The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital
Met Campus-1995 Lens Avenue, Windsor, N8W 1L9 / Ouellette Campus-1030 Ouellette Avenue, Windsor, N9A 1E1

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# WINSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

To contribute a news tip, story or advertisement in the next issue, please email us at: frontlinetribune@wrh.on.ca

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Got a news story, flyer or announcement that you would like to be considered for posting in the next issue of the newsletter?

Send it to us today!!!!

# Met Campus - Critical Care Response Team

In 2006-07, Critical Care Services Ontario (CCSO) supported the implementation of 31 Critical Care Response Teams (CCRT) within acute care hospitals in Ontario. This included Hôtel-Dieu Grace Hospital (Ouellette campus).

WINDSOR REGIONAL HOSPITAL

CRITICAL CARE OUTREACH TEAM

This past year, the Ministry announced additional CRITICAL CARE OUTREACH TEAM funding for 15 CCRTs across the province. This included 5 Intensivist Led Teams and a 2-year demonstration project for 10 Nurse Led Teams. WRH

was pleased to be informed that the Metropolitan Campus was chosen to receive the funding for one of the Nurse Led Teams.

CCRTs otherwise known at CCOT (Critical Care Outreach Team) are comprised of specially trained critical care practitioners who work collaboratively with hospital inpatient unit staff to identify, assess and respond to the needs of patients at risk for the development of progressive and irreversible deterioration. While not replacing the need for a Code Blue Team, CCOTs do provide a highly complementary and effective "patient safety" resource for the hospital to increase quality of care, improve access to critical care resources, and improve the appropriateness and efficiency of hospital resource utilization.

The Nurse Led CCOT will be implemented in a phased approach offering Monday to Friday 0700 to 1500 hour coverage, June 1 to September 1, 2015. Full 24/7 coverage will be implemented September 1, 2015. The CCOT will bring critical care nursing expertise to the inpatient bedside, assess and provide intervention reducing avoidable or inappropriate ICU admissions, provide timely follow up of patients discharged from the ICU and improve the culture of patient safety.

The Nurse Led CCOT RN will respond immediately to all calls activated by any staff member who is concerned about a patient or should the patient meet criteria for calling CCOT. The CCOT RN does not assume total care of the patient; however, will assess the patient, implement medical directives as appropriate and notify the MRP who will continue to be responsible for the patient's care. The Intensivist on Call will be available to provide further assistance/consult should the patient's condition further deteriorate. The Most Responsible Physician plays an ongoing and important role as always. Disposition of the patient may include admission to the ICU, ongoing monitoring of the patient on the inpatient unit with CCOT support or hand off back to the inpatient unit staff.

Members of CCOT along with ICU Leadership will be attending departmental meetings to provide more information regarding CCOT. Please contact any one of the following with any questions:

- Dr. Dhar, Physician Lead, CCOT
- Becky Bannister, Nurse Lead, CCOT
- Marianne Westlake, Operations Manager ICU, Met Campus
- Cheryl Dwyer, Clinical Practice Coordinator ICU, Met Campus
- Janice Dawson, VP Critical Care, Cardiology and Regional Stroke Programs

**Get Connected with Windsor Regional Hospital!** 

# UPCOMING EVENTS

MAY

**Heartbreaker Challenge** 

Time: 9:00am - 8:00pm Malden Park

4200 Malden Road, Windsor

WRH Charity Golf Tournament Time: 11:00am Essex Golf & Country Club 7555 Matchette Road, LaSalle

Bollywood Night
Time: 6:00pm
Walkerville Brewery
525 Argyle Road, Windsor

JUNE KiliKlimb Bon Voyage Event Time: 7:00pm Walkerville Brewery 525 Argyle Road, Windsor

A Day For Life Golf Tournament
Time: 11:00am
Kingsville Golf & Country Club
640 County Road 20, Kingsville

2015 LaSalle Police Charity Golf Classic
Essex Golf & Country Club
7555 Matchette Road, Windsor

JULY Dragon Boats For The Cure
Waterfront Park
13161 Tecumseh Road East, Tecumseh

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Waterfront Park
13161 Tecumseh Road East, Tecumseh

Rafih Auto Group: 4th Annual
Charity Golf Tournament
Beach Grove Golf & Country Club
14134 Riverside Drive East, Tecumseh

Return From Africa—KiliKlimb Fogolar Furlan Club 1800 N Service Road, Windsor



Alcohol-based hand rub is the preferred method for decontaminating hands, when hands are not visibly soiled. It is actually more effective than washing hands (even with an antibacterial soap) when hands are not visibly soiled.

# Ham & Cheese Eggless Quiche

Makes 6 servings

Preparation Time: 25 min / Cooking Time: 55 min

#### Ingredients

One Flaky Pie crust

1- 12 ounce pkg Extra Firm Silken Tofu drained 1/3 cup milk

2 tbsp grated onion
Salt & pepper to taste
1/2 tsp mustard
1 and 1/4 cups shredded chedo

1 and 1/4 cups shredded cheddar cheese 150 g diced ham

#### Method

Prebake pie crust for approximately 10 minutes at 400 degrees Put the tofu, milk, onion, salt, pepper and dried mustard in a blender or food processor and process until smooth. Once smooth, stir in ham and cheese. Once combined, pour onto pre-baked pie crust and Bake 45 minutes at 350 degrees F. (You can cover the edges of the crust with foil while baking if it starts to get too brown.) Allow to cool for a bit before you cut into it.

