



FRONTLINE MAY 7, 2018 TRIBUNE

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COMPASSION is our
PASSION

The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital
Met Campus-1995 Lens Avenue, Windsor, N8W 1L9 / Ouellette Campus-1030 Ouellette Avenue, Windsor, N9A 1E1

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WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

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@WRHospital

It's National Nursing Week (May 7 – 13, 2018)!

In recognition of the tremendous work of our nurses throughout our organization all through the year, WRH is proud to celebrate National Nursing Week! Some highlights include:

Pose with your colleagues in front of the Magic Mirror!

We are bringing a "Magic Mirror" to each Campus where, you can pose with your colleagues for fun photos! This is open to ALL staff. The concept is a full-length mirror that captures your image as well as some fun graphics. It's been a big hit recently at weddings, fundraisers and other functions. The photos will be NO CHARGE and are available to all employees, as well as Professional Staff and Volunteers! The Mirror will be available during the afternoon and late night in order to allow more staff to try it. Look for it at the following times and locations:

- Monday, May 7, 2018 – Ouellette Campus (Mezzanine), 2 p.m. – 4 p.m., 11 p.m. – 1 a.m.
- Tuesday, May 8, 2018 – Met Campus (1st Floor, East Wing), 2 p.m. – 4 p.m., 11 p.m. – 1 a.m.

Nursing Awards

We will be hosting an event with our partners, Hôtel-Dieu Grace Healthcare to announce this year's Jeanne Mance Extraordinary Nursing Care Awards and the Lori Dupont Bursaries for continuing education! The event will take place in the Ouellette Cafeteria on Wednesday, May 9th at 10:30 am. Come and support your nursing colleagues named as this year's award recipients!

Diversity Fair

All staff are also invited to check out our Diversity Fair! Featuring more than a dozen local organizations are participating in this event which will feature cultural performances, community displays and food samples. The Fair will take place as follows:

- Ouellette Campus: Tuesday, May 8th, 11 am to 3 pm, Healing Garden (weather permitting; alternate location will be in the Mezzanine)
- Met Campus: Thursday, May 10th, 11 am to 3 pm, First Floor Lobby

ONA Banquet

A reminder for ONA members that the annual dinner will be held May 10, 2018 at 6:00 pm at the Fogolar Furlan Club. There will be door prizes and the cost is \$20. You can log on to Eventbrite and search ONA Local 8 to register.

"What Nursing Means to Me" contest

All week we will be featuring some of the many submissions to our "What Nursing Means to Me" contest on our social media pages. Look for winners (one from each campus) to be announced at the end of the week. Winners will receive a \$100 gift card for The Keg Steakhouse.

Also, see the Nursing Week archives in the display case at the Ouellette Campus Library during the week of May 7-11th, consisting of donated vintage nursing garments from yesteryear.



Visit our website for more information at www.wrh.on.ca

UPCOMING EVENTS

- MAY 12** **Run For Windsor**
Windsor Riverfront Plaza
330 Riverside Drive East, Windsor
- MAY 24** **WRH Charity Golf Tournament**
Essex Golf & Country Club
7555 Matchette Road, LaSalle
- JUN 01** **W.E. Care For Kids Dueling Pianos**
The City Grill Event Centre
375 Ouellette Avenue, Windsor
- JUN 01** **7th Annual Survivors Day**
St. Clair Centre For The Arts
201 Riverside Drive West, Windsor
- JUN 10** **Corvette Club of Windsor**
Dieppe Gardens
78 Riverside Drive West, Windsor
- JUN 20** **A Day For Life Golf Tournament In Memory of Trevor Funkenhauser**
Kingsville Golf & Country Club
640 Essex County Rd 20, Kingsville
- JUL 09** **Julian Small Golf Tournament**
Essex Golf & Country Club
7555 Matchette Road, LaSalle
- JUL 14** **Sts. Vladimir & Olg Charity Golf Tournament**
Seven Lakes Golf Course
3600 Seven Lakes Drive, LaSalle
- JUL 16** **Rafih Auto Group & Family Annual Charity Golf Tournament**
Beach Grove Golf & Country Club
14134 Riverside Drive East, Windsor
- AUG 17** **Black Tie Tail Gate**
Beach Grove Golf & Country Club
14134 Riverside Drive East, Windsor
- OCT 25** **Do Good Divas Gala**
Location to be determined
www.dogooddivas.com



For small spills of blood or body fluid, don gloves and face protection if required. First use paper towel or linen to soak up and contain the spill. Pour disinfectant over the spill and allow to sit for contact time prior to cleaning the spill.

