



FRONTLINE APRIL 16, 2018 TRIBUNE

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COMPASSION is our
PASSION



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital
Met Campus-1995 Lens Avenue, Windsor, N8W 1L9 / Ouellette Campus-1030 Ouellette Avenue, Windsor, N9A 1E1

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Humboldt In Our Hearts



WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

To contribute a news tip, story or advertisement in the next issue, please email us at:
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@WRHospital



Visit our website for more information at www.wrh.on.ca

OUTSTANDING CARE - NO EXCEPTIONS!

UPCOMING EVENTS

- APR 18** **Canswers Centre Live**
Hosted by Allison Johnson
Time: 7:00pm
- APR 19** **WRH Volunteer Recognition**
Rosebowl Lanes
2482 Dougall Ave, Windsor
- APR 25** **Charity Euchre Tournament**
Windsor Star Café
300 Ouellette Avenue, Windsor
- MAY 12** **Run For Windsor**
Windsor Riverfront Plaza
330 Riverside Drive East, Windsor
- MAY 24** **WRH Charity Golf Tournament**
Essex Golf & Country Club
7555 Matchette Road, LaSalle
- JUN 04** **St. Clair College Golf Tournament**
Sutton Creek Golf Club
2135 County Rd 12, Essex
- JUN 20** **A Day For Life Golf Tournament
In Memory of Trevor Funkenhauser**
Kingsville Golf & Country Club
640 Essex County Rd 20, Kingsville
- JUL 09** **Julian Small Golf Tournament**
Essex Golf & Country Club
7555 Matchette Road, LaSalle
- JUL 16** **Rafih Auto Group & Family Annual
Charity Golf Tournament**
Beach Grove Golf & Country Club
14134 Riverside Drive East, Windsor
- OCT 25** **Do Good Divas Gala**
Location to be announced



One hundred years ago the 1918 influenza pandemic devastated entire communities, sweeping the globe quickly and killing more than 50 million people.

Nominate An Extraordinary Nurse!

Nursing Week is around the corner – and it's time to nominate a colleague for this year's awards!

Just go online to submit a nomination for the Jeanne Mance Nursing Excellence Award, which recognizes RNs and RPNs who continually go above and beyond to provide compassionate and professional care to his/her patients, and exemplifies teamwork, compassion, stewardship and respect.

The deadline for nominations is midnight Friday, April 27, 2018.

Also, RNs who are taking or considering education courses are also encouraged to submit an application for The Lori Dupont Bursary. This is a \$5,000.00 bursary funded by Windsor Regional Hospital and Hôtel-Dieu Grace Healthcare to assist RN staff with continuing education costs. All ONA staff members who are planning to attend education courses, conferences and workshops or who are working toward certification in 2018, are invited to submit a bursary application by midnight Friday, April 27th. Each successful candidate will be awarded up to \$1,000.

The awards and bursaries will be handed out at a joint celebration with Hôtel-Dieu Grace Healthcare. The event will be held at Ouellette campus during Nurses Week May 7-11, 2018.

If you have someone in mind you would like to nominate, please visit the link on our Intranet home page or check your email for direct links to the nomination forms!



WINDSOR REGIONAL HOSPITAL
OUTSTANDING CARE – NO EXCEPTIONS!



RNAO
ESSEX CHAPTER

Registered Nurses' Association of Ontario
L'Association des infirmières et infirmiers
autorisés de l'Ontario

**Do you know an Outstanding Nurse
in Windsor & Essex County?**

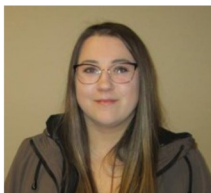
**Nominate a nurse in 500 words or less explaining
how their care impacted a life.**

www.windsorsexrnao.org

**Nominations are accepted until Fri., April 20 for
The 11th Annual Lois Fairley Nursing Award.**



INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



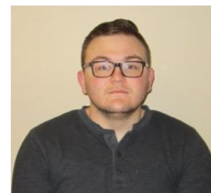
Leandra Cieslak
REGISTERED PRACTICAL
NURSE
RENAL DIALYSIS



Sabrina Cardillo
REGISTERED
NURSE
CLINICAL TEACHING UNIT



Dr. Ann Contrucci
PHYSICIAN
PAEDIATRICS
DEPARTMENT



Anel Verem
REGISTERED
NURSE
MENTAL HEALTH



RUN FOR WINDSOR



RUN. JOG. WALK.
 IN SUPPORT OF WRH URGENT CARE CENTRE
12th MAY 2018
 Riverfront Festival Plaza
5k&1k

Please visit www.runforwindsor.com for more information about this charity walk, or call us directly at 1-844-RUN-4WDS

www.runforwindsor.com



Improving The Patient Journey: A Celebration Of Milestones
 Highlighting positive results from patient and staff-driven process improvement initiatives.



THURSDAY, APRIL 19
11:00AM - 11:30AM / 3:30PM - 4:00PM
OUELLETTE CAMPUS CAFETERIA

- Everyone is invited to join us for the celebration and find out how our teams are:
- 1) Reducing wait times;
 - 2) Reducing patient harm;
 - 3) Improving communication between patients and care providers; and
 - 4) Strengthening patient care processes and workflow which will now guide the design of a new acute care hospital.

“Check Please!”
 For colorectal cancer
 Keep each other healthy.



Talk about colorectal cancer screening. Men and women ages 50 to 74 years, with no family history of colorectal cancer, should be screened every 2 years by completing a fecal occult blood test (FOBT) kit.

Get your FOBT kit from your health care provider. If you don't have a health care provider, get your kit by calling Telehealth Ontario at 1-866-828-9213.

Remember to complete your kit once you receive it!

For more information, visit www.ColonCancerCheck.ca



CCO Erie St. Clair Regional Cancer Program
 in partnership with Cancer Care Ontario

Screen for Life
 Cancer screening sees what you can't
 Breast | Cervical | Colorectal

Adapted and modified with permission from the Northwest Regional Cancer Program.

VENDORS ON DISPLAY
APRIL 16 - APRIL 20, 2018

Met Campus
 E&C Jewelers, Epicure, Freak Parade, Connect Hearing, Red Diamond Nuts, Home Instead, Alice & Betty Designs, Lories Glass, Custom Essentials, Silver n Such, Robert Bishop Artwork

Ouellette Campus
 Accessorize It, Little Red Door, Stuff n Bears, Funky Living
 *Please note: Vendors subject to change.

For some it's about giving... for others it's a way of life.

HAPPY VOLUNTEER WEEK!

For information on Volunteer opportunities, please call:
519-254-5577 Ext. 33673

COMPASSION is our PASSION



OUTSTANDING CARE - NO EXCEPTIONS!



BACK ROW: Pat Lescinsky, Volunteer (Ouellette Campus), Julia Kowalczykowski, Volunteer (Met Campus), Roger Hills, Volunteer (Met Campus)
FRONT ROW: Marilyn Rock, Volunteer (Met Campus), Maryam Thraya, Volunteer (Ouellette Campus)

Contact us at: www.wrh.on.ca  

Daisy Sales

4

W.E. Care for Kids



\$6

Per Potted Daisy



May 8, 9, 10 & 11

In support of local paediatric healthcare

#RECIPEOFTHEWEEK

Nuts & Bolts Stir Fry

Makes 4 servings / Prep Time: 15 min
Cooking Time: 20 min



INGREDIENTS

- 2 medium carrots, peeled, sliced
- 2 stalks celery, sliced
- 30 sugar snap peas or 45 snow peas, cut in half (or 1/3 cup/75 ml frozen peas)
- 1 red pepper, cut into sticks
- 1 tsp vegetable oil
- 1 small onion, cut in small chunks
- 1 medium pork chop or pork tenderloin or 1 medium chicken breast, all fat trimmed off, sliced thinly (5 oz/150 g)
- 1/4-1/2 tsp crushed (hot) red pepper (dried), or few dashes of hot pepper sauce (optional)
- 1 tbsp oyster sauce (or light soy sauce)
- 1/2 tsp ground ginger
- 1 cup cashews, peanuts or almonds, salted and roasted
- 1 tbsp sesame seeds (toasted have the best flavour)

DIRECTIONS

Prepare your raw vegetables and place in a large bowl. At medium heat, add the oil to a non-stick frying pan or heavy pot. Once hot, add your sliced meat and sear quickly until lightly browned. Add the onions and gently sauté. Add the vegetables and the crushed hot pepper to your meat. Cook, uncovered, until lightly cooked. Add the oyster sauce, ginger, nuts and sesame seeds and cook for another one or two minutes.

NUTRIENTS Per Serving

Calories: 307; Protein: 15g; Total Fat: 20 g; Carbohydrates: 20g; Sugar 0g; Fibre 4g; Sodium 274mg



Canadian Blood Services
It's in you to give

GATHER UP YOUR TEAM

& DONATE AS A GROUP!

- Blood is a critical part of everyday medical care including major surgeries, cancer treatments and managing diseases.
- It can take many donors to save a life. For instance, a car accident victim can need up to 50 donors. A leukemia patient could need up to 8 donors a week.
- Not sure if you're eligible to donate blood?
- Check out the eligibility quiz at: <https://www.blood.ca/en/eligibility-quiz>

Windsor Permanent Centre Blood Donor Clinic
3909 Grand Marais Road East, Windsor

Monday: 3 p.m. - 7 p.m.
Tuesday: 3 p.m. - 7 p.m.
Wednesday: 3 p.m. - 7 p.m.
Thursday: 11:30 a.m. - 7:30 p.m.
Friday: 8 a.m. - 12 NOON
Saturday: 8 a.m. - 12 NOON

STEPS TO ORGANIZING A BLOOD DRIVE:

1. Decide how many appointments you want to try to fill.
2. Decide what date and time is most convenient for your team.
3. Canadian Blood Services will reserve those times and send you an electronic sign-up sheet, along with eligibility requirements and promotional materials.
4. A couple of days before your teams' donation date send us the sign-up sheet with the list of individuals interested in donating. We can add/remove appointments as necessary.
5. Come to the clinic, enjoy the company & snacks - and save lives together!

YOU HAVE THE POWER TO
GIVE LIFE
JOIN THE MOVEMENT WITH US AT BLOOD.CA

Website: www.blood.ca
APP: GIVEBLOOD
CALL: 1 888 2 DONATE or
1 888 236 6283

Questions? Ready to #GiveLife as a Team?
Please contact: Marisa Gatfield, Territory Manager
519.945.7486 Ext: 4918 / marisa.gatfield@blood.ca



CHARITY EUCHRE TOURNAMENT

WRH Regional Trauma Program & Injury Prevention

Hosts:

Greg Monforton and Partners
Personal Injury Lawyers
and DMARehability

When:

Wednesday, April 25th, 2018
6:00pm to 9:00pm

Location:

The Windsor Star Café
300 Ouellette Ave., 3rd Floor,
Windsor, ON

Tickets:

\$45 per person
(Includes delicious light snacks, networking and lots of fun!)

R.S.V.P. by April 2, 2018

Cheryl Scollard at cscollard@dmarehab.com or call, (866) 309-0046 ext. 348

Greg Monforton
AND PARTNERS
INJURY LAWYERS

DMARehability
Health Management Solutions