

# **FEBRUARY 2, 2015**

VOLUME 3 / EDITION 5

FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Department of Windsor Regional Hospital

Met Campus - 1995 Lens Avenue, Windsor, Ontario, N8W 1L9 Ouellette Campus - 1030 Ouellette Avenue, Windsor, Ontario, N9A 1E1



#### YOUR WEEKLY NEWS PUBLICATION OF WINDSOR REGIONAL HOSPITAL

- A YEAR IN REVIEW

WINDSOR REGIONAL HOSPITAL **FRONTLINE TRIBUNE** To contribute a news tip, story or advertisement in the next issue,

frontlinetribune@wrh.on.ca

- HEALTHY EATING RECIPE
- CHANGES TO CLOTHING **CLOSETS AT WRH**
- A YEAR IN REVIEW CONTINUED
- TAKE THE FEAR OUT OF CANCER

- HATS ON FOR HEALTHCARE - ANTONINO'S HEART MENU

One Site • One Focus • One Community

A state-of-the-art hospital built to the highest standards, with the capacity to serve this community for generations to come.



#### A Year In Review

So much has happened over the last year related to planning for a future single-site acute care hospital and the work that staff are engaged in day to day. Here's a quick roundup of highlights...

- 1) Province approves moving forward with Stage 1B of planning Stage IB or the Master Plan includes specific details about a site, services and finances. The goal is the complete Stage 1B by summer.
- 2) Criteria determined for location of new hospital site In order to choose the best possible site, all potential locations will be scored based on a weighted set of criteria. Prior to the criteria list being finalized, the public had an opportunity to take a look and provide feedback. Nearly 600 people offered their thoughts and opinions through an online survey. The most popular responses suggest, voters want a hospital that is easily accessible to all.
- 3) Request for Proposal (RFP) issued inviting property owners to submit property for new hospital Property owners were invited to submit land for consideration if they felt it met the criteria for a new hospital site, clearing defined in the RFP. More than 20 sites had been submitted for consideration.
- 4) Sub-Committee chosen to recommend site for new hospital The Site Selection Subcommittee, a group of volunteers from Windsor-Essex, began examining and scoring all entries that qualified, using the criteria defined in the RFP.

Story continued on Page 3

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Public Affairs and Communications Department of Windsor Regional Hospital is for providing coordinated leadership in the development and execution of programs. services, and activities promote the achievements and good work of the hospital. Responsibilities include enhancing the public's awareness and understanding of the hospital's programs, services, and facilities.

Our mission is to assist Windsor Regional Hospital in achieving its vision and goals by providing effective communications counsel to Hospital leaders and key stakeholders and by implementing strategic employee, media and public communications and programs.



facebook.com/windsorregionalhospital



@WRHospital



### UPCOMING EVENTS mark your calendars

FEB Blood Donation In Honour of Kevin Siddal Time: 10:00am - 4:00pm

Ambassador Auditorium, CAW Student Centre University of Windsor, 401 Sunset Avenue

FEB 1In Honour Of The Ones We Love Gala

Time: 6:00pm Ciociaro Club of Windsor 3475 North Service Road, Windsor

FEB Fools In The Rain
Time: 7:00pm
St. Thomas Of Villa Nova
2100 County Road 8, LaSalle

Hats On For Healthcare
Time: All day event
Throughout Windsor-Essex community
Windsor Regional Hospital, Met & Ouellette

FEB Hand Hygiene Audit Training
Time: 1:00pm - 2:30pm
Auditorium Side A, Met Campus
Windsor Regional Hospital

Taking The Fear Out Of Cancer
Time: 8:00am - 4:00pm
Caesars Windsor
377 Riverside Drive West, Windsor

MAR Hand Hygiene Audit Training
Time: 1:00pm - 2:30pm
Maidstone Room, Ouellette Campus
Windsor Regional Hospital

Hand Hygiene Audit Training
Time: 1:00pm - 2:30pm
Auditorium Side A, Met Campus
Windsor Regional Hospital

MAY Sante: A Toast To Your Health
Time: 7:00pm
Ciociaro Club of Windsor
3475 North Service Road, Windsor



DONATE BLOOD

In Honour of Kevin Siddall,

who lost his battle to cancer a year ago.

University of Windsor
Ambassador Auditorium CAW Student Centre
TUESDAY, FEBRUARY 3<sup>RD</sup>
10am – 4pm

Walk Ins Welcome!

Book your appointment to save a life.
online: www.blood.ca
phone: 1 888 2 DONATE



#### 1 888 2 DONATE

#### **Chocolate Walnut Brownies**

Cook time: 20 min | Makes: 16 brownies

#### **INGREDIENTS**

- 1 can (19 oz/540 mL) white kidney beans 2/3 cup (150 mL) brown sugar
- ½ cup (125 mL) skim milk 2 egg whites
- ½ cup (50 mL) soft margarine, melted 1 tbsp (15 mL) vanilla
- $-\frac{1}{2}$  cup (125 mL) whole-wheat flour  $-\frac{1}{3}$  cup (75 mL) wheat germ
- ½ cup (125 mL) unsweetened cocoa powder 1 tsp (5 mL) baking powder
- 1/3 cup (75 mL) chopped toasted walnuts

#### **DIRECTIONS**

In food processor, puree beans until coarse. Add in sugar, milk, egg whites, margarine and vanilla and puree until smooth, scraping down sides a few times. In a large bowl whisk together flour, cocoa, wheat germ and baking powder. Pour bean mixture over flour mixture. Stir in walnuts to combine. Scrape batter into parchment paper lined 8-inch (1.5 L) square baking pan, smoothing top. Bake in 350F (180 C) oven for about 22 minutes or until cake tester inserted comes out clean. Let cool on rack. These brownies need to covered with plastic wrap or cut and stored in airtight container in refrigerator for up to 4 days. They can also be frozen for up to 2 weeks.

#### Nutrition Information: per brownie

Calories: 137; Protein: 4 g; Total Fat: 5 g; Saturated Fat: 1 g; Cholesterol: 0 mg; Carbohydrate: 20 g; Fibre: 3 g; Sugars: 10 g; Sodium: 132 mg; Potassium: 222 mg

Weight Watchers PointsPlus = 4
Weight Watchers Points = 3

#### **Changes To Clothing Closets At WRH**

Windsor Regional Hospital is making changes to the Clothing Closet program at both campuses.

The Clothing Closet at the Ouellette Campus is now located within the Spiritual Care Department and will only accept donations of new clothing (with tags still attached). You can access the through Spiritual Care during regular business hours and after hours through switchboard for the key to the room.

At the Met Campus effective immediately there will not be a Clothing Closet but emergency clothing can be accessed by contacting the Spiritual Care team for assistance during regular business hours and the After Hours Manager through switchboard afterhours.

If you have used clothing you wanted to donate, feel free to contact Steve Erwin, Manager, Government and Community Relations, Corporate Communications at WRH for a list of community organizations seeking donations.



#### PROVIDING OUTSTANDING CARE TO WINDSOR-ESSEX



Conner Hillman
PORTER
ADMITTING



Ashley Stephen
SPEECH THERAPIST
SPEECH SERVICES



Richard Mockler

LAB TECHNOLOGIST

LABORATORY



Casey Kouvelas REGISTERED NURSE ONCOLOGY

#### Continued From Page 1 - Year In Review

- 5) Fairness Advisor hired to monitor the site-selection process Glenn Ackerley, partner with Toronto firm, WeirFoulds LLP, with a wealth of experience in contract and procurement law was brought in as an impartial individual to monitor the process from a perspective of fairness and transparency.
- 6) Vison and values determined for future planning Planning what a new hospital will look like and what services it will include cannot happen until the move to the next stage in the process. However, based on discussions with community groups, employees, volunteers, healthcare partners and other stakeholders, a vision and set of values was created to help drive the planning decisions forward. You may have seen new banners, flyers and hand out material recently to support this.
- 7) Celebrating One Year Together October 1, 2014 was the one-year anniversary of the historic realignment where, Windsor Regional Hospital assumed responsibility for all acute care services in Windsor at both the Metropolitan and Ouellette Campus. The realignment was the beginning of a journey toward a new single-site acute care hospital.
- 8) The Standardization and Optimization Process (SOP) Journey Begins After realignment, we had two hospital campuses where staff performed many of the same jobs, often in different ways. To standardize the services so that patients received the same outstanding experience at both campuses, the SOP project began in March, 2014. Within a year, great strides have been accomplished as outlined in The Standard, the SOP's monthly newsletter.
- 9) Community invited to join the discussion Community engagement is essential in the planning process. David Musyj and Dave Cooke have hosted town hall broadcasts, spoken to several labour and community groups, answering questions and sharing the project vision.
- 10) Blog created encouraging everyone to 'Explore the Future of Healthcare' -Newly built hospitals are patient friendly, efficient, modern and digital. We can share this with you by exploring the Future of Healthcare, which invites you to take a virtual tour of the most innovative and advanced, state-of-the-art hospitals in the province and beyond.

For more information, visit windsorhosptals.ca or our blog windsorhospitalsblog.org And now that you have found us, share this site with your friends.





Specimens for detection of MRSA may be falsely negative if the patient is on an antibiotic to which the microorganism is sensitive.









