



FRONTLINE TRIBUNE

OCTOBER 1, 2018

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COMPASSION is our
PASSION



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital
Met Campus-1995 Lens Avenue, Windsor, N8W 1L9 / Ouellette Campus-1030 Ouellette Avenue, Windsor, N9A 1E1

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October is Breast Cancer Awareness Month

Across Canada, one out of eight women will receive a cancer diagnosis in her lifetime. Many have been impacted by breast cancer, after talking with friends and family members in distress after hearing of their personal or a loved one's diagnosis.

October is a special month for thousands who advocate on behalf of women as they join in on walks in cities across Canada in search of hope by bonding with others who have been impacted. This is a time to learn more about breast cancer, starting with prevention and screening. The common messages still prevail, that is, leading a healthy lifestyle, limiting alcohol intake, not smoking, and exercising regularly to reduce risks.

It is important for women over the age of 50 to obtain a mammography screening through the Windsor Regional Hospital's Breast Health Centre located at the Met Campus. Screening once a year is essential for early detection and treatment, if required.

It does take support from across Canada to sustain improvements toward life expansion. Every year, researchers working in tertiary hospitals and academic and research centres, apply for funds through the Canadian Cancer Society. They seek support for a variety of cancer research projects from basic lab research to clinical trials, to studies in cancer prevention, population health and quality of life. The Canadian Cancer Society offers research grants and awards them to individuals and to teams or groups of researchers.

WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

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@WRHospital



Students Walk For Terry

Catholic Central and other high school students supported the Terry Fox initiative with a walk this year. The students walked the route along Tecumseh Road to Ouellette Avenue and to the riverfront.

The Ouellette Campus of WRH facilitated a water station supporting both the schools and the annual Terry Fox Run.

Photo (right): Students walk past the Ouellette Campus in support of the Terry Fox Run.



Visit our website for more information at www.wrh.on.ca



UPCOMING EVENTS

OCTOBER - NOVEMBER 20, 2018

**Alzheimer's Society of Windsor Essex
Coffee Break Campaign**

OCTOBER 20, 2018

Halloween Family Spooktacular
Malden Park
4200 Malden Road, Windsor

OCTOBER 22 - NOVEMBER 9, 2018

WRH Family Giving Campaign

OCTOBER 25, 2018

Do Good Divas
Night in Handbag Heaven
www.dogooddivas.com

NOVEMBER 15, 2018

**City Of Roses Sixth Annual Emergency
Medicine Conference**
Ciociaro Club
3745 North Talbot Road, Windsor

DECEMBER 16, 2018

Children's Christmas Party
Ciociaro Club
3745 North Talbot Road, Tecumseh

JANUARY 26, 2019

T2B Gala
Caesars Windsor
377 Riverside Drive East, Windsor

FEBRUARY 2, 2019

In Honour Of The Ones We Love Gala
Ciociaro Club
3745 North Talbot Road, Oldcastle

MARCH 5, 2019

Hats On For Healthcare Day
Windsor Regional Hospital, Windsor-Essex



The Provincial Infectious Disease Advisory Committee recommends that all acute care and chronic care hospitals and long-term care homes continue to perform risk-factor-based screening on admission and Contact Precautions for VRE.

Childhood Cancer Awareness Day At WRH

Several dozen attendees gathered on the First Floor Lobby of the Met Campus last week to recognize and honour families affected by cancer. The annual Childhood Cancer Awