



# FRONTLINE TRIBUNE

JULY 9, 2018

VOLUME 6 / EDITION 27



COMPASSION is our  
PASSION



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital  
Met Campus-1995 Lens Avenue, Windsor, N8W 1L9 / Ouellette Campus-1030 Ouellette Avenue, Windsor, N9A 1E1

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## WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

To contribute a news tip, story or advertisement in the next issue, please email us at:  
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@WRHospital

## Windsor Regional Cancer Program - Local Medical Education Event

Recently the Windsor Regional Cancer Centre team hosted all of the Erie St. Clair (ESC) Mammography Technologists for an education day. They were provided with a unique opportunity to attend SQUEEZE TALKS\*, a positioning boot camp with Louise Miller, a well-known expert in the field of radiology technologists specializing in breast imaging. The boot camp focused on improving the quality of breast images by utilizing standardized and ergonomically correct positioning techniques as well as enhancing patient relations. Louise also provided hands-on mammography training sessions for each technologist within our region. As a patient undergoing active treatment for breast cancer, Louise was able to bring a personal perspective to this impactful training.


Below is some of the feedback from attendees:

"The Breast Imaging Boot camp was a success for our technologists at CMR. We have all been trying to master her technique and spending a lot of time helping each other. It has been good for team building".

"It was great to have the refresher and to learn from her in-person!"

"Squeeze Talks was fantastic; very informative and I loved the opportunity to walk away with new ideas, knowledge and enhancing my skills. I have tried some of the tips that Louise recommended and I am thrilled to say I have seen positive results!"

YOU HAVE THE POWER  
TO GIVE LIFE.



**Windsor Blood Donor Clinic**  
3909 Grand Marais Road East, Windsor

**Monday: 3 p.m. – 7 p.m.**  
**Tuesday & Wednesday: 3 p.m. – 7 p.m.**  
**Thursday: 11:30 a.m. – 7:30 p.m.**  
**Friday & Saturday: 8 a.m. – 12 NOON**

DONATE BLOOD AND JOIN THE MOVEMENT: **BLOOD.CA**

Canadian Blood Services  
it's in you to give

Visit our website for more information at [www.wrh.on.ca](http://www.wrh.on.ca)



# UPCOMING EVENTS

**JULY 14**

**Sts. Vladimir & Olga Charity Golf Tournament**

Seven Lakes Golf Course  
3600 Seven Lakes Drive, LaSalle

**JULY 16**

**Rafih Auto Group & Family Annual Charity Golf Tournament**

Beach Grove Golf & Country Club  
14134 Riverside Drive East, Windsor

**JULY 18**

**Team Clean**

Ouellette Campus  
1030 Ouellette Avenue

**JULY 20**

**Team Clean**

WRH Met Campus  
1995 Lens Avenue

**AUGUST 15**

**Team Clean**

WRH Met Campus  
1995 Lens Avenue

**AUGUST 17**

**Black Tie Tail Gate**

Beach Grove Golf & Country Club  
14134 Riverside Drive East, Windsor

**SEPTEMBER 8**

**Run For Windsor**

Riverfront Festival Plaza  
Downtown Windsor

**OCTOBER 25**

**Do Good Divas**

Night in Handbag Heaven  
www.dogooddivas.com



From January through May, 2018, Middle East respiratory syndrome coronavirus (MERS-CoV) was responsible for four clusters totaling 75 cases of disease in Saudi Arabia, twenty-three of which resulted in the death of the patient. Two of the clusters were healthcare-associated.

## Ryan's Case For Smiles

Ryan's Case for Smiles (formerly ConKerr Cancer) was founded in 2007 to bring comfort and support to young patients and their families in hospitals around the world. It started with a simple goal, to create and distribute whimsical and colorful pillowcases that give children an emotional boost and remind them that they are not defined by their illness. The program has expanded where there are more than 120 chapters with over 50,000 children helped annually by more than 40 million volunteer hours donated and 1,700,000 million pillowcases delivered..

Ryan Kerr, the inspiration behind the initiative battled cancer for years, first diagnosed with Osteosarcoma at age 12, fighting through five cancer recurrences, 30 months of chemotherapy, 15 surgeries, the amputation of his right leg and over 150 days of physical therapy. Ryan's sickness never slowed him down from living the active and adventurous life he loved. He constantly challenged himself with new things, skiing, biking, skateboarding, rock climbing, scuba diving, and cycling. Through his illness, he managed to stay engaged in his school studies and graduate from high school. As a young man, he learned to be deeply compassionate, thoughtful, wicked wit, a winning smile and gave the world's best hugs. Most of all, Ryan lived his life with such joy and courage that he inspired thousands of people. His memory will always be remembered through the Case for Smiles program.

