

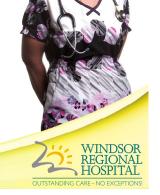
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FRONTLINE TRIBUNE is a publication of the **Public Affairs and Communications Department of Windsor Regional Hospital**

Met Campus - 1995 Lens Avenue, Windsor, Ontario, N8W 1L9 Ouellette Campus - 1030 Ouellette Avenue, Windsor, Ontario, N9A 1E1

COMPASSION is our



YOUR WEEKLY NEWS PUBLICATION OF WINDSOR REGIONAL HOSPITAL

- "HATS ON" FOR HEALTHCARE 'WHAT A BLAST"

- HEALTHY EATING RECIPE - VOLUNTEER CALL FOR CHILD
- **CAR SEAT SAFETY CLINICS**

- LED ZEPPELIN A BLAST - COME RIDE THE BIG BIKE FOR HEART & STROKE

- HATS ON FOR HEALTHCARE CONTINUED...

WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

To contribute a news tip, story or advertisement in the next issue, please email us at:

frontlinetribune@wrh.on.ca

Ron Foster, Editor ron.foster@wrh.on.ca 519.973-4411 ext.33855

Gisele Seguin gisele.seguin@wrh.on.ca 519.973-4411 ext.32553

Steve Erwin

steve.erwin@wrh.on.ca 519.973-4411 ext.33350

David Lenz

david.lenz@wrh.on.ca 519.973.4411 ext.32539

The Public Affairs and Communications Department of Windsor Regional Hospital is responsible for providing coordinated leadership in the development and execution of programs, services, and activities that promote the achievements and good work of the hospital. Responsibilities include enhancing the public's awareness and understanding of the hospital's programs, services, and facilities.

Our mission is to assist Windsor Regional Hospital in achieving its vision and goals by providing effective communications counsel to Hospital leaders and key stakeholders and by implementing strategic employee, media and public communications and programs.



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@WRHospital

"Hats On" For Healthcare Day 2015 "What A Blast!" See The Success For Yourself





PAGE 2 UPCOMING EVENTS mark your calendars

MAR Hand Hygiene Audit Training

Time: 1:00pm - 2:30pm Maidstone Room, Ouellette Campus Windsor Regional Hospital

MAR Neuro-Endovascular/Neurosurgical Rounds
Time: 4:00pm - 6:00pm

Essex Room, Ouellette Campus Windsor Regional Hospital

MAR Blood Pressure Screening Clinic

Time: 12:00pm - 3:00pm Vendor Hallway, Met Campus Windsor Regional Hospital

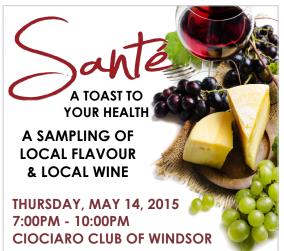
Hand Hygiene Audit Training
Time: 1:00pm - 2:30pm
Auditorium Side A, Met Campus
Windsor Regional Hospital

APR Blood Pressure Screening Clinic
Time: 12:00pm - 3:00pm
Vendor Hallway, Quellette Campus

Vendor Hallway, Ouellette Campus Windsor Regional Hospital

MAY Sante: A Toast To Your Health
Time: 7:00pm

Ciociaro Club of Windsor 3475 North Service Road, Windsor



www.wrhsante.ca

PROCEEDS TO ASSIST IN PURCHASING MUCH NEEDED OPERATING ROOM EQUIPMENT



During a confirmed influenza outbreak, antiviral medication for prevention shall be offered to all patients in the outbreak-affected area who are not already ill with influenza, whether previously vaccinated or not, until the outbreak is declared over.

Becel Maple Mustard Salmon

Recipe Serves 4 – 1 fillet per serving Preparation Time 10 minutes Cooking Time 12 minutes

Ingredients

1 -lb. (500 g) salmon fillet, cut into 4 pieces 1/4 cup (60 mL) Becel® margarine*, melted 1/4 cup (60 mL) maple syrup

4 tsp. (20 mL) Dijon mustard or grainy Dijon mustard 1 tsp. (5 mL) low sodium soy sauce

Preparation

Preheat oven to 425°F (220°C). Arrange salmon in 8-inch (20-cm) baking dish. Microwave Becel® Buttery Taste margarine at HIGH until melted about 15 seconds. Stir in maple syrup, Dijon mustard and soy sauce. Pour over salmon. Bake until salmon flakes with a fork, about 12 minutes. Serve, if desired, with hot rice and vegetables.

