



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital Met Campus-1995 Lens Avenue, Windsor, N8W 1L9 / Ouellette Campus-1030 Ouellette Avenue, Windsor, N9A 1E1

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WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

To contribute a news tip, story or advertisement in the next issue, please email us at: frontlinetribune@wrh.on.ca

Ron Foster, Editor ron.foster@wrh.on.ca

519-254-5577 ext. 52003 Gisele Sequin

gisele.seguin@wrh.on.ca 519-254-5577 ext. 52008

Steve Erwin steve.erwin@wrh.on.ca 519-254-5577 ext. 33350

David Lenz david.lenz@wrh.on.ca 519-254-5577 ext. 32539



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WRH Medical Laboratory Professionals Week

'We complete the picture'

Medical Laboratory Professionals are an integral part of patient care at Windsor Regional Hospital. They provide test results that reveal answers needed for a full picture of one's health. The Med Lab Professionals can see beyond black and white! They sort, prepare and analyze samples from virtually every part of the body, from head to toe.

Medical Laboratory Professionals work endlessly to provide accurate and timely results vital to medical decisions about one's health. These health care professionals use a variety of instruments and equipment to collect, prepare and analyze tissue and fluid samples. At WRH, onsite testing is available in several modalities including Chemistry, Hematology, Transfusion Medicine, Microbiology, Surgical Pathology and Cytology.

Local stats on the work performed at Windsor Regional Hospital include:

- 177,941 Blood Collections
- 2,435,654 Chemistry tests
- 311,793 Hematology Tests
- 12,100 Number of Transfusions
- 61,617 Surgical Pathology Specimens
- 3,298 Cytology Specimens
- 134,913 Microbiology Tests

There are over 440 million lab tests performed on a yearly basis in Canada, Medical lab technologists run these tests to provide critical information about your health, get a deeper look at how tests are performed, why they are done and how medical laboratory professionals receive results.

"We complete the picture! Our role in the health care system is rarely seen but our job is vital to patient care. I, along with over 130 of our Laboratory Staff are pleased to celebrate National Medical Laboratory Professionals' Week at Windsor Regional Hospital Met and Ouellette Campuses, as it is our opportunity to share the work we do, who we are and that we are proud of our profession!" stated Jeff Booth, Director, Laboratory Services at WRH.









UPCOMING EVENTS

APR Charity Euchre Tournament

Windsor Star Café
300 Ouellette Avenue, Windsor

MAY Run For Windsor

Windsor Riverfront Plaza
330 Riverside Drive East, Windsor

WRH Charity Golf Tournament
Essex Golf & Country Club
7555 Matchette Road, LaSalle

W.E. Care For Kids Dueling Pianos
The City Grill Event Centre
375 Ouellette Avenue, Windsor

JUN St. Clair College Golf Tournament
Sutton Creek Golf Club
2135 County Rd 12, Essex

A Day For Life Golf Tournament In Memory of Trevor Funkenhauser Kingsville Golf & Country Club 640 Essex County Rd 20, Kingsville

JUL Julian Small Golf Tournament
Essex Golf & Country Club
7555 Matchette Road, LaSalle

Rafih Auto Group & Family Annual Charity Golf Tournament

Beach Grove Golf & Country Club 14134 Riverside Drive East, Windsor

W.E. Care For Kids Black Tie Tailgate
Beach Grove Golf & Country Club
14134 Riverside Dr E, Windsor

Do Good Divas Gala
Location to be announced



Without proper hand hygiene and environment/equipment cleaning, health care providers can also acquire infection through contact with a contaminated environment.

Congratulations to One of our Own!

Kudos to Gioia Levesque, Social Worker at Windsor Regional Hospital for being notified she has been selected to receive a Safety Leadership Award for Safe Seats Save Children program, sponsored by the Ontario Trial Lawyers Association (OTLA).

Gioia Levesque has led the way in car seat safety initiatives and is so deserving of this recognition. The honour is awarded to "an individual or organization that has made a remarkable and extensive contribution towards enhancing safety awareness in their community in Ontario and preventing injury to those around them", stated the OTLA.

They went on to state, "Your organization has made a tremendous difference to ensure the safety of our youngest citizens, through monthly car seat clinics, where trained volunteers inspect the installation of child safety seats to ensure they meet the standards of the Child Passenger Safety Association of Canada. They noted that the clinics provide the opportunity to educate parents, grandparents and caregivers on the importance of regular inspection and management of care seats.

