The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital
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# WINSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

To contribute a news tip, story or advertisement in the next issue, please email us at: frontlinetribune@wrh.on.ca

Ron Foster, Editor ron.foster@wrh.on.ca 519-254-5577 ext.52003

Gisele Seguin gisele.seguin@wrh.on.ca 519-254-5577 ext.52008

Steve Erwin steve.erwin@wrh.on.ca 519-254-5577 ext.33350

David Lenz david.lenz@wrh.on.ca 519-254-5577 ext.32539

Got a news story, flyer or announcement that you would like to be considered for posting in the next issue of the newsletter?

Send it to us today!!!!

# WRH Challenges Other Hospitals To Give Blood

Windsor Regional Hospital cares about community – and we want to show other hospitals just how much we care when it comes to life-saving blood donations!

Windsor Regional Hospital is proud to participate in Canadian Blood Services' 6<sup>th</sup> annual Hospital Challenge. Competing against all hospitals in South Central Ontario, we are aiming to donate the most number of blood units in June and July to help ensure we maintain a stable supply of blood during the summer months.

You can help by becoming a Windsor Regional Hospital "Partners for Life" member if you work at Windsor Regional or you are a friend or family member.

Register online or, if you go to give blood locally, just let the registration clerk know you'd like to register as a Windsor Regional PFL member the next time you donate.

All those who register in June & July (and all existing PFL members) will be entered into a draw for one of two \$50 gift cards!!

https://forms.blood.ca/Web/PFL.nsf/Member?openform&Lang=E&SFDS=S&cURL=/Web/PFL.nsf/French?OpenPage&Category=Forms&pid=WIND715620

Here's who we're competing against:

- London Health Sciences
- St. Joseph's Health Care (London)
- Woodstock General Hospital
- Brantford General Hospital
- St. Thomas Elgin General Hospital
- Trillium Partners
- Huron Perth Healthcare Alliance
- Princes Margaret Cancer Centre (Toronto)
- St. Michael's Hospital (Toronto)
- University Health Network Toronto General
- Toronto Western Hospital
- Mount Sinai Hospital (Toronto)
- William Osler Hospital (Brampton)



In the 2013/14 fiscal year, Windsor Regional Hospital (both campuses) helped patients by using 12,208 units of blood. If we could give back only 1% of this during this challenge, we would accumulate 122 units. With 4,000 staff plus the volunteers, family and friends, we can do this!

Blood donor information booths will be set up at both campuses on special days during the campaign. Stay tuned for more details!

For more information, please visit www.wrh.on.ca.

# UPCOMING EVENTS

U3

JUNE Provincial Stroke Rounds

Time: 8:00am

Ouellette Campus - Harrow Room

Met Campus - Admin Clinical Ed Room

**04** 

JUNE KiliKlimb Bon Voyage Event

Time: 7:00pm Walkerville Brewery 525 Argyle Road, Windsor

JUNE 07

Dieu Ey Tata Dragon Boat Team Event

Time: 2:00pm - 6:00pm Charly's Tavern 4715 Tecumseh Road East, Windsor

17

**UNE** A Day For Life Golf Tournament

Time: 11:00am Kingsville Golf & Country Club 640 County Road 20, Kingsville

**22** 

2015 LaSalle Police Charity Golf Classic

Essex Golf & Country Club 7555 Matchette Road, Windsor

JULY D

Dragon Boats For The Cure

Waterfront Park
13161 Tecumseh Road East, Tecumseh

JULY 1

Dragon Boats For The Cure

Waterfront Park 13161 Tecumseh Road East, Tecumseh

**20** 

Rafih Auto Group: 4th Annual Charity Golf Tournament

Beach Grove Golf & Country Club 14134 Riverside Drive East, Tecumseh

AUG 28 Return From Africa - KiliKlimb

Fogolar Furlan Club 1800 N Service Road, Windsor



Risk factors for VRE acquisition include severity of underlying illness, presence of invasive devices, prior colonization with VRE, antibiotic use and length of hospital stay.

