



# FRONTLINE MAY 14, 2018

# TRIBUNE

VOLUME 6 / EDITION 20



COMPASSION is our  
**PASSION**



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital  
Met Campus-1995 Lens Avenue, Windsor, N8W 1L9 / Ouellette Campus-1030 Ouellette Avenue, Windsor, N9A 1E1

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## WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

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@WRHospital

## Construction Alert! Plan Ahead Before Coming To Ouellette Campus

As noted in a memo that was circulated last week, please be advised that the City of Windsor has contracted significant road repair work for Goyeau Street that is scheduled to commence the week starting this Monday, May 14th.

The work to repave the street from Erie St. to Giles Blvd. is expected to last 5-7 days (depending on the weather). This will result in a temporary disruption to normal access to the Ouellette campus from the Goyeau St. side. This work is required as part of local road infrastructure improvements and the goal is to have the work completed as quickly as possible while having a minimal impact on patients, visitors, employees, professional staff and volunteers.

We have worked with the City of Windsor to ensure ambulances have an accessible route to the Emergency Department, with the work being staged in a way that there will always be ambulance access to the ED.

We know, however, that this will create some congestion and frustration for patients and visitors coming to the Ouellette campus, as well as those coming to work.

We will be notifying the public through social media and mainstream media that the work is being conducted, and recommend they give themselves a little more time to get to the hospital than they would normally require. We are also asking the public to be patient with road workers stationed around the campus who will do their best to direct vehicles to where they can park. The same message goes for our employees, professional staff and volunteers: please plan additional time to get to work and anticipate some delays when you arrive at the campus. Also, where possible if you can park further offsite than normal, please do so.

For parking, please consider "Lot G" which is at the northeast corner of Erie and Goyeau Streets as an alternative to the two small lots (Lot "C" and Lot "D") on Goyeau Street that may see access closed over the course of the project. The "Viscount" lot will be available coming in through Dufferin Place (off Giles Blvd.) and the parking garage will always be accessible from the entrance to the garage off Erie St. Both of these lots will have the same number of spots as they usually do. Avoid Goyeau Street where possible.

Here are some other suggestions to make travelling to the hospital a little easier and less congested during the repair work:

- We are asking all employees/volunteers/professional staff to consider car-pooling and using public transit where possible.
- If you are a director/manager of personnel (non-clinical) and normally work at an Ouellette office but can work from home during the construction, please consider options that would allow yourself and/or your employees to work from home, where possible.
- Where possible, if you have scheduled a meeting with outside stakeholders at the Ouellette campus during the identified days, please consider postponing these gatherings for a future week.

We will advise as soon as the road work is completed and/or if there are delays in completion.

Visit our website for more information at [www.wrh.on.ca](http://www.wrh.on.ca)



# UPCOMING EVENTS

- MAY 24** **WRH Charity Golf Tournament**  
Essex Golf & Country Club  
7555 Matchette Road, LaSalle
- JUN 01** **W.E. Care For Kids Dueling Pianos**  
The City Grill Event Centre  
375 Ouellette Avenue, Windsor
- JUN 01** **7th Annual Survivors Day**  
St. Clair Centre For The Arts  
201 Riverside Drive West, Windsor
- JUN 10** **Corvette Club of Windsor**  
Dieppe Gardens  
78 Riverside Drive West, Windsor
- JUN 20** **A Day For Life Golf Tournament  
In Memory of Trevor Funkenhauser**  
Kingsville Golf & Country Club  
640 Essex County Rd 20, Kingsville
- JUL 09** **Julian Small Golf Tournament**  
Essex Golf & Country Club  
7555 Matchette Road, LaSalle
- JUL 14** **Sts. Vladimir & Olg Charity Golf  
Tournament**  
Seven Lakes Golf Course  
3600 Seven Lakes Drive, LaSalle
- JUL 16** **Rafih Auto Group & Family Annual  
Charity Golf Tournament**  
Beach Grove Golf & Country Club  
14134 Riverside Drive East, Windsor
- AUG 17** **Black Tie Tail Gate**  
Beach Grove Golf & Country Club  
14134 Riverside Drive East, Windsor
- OCT 25** **Do Good Divas Gala**  
[www.dogooddivas.com](http://www.dogooddivas.com)



Disease cases from mosquito, tick, and flea bites tripled in the US from 2004 to 2016, with 9 new germs spread by mosquitoes and ticks having been discovered or introduced over this time.

## Compassion And Excellence Recognized During Nurses Week

Congratulations to the nurses who were recognized last week at this year's Nursing Awards!

Nurses at WRH and Hôtel-Dieu Grace Healthcare were honoured Wednesday at a special ceremony to recognize nursing excellence and continuing education efforts. Winners of the Jeanne Mance Extraordinary Nursing Care Awards, which go to a nurse who continually goes above and beyond to provide compassionate and professional care to patients and exemplifies teamwork, compassion, stewardship and respect, went to Karen Duval, RN, ED, Met campus, and Colleen Adams, RN, 8th floor, Ouellette campus. From HDGH, the Jeanne Mance winners were Shannon Omar, RN, Rehab and Rafet Al-Sayiegh, RPN, 3 South.

