



FRONTLINE JULY 23, 2018 TRIBUNE

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COMPASSION is our
PASSION



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital
Met Campus-1995 Lens Avenue, Windsor, N8W 1L9 / Ouellette Campus-1030 Ouellette Avenue, Windsor, N9A 1E1

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WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

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@WRHospital

Relocated Pharmacy Promotes Naloxone Kits Free To All

The newly renovated Retail Pharmacy opened recently, relocating to a public area adjacent to the Cancer Lobby of Windsor Regional Hospital. The Pharmacy is now similar to the WeCare Pharmacy located in the Goyeau Lobby at the Ouellette Campus.

Very important with the opening of the pharmacy and existing locations is making it known that staff can obtain a Naloxone Kit free of charge! Naloxone is a drug used to reverse the effects of an opioid overdose. Training is essential when obtaining the Naloxone Kit.

Statistics show a dramatic increase in opioid deaths. Health Canada reported 3,987 deaths in Canada last year, 92% of those deaths were accidental. In Ontario, there were 1,053 opioid related deaths. "This is a 41% increase from the previous year and a real epidemic," stated David Musyj, President and CEO, WRH.

Windsor Regional Hospital supports the Ontario Harm Reduction and Naloxone Program with safe use of naloxone. The kit is essential if you know of family or friends dealing with opioids and needing help. Having a Naloxone Kit and being trained on how to use it can be lifesaving. Compare using the kit similar to knowing how to apply CPR (Cardiopulmonary Resuscitation); they are essential at a time of urgent need.

We salute the recent story in the media about nursing student, Abraham Abdueilmula for coming up with the idea of an APP where, anyone with a smartphone could identify the closest location of a Naloxone Kit. An idea he says has potential and promoting broad community awareness of its importance.

To pick up a free Naloxone Kit, please attend one of the retail pharmacies. If you are talking to a patient or family member about the Kits, they can also pick up one for free at one of the retail pharmacies at Met or Ouellette.

Retail Pharmacy Hours:

WeCare Pharmacy
1030 Ouellette, Goyeau Lobby
9:00 am – 5:00 pm

WRH Cancer Pharmacy
2220 Kildare, Cancer Lobby
8:30 am – 4:30 pm



Visit our website for more information at www.wrh.on.ca

UPCOMING EVENTS

AUGUST 15

Team Clean

WRH Met Campus
1995 Lens Avenue

AUGUST 17

Black Tie Tail Gate

Beach Grove Golf & Country Club
14134 Riverside Drive East, Windsor

SEPTEMBER 8

Run For Windsor

Riverfront Festival Plaza
Downtown Windsor

SEPTEMBER 10

16th Charity Libro Golf Tournament

Kingsville Golf & Country Club
640 Essex County Road 20, Kingsville

SEPTEMBER 12

21st Annual Joe Hogan Memorial Golf Fun Day

Sutton Creek Golf Club
2135 County Road 12, Essex

OCTOBER 25

Do Good Divas

Night in Handbag Heaven
www.dogooddivas.com

DECEMBER 7

Real Estate Raffle Draws

Ciociaro Club
3745 N Talbot Road, Oldcastle

JANUARY 26

T2B Gala

Caesars Windsor
377 Riverside Drive East, Windsor



A recent study examined the effects of a trial HIV vaccine in 393 test subjects. All subjects who received a vaccine responded by producing some form of immune response against HIV.

Cleaning Up With A Team

Team Clean was out in full force once again, taking care of business last week at both the Met and Ouellette Campus. We were pleased when Rotary Club of Windsor Roseland members, Sue Zanin and Sheila Mosley volunteered for the task, as they always do. They joined the Wednesday and Friday Team Clean crew, assisting with cleaning up around campus entrances and the property. Team Clean will continue with their work on August 15 at the Met Campus.



Sue and Sheila, Rotary members taking care of 'clean up' business!

NICU Won In The Julian Small Golf Tournament

A golf event that literally grew up in front of us, the Julian Small NICU Golf Tournament held on July 9 saw an impressive group of sponsors, players and supporters come together and once again, give toward specialized medical equipment for the Neonatal Intensive Care Unit.

