



# FRONTLINE TRIBUNE

JUNE 4, 2018

VOLUME 6 / EDITION 23



COMPASSION is our  
PASSION



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital  
Met Campus-1995 Lens Avenue, Windsor, N8W 1L9 / Ouellette Campus-1030 Ouellette Avenue, Windsor, N9A 1E1

## IN THIS WEEK'S ISSUE

**1** • STROKE AWARENESS MONTH  
• DISTRICT STROKE TEAM  
WHO WE ARE? WHAT WE DO?

**2** • YOUNG ONES ON THE FASHION  
RUNWAY  
• BLACK TIE TAILGATE  
• SCHEDULE OF EVENTS  
• NEW FACES AT WRH

**3** • THE BOYS OF SUMMER  
• VENDORS ON DISPLAY  
• TAKE A WALK IN MY SHOES  
• WRH MY CARE JOURNEY APP

**4** • GIVING THREE GOLFERS AN  
OPPORTUNITY TO PLAY  
• RECIPE OF THE WEEK  
• CORVETTE CLUB CAR SHOW  
• WINDSOR BLOOD SERVICES

## WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

To contribute a news tip, story or  
advertisement in the next issue,  
please email us at:  
[frontlinetribune@wrh.on.ca](mailto:frontlinetribune@wrh.on.ca)

**Ron Foster, Editor**  
[ron.foster@wrh.on.ca](mailto:ron.foster@wrh.on.ca)  
519-254-5577 ext. 52003

**Gisele Seguin**  
[gisele.seguin@wrh.on.ca](mailto:gisele.seguin@wrh.on.ca)  
519-254-5577 ext. 52008

**Steve Erwin**  
[steve.erwin@wrh.on.ca](mailto:steve.erwin@wrh.on.ca)  
519-254-5577 ext. 33350

**David Lenz**  
[david.lenz@wrh.on.ca](mailto:david.lenz@wrh.on.ca)  
519-254-5577 ext. 32539



[facebook.com/windsorregionalhospital](https://www.facebook.com/windsorregionalhospital)



@WRHospital

## Stroke Awareness Month - Know The Risks!

June is Stroke Awareness Month, an opportunity to spread the word about the risk factors and how to prevent a stroke from occurring. A stroke is a sudden loss of brain function caused by a sudden brain blood vessel blockage (ischemic stroke) or rupture (hemorrhagic stroke). Ischemic stroke is the most common type of stroke.

### Posters around the hospital list the main risks:

- High blood pressure
- Smoking
- Diabetes
- High blood cholesterol
- Atrial fibrillation ("Afib")

### How do you prevent a stroke?

- Keep blood pressure under control
- Be physically active
- Maintain a healthy diet
- Quit Smoking

## District Stroke Centre Team - Who We are? What We do?

As part of Stroke Awareness Month, we are highlighting the members of the WRH team dedicated to improving the lives of patients in our community when it comes to this issue.

As the designated Enhanced District Stroke Centre for Windsor and Essex County, WRH's District Stroke Centre team and its partners work collaboratively with many local organizations and disciplines to plan and implement strategies for improving stroke care in response to local, regional and provincial identified needs and priorities. Dr. Michael Winger is Medical Director and Karen Riddell is the Administrative Lead.

Denise St. Louis, District Stroke Coordinator: Denise's role is to provide leadership across the continuum to support best practice and integrated service to patients and their families. She works closely with the Regional Stroke Network and is the provincial representative at CorHealth Ontario for Windsor Essex.

Sandra Rebner, Stroke Prevention Nurse: Sandy's responsibilities include triaging referrals in the Urgent TIA Clinic, preparing patients for diagnostic tests, arranging vascular and interventional radiology consults and patient and family education. She also ensures patients have appropriate community rehab, supports and services, and is the link with primary care.

Rachel Holmes, Acute Stroke Resource Nurse: Rachel's responsibilities include facilitating acute best practice stroke care, patient and family education, best practice guideline implementation, data collection, professional education and acute process improvement.



Photo (left to right): Rachel Allchurch, Stroke Community Navigator Sandra Rebner, Stroke Prevention Nurse Rachel Holmes, Acute Stroke Resource Nurse Denise St. Louis, District Stroke Coordinator Erin Szucki, Secretary.

Story continues on Page 4.