Three nurses were also named as the recipients of the annual Lori Dupont Bursary, which assists staff with continuing education costs. Each successful candidate is awarded up to \$1,000. The Bursary recipients from WRH were Vlad Giurca, RN, 4 Medical, Ouellette Campus and Kailyn Desjardins, RN, Paediatrics, Met campus. HDGH announced a bursary for Suzanne Ladouceur, Charge Nurse, 3N, Complex Medical Care.

Also, on the Friday just prior to Nurses Week, Doug Mercer, RN, ED at Ouellette campus, was recognized as this year's Lois A. Fairley Nursing Award! The sons of the late Lois Fairley, as well as RNAO and lots of friends, family and colleagues of Doug were on hand for this special recognition. Way to go Doug!

Congratulations to all of our excellent nurses from WRH and HDGH! We also named two winners of our "What Does Nursing Mean to Me?" contest. The winners are Charlene Nosella, RN, ICU, Met Campus and Dawn Susman, RPN, 6 East, Ouellette Campus. They contributed two of the many wonderful writings submitted by nurses on what being a nurse means to them professionally and personally. Check out our Nurses Week page online and you can read some of the lovely submissions.



### INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



**Dr. Matthew Rochon**  
PHYSICIAN  
DIAGNOSTIC  
IMAGING



**Ashley Stanton**  
REGISTERED NURSE  
FAMILY BIRTHING  
CENTRE



**Jose Cisneros Montalvo**  
DECISION SUPPORT ANALYST  
DECISION  
SUPPORT



**Kristyn Dick**  
PHARMACY  
TECHNICIAN  
PHARMACY



## Healing To The Beat Is Heard!

Healing to the Beat is an evening of blues music, auction, food and gathering of friends. The March 24 event featured Saturday Night Live Band member, trombonist, Tom 'Bones' Malone who also starred in the Blues Brothers film and was a member of the David Letterman's CBS Orchestra. The event raises funds for the Oncology Program and included the NICU this year.



Photo above: Dino Casagrande, one of the organizers of Healing to the Beat with members of the Marcon Family who participated in the cheque presentation this year.

## Ava's Birthday Wish

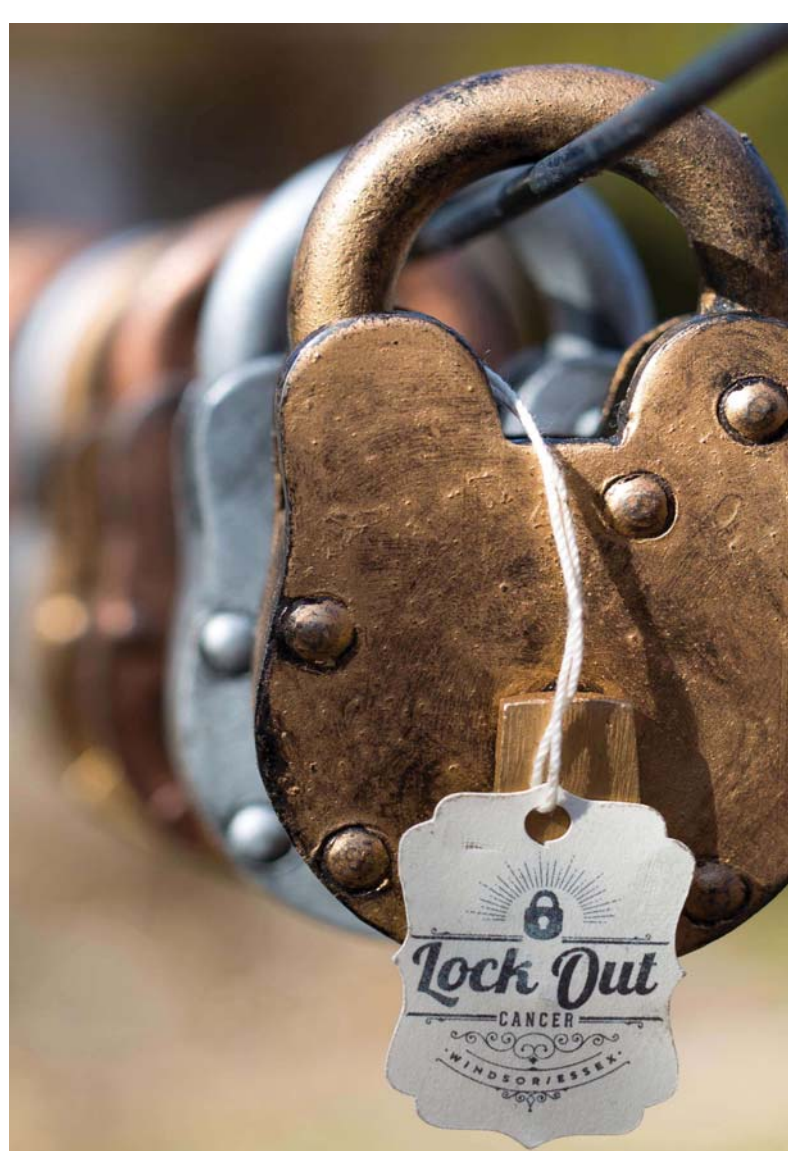
This is the fourth year that Ava Kaey has made donations to Paediatric Services as a result of her birthday in July. She will be 9 years old and continues to 'pay it forward' through donations of toys, crafts, activities for children in the hospital. Her mother says it is something Ava wants to do every year on her birthday, give back so that others benefit. Thank you again Ava.