The very first tournament in Julian Small's name, the son of Dr. Todd Small and Dr. Sarah Dale took place in 2003 when Julian was barely one year old. Other very successful tournament's continued in his name in 2004, 2006 and 2011. Over that period of time, the tournament raised \$500,000 for the NICU. This year, the family made a concerted effort, achieving over \$100,000 as a result of the event.

A highlight during the dinner and presentations was a short video of Julian himself, now 16 years of age, reminiscing about his family and their commitment to Windsor Regional Hospital and the NICU over the years. It was fitting as Julian spent some time in the NICU in 2002. It was a stirring moment for attendees.



Elliot, Sadie, Julian, Todd and Sarah thanking everyone for the success of the 2018 Julian Small NICU Golf Tournament.

Congratulations to Julian and his family for another great, successful day!



SUPPORT WINDSOR REGIONAL HOSPITAL FOUNDATION THROUGH THE NATIONAL BANK FINANCIAL WEALTH MANAGEMENT COMMUNITY SUPPORT PROGRAM

Receive world class investment advice and financial planning help and support Windsor Regional Hospital Foundation at the same time.

Contact me at 519-258-7349 or larry.sandre@nbc.ca and I will meet with you to determine if this program will be right for you.

Larry Sandre, CPA, CA, IA



INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Halima Gawanmeh
LABORATORY ASSISTANT
LAB-SPECIMEN
PROCUREMENT



Marilyn Stracke
PATIENT REGISTRATION PORTER
PATIENT
TRANSPORT



Leah Payette
REGISTERED NURSE
INPATIENT
SURGICAL



Allison Hearn
REHAB ASSISTANT
AMBULATION
INITIATIVE

Rafih Auto Group Golf Their Way To Success

The recently held Rafih Auto Group and Rafih Family Charity Golf Tournament was another great success due to the rain holding off and, the number of sponsors and golfers, setting a record. Up to 164 golfers played the tournament at Beach Grove Golf and Country Club on July 16th, assisting to raise another \$25,000 toward a total to date of, more than \$150,000 committed to the future acute care hospital.

The tournament date of July 16 was also the 34th Wedding Anniversary for Terry and Cathy Rafih. The Rafih Auto Group has provided several opportunities for Windsor Regional Hospital to achieve through the Valet Program and on-site charity events at Mercedes Benz and BMW showrooms.



(l to r) Ron Foster, WRHF; Homoudi Rafih with his children, Talal (TJ) and Dahlai; Cathy and Terry Rafih; Zayed Rafih; and, Anthony Paniccia, Vice Chair, WRH Board of Directors.

No Smoking At Windsor Regional Hospital

As noted in late 2017 and early 2018 through regular communications to hospital staff, due to Ontario law that took effect on January 1, 2018, there is NO SMOKING allowed of any cigarettes, e-cigarettes, medical marijuana or any other tobacco product on hospital property. This includes Lens Ave. at Met campus, which is NOT a public road between Kildare and Byng.

We recognize that this has "moved" those who wish to smoke to areas off of our property to public roads and sidewalks. While we expected this migration of smokers off property, we have also received numerous complaints from homeowners and businesses around both campuses, particularly on the residential streets around Met campus, and along Goyeau Street across from the Ouellette campus.

As another reminder to those who choose to smoke, remember to be neighbourly. We have received complaints about staff (recognizable, wearing scrubs in many cases) having what amounts to a "picnic" outside or across from homes, eating lunch or snacks but also smoking cigarettes over longer periods of time. Another complaint had smokers congregating in the parking lot of the pharmacy across from Ouellette campus on Goyeau Street.

Please be respectful of our neighbours. While we understand the stricter smoking laws represent difficult change for those who continue to smoke, we do not want to unfairly impact homeowners and business owners near our properties.

We know change is difficult – and so is quitting smoking. However, there are a lot of local resources available to help you quit the habit.

For tips and resources on how to successfully kick the habit, visit www.wrhbuttout.ca.

100th
Anniversary

WINDSOR REGIONAL
HOSPITAL FOUNDATION

Raffle

with Windsor-Essex County Association of Realtors

TICKETS: \$5 EACH

Chance to win 1 of the following 6 prizes.