The local chapter of Ryan's Case for Smiles is based in Chatham, Ontario. The group has donated pillowcases since 2012. The latest donation indicates over 5,000 presented to Paediatric Services at Windsor Regional Hospital.



*Long time sewer, Wilma Noordam, with granddaughters, Claire and Brianna Schipper donating another 50 colorful pillowcases to Jen Burton Liang, Paediatric Child Life specialist.*



**SUPPORT WINDSOR REGIONAL HOSPITAL FOUNDATION THROUGH THE NATIONAL BANK FINANCIAL WEALTH MANAGEMENT COMMUNITY SUPPORT PROGRAM**

**Receive world class investment advice and financial planning help and support Windsor Regional Hospital Foundation at the same time.**

**Contact me at 519-258-7349 or [larry.sandre@nbc.ca](mailto:larry.sandre@nbc.ca) and I will meet with you to determine if this program will be right for you.**

**Larry Sandre, CPA, CA, IA**



### INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



**Elaine McCabe**  
MEDICAL RADIATION TECHNOLOGIST  
DIAGNOSTIC IMAGING



**Jacob Cassidy**  
REGISTERED PRACTICAL NURSE  
CLINICAL TEACHING UNIT



**Sherri Temesy**  
ENVIRONMENTAL SERVICE WORKER  
GUEST SERVICES



**Dr. Kitty Huang**  
PHYSICIAN  
DEPARTMENT OF ONCOLOGY

## Dare To Care And Bears

Over the last few years, General Amherst High School students have collected stuffed teddy bears and donated to Paediatric Services at the Met Campus.

This year's campaign, Dare To Care took place from June 4 to the 15<sup>th</sup>, with over 50 teddy bears collected. Event coordinator, Celina Varacelli said that it is something the school likes to do just before summer break.



Celina Varacelli, General Amherst student with Ron Foster, Executive Director, Windsor Regional Hospital Foundation receiving the bears.

## Leadership Windsor Now Accepting Applications

Leadership Windsor/Essex (LWE) promotes and encourages outstanding community leadership by developing the leadership capabilities of citizens who care about the community – those who understand its strengths and weaknesses and who are willing to make a personal investment to improve the community's quality of life. Each year, community leaders from all sectors – business, labour, health care, education, and not-for profit – take part in community leadership training. The training is designed to expand the number of individuals who accept leadership roles in private, public, and not-for-profit organizations to train them to meet future challenges in our communities.

LWE is currently accepting applications for the 2018-2019 Program. Interested candidates can access an electronic version of the application form on their website at [www.leadershipwindsor-essex.org](http://www.leadershipwindsor-essex.org) Please be sure to talk to your direct supervisor prior to applying for the program so they are aware of your interest.

If you have identified candidates from your department who are interested in learning more about Leadership Windsor-Essex before they apply, please let me know and have them contact me directly at their earliest convenience and I will walk them through the application process. Any questions for direct applicants can contact Sherrilyn at 519-258-0000 extension 1186. She would be very pleased to meet with you in order to provide an overview of the program and to answer any questions you may have.

*"Many leadership development courses spend time speaking about what a leader "should" be. In contrast, Leadership Windsor Essex actually demonstrates real-life, local, authentic, community leadership. These experiences cultivate alumni who not only understand leadership, but live it as part of their daily lives."* Testimonial - Katharen Bortolin LWE Class of 2018 & 40



Paediatric Child Life Services is seeking donations of items to refill its Treasure Boxes. These items are a great way to reward children during their hospital visit.

### Example of list of items to donate:

Items must be new and in original packaging. The best items can be found at Dollar Stores or other discount stores.

- Playdough
- Bubbles
- Stuffed Animals
- Bouncy balls
- Ear Buds
- Small Cars & Toys
- Happy Meal toys (packaged)
- No food items



For further information call Extension 53408

**DROP OFF IN MET CAMPUS LOBBY / OUELLETTE CAMPUS FOUNDATION OFFICE**

## VENDORS ON DISPLAY

**JULY 9 - JULY 15, 2018**

### Met Campus

Lories Glass; Epicure; Brands 4 Less;  
Just Jewellery; Tupperware;  
Alice & Betty Designs; Thirty-One

### Ouellette Campus

Magnolia & Vine

Please note: Vendors subject to change.