#### Other Variations

Bacon, mushroom, green pepper, and cheddar (add garlic to the mixture and saute bacon before adding) Spinach, cheddar, and bacon (add garlic and saute bacon as well)

#### NUTRIENTS Per Serving (1/6 of Quiche):

Calories: 370; Protein: 18.1 g; Total Fat: 24.5 g; Carbohydrates: 17.3 g; Fibre: 2.4g; Sodium: 433.6mg

# Santé Event; A Huge Success!!!!





#### **INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL**



Katie Bedford
PHYSIOTHERAPIST
PHSIOTHERAPY



Jose Martinez
RADIO TECHNOLOGIST
DIAGNOSTIC IMAGING



Lisa Junck
LABORATORY ASSISTANT
LABORATORY



Alyssa Marentette
ADMITTING CLERK
ADMITTING

Hospital Promotes Healthy Living With Community Garden At Both Met And Ouellette Campuses

The exciting new community garden project at Windsor Regional Hospital is beginning to take shape. Back in February, WRH sent out an invitation to staff and volunteers interested in planning, planting, caring and harvesting the community gardens at both the Ouellette and Metropolitan campus.

On April 9<sup>th</sup> members of the community met with David Musyj and a group of WRH staff to begin the planning process for the gardens. Over 15 men and women were in attendance, each from different walks of life and bringing a wealth of knowledge in farming and agriculture.

The idea is to have two community gardens at both campuses that will provide fresh produce and plants for patients at WRH. Local gardens are a great way to improve users' health through increased fresh vegetable consumption and provide a means of exercise for those participants. The gardens are also great for combating stress and provide a hands on learning experience for people involved. In regards to the plants, the garden will feature fruit, vegetables and herbs that have a high seasonal yield and contain wide variety of benefits. This includes, heirloom tomatoes, basil, carrots and spinach. Planting is set to begin this spring and patients are likely to see produce from the gardens popping up on their plates by the summertime.

If you have an interest in agriculture and want to get involved with the Windsor Regional Hospital Community Gardens, contact Renee Hopes, Manager of Volunteer Services and Student Recruitment at 519-254-5577 Ext. 33184.

## **Nurses Week Award Winners!**

Congratulations to our Nursing Week award winners, who exemplify compassion and professionalism every day!

Winners of the Jeanne Mance Extraordinary Nursing Care Awards, which go to nurses who continually go above and beyond to provide compassionate and professional care to patients and exemplify teamwork, compassion, stewardship and respect, went to Karl Sweet, NP, ED Ouellette campus, and Ruth Wilson, RN, Paediatrics at Met campus.

Karl was nominated by colleague Annette Wood, who describes him as "a key communicator and advocate for both the patients and family ... His work, both at the level of the patient, and on a systems level demonstrates his passion for his career, his patients, and his profession." Ruth, who received nominations from co-workers Sonja Cecile and Jenette Middleton, was described by Sonja as "a very caring and gentle nurse ... all her patients love her. She will go the extra mile to ensure that her patients and family members are satisfied with the care they are receiving."

Two WRH nurses were also named as the recipients of the annual Lori Dupont Bursary, which assists staff with continuing education costs. Erikka Johnson, Met campus and Kelly Roth, Ouellette campus, were the recipients of funding under the bursary to continue their education.

WRH also awarded two new recipients of the Daisy Awards, which are presented to nurses who demonstrate excellence in the profession. The Daisy winners were Krista Wright, a CCU nurse from Ouellette Campus, and Meri-Kaye Hamilton, a Maternal Newborn nurse at the Met Campus.

Krista was nominated by a patient named Greg, who credits her with taking extra time to help him through physical and emotional pain following a heart attach. "She sat with me and talked, laughed and made me feel like we had been friends for years ... She genuinely cared about me... not only about my health, but about me," he said. Meri-Kaye was nominated by a patient named Linda, who was credited for helping the new mom through difficulty with breastfeeding. "She made me feel so comfortable ... giving me more support than I could have asked for. I can say today that I have got through the hard part, and am doing great thanks to her."

Congratulations also go out to WRH award nominees Marnie Burns, Karen Conte, Tina Marie Davies, Susanne Duquette, Elly Funkenhauser, Michelle Gagne, Connie Messina, Sandra Ouellette, Renee Richard, Gordanna Stojakovic and Deb Wiebe. The award winners were announced at a joint ceremony with Hôtel-Dieu Grace Healthcare at Prince Road. HDGH Jeanne Mance winners were Kim Squire (RPN, Toldo Neurobehavioural Institute) and Jenn Taylor (RN, 2 South), while Dupont bursaries were given to HDGH Merilee Associati and Tazdia Burnett. HDGH also awarded a Founders award for community service to Judy and Blair Simms.

Congratulations to all winners and nominees across Windsor's hospital system!





June 4, 2015 7 - 10 p.m.

Walkerville Brewery

Tickets \$10

Cash Bar • Hors D'ouevres



Available Windsor/Essex Hospitals Foundation office at the Met or Ouellette Campus or call 519-973-4433 or 519-985-2656



BENEFITTING THE NEUROSCIENCES PROGRAM AT WINDSOR REGIONAL HOSPITAL

www.kiliklimb2015.ca

# PATIENT SAFETY PROMOTION MAY 19 - 24, 2015



SEND US YOUR PHOTO OF YOU PROMOTING
THE "2 by 4" PATIENT SAFETY CAMPAIGN
FOR A CHANCE TO WIN 1 OF 24 PIZZAS



Email your photo to david.lenz@wrh.on.ca



## Moving to One OPAC System



The Health Sciences <u>ONLINE</u> Library will migrate to one OPAC (Online Public Access Catalogue) before the end of May 2015. With the move to one OPAC users will find an expanded group of E-Books, E-Journals and Full Text Point of Care Tools. On-Site Library Services are offered at both Met and Ouellette Campuses.



Health Sciences Library Resources

Contact Toni Janik at <u>Toni, Janik@wrh.on.ca</u> or ext. 33178 if you have any questions.

REGIC HOSP!

Resources & Services for all your information needs.