PRIZE ITEM	VALUE
1) Special SHINOLA Package (His & Her Watches, Backpack, Portfolio, Pen)	\$ 3,658
2) Two Unisex BMW Cruise Bikes	\$ 2,093
3) Windsor Spiffire Suite for 2018-19 season (14 person luxury suite)	\$ 1,356
4) Travel Voucher with Luggage (LaSalle Travel and The Personal)	\$ 1,735
5) Via Rail Travel Voucher	\$ 500
6) Cash Prize of \$700	\$ 700

Proceeds benefit the Windsor Regional Hospital Foundation toward the future Acute Care Hospital. You do not need to be present to win. Maximum of only 10,000 tickets sold. Draw will take place on December 7, 2018 at the Cioclaro Club, 3745 N Talbot Rd, Oldcastle, ON.

Purchase your tickets at the Public Affairs/Foundation Office and the Nevada Desks at Met or Ouellette Campuses.

VENDORS ON DISPLAY

JULY 23 - JULY 27, 2018

Met Campus

Alice & Betty Designs, Edgeukids, Magnolia & Vine, Robert Bishop Artwork, Crystal Clear Jewellery & Gifts, Accessorize it

Ouellette Campus

No vendors

Please note: Vendors subject to change.

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frontlinetribune@wrh.on.ca

Enjoy a short stack for a tall cause.

You're invited by Dr. Norman A. McCormick to an Applebee's Flapjack Fundraiser breakfast. Funds raised will support the Windsor Regional Hospital Foundation and Paediatric Child Life Services department.

TICKETS ARE \$10.00 EACH

Saturday, September 22, 2018 / 8am - 10am

Applebee's Neighbourhood Grill & Bar / 2250 Walker Road, Windsor

For tickets call Renee Hopes at 519-254-5577 ext.33184

or renee.hopes@wrh.on.ca



#RECIPEOFTHEWEEK

Balsamic & Parmesan Roasted Cauliflower

Makes 4 servings

Preparation: 10 min

Cook Time: 35 min



INGREDIENTS

- 8 cups 1-inch-thick slices cauliflower florets
- 2 tablespoons extra-virgin olive oil
- 1 teaspoon dried marjoram ¼ teaspoon salt
- Freshly ground pepper to taste
- 2 tablespoons balsamic vinegar
- ½ cup finely shredded Parmesan cheese

DIRECTIONS

Preheat oven to 450°F. Toss cauliflower, oil, marjoram, salt and pepper in a large bowl. Spread on a large rimmed baking sheet and roast until starting to soften and brown on the bottom, 15 to 20 minutes. Toss the cauliflower with vinegar and sprinkle with cheese. Return to the oven and roast until the cheese is melted and any moisture has evaporated, 5 to 10 minutes more.

Tip: To prepare florets from a whole head of cauliflower, remove outer leaves. Slice off the thick stem. With the head upside down and holding a knife at a 45° angle, slice into the smaller stems with a circular motion, removing a "plug" from the center of the head. Break or cut florets into the desired size.

NUTRIENTS Per Serving

Calories: 152; Protein: 7g; Total Fat: 10g; Carbohydrates: 10g; Sugar 5g; Fibre 3g; Sodium 362mg



CHRISTMAS IN JULY

Paediatric Child Life Services is seeking donations of items to refill its Treasure Boxes. These items are a great way to reward children during their hospital visit.

Example of list of items to donate:

Items must be new and in original packaging. The best items can be found at Dollar Stores or other discount stores.

- Playdough
- Bubbles
- Stuffed Animals
- Bouncy balls
- Ear Buds
- Small Cars & Toys
- Happy Meal toys (packaged)
- No food items



For further information call Extension 53408

DROP OFF IN MET CAMPUS LOBBY / OUELLETTE CAMPUS FOUNDATION OFFICE



RUN. JOG. WALK.

IN SUPPORT OF WRH URGENT CARE CENTRE

SATURDAY, SEPTEMBER 8, 2018

RIVERFRONT FESTIVAL PLAZA

Registration: 8:00am / Warm Ups: 8:30am / 5K Start: 9:00am / 1K Start: 9:30am

Please visit our website for more information about this charity event or call us directly at 1-844-RUN-4WDS

www.runforwindsor.com

