a small bowl, whisk together vinegar, mustard, oil, garlic and pepper. Drizzle over top of barley-rice mixture and stir to coat. Stir in turkey, parsley and chives until well distributed.

TIPS

Go for pot barley, which is a whole grain, instead of pearl barley. This salad is really delicious warm or cold. Perfect for making ahead, cover and refrigerate for up to two days. Leave out the turkey for a vegetarian version. You can replace it with 1 can (540 mL/19 oz) drained and rinsed lentils, chickpeas or kidney beans.



FOUNDATION NEWS

EVENTS, CAMPAIGNS AND DONATIONS SUPPORTING WINDSOR REGIONAL HOSPITAL & HÔTEL-DIEU GRACE HEALTHCARE

Easter Surprise For Kids!

An impromptu visit by a family brightened the lives of children in Paediatrics at Windsor Regional Hospital during the Easter weekend. Wanting to make kids smile, they donated stuffed animals that children can cuddle while in the hospital and take home when they are discharged.

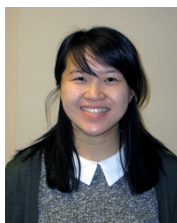
A big thank you from the Paediatrics Department at WRH.

Photo Credit (left to right)

Frank Parent, Michelle Upcott (cousin) Megan Upcott and Calvin Parent with Child Life specialist, Sandra Hirola.



INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Gloria Kwong
CHILD LIFE SPECIALIST
PAEDIATRICS



Christopher Danyluk
REGISTERED NURSE
6 EAST



Mandeep Bumbra
REGISTERED NURSE
RENAL DIALYSIS



James Robson
FINANCIAL ANALYST
FINANCE

Rolling Out The WELL-Come Mat For Hospital Guests

An overnight or prolonged stay in hospital can create anxiety for patients. That's why introducing them to the many ways we can make the experience more comfortable is the driving force behind a volunteer-led hospital program that continues to put patients at ease.

The WELL-Come Mat program was introduced to Windsor Regional Hospital's Met campus in 2013. The program sees volunteers orientate new patients to hospital services such as ordering food for themselves and their guests, ordering TV service and identifying any special needs patients may have.

"As a volunteer with the WELL-Come Mat program I can help lessen some of the anxiety a patient and their family experiences with hospitalization," said volunteer Lori Del Duca. "They're always happy to hear about the services WRH provides to make their stay more comfortable. This is what we strive for – to reduce their anxiety and to make them feel welcome."

Volunteers come directly to the patient in their room to provide an introduction to services available to them. Where a patient may have difficulty or cognitive impairment, a volunteer can work with loved ones to assist in making sure the patient has the supports they need during their stay.

The volunteers also have an "orientation checklist" they use to make sure patients are made aware of the right service offerings, and can assist patients in completing customer satisfaction surveys that help the hospital address potential gaps in our services.

"We want to support our patients emotionally and offer them the support they need," said WRH President and CEO David Musyj. "It's all part of ensuring our guests have the most comfortable stay possible, and working towards our goal of providing Outstanding Care – No Exceptions!"

The program has been so successful at Met campus that plans are in the works to roll out the WELL-Come Mat program to the Ouellette campus, which became part of Windsor Regional Hospital following the 2013 realignment of hospital services in Windsor.



WRH Inpatient Pharmacy Extends Hours

The Pharmacy Department at Ouellette and Met Campus have extended hours of operation effective April 13, 2015. Pharmacy will now be open from 7:00 a.m. to 11:00 p.m. weekdays. The weekend hours of 7:00 a.m. to 3:00 p.m. will remain the same until the end of May, then will increase to 7:00 a.m. to 5:00 p.m.

This decision for enhancement came from the work on the SOP (Standardization and Optimization) initiative to reduce medication incidents across the organization along with the medication incident quality indicator team with the goal to reduce the total number of overrides overnight. Having pharmacy staff on-site allows the pharmacist to review new orders later into the evening and for an extra replenishment of Pyxis devices to assist in eliminating medication stock-outs during the night.

The focus of the extended hours is to benefit...the patient!

The Mission...
Safer: Fewer overrides – wrong drug/dose/patient
Safer: Proactive review of medication orders over 16 hours from former 8 hours
Quality: Available for drug information questions/consults
Quality: Just-in-time dose delivery for late admissions

All pharmacy staff roles were revised with input from many to distribute workload to support the extended hours. Feedback is welcomed during this transition to assist with improving medication services. Monitoring will continue throughout the transition to determine the impact of the change including increase in pharmacist interventions, decrease in the number of overrides, reduce medication incidents and increase the reporting of near misses.

"This is an exciting time for pharmacy services at Windsor Regional Hospital. The entire pharmacy team is engaged in enhancing the patient experience and improving patient flow through more timely medication review, by providing more frequent replenishment of medications and first doses and also being available to consult on complex patient issues during the evening hours. Stay tuned for more improvements to our medication system from the work of SOP and Medication Incident teams" stated Christine Donaldson, Director of Pharmacy.

At Windsor Regional Hospital, please



For information on Volunteer opportunities, please call:

MET CAMPUS
519-254-5577
Ext. 52563

QUELLETTE CAMPUS
519-973-4411
Ext. 33345



Contact us at:
www.wrhone.ca



COMPASSION is our
PASSION



Recognizing National Volunteer Week
April 12 - 18, 2015



4TH ANNUAL PRESENTS

Healing to the Beat

An evening of fabulous music to benefit the
Oncology Unit at Windsor Regional Hospital

SATURDAY, APRIL 18, 2015

FOGOLAR FURLAN CLUB | 1800 NORTH SERVICE ROAD (E.C. ROW)

DOORS OPEN @ 7:30PM | SHOWTIME 8:30PM



THE
**KENNY PARKER
BAND**

WITH VERY
SPECIAL GUEST
DETROIT'S GUITAR
LEGEND

**JIM
MCCARTY**

AND
**the Johnny Rocca
BAND**



TICKETS \$25 PURCHASE 10 TICKETS TO RESERVE
A TABLE. PLEASE CALL
519-985-2656 OR 519-791-5240

TICKETS AVAILABLE AT:

Windsor Regional Hospital



www.wrhone.ca

Fogolar Furlan Club



www.fogolar.com

SPONSORED BY:



In loving memory of Sandy Gillis, Don Venus & Ralph Travenetti

Life After Cancer Exercise Program

Specially designed for cancer survivors.

Delivered by Certified Professionals from Windsor Squash & Fitness in collaboration
with Windsor Regional Hospital Cancer Program

Exercise Classes

Tuesdays & Thursdays • 1-2pm

Beginning April 14, 2015
for 10 weeks

Yoga Classes

Wednesdays • 6 pm – 7 pm

Beginning April 22, 2015
for 8 weeks

Cost: \$40

Classes take place at Windsor Squash & Fitness Club.

For more information or to register, please call

519-254-5577 x 52800

or renew@wrhone.ca



Pilates Met Campus Spring 2015 Session

Tues/Thurs/Fri starting May 5 for 16 weeks

12:00-12:30, 12:30-1:00, or full hour

Location schedule to be provided

3 x 30 minutes per week: \$105

3 x 60 minutes: \$210

Cost to be deducted from your pay

Attend 80% of the classes, get reimbursed 50% of the cost!

Registration Deadline:

April 30, 2015

A minimum of 15 participants required.

**Go to the Healthy Lifestyles
website to register now!**

*Pilates emphasizes the balanced
development of the body
through core strength,
flexibility, and awareness in order
to support efficient,
graceful movement.*