Visit our website for more information at [www.wrh.on.ca](http://www.wrh.on.ca)



# UPCOMING EVENTS

- JUN 10** **Corvette Club of Windsor**  
Dieppe Gardens  
78 Riverside Drive West, Windsor
- JUN 20** **A Day For A Life Golf Tournament In Memory of Trevor Funkenhauser**  
Kingsville Golf & Country Club  
640 Essex County Rd 20, Kingsville
- JUL 09** **Julian Small Golf Tournament**  
Essex Golf & Country Club  
7555 Matchette Road, LaSalle
- JUL 14** **Sts. Vladimir & Olga Charity Golf Tournament**  
Seven Lakes Golf Course  
3600 Seven Lakes Drive, LaSalle
- JUL 16** **Rafih Auto Group & Family Annual Charity Golf Tournament**  
Beach Grove Golf & Country Club  
14134 Riverside Drive East, Windsor
- JUL 18** **Team Clean**  
Ouellette Campus  
1030 Ouellette Avenue
- JUL 20** **Team Clean**  
Met Campus  
1995 Lens Avenue
- AUG 15** **Team Clean**  
Met Campus  
1995 Lens Avenue
- AUG 17** **Black Tie Tail Gate**  
Beach Grove Golf & Country Club  
14134 Riverside Drive East, Windsor
- SEPT 08** **Run For Windsor**  
Riverfront Festival Plaza  
Downtown Windsor



The ultimate responsibility for ensuring a clean surgical environment rests with the perioperative Registered Nurse. OR cleaning must be performed by trained staff.

## Young Ones On The Fashion Runway

St. Clair College Fashion and Design Technician students again provided MRI gowns, this year for young patients requiring the procedure.

Elaine Chatwood, Coordinator of the Fashion and Design Technician Program at St. Clair College stated that the experience for students to follow a process from design through to production is valuable toward their future in the design field. The program shows that fashion design is not only dresses and models, it includes the medical field.



Photo: Young model shows off the array of designed MRI gowns that will be available to paediatric patients.

To contribute a news tip, story or advertisement in the next issue, please email us at [frontlinetribune@wrh.on.ca](mailto:frontlinetribune@wrh.on.ca)

## BLACK TIE TAIL GATE



## YEE HAW!

SAVE THE DATE

## BEACH GROVE GOLF & COUNTRY CLUB

FRIDAY AUGUST 17, 2018

\*AGE 19 YEARS+ EVENT

LIVE PERFORMANCE BY NASHVILLE COUNTRY STAR

## JAKE MAURER




### INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



**Christina Ciampa**  
FOOD SERVICE WORKER  
GUEST SERVICES



**Cynthia O'Gorman**  
REGISTERED NURSE  
INTERVENTIONAL



**Robyn Carbert**  
REGISTERED NURSE  
MENTAL HEALTH



**Amelia Ng**  
VOLUNTEER  
OPERATING ROOM

## The Boys Of Summer

The Annual Windsor Regional Hospital Foundation Charity Golf Tournament hosted a number of Detroit Tiger alumni from yesteryear. You have to go back somewhat to remember that Detroit won the 1968 and 1984 World Series of Baseball. Those were the glory years and we wait for the current team to do it again in the future!



Joining the golf event recently were Dan Petry, Mickey Stanley, Jon Warden, Frank Tanana and Dave Rozema

## "Take a Walk in My Shoes" Highlights Career Opportunities for Local Students

Windsor Regional Hospital welcomed more than 40 students from 8 area high schools as part of a "Take a Walk in My Shoes" event last Tuesday!

This was a great opportunity for students to learn about disciplines in the health care sector. Students were given tours of several units including Family Birthing, Diagnostic Imaging, Pharmacy and our Medical Device Reprocessing Unit.

Thank you to our students, our professionals who took time to educate them and our friends at Workforce Windsor-Essex for highlighting the opportunities for our hospital staff and medical professionals of tomorrow!

"Workforce WindsorEssex is proud to be part of Take A Walk In My Shoes. Students are able to explore the careers and opportunities which exist in our community," said Sarah Morris, Labour Market Communications Coordinator at Workforce Windsor-Essex. "Windsor Regional Hospital has been a great partner in initiatives like these and is helping students to experience the working world before graduation."



Photo: Students with a staff member from Family Birthing.

## VENDORS ON DISPLAY

JUNE 4 - JUNE 8, 2018

**Met Campus:** Kidbits; Accessorize it, Funky Living, Unique Books

**Ouellette Campus:** Kidbits, Home Instead, Epicure, Monique's Boutique, Little Red Door

\* Please note: Vendors are subject to change.

## The WRH MY CARE JOURNEY App helps YOU and your FAMILY:

- ✓ Know what to expect in the hospital
- ✓ Play an active role in your treatment
- ✓ Understand next steps in your care

FREE  
and  
EASY  
to use

My CARE JOURNEY  
**DAY 1**  
How long will I stay?



## Giving Three Young Golfers An Opportunity To Play In PGA Tour

The Mackenzie Tour PGA (Professional Golf Association) Canada is coming to Windsor's Ambassador Golf Club from July 2 to the 8th and giving young golfers, 19 years and under an opportunity to participate in a round of golf with a Pro during the Pro-Am tournament.

