The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital Met Campus-1995 Lens Avenue, Windsor, N8W 1L9 / Quellette Campus-1030 Quellette Avenue, Windsor, N9A 1E1

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To contribute a news tip, story or advertisement in the next issue, please email us at:

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Got a news story, contest or announcement that you would like to be considered for posting in the next issue of the newsletter?

Send it to us today!!!!

Pan Am Fever To Hit Windsor!

Windsor Regional Hospital is getting an opportunity to be a part of the upcoming Pan Am Games!

The Ouellette campus will be one of only three hospital stops being made for the Torch Relay, part of a 41-day journey that shares the Pan Am Games spirit across more than 130 communities.

Look for the torch to arrive at Ouellette campus at 9 am on Wed., June 17th in the Healing Garden adjacent to the cafeteria.

According to Pan Am Games officials, the flame represents the history and spirit of the Games; it is a symbol that unites the 41 Pan American Sports Organization (PASO) member nations.

The flame for this year's Pan Am Games was lit during a traditional ceremony at the Pyramid of the Sun, in Teotihuacan, Mexico, on May 30th. Following the lighting, the flame was handed over to a representative from Toronto, the host city for the July 10-26 games. The flame was then flown back to Canada to begin its nationwide journey before arriving in Toronto to light the cauldron at Opening Ceremony on Fri., July 10th, which signifies the start of the TORONTO 2015 Pan Am Games.

For more information on the Games, visit www.toronto2015.org.







UPCOMING EVENTS

JUN

A Day For A Life Golf Tournament

Time: 11:00am

Kingsville Golf & Country Club 640 County Road 20, Kingsville

JUN

2015 LaSalle Police Golf Classic

Essex Golf & Country Club 7555 Matchette Road, LaSalle

JUL 4

Dragon Boats For The Cure

Waterfront Park
13161 Tecumseh Road East, Tecumseh

JUL Dragor

Dragon Boats For The CureWaterfront Park

19

13161 Tecumseh Road East, Tecumseh

20

Rafih Auto Group

4th Annual Charity Golf Tournament Beach Grove Country Club 14134 Riverside Drive East, Tecumseh

26

Running From Cancer

Time: 7:00am
Tecumseh Arena
12021 McNorton, Tecumseh

15

Peddling For A Purpose Glow Ride

Time: 9:15pm
Riverside Sportmen's C

Riverside Sportmen's Club 10835 Riverside Drive East

28

Return From Africa

Fogolar Furland Club 1800 North Service Road, Windsor



Wearing gloves at the wrong times prevent hand hygiene at the right times. Unless a patient is in Contact Precautions, gloves are not required for tasks like taking blood pressure, temperature or pulse, bathing, dressing, or transporting patients.

The Wahlberg's Macaroni Salad

Makes 10-12 servings

Preparation Time: 20 min Cooking Time: 9 min

Ingredients

1 lb elbow macaroni

1 teaspoon garlic powder

1 teaspoon celery salt

1 cup mayonnaise

1/2 cup finely diced green bell pepper

1/2 cup finely diced celery

3 tablespoons diced red onions (optional)

3 tablespoons chopped fresh parsley salt & freshly ground black pepper

1 dash ground cayenne pepper (optional)



Method

In a large pot of boiling salted water, cook the macaroni until al dente, about 8-9 minutes or to taste. Drain, then rinse the macaroni until cool. Drain very well. In a large bowl, add the garlic powder, celery salt and mayonnaise to the macaroni and toss to coat. Add cayenne if using. Stir in well. Stir in the green pepper, celery, onion and parsley and season to taste with salt and pepper. Chill before serving.

NUTRIENTS Per Serving:

Calories: 262; Protein: 4.9 g; Total Fat: 14 g; Carbohydrates: 29.5 g; Fibre: 1.5g; Sodium: 267mg

MET Campus Gift Shop Closure

Please be advised that the Met Campus Gift Shop will be closed from Friday, June 5 for approximately two weeks for renovations. The Gift Shop is scheduled to reopen on Monday, June 22.

Staff Participate in "2 by 4" Safety Contest







PROVIDING OUTSTANDING CARE TO WINDSOR-ESSEX



Rosalyn Cusson REGISTERED NURSE 6 EAST



Carol Fraser

MANAGER

MEDICINE 2



Jennifer Fletcher UNIT CLERK EMERGENCY



Tamara Staruch
REGISTERED NURSE
EMERGENCY

The Big Bike A Big Success!

Dozens of WRH staff and friends rode the Big Bike for the Heart and Stroke Foundation on Friday, June 5^{th} .

Despite the risk of rain it was a relatively dry ride for the two teams led by Denise St. Louis, District Stroke Coordinator, and John Bradt, Clinical Practice Manager, Cardiac Catheterization Lab/Diagnostic Imaging.

The event raises funds in support of research, public education and advocacy efforts.

The event provided a great opportunity for camaraderie – teams met in advance at the Bull 'N Barrel at 670 Ouellette Ave., a short walk after work from the Ouellette campus – all in support of a good cause.









WINDSOR/ESSEX HOSPITALS

FOUNDATION NEWS

EVENTS, CAMPAIGNS AND DONATIONS SUPPORTING WINDSOR REGIONAL HOSPITAL & HÔTEL-DIEU GRACE HEALTHCARE

WRH Charity Golf Event A Grand Slam

Windsor Regional Hospital's Annual Charity Golf Tournament, held on May 28 at Essex Golf and Country Club turned out to be the perfect day, weather-wise for golf!

A total of 153 golfers participated in the day that included 18 holes of golf, The Keg Restaurant providing sliders and refreshments, Windsor Family Credit Union offering promotional items and McDonald's Restaurants sponsoring ice coffee at the putting contest. The annual event always includes a number of Detroit Tiger Alumni and this year, we hosted Dave Rozema, Pat Sheridan, Jon Warden, Dan Petry and Frank Tanana.

Appreciation to all of the sponsors and prize donors who made the day a total success!



Photo Above

Dan Petry, Tiger Alumni who played in the 1984 World Series with the

Detroit Tigers winning the pennant!

Former Nursing School Directors Honoured

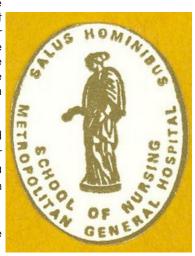
Kay Moderwell, recently recognized for assembling and annotating the archives of the historic Metropolitan School of Nursing from 1960-1973 will again be honored for her conservation work with the Blenheim Heritage Committee and the Chatham-Kent Heritage Committee.

Kay made a number of extraordinary contributions to the conservation of the heritage of Windsor, Blenheim and Essex and Kent Counties. For the past twenty years, she has been a member of the Historical Society of Blenheim and District, and has served on the Blenheim Heritage Committee and the Chatham-Kent Heritage Committee. She also donated her 1870s

home in Blenheim to the municipality of Chatham-Kent as a way of honouring her family heritage, and for it to be used as a Heritage Resource Centre and Museum by the Historical Society and the Town of Blenheim.

Kay Moderwell was recognized by the University of Windsor History Department with a Community Heritage Medal on Monday, June 8th.

For more information, please visit **met.scholarsportal.info**







HOSPITAL CHALLENGE

(Major Hospitals in South Central Ontario participating)

Donate Blood June 8th - July 31st

Everyone is welcome to participate (professional staff, front line staff, volunteers and those wishing to support the hospital).

When donating, bring ID & mention Windsor Regional Hospital to get counted!

Go to www.blood.ca to find a clinic near you or visit www.wrh.on.ca for more information.