#### Friday February 13, 2015 **CANCER EDUCATION DAY**

For Primary Care Physicians, Surgeons, Internists & Sub-Specialists, Nurse Practitioners, Palliative Care Physicians & other Health Care Providers.

#### Caesars Windsor Conference Centre Mercuri & Martis Room

377 Riverside Dr E., Windsor, Ontario

Amazing new cancer treatments and their novel side effect profiles: "Just because it's oral doesn't mean it's benign.

The increasingly prominent role of the primary health care team in maintenance therapy of cancer.

#### Special lunch-time expert panel:

When to suspect a new cancer or recurrence, and how to work it up; when to refer back to the cancer clinic.

Register by January 26, 2015 at: www.WRHCancerEducationDays.com

For more information contact Karen Reaume at 519-254-5577 x 58517 or karen.reaume@wrh.on.ca



**REGISTRATION AND WELCOME** 8:00 - 9:00 **Breakfast and Registration** Introduction

#### **LECTURE SERIES**

9:00 - 9:10

9:10 - 9:30	It's in Your Jeans!	
	Review of the Men's Health DAP	Dr. Junaid Yousul
9:30 - 9:50	Oral Therapies in Lung Cancer	Dr. Amin Kay
9:50 - 10:10	Head & Neck Cancer Treatment	Dr. Ming Pan
10:10 - 10:20	Ouestions	

#### 10-20 - 10-40 RDEAK 1

10:20 - 10:40	DREAK I		
10:40 - 11:00	Stereotactic Body Radiation Therapy (SBRT):		
	Lung Cancer	Dr. Khalid Hirmiz	
11:00 - 11:20	Brachytherapy for Prostate Cancer	Dr. Colvin Springer	
11:20 - 11:40	Cervical Cancer: Opportunity & Optimis	n	
	in a Deadly Disease	Dr. Ken Schneider	
11:40 - 11:50	Questions		
11:50- 12:00	LUNCH IS SERVED / BREAK		

#### **EXPERT PANEL - Q & A SESSIONS**

12 pm - 1pm: Hot Lunch, Expert Panel - Come Prepared with Questions!

8 am - 9 am: Buffet, hot breakfast & registration 9 am - 12 pm: Lecture series

12:00 - 12:30 Work-up of a suspected cancer patient 12:30 - 1:00 When should I refer back to the cancer centre?

#### LECTURE SERIES

**OVERVIEW:** 

1:00 - 1:20	CML / Myeloproliferative Neoplasms:		
	Novel Agents	Dr. Caroline Hamm	
1:20 - 1:40	Multiple Myeloma: Novel Agents	Dr. Sindu Kanjeeka	
1:40 - 2:00	Breast Cancer: Novel Agents	Dr Swati Kulkarni	
2:00 - 2:20	Melanoma: Novel Agents	Dr. John Mathews	
2:20 - 2:30	Questions		
2:30 - 2:50	BREAK 2		
2:50 - 3:10	Pancreatic Cancer:		
	There is a Light at the End of the Tunnel	Dr. Akmal Ghafoor	
3:10 - 3:30	Colorectal Cancer:		
	What happens after 3 years?	Dr. Tarek Elfiki	
3:30 - 3:50	Anti-coagulation in Cancer Patients	Dr. Rasna Gupta	
3:50 - 4:00	CLOSING REMARKS / EVALUATION		



## GET YOUR "HATS ON" FOR HEALTHCARE!

**REGISTER TODAY AND SUPPORT THE RENAL DIALYSIS PROGRAM!** 







Participating in the 6th Annual "Hats On" For Healthcare Day on Wednesday, February 11, 2015 is a great way for you to support the Windsor/Essex Hospitals Foundation and show the community that your company and employees cares about healthcare.

WRH staff and over 100 organizations and companies, together with their employees, are invited to put on their unique and creative hat attire, make a \$2.00 donation and take part in the many entertaining activities to help raise funds for the Windsor/Essex Hospitals Foundation, more specifically for 2015, the Renal Dialysis Program provided at 3 sites in the Windsor-Essex community.

To register or for more information, call David Lenz at 519-973-4433, email david.lenz@wrh.on.ca or visit

www.hatsonforhealthcare.com











ORDER A HEART SHAPED PIZZA
HEART SHAPED NUTELLA DESSERT PIZZA OR CINNAMIN STICKS

FEBRUARY 1 - FEBRUARY 14, 2015

**SOUTH WINDSOR** 

519-969-1959

4310 Howard Avenue (at North Talbot Road)



**TECUMSEH** 

519-979-9759

1695 Manning Road (at North Talbot Road)

\* \$1.00 from the sale of each heart-shaped menu item will be donated to the Windsor Regional Hospital Cardiac-Angioplasty Program