



FRONTLINE MARCH 19, 2018 TRIBUNE



VOLUME 6 / EDITION 12

COMPASSION is our
PASSION



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital
Met Campus-1995 Lens Avenue, Windsor, N8W 1L9 / Ouellette Campus-1030 Ouellette Avenue, Windsor, N9A 1E1

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2018 Hats On For Healthcare

This year's Hats ON For Healthcare event was extra special because it included a visit from local athlete, Luke Willson, Tight End with the Seattle Seahawks. Luke was at the Met Campus and read to students from Hugh Beaton school. He read the Magician's Hat which was written by Super Bowl champion and literacy crusader Malcolm Mitchell.

Elaine and Harvey Snaden, founders and chairpersons of Hats On for Healthcare Day are thrilled with the participation in the 9th year.

Last year they met a goal of \$50,000 to support medical equipment purchases and they look forward to the 2018 results for the NICU!

WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

To contribute a news tip, story or advertisement in the next issue, please email us at:
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Visit our website for more information at www.wrh.on.ca



UPCOMING EVENTS

- MAR 21** **WRH Charity Pasta Night**
Riverside Sportsmen Club
10835 Riverside Drive East, Windsor
- MAR 24** **Healing To The Beat**
Fogolar Furlan Club
1800 North Service Road, Windsor
- MAR 24** **W.E. Care For Kids Movie Day**
Imagine Cinemas Lakeshore
164 Commercial Blvd., Tecumseh
- MAR 28** **St. Clair College Pizza Luncheon**
St. Clair Centre For The Arts
201 Riverside Drive West, Windsor
- MAR 28** **WRH Charity Pasta Night**
Riverside Sportmen Club
10835 Riverside Drive East, Windsor
- APR 14** **Country At Heart**
Sprucewood Estate Winery
7258 County Road 50 , Amherstburg
- APR 25** **Charity Euchre Tournament**
Windsor Star Café
300 Ouellette Avenue, Windsor
- MAY 12** **Run For Windsor**
Windsor Riverfront Plaza
330 Riverside Drive East, Windsor
- MAY 24** **WRH Charity Golf Tournament**
Essex Golf & Country Club
7555 Matchette Road, LaSalle
- JUL 09** **Julian Small Golf Tournament**
Essex Golf & Country Club
7555 Matchette Road, LaSalle
- OCT 25** **Do Good Divas Gala**
Location to be announced



Health authorities in Japan approved a new flu medication, called baloxavir marboxil (Xofluza), that aims to stop the virus within one day. The drug works by blocking the flu virus's ability to use the host cell for replication.

MARCH 2018 SAFETY THEME Personal Protective Equipment

The following are examples of PPE that are available (and in some cases required) to be worn by staff in certain circumstances; please see your supervisor/manager with any questions or concerns.



Kevlar Sleeves

to protect arms from burns and sharp edges

- steam
- hot liquids
- bain marie
- hot surfaces
- metal work
- boiler MTC



Surgical Masks

to prevent the spread of exhaled germs to protect against large droplets or splashes

*can be worn with face shield



N95 Mask (Respirator)

Protection from dust, fumes, mist, micro-organisms or airborne transmissible diseases:

- Tuberculosis
- Varicella
- Measles



Face Shield

to protect skin and eyes from chemicals or infection from biological matter

*can be worn with surgical mask

NOTE: Personalized fit testing is required for N95 respirators; please contact Employee Health or the OHS department for more information or to arrange for fit testing.

VENDORS ON DISPLAY MARCH 19 - MARCH 23, 2018

Met Campus

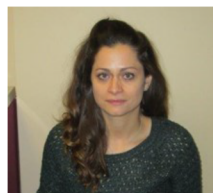
Kidbits, Sweet Occasion Chocolates, Freak Parade, Little Red Door, Home Instead, Express Uniforms, Solomons Kids,

Ouellette Campus

Red Diamond Nuts, Accessorize It, Connect Hearing, Express Uniforms, Unique Books, Kidbits, Little Red Door

* Please note: Vendors subject to change.

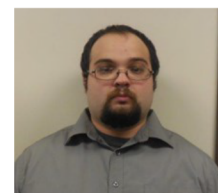
INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Laura Pepper
ENVIRONMENTAL SERVICE
WORKER
GUEST SERVICES



Makram All-Matary
REGISTERED
NURSE
7 MEDICINE



Michael Dwyer
FOOD SERVICE
WORKER
GUEST SERVICES



Jenna Lamb
REGISTERED PRACTICAL
NURSE
CLINICAL TEACHING UNIT

March is National Nutrition Month



WEEK 4

THE POTENTIAL TO HEAL:

Learn how food can promote healing and how dietitians work in health care teams to make a difference. Nutrition Month 2018 features the potential of food to fuel, discover, prevent, heal and bring us together with the help of dietitians. Visit NutritionMonth2018.ca

Dietitians believe in and understand the potential of food to enhance lives and improve health. Dietitians can help you select and prepare the foods you need to meet your nutrient needs. They use food to promote healing, and educate about how nutrition can help prevent or manage certain conditions, such as diabetes, celiac disease, swallowing problems (dysphagia), heart conditions, cancer and more. This Nutrition Month, dietitians want to remind you of the potential of food for healing.