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# BLACK THE TAIL GATE

YEE HAW!



SAVE THE DATE  
AUGUST 17<sup>th</sup> 2018

BEACH GROVE  
GOLF AND COUNTRY CLUB

IN SUPPORT OF



Sponsorship and Ticket Packages Available!  
Call our office today! (519) 985-2608

LIVE PERFORMANCE BY  
NASHVILLE COUNTRY STAR

JAKE MAURER



# #RECIPEOFTHEWEEK

## Shrimp Tacos

Makes: 6 servings; 2 each

Preparation: 45 min/Cooking Time: 5 min



### INGREDIENTS

- 1-1/2 cups shredded cabbage
- 1/2 cup red onion
- 1/2 bunch cilantro
- 1 garlic clove
- 1 pd fresh shrimp, medium-size
- 1/2 tsp ground cumin
- 1/2 tsp chili powder
- 2 limes
- 2 tbsp olive oil
- 1/2 cup mayonnaise
- 1/4 cup sour cream
- 2 tablespoons milk
- 12 corn tortillas, 6-inch size

### DIRECTIONS

Shred the cabbage; chop the onion and cilantro; mince the garlic. Set aside. Shell and devein the shrimp then place in a dish and squeeze lime juice from half a lime over shrimp. Sprinkle with minced garlic, cumin, chili powder and 1 tablespoon of the olive oil. Turn shrimp to coat with marinade and refrigerate for 15 to 30 minutes. Make the salsa blanca by combining mayonnaise, sour cream, milk and juice of half a lime. Stir to combine and place in the refrigerator to chill. In a large skillet heat the remaining 1 tablespoon of olive oil over medium-high heat. Add shrimp and cook and stir 2 to 4 minutes until shrimp turns pink. Remove shrimp from skillet. Do not overcook. Heat the corn tortillas, one by one, in a pan, until soft and warm. Wrap them in a clean dish towel to keep them warm until ready to serve tacos. To assemble tacos place 4 shrimp on each tortilla and top with salsa blanca, cabbage, red onion, cilantro and lime wedges. Add hot sauce if desired.

### NUTRIENTS Per serving: (1/2 Cup)

Calories: 394 kcal, Protein: 19 g, Fat: 22g, Carbohydrate: 30 g, Sodium: 235mg, Potassium 392mg, Phosphorus 355 mg



## Free Fall Prevention Clinic

The Fall Prevention Clinic is a free screening that will assess what may be putting you at risk educate you on how to reduce your risk and connect you to community programs and health services. Following your visit, you will receive a plan to lower your risk of falling.

YOU SHOULD COME TO A CLINIC IF:

- You are 60 years of age or older
- Want to remain independent
- Have had a fall or a near fall
- Have a fear of falling
- Want to maintain or improve balance

### Next 2018 Clinic Dates:

- July 5th-** Kingsville Area and Recreational Complex  
Kingsville, ON
- Aug. 10th-** Golden Age Club,  
Tecumseh ON
- Sept. 27th-** WECHC Sandwich site  
Windsor, ON
- Oct. 3rd-** Essex Recreation Complex  
Essex, ON
- Oct. 4th-** Harrow and Colchester South Community Centre  
Harrow, ON



To register contact:

519-997-2823 ext. 417

PreventFalls@wehc.org

www.wehc.org

## RUN. JOG. WALK.

IN SUPPORT OF WRH URGENT CARE CENTRE

### SATURDAY, SEPTEMBER 8, 2018

RIVERFRONT FESTIVAL PLAZA

Registration: 8:00am / Warm Ups: 8:30am / 5K Start: 9:00am / 1K Start: 9:30am

Please visit our website for more information about this charity event or call us directly at 1-844-RUN-4WDS

[www.runforwindsor.com](http://www.runforwindsor.com)



AHMADIYYA  
MUSLIM JAMA'AT  
Windsor



WINDSOR REGIONAL  
HOSPITAL FOUNDATION



WINDSOR  
ONTARIO, CANADA



LOVE  
FOR ALL  
HATRED  
FOR NONE