Photo above: Mom, Krista; brother, Blake, Jennifer Burton Liang, Paediatric Child Life Services and Ava.



Follow Windsor Regional Hospital on Instagram  
[www.instagram.com/wrhospital/](https://www.instagram.com/wrhospital/)



DONATE NOW AT  
[www.LockOutCancer.com](http://www.LockOutCancer.com)

Play a *key* role in supporting  
cancer awareness, research and treatment  
for women living in Windsor/Essex.



## VENDORS ON DISPLAY

MAY 14 - MAY 18, 2018

Met Campus: Freak Parade, Epicure,  
Alice & Betty Designs, Custom Essentials,  
Just Jewellery

Ouellette Campus: Accessorize it,  
Robert Bishop Artwork, Epicure

\* Please note: Vendors are subject to change.



The first 10-15 seconds after an exposure to a hazardous substance can be critical; delaying treatment, even for a few seconds can cause serious injury. Emergency eyewash stations provide instant decontamination and allows affected workers to flush away hazardous substances to minimize or eliminate the risk of injury. Please refer to instructional poster for directions to familiarize yourself with the equipment.



**Instructions for Use of Emergency Eyewash Equipment:**

1. Remove any contact lenses immediately if a chemical or other substance gets into the eye. The contact can hold the substance to the eye, causing severe damage.
2. Forcibly hold your eyes open and place them at the designated spot on the eyewash station; while this may be difficult, it is important to ensure proper flushing occurs.
3. Continue to hold your eyes open and if possible have someone else turn the water on; stations are designed to deliver continuous flushing under gentle pressure to ensure that the substance is flushed from your eye.
4. Continue to irrigate your eyes for at least 15 minutes and seek medical assistance.

**Helpful Tips:**

- Wearing proper PPE will significantly reduce the chances of getting something in your eye(s).
- Even if the substance is only in one eye, always flush both eyes to ensure that both eyes are free of the substance. If you get something in your eye – DO NOT RUB IT – as rubbing the eye will create irritation and may lead to more damage.

# #RECIPEOFTHEWEEK

## Homemade Tilapia Fish Tacos

Makes 6 servings / Preparation: 10 min  
Cooking Time: 25

**INGREDIENTS**

- 1/2 cup panko bread crumbs
- 1/2 tsp. chili powder
- 1/4 tsp. onion powder
- 1/4 tsp. garlic powder
- 1/4 tsp. ground cumin
- 1 cup KRAFT Mexican Style Finely Shredded Four Cheese
- 6 tilapia fillets (1-1/2 lb.)
- 2 cups shredded purple cabbage
- 1/2 cup pineapple salsa
- 12 corn tortillas (6 inch), warmed



**DIRECTIONS**

Heat oven to 375°F. Combine bread crumbs and seasonings; stir in cheese. Moisten fish with water; coat with cheese mixture, lightly pressing cheese mixture onto both sides of fish. Place on baking sheet sprayed with cooking spray; top with any remaining cheese mixture. Bake 12 to 15 min. or until fish flakes easily with fork. Meanwhile, combine cabbage and salsa. Cut fish in half; place on tortillas. Top with cabbage mixture. Fold in half.

**NUTRIENTS Per Serving**

Calories: 360; Protein: 32g; Total Fat: 11g; Carbohydrates: 36g; Sugar 3g; Fibre 5g; Sodium 480mg

## Diversity Fair Brought Nations Together

What a great success the Diversity Fair achieved last week when several diverse groups came together in celebration with cultural performances, information displays and great food. Both events, held last Tuesday in the Ouellette Healing Garden and Thursday in the Lobby and West Wing of Met Campus, brought together several community groups that included: African – A.C.O.W., Ahmadiyya Muslim Jama'at, Amherstburg Freedom Museum, Caribbean, WRH Children's Village, Essex County Chinese Cultural Association, Congo, Filipino, Indian, Multicultural Council of Windsor and Essex County, Nigerian Canadians for Cultural Education and Economic Progress, Nepali; Polish; Royal Scottish Country Dancers, Scottish, Slovak Domovina and Windsor-Essex Pride Fest.

Our thanks to Emcee Jim Crichton, CTV and the WRH Diversity Fair Committee for a very interactive and successful collaboration. These photos tell the story .....