DIETITIANS ARE HERE TO HELP

Dietitians are members of the health care team and work with doctors, nurses, pharmacists and other health care professionals to provide quality care, and they use food to promote healing. You can find dietitians working in many places, including:

- Hospitals
- Private practice offices
- Public health offices
- Seniors' residences
- Cooking studios
- Diabetes education centres
- Doctor's offices
- Community health centres
- Rehabilitation facilities
- Long-term care settings
- Grocery stores

Dietitians use foods to help you get the nutrients needed for the growth and repair of your body. Their advice helps prevent disease, treat conditions and keep the immune system healthy.

WORK WITH A DIETITIAN

Lifestyle interventions from a dietitian, such as nutrition counselling, physical activity and behaviour modification, can help heal patients/ clients in many situations. Here are some examples:

- Working with a dietitian can help people with diabetes manage their blood sugar levels.
- Dietitians work with their clients on lifestyle changes that can improve blood pressure, cholesterol levels and help promote weight control.
- In the cancer care setting, advice from dietitians promotes healing, weight maintenance, and manages side effects of treatments to help patients feel their best.
- Dietitians can help people with celiac disease plan and navigate a gluten free diet, to promote gut healing and restore nutrient absorption.
- People with swallowing problems (dysphagia) can work with a dietitian as part of a health care team to find the right meal pattern, food texture, supplements and assistive devices to stay well-nourished.

Find a Dietitian database at www.dietitians.ca/find.

UPDATE: Zoning and Official Plan Amendments For New Hospital

In order to continue with the planning for a new state-of-the-art, acute care hospital at County Rd. 42 and the 9th Concession, Windsor Regional Hospital has submitted an application to the City of Windsor requesting an amendment to the city's Official Plan and Zoning By-laws. This is a City of Windsor requirement and is a natural next step in the planning process.

The submission, including accompanying reports, is now available on the City of Windsor's website.

Before a final decision is made, the City will schedule a statutory Public Meeting at the Planning Heritage & Economic Development Standing Committee (PHEDSC) where members of the public will have an opportunity to provide feedback.

Recognizing Historic Contributions Through Black History Display

People of African descent have played a significant role in the history of our region including our local health care.

Thanks to the Amherstburg Freedom Museum and the efforts of WRH RN Barb Porter, staff and visitors can learn about this rich history through a new display outside the Ouellette campus library.

Please visit the display to see pictures and learn more about the contributions to health care by these amazing individuals!

CHARITY PASTA NIGHT

Riverside Sportsmen's Club
10835 Riverside Drive East
March 7, 2018 / March 14, 2018
March 21, 2018 / March 28, 2018
5:00pm - 8:00pm

\$8.00
per person

Dinner includes
Pasta, Salad
& Roll



Proceeds to support the Neonatal Intensive Care Unit (NICU) at Windsor Regional Hospital.



For more information, please visit wrh.on.ca

Greg Monforton AND PARTNERS INJURY LAWYERS

PRESENTS 7TH ANNUAL

Healing to the Beat

An evening of fabulous music to benefit the Oncology Unit at Windsor Regional Hospital

SATURDAY, MARCH 24, 2018

FOGOLAR FURLAN CLUB | 1800 NORTH SERVICE ROAD (E.C. ROW)
DOORS OPEN @ 7:30PM | SHOWTIME 8:30PM



The **Groove** COUNCIL

WITH SPECIAL GUEST

TOM 'BONES' MALONE

ORIGINAL MEMBER OF THE BLUES BROTHERS, DAVID LETTERMAN'S CBS ORCHESTRA & THE SNL BAND

CANADA SOUTH BLUES SOCIETY

TICKETS \$25
INCLUDES PIZZA BUFFET

PURCHASE 10 TICKETS TO RESERVE A TABLE. PLEASE CALL 519-903-0318 OR 519-791-5240

TICKETS AVAILABLE AT:



SPONSORED BY: UNIFOR Local 2458 | Canada LiUNA!



In loving memory of Grace Brimblecombe, Rick Janusas, Dennis Morand, George Marcon, Silvano Marcon, Todd Smith, Clayton Moore, Sandy Gillis, Don Venus & Ralph Travenetti



TURN ISSUES

INTO ANSWERS

SOCIAL WORKERS

It's what we do.

SOCIAL WORKERS ON THE FRONT LINE OF REAL ISSUES

WATCH OASW.ORG/JANESSTORY #TURNISSUESINTOANSWERS

RELATIONSHIP PROBLEMS AND ADJUSTING TO LIFE CRISES | BULLYING MENTAL HEALTH | STRESS MANAGEMENT | CONNECTING TO RESOURCES SENIORS AND CAREGIVERS | PROBLEM-SOLVING | ADDICTIONS | ABUSE

SOCIAL WORKERS. REAL EXPERTS FOR REAL LIFE.



Ontario Association of Social Workers



YOU HAVE THE POWER TO GIVE LIFE.

Windsor Blood Donor Clinic

3909 Grand Marais Road East, Windsor

Monday: 3 p.m. – 7 p.m.

Tuesday & Wednesday: 3 p.m. – 7 p.m.

Thursday: 11:30 a.m. – 7:30 p.m.

Friday & Saturday: 8 a.m. – 12 NOON



DONATE BLOOD AND JOIN THE MOVEMENT: **BLOOD.CA**