NUTRIENTS Per Serving:

Calories: 118; Protein: 9.8 grams; Fat: 2.7 grams; Carbohydrates: 14.2 grams; Sodium: 362 mg Weight Watchers PointsPlus = 10 / Weight Watchers Points = 9

Volunteer Call For Car Seat Safety Clinics

No parent wants to drive around town or on a long trip without the peace of mind knowing your precious child cargo is safe in the back seat!

Volunteers are being sought to help teach parents about child seat safety as part of Safe Seats Save Children, a local group of individuals who are trained to inspect car seats and ensure they are installed and positioned properly. Clinics are held monthly at various locations around Windsor and Essex County.

WRH has long been a supporter of this community group. The hospital sponsored the Feb. 7th car seat clinic at the EMS station garage on Lesperance Rd., where dozens of motorists lined up for inspections!

Gioia Levesque, M.S.W., R.S.W. from the Met campus, is a long-time volunteer for Safe Seats Save Children and says many motorists are unaware of proper positioning for a car seat. Also, she advises that parents unsure of when a child has grown to the point where they can move out of a child seat into a "booster" seat can vary depending on the seat as well as the height and the weight of the child. The car seat clinics can provide this advice.

Also, Cathie Hedges, Captain, Professional Standards, Community Paramedicine & Research for Essex Windsor EMS, says the inspectors can make sure a car seat hasn't been recalled, and can also advise parents on "expiry dates" for child seats they may not be aware of. Typically, a car seat should be in use for on average about six years but again, it depends on the seat itself.

For staff interested in training to become a volunteer for Safe Seats Save Children, please contact **Gioia at ext. 57201.**

PROVIDING OUTSTANDING CARE TO WINDSOR-ESSEX



Stacey Schepanowski
REGISTERED NURSE
7 WEST



David StoneSUPERVISOR
GUEST SERVICES



Chelsea Meixner
REGISTERED NURSE
FAMILY BIRTHING



Randy Sutherland
ACCOUNTING ANALYST
FINANCE

Led Zeppelin A Blast!

A receptive audience responded enthusiastically to a 2-hour plus encore presentation by band, Fools In The Rain who provided an evening of musical hits by Led Zeppelin. The Villanova Festival Theatre was alive with appreciative fans and a very happy organizer, Parker Drouillard.

Parker has been supporting Windsor Regional Hospital and Paediatric Services since he was 8 years old. Now 14, he continues to raise funds with the help of his brothers, Aiden and Matthew and dad, Doug.

The Cancer Care 4 Kids concert raised more than \$2,500 for Paediatric Oncology with the generous in-kind services of Long & McQuade Music Instruments, Vintage & Vinyl and Drew Manufacturing Consultants.



PHOTO CREDIT (left to right)
Parker Drouillard and Doug Drouillard.

Come Ride The Big Bike For Heart & Stroke

It's cold outside now but if you need help generating some warm thoughts, why not think of a Friday early evening in June where you can bike with colleagues and friends down Ouellette Ave. for a good cause?

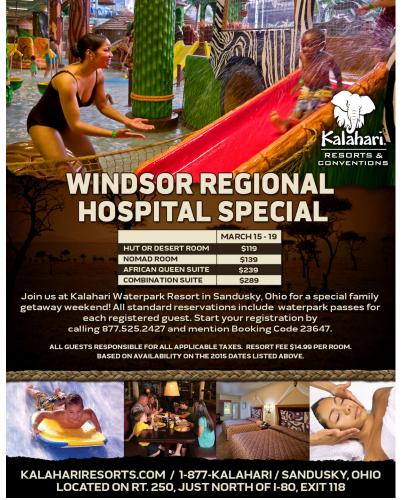
The Heart and Stroke Foundation's "Big Bike" event will feature two teams from WRH riding on the oversize bikes Friday, June 5th at 6 pm in support of research, public education and advocacy efforts.

WRH is the region's host to the cardiac catheterization lab and the District Stroke Centre, making the partnership with Heart and Stroke Foundation a natural one, says Denise St. Louis, WRH coordinator for the District Stroke Centre Windsor-Essex.

There are spots available for two bikes, each with 29 people riding together. It's a great opportunity for camaraderie – teams can meet in advance at the Bull 'N Barrel at 670 Ouellette Avenue, a short walk after work from the Ouellette campus – all in support of a good cause. For more information and to reserve your spot, contact **Denise St. Louis at ext. 33770.**









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Windsor Regional Hospital

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Great Wolf Lodge- Sandusky 4600 Milan Road Sandusky, OH 44870





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