Hospital Blood Challenge – It's In You To Give!

This month, WRH is participating in the 9th annual Ontario Hospital Challenge, where hospital employees across Ontario roll up their sleeves to Give Life, and see who will be this year's champion!

Every minute of every day, someone in Canada needs blood and blood products, and in most cases, blood from more than just one generous donor. With college & university students away on vacation, and regular donors getting involved with outdoor activities and spring routines, May becomes a challenging month for Canadian Blood Services.

Your support during this challenging time helps keep up with hospital demand. Last year, Windsor hospitals were issued close to 9,000 units of blood to help hospital patients in the Windsor/Essex community.

There are 32 whole blood permanent collection sites across Canada and Windsor is home to one. Every week, 375 blood donors are needed to meet our weekly collection targets. For 2018/19, the Windsor blood collection site has a new donor target of 2,725 in order to maintain a healthy donor base.

Let's ensure it is a success and support patients in need of blood and/or blood products! Canadian Blood Services also encourages departments to arrange groups to donate as a team of three or more people. Some steps to organizing a blood drive are:

- Decide how many appointments you want to try to fill.
- Decide what date and time is most convenient for your team.
- Canadian Blood Services will reserve those times and send you an electronic sign-up sheet, along with eligibility requirements and promotional materials.
- A couple of days before your team's donation date send in the sign-up sheet with the list of individuals interested in donating. We can add/remove appointments as necessary.

Come to the clinic, enjoy the company & snacks – and save lives together!

Hours for the Windsor Blood Donor Clinic, located at 3909 Grand Marais Road are as follows:

- Monday, 3 pm to 7 pm
- Tuesday, 3 pm to 7 pm
- Wednesday, 3 pm to 7 pm
- Thursday, 11:30 am to 7:30 pm
- Friday, 8 am to noon
- Saturday, 8 am to noon

A Friendly Reminder

Now that we are experiencing Spring-like weather – we recognize team members will be spending more time outside on hospital property. Staff are reminded to be courteous neighbours and ensure that if you have garbage outside it is deposited into an appropriate receptacle. Please do not litter.

Reminder that as per the Smoke Free Ontario Act, Windsor Regional Hospital NO longer has designated areas for smoking. Individuals who are smoking on Hospital property are subject to fines. Please note that at the Met campus on Lens Avenue between Kildare and Byng is hospital property and not public property.

INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Megz Johnson
REGISTERED NURSE
EMERGENCY DEPARTMENT



Nicole Hagarty
REGISTERED PRACTICAL NURSE
INPATIENT SURGICAL



Tyonna Gignac
REGISTERED NURSE
MEDICINE



Shae-Lynn Lanoue
REGISTERED NURSE
MENTAL HEALTH

We Take Our Hats Off To You!

A big thank you to the Hats on for Healthcare Committee for achieving another milestone in the history of wearing hats on March 7th. This year's campaign continues to collect funds from across the region and currently stands at \$42,500 raised to date. The Committee feels that this fiscal year, Windsor Regional Hospital Foundation's signature and registered trademark event could reach last year's results.

Re-capping (do you like the pun), last year's campaign, a total of \$54,300 was donated which is a great achievement on behalf of the Hats on for Healthcare Annual Campaign.

"It a fun way to support the hospital by simply donating a 'toonie' and having an interactive event with staff and the community," stated Elaine Snaden, Co-Chair of Hats on for Healthcare. "The number of participants, from companies, schools and businesses continue to grow and Harvey and I are pleased with the results each campaign year."



Photo above: Luc Willson, visiting Windsor Regional Hospital on March 7th and interaction with young students from Hugh Beaton Elementary School who visit each year on Hats On Day to donate and participate. National Football League's Luc Willson, Number 82 Tight End for the Seattle Sea Hawks, recently signed a one-year contract with the Detroit Lions.