# **BBQ And Picnic Food Safety 101**

#### **Barbeques and Picnics**

Ontarians love to barbecue, especially when the weather starts to get warm. Food poisoning risk increases during the summer when people are more likely to be cooking outdoors. Harmful bacteria spread quickly in warm, moist conditions, so it's especially important to follow safe food handling guidelines. Here's some food safety tips that can help keep you and your family safe from food poisoning during the warm summer months.

#### In the cooler

- If you are storing your meat in a cooler, make sure that the cooler is kept cold with ice packs, dry ice or ice cubes from a safe drinking source.
- Keep the cooler out of direct sunlight.
- Avoid opening the cooler often. You may want to use a separate cooler for drinks as it will probably get opened more often.
- Remember to keep food out of the temperature danger zone of 4°C to 60°C (40°F to 140°F). Your food can become dangerous after only two hours in this range.

#### Safe cooking tips

- Cook meat thoroughly to a safe temperature. Use a clean food probe thermometer to be sure!
- Keep cold food cold and hot food hot until it's served. You can keep cooked meats hot by setting them to the side of the grill.
- Discard any food left out for more than two hours. On hot summer days don't keep any food out for more than one hour.

#### **Avoid cross-contamination**

- Keep raw meat away from other foods. You can do this by packing meats separately or by making sure they are wrapped separately, so that juices don't leak out onto other foods.
- Wash your hands carefully with soap and warm water for at least 20 seconds before and after handling raw meat.
- Clean your cooking equipment, utensils and work surfaces and sanitize them with a mild bleach solution (5mL (1tsp) bleach with 750mL (3 cups) water).





# 12th Annual Ronald McDonald House Bowl-A-Thon!

Come bowl in support of Ronald McDonald House families Sunday, June 14th at Rose Bowl Lanes! Email Kelley at kmontfort@rmhswo.ca

WRH is a proud supporter of RMH Charities Southwestern Ontario, who recently partnered with the hospital to develop a new Ronald McDonald House scheduled to be located inside Met campus next year.

#### INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Sheila Hunt PAYROLL CLERK PAYROLL



Janice Emery REGISTERED NURSE CRITICAL CARE



Kimberly Schultz

ADMITTING CLERK

ADMITTING



Diane Wilson REGISTERED NURSE EMERGENCY

# Last Call To Get On Board For The Big Bike

C'mon downtown for a great Friday evening event this week with your colleagues for a good cause!

The Heart and Stroke Foundation's "Big Bike" event will feature two teams from WRH riding on the oversized bikes **Friday**, **June 5th at 6 pm** in support of research, public education and advocacy efforts.

There are spots available for two bikes, each with 29 people riding together. It's a great opportunity for camaraderie – teams can meet in advance at the Bull 'N Barrel at 670 Ouellette Ave., a short walk after work from the Ouellette campus – all in support of a good cause.

Come out and have some fun! Contact our Ride Captains.

Denise St. Louis, District Stroke Coordinator, ext. 33770 John Bradt, Clinical Practice Manager, Cardiac Cath Lab/Diagnostic Imaging, ext. 33625



## **FOUNDATION NEWS**

# Katie's Birthday Donation

For most children's tenth birthday they ask for toys and treats, Katie wanted to do something very special with her birthday presents this year. Katie was diagnosed with Leukemia at a very young age, and after spending time in the Peadiatric floor of Windsor Regional Hospital, Katie wanted to give back to those who also spent time there as well. For Katie's tenth birthday, she asked her friends to give the gift of happiness and help her purchase numerous arts and crafts for the Peadiatric floor children. We wish Katie a happy birthday and a healthy life and thank her for her kind thoughts and actions!



#### PHOTO CAPTION

Katie is joined by her brother Joey and sister Riley

# Downtown Mission Food Drive Continues!

The "One CAN Make a Difference" campaign to restock food shelves at The Downtown Mission continues through to June 5<sup>th</sup>!

The Mission is in desperate need of all food items. Protein-based items are in particular demand, such as canned meats, tuna, salmon and peanut butter, as well as pasta, sauce, cereal, Kraft Dinner, soups and canned vegetables.

Please donate to the Mission by dropping non-perishable food items at bins located in the lower lobby of Met campus and near the Pharmacy of the Goyeau lobby at Ouellette campus. A third location has been added in the Cancer Centre lobby.