For over 20 years, the Ontario Trial Lawyers Association of more than 1500 plaintiff

injury lawyers and law clerks has been dedicated to promoting access to justice, safety and advocacy for accident victims and all Ontarians.

Congratulations again to Gioia Levesque regarding her work in safety through the OTLA Safety Leadership Award.



Hacking Health Is About Innovation!

Hacking Health Windsor-Detroit was held at St. Clair College Applied Arts and Technology this year. It is about breaking down barriers to healthcare innovation by bringing together information technology and healthcare professionals across the US-Canada border to collaborate, dream up and design APPS for patient-centred care. Hacking Health is about idea sharing among designers, developers, healthcare practitioners, coaches and mentors, in a cooperative and competitive atmosphere.

Representing Windsor Regional Hospital on an opening panel was Allison Johnson, Manager of Communications and Kyle Shafer, Coordinator SOP (Standardization and Optimization) presenting information on the newly launched My Care Journey App; focused on patient and family communication with timely clinical information concerning their loved one at Windsor Regional Hospital.

INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Emma Eckersley

RETAIL

SERVER

GUEST SERVICES



Luke Di Paolo

MANAGER

MENTAL

HEALTH



Chantelle Gouin
REGISTERED PRACTICIAL
NURSE
NEUROSURGERY



Katherine Guarasci

REGISTERED

NURSE
FAMILY BIRTHING CENTRE

Register Or Check Registration For Organ Donation

Are you willing to save a life?

Registering your consent for organ and tissue donation online at BeADonor.ca ensures that your loved ones are aware of your wishes if the time comes.

All through April, we have been featuring stories about local individuals and families who have been impacted by organ and tissue donation. In many cases, these stories demonstrate why organ donation at the time of death can prove to be the silver lining in an otherwise tragic circumstance. For those who have received transplants, they express their sincere gratitude at having been given a second chance because of someone's Gift of Life.

Are you registered?

We will be holding information booths this week at both campuses where you can register, or check to confirm you are registered. All you need is your health card and two minutes of your time! Those who register or check their registration will be eligible for a gift card draw.

The registration drives will take place on the following dates:

- Tuesday, April 24th, Ouellette campus, 8 am to 2 pm, cafeteria
- Friday, April 27th, Met campus, 8 am to 2 pm, vendor hallway

Be part of #DONORnation ... See you there!

W.E. Care For Kids Appreciated!

The ENT (Ear, Nose and Throat) Program at the Met Campus Operating Room thanks W.E. Care For Kids for their generous support in assisting with the purchase of OR instruments and medical equipment focused on the Paediatric population.

A significant amount of procedures such as the ENT Program, includes tonsillectomies, adenoidectomies myringotomies, with ear tubes are the most commonly performed procedures for children, providing great benefits. The formative years are a time of accelerated growth and development of the child. In some children, tonsillectomies can relieve obstructive breathing which can improve sleep, thereby, improving concentration and learning skills. In some children, these procedures can assist in decreasing episodes of infection which allows a child more time to be a child and less time being sick. On those days when more than one ENT surgeon is operating, the added instruments alleviate equipment issues, allowing greater efficiency and, improving effectiveness. As we continue to assist our community's children in reaching their full potential, I, along with the professional staff, nurses, allied health and volunteers, express a grateful thank you to W.E. Care For Kids!

Operating Room ENT Team



Realtors Celebrate 100th Anniversary by Supporting WRH

The Windsor Essex County Association of REALTORS (WECAR) have become Centenarians and are celebrating their 100th Anniversary this year with a number of initiatives that include supporting Windsor Regional Hospital.

"Our Centennial Task Force and Association staff have worked tirelessly over several months to bring a program that will thank the public with highly visible and impactful advertising throughout the region," stated President, Daniel Hofgartner, a 21-year REALTOR and Broker with Buckingham Realty (Windsor) Ltd.

REALTORS in Windsor-Essex achieved \$2.1 billion in transactions in 2017; a new era in real estate sales. Daniel went on to say, "We cannot thank people enough for their loyalty and we are well-positioned to maintain and strengthen our REALTORS CARE Program which has contributed to numerous Windsor and Essex County not-for-profit charitable organizations over the years. The REALTORS will continue to contribute through many initiatives planned this year."

On May 26, WECAR's Appreciation Day, members will launch a major fundraising project where they will sell 10,000 raffle tickets at \$10 each, aimed at raising \$100,000 through the Windsor Regional Hospital Foundation, in support of the future Windsor Essex Hospitals Project. There will be a number of key prizes to win and tickets will be available from May 26 to December 7, 2018, the day of their WECAR Annual Holiday Gala. For more information on WECAR's 100th Centennial celebrations, go to https://100.windsorrealestate.com.



Photo above: Ron Foster Executive Director of the Windsor Regional Hospital Foundation with Daniel Holgartner, President of Windsor Essex County Associaton of REALTORS (WECAR)

VENDORS ON DISPLAY APRIL 23 - APRIL 27, 2018

Met Campus

Kidbits, Freak Parade, Epicure, Funky Living

Ouellette Campus

Kidbits, Home Instead, Robert Bishop Artwork, Just Jewellery

* Please note: Vendors are subject to change.

"What Does Nursing Mean to Me?" Nurses' Week Contest

National Nurses' Week is coming May 7 to 13, 2018 and ahead of that week all nurses have the opportunity to tell us why they love nursing and be eligible for a gift card!

Simply tell us in a few short paragraphs "What Nursing Means to Me." We will publish the best responses and choose a winner of a \$100 gift card to The Keg steakhouse for each campus!

Click on the 'HAPPY NURSES' WEEK' button from our Intranet home page and click on the "What Does Nursing Mean to Me?" to access the form, or you can just email your submission to steve.erwin@wrh.on.ca.

Remember to nominate a colleague for a Jeanne Mance Nursing Excellence Award, which recognizes RNs and RPNs who continually go above and beyond to provide compassionate and professional care to his/her patients, and exemplifies teamwork, compassion, stewardship and respect. The deadline for submissions is Friday, April 27th at midnight.

Also, RNs who are taking or considering education courses are also encouraged to submit an application for The Lori Dupont Bursary. This is a \$5,000.00 bursary funded by Windsor Regional Hospital and Hôtel-Dieu Grace Healthcare to assist RN staff with continuing education costs. All ONA staff members who are planning to attend education courses, conferences and workshops or who are working toward certification in 2018, are invited to submit a bursary application by midnight on Friday, April 27th. Each successful candidate will be awarded up to \$1,000.

For award nomination forms, click on the 'HAPPY NURSES' WEEK' button from our Intranet home page and click on the award name in the index. Stay tuned for more updates.



#RECIPEOFTHEWEEK

Shrimp & Cauliflower Curry

Makes 4 servings Preparation: 15 min Cooking Time: 20 min

INGREDIENTS

- 2 tsp butter
- 3 cups small cauliflower florets
- 1 onion, thinly sliced
- 2 tbsp mild Indian curry paste or powder or 3 tbsp (45 mL) mild Indian curry paste or powder
- 2 cups no-salt-added canned diced tomatoes
- 375g raw large shrimp, peeled and deveined
- 1 cup frozen green peas, thawed
- 2 tbsp cornstarch
- 1 1/2 cups plain yogurt
- Chopped fresh cilantro or mint

DIRECTIONS

In a large nonstick skillet, melt butter over medium-high heat. Sauté cauliflower and onion for about 5 min or until onion is softened. Add curry paste and sauté for 1 min. Add tomatoes and bring to a boil, stirring. Reduce heat and boil gently, stirring often, for 8 min or until cauliflower is almost tender.

Stir in shrimp and green peas. Whisk cornstarch into yogurt and gradually stir into pan; simmer, stirring constantly, for about 3 min or until sauce is thickened. Serve sprinkled with cilantro.

NUTRIENTS Per Serving

Calories: 244; Protein: 23g; Total Fat: 5 g; Carbohydrates: 29g; Sugar 4g; Fibre 5.9g; Sodium 670mg

Hockey Tournament With A Heart

It's called the Shoosh Shootout Tournament and now in its 11th year, the group still gives back to the community through philanthropy. It began with raising funds in Memory of Jean LaJoie, grandmother of Kyle Voy, longtime member of the hockey group. It has became the Shoosh Shootout Tournament in memory of Randy Schuchard who fought his battle with cancer.

Since then, the guys, along with their wives, family and friends have raised over \$20,000 in support of the Oncology Program at the Met Campus along with assisting families who have children with life threatening illnesses. The recent Shoosh Shootout was held on April 14 at the WFCU Community Rink and Hall.



Photo above: Shoosh Shootout Committee (I to r): Ryan Schuchard, Darren Thorne, Shaun Ashton, Kyle Voy and Tournament MVP (Most Valuable Player)
Shawn Mather.