The Windsor Regional Hospital Foundation has partnered with Mackenzie Tour PGA Canada to promote and select individuals to enter a competition and participate in the event simply by going to the website, [www.wrhgolfpga.ca](http://www.wrhgolfpga.ca) and, in their own words, express why they want to participate in this, once in a life time chance to golf with a Pro.

The Mackenzie Tour PGA Canada is supporting the Hospice of Windsor-Essex. WRHF is supporting the Women's and Children's Program. The opportunity for three individuals, 19 years of age and younger to enter the competition by submitting on-line why they want to participate in the Mackenzie Tour is available now through June 15, 2018. All applicants must meet the criteria and if not selected to golf, will still receive free passes to attend and watch the tour. Fifteen individuals who have submitted on line can participate in a Junior Demonstration on July 7th and in the Junior Clinic on July 8th at Ambassador Golf Club with a Pro.

Go to [www.wrhgolfpga.ca](http://www.wrhgolfpga.ca) now through June 15th to enter. Your child must be 19 years of age or younger by July 1, 2018 and be a resident in the tri-county region. They must have parental consent and have their photograph taken during the tournament.

Selected individuals will be notified by June 20, 2018.

# #RECIPEOFTHEWEEK

## Broccoli Salad With Bacon

Makes 5 servings  
Preparation: 15 min



### INGREDIENTS

- ½ cup mayonnaise
- 1 tablespoon whole-grain mustard
- 1 tablespoon cider vinegar
- 1 small clove garlic, grated
- 1 teaspoon sugar
- ¼ teaspoon ground pepper
- 4 cups finely chopped broccoli crowns
- 1 cup finely chopped cauliflower
- ¼ cup finely chopped red onion
- 3 slices cooked bacon, chopped ( ¼ cup)
- 3 tablespoons sunflower seeds, toasted

### DIRECTIONS

Whisk mayonnaise, mustard, vinegar, garlic, sugar and pepper in a large bowl. Add broccoli, cauliflower, onion, bacon and sunflower seeds. Stir to coat. To make ahead: Refrigerate for up to 1 day.

### NUTRIENTS Per Serving (1cup)

Calories: 246; Protein: 5g; Total Fat: 22g; Carbohydrates: 8g; Sugar 3g; Fibre 3g; Sodium 308mg

## District Stroke Centre Team Who We are? What We do? Cont'd

Rachel Allchurch, Stroke Community Navigator: Located at HDGH Rachel provides case management and follow up in the community for stroke patients post their rehab stay. She works with community partners to help meet the needs of stroke survivors. She also works closely with the physiatrists at HDGH and participates in professional education.

Erin Szucki, Secretary: Erin ensures day-to-day functions of the Urgent TIA clinic run smoothly. She books patients for their appointments in clinic, schedules diagnostic tests, and follow up. She also provides clerical support to the DSC team.



**Sunday, June 10, 2018**

*The Corvette Club of Windsor - Annual  
Waterfront Corvette Show (8:00 am – 4:00 pm)*



*This year we are returning to our original location on the River on the grass at Dieppe Park (Across from the GM Headquarters Building)*



WOW - one of a kind show shirt memento & picture

Kids class for Power Wheels Corvettes

Goodie Bags for the first 150 cars

Awards for all classes



To benefit the Windsor Regional Hospital – Pediatric Oncology Satellite Unit.

Further Info: [www.corvetteclubofwindsor.com](http://www.corvetteclubofwindsor.com)  
Ron Packer (519) 352-1371 Bryan Hansen (519) 979-7119  
[rpacker4@cogeco.ca](mailto:rpacker4@cogeco.ca) [brymar1619@gmail.com](mailto:brymar1619@gmail.com)



Registration forms will be available on our website sometime in February. Register (\$25.00) by May 26th and receive your show shirt for Free!



### Rain Or Shine

- 8:00 am Registration Opens
- 8:00 am Vendors Open
- 11:00 am Registration Closes
- 3:00 pm Awards & Presentations

## Windsor Blood Donor Clinic 3909 Grand Marais Road East, Windsor

**Monday: 3 p.m. – 7 p.m.**  
**Tuesday: 3 p.m. - 7 p.m.**  
**Wednesday: 3 p.m. – 7 p.m.**  
**Thursday: 11:30 a.m. – 7:30 p.m.**  
**Friday: 8 a.m. - 12 NOON**  
**Saturday: 8 a.m. – 12 NOON**



**DONATE BLOOD AND JOIN  
THE MOVEMENT  
[WWW.BLOOD.CA](http://WWW.BLOOD.CA)**