In December, we collected more than 3,500 items for the Mission's food banks through a "One CAN Make a Difference" food drive campaign. I hope we can demonstrate that we can continue to make a difference in our community.



## **EFFECTIVE JUNE 1, 2015**

CRITICAL CARE
OUTREACH TEAM
CALLING CRITERIA



Consider calling CCOT If there is an acute change in:

**Airway** 

- Threatened
- Stridor
- · Excessive Secretions

**Breathing** 

- Respiratory < 8 or >25
- Distressed Breathing
- Saturations < 90% or FiO2 >50%

Circulation

- Systolic Blood Pressure < 90mmHg or > 200mmHg or decrease > 40 mmHg
- Heart Rate < 40 or > 130

Disability/Neurology

- · Decreased Level of Consciousness
- New onset seizure or seizure lasting
   5 minutes

Other

- Urine O/P < 100 ml in 4 hours
- · Serious concerns about the patient

Your CCOT team is here to help.





WRH Healthy Lifestyles invites you to:

# Lose Weight with Tina!

Summer 2015 Session:

\$60 for 8 weeks beginning Thursday June 4th

Payroll deduction available

Met sessions at 12:00 ~ Ouellette sessions at 3:15

Schedules to be provided when registration is completed

Registration: Thursday May 28th

Met Campus-Vendors Hallway, 11:30am to 1:00pm Ouellette Campus-Vendors Hallway 2:30pm to 4:00pm

## Toronto Stroke Networks





The Toronto Stroke Networks

invite you to participate in Provincial Stroke Rounds
via videoconference or webcast:

Title: The Care and Outcomes of TIA and Minor Stroke in Ontario

Date/time: Wednesday, June 3rd 2015

0800-0900 hours EST

Presenters: Ruth Hall, PhD

Stroke Evaluation Specialist, Ontario Stroke Network; Adjunct Scientist, Institute for Clinical Evaluative Sciences; Assistant Professor

(status only), University of Toronto Moira Kapral, MD MSc FRCPC

Professor of Medicine, University of Toronto and Senior Scientist,

Institute for Clinical Evaluative Sciences

Host site: Sunnybrook Health Science Centre (System # TOR\_SHSC\_0013\_SHS\_06)

Objectives:

1. To understand the factors that influence decisions to hospitalize patients with TIA and minor stroke

2. To review the optimal management strategies for TIA and minor stroke,

and to determine how often these are provided to patients in Ontario

Target audience: Physicians, health care professionals interested in stroke care

This program meets the accreditation criteria of The College of Family Physicians of Canada and has been accredited for up to 1 Mainpro-M1 credits as approved by the Continuing Education and Professional Development Office of the Northern Ontario School of Medicine.

Scnool of Medicine.
This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada, approved by the Continuing Education and Professional Development Office Northern Ontario School of Medicine for up to 1 hour.

To register: Contact your OTN Telehealth Coordinator to reserve your system

Site coordinators:

https://schedule.otn.ca/tsm/portal/nonclinical/details.do?request.requestId=44945600

\* For those who do not have Ncompass access, please submit appropriate system information to: scheduling@otn.ca stating Event ID. The Event ID is Non-Clinical Event# 44945600

Webcast: Live and Archived Webcast

Search with event ID # 44945600 at http://webcast.otn.ca/index.html



# Applying for Tuition Assistance?

Your completed application and agreement form (approved by your Manager) must be submitted to Learning Resources (Met Campus) **BEFORE** the course begins and **BEFORE** the intake deadline date

Applications received after the course has started and/or after the intake deadline will **NOT** be accepted

### **Classes Beginning**

### Intake Deadline Date

 Jul 1 - Aug 31, 2015
 June 1, 2015

 Sept 1 - Oct 31, 2015
 August 1, 2015

 Nov 1 - Dec 31, 2015
 October 1, 2015

 Jan 1 - Feb 28, 2016
 December 1, 2015

 Mar 1 - Apr 30, 2016
 February 1, 2016

Please visit the *WRH Intranet:*Learning Resources site for detailed information. There HAVE BEEN changes to the Tuition Assistance Policy and Application. Questions? Contact Christine Duval x. 52821

WRH Intranet/Programs and Services/Learning Resources/Tuition Assistance