OUR VENDORS ON DISPLAY

MAY 7 - MAY 11, 2018

Met Campus: Accessorize it, Lories Glass, Funky Living, Stuff n Bears, Silver n Such

Ouellette Campus: Little Red Door, Epicure, Unique Books, Funky Living, Thermal Clothing Corp.

* Please note: Vendors are subject to change.

Please visit www.runforwindsor.com for more information about this charity walk, or call us directly at 1-844-RUN-4WDS

www.runforwindsor.com



AHMADIYYA
MUSLIM JAMA'AT
Windsor



WINDSOR REGIONAL
HOSPITAL FOUNDATION



WRH DIVERSITY COMMITTEE CELEBRATION

Please join the WRH Diversity Committee for a celebration with Cultural performances, community displays and food. Hosted by CTV Windsor's Jim Crichton.

TUESDAY, MAY 8, 2018

11:00am - 3:00pm

Ouellette Campus, Healing Garden

THURSDAY, MAY 10, 2018

11:00am - 3:00pm

Met Campus, First Floor Lobby



WINDSOR
REGIONAL
HOSPITAL

OUTSTANDING CARE - NO EXCEPTIONS!

OUR VISION Outstanding Care - No Exception!

OUR MISSION Deliver an outstanding patient care experience driven by a passionate commitment to excellence.

Thank You For Giving

The Family Giving Campaign was another great success story for Windsor Regional Hospital, thanks to all of you who made a donation during the campaign season.

A total of \$95,000 was raised by Board Members, Professional Staff, Management Staff, Frontline Staff and Volunteers who saw the need to support their own hospital!

It is a great message we give to our community and region when we can show that Windsor Regional Hospital cares too, about the quality of care our families, neighbors and friends receive when seeking medical care. Donors to Windsor Regional Hospital Foundation take our giving back as a positive sign that we too, pay it forward and support the medical needs of Windsor Regional Hospital.

As a thank you to everyone, a celebrate wrap-up, sporting a 'football theme' with stadium-style munchies was held last week at both the Met and Ouellette Campuses. The Family Giving Campaign Chair, Dr. Louis Brisson is a football fan and the theme was appropriately selected in his honour!

Thank you again for your kind and generous support!



#RECIPEOFTHEWEEK

Strawberry Broccoli Salad with Creamy Poppy Seed Dressing

Makes 6-8 servings

Preparation: 15 min

INGREDIENTS

- Strawberry Broccoli Salad
- 5 cups chopped broccoli florets
- 1 1/2 cups chopped strawberries
- 1/4 cup diced red onion
- 1 pear, chopped
- 1 sweet apple, like Fuji, chopped
- 1 large Avocado, chopped
- 1/2 cup sunflower seeds

- 3/4 cup dried cranberries
- 1/3 cup crumbled feta



Creamy Poppy Seed Dressing

1/2 cup vanilla Greek yogurt (I use nonfat)

1/2 cup real mayonnaise

1 tablespoon lemon juice

1-2 tablespoons sugar

1/4 teaspoon salt

- 1 tablespoon red wine vinegar

- 1 tablespoon poppy seeds

- 1/8 teaspoon pepper

DIRECTIONS

Add all of the Salad Ingredients to a large bowl except avocados. In a separate medium bowl, whisk together the Dressing ingredients. Add desired amount of Dressing to Salad and toss until evenly coated. Best if chilled for at least 30 minutes up to overnight. Toss with avocados just before serving. NUTRIENTS Per Serving Calories: 392; Protein: 9g; Total Fat: 27g; Carbohydrates: 35g; Sugar 23g; Fibre 7g; Sodium 420mg

Daisy Sales

4

W.E. Care for Kids



\$6

Per Potted Daisy



May 8, 9, 10 & 11

In support of local paediatric healthcare

Thank you to Applied Systems Canada!

Thank you to Applied Systems Canada for "Making A Difference" in our community!

Staff at the insurance software company spend one day each year out in the community. This year, nine staff volunteered to do some spring cleaning all around the Ouellette Campus.

We appreciate their contribution and efforts to clean up our property and support our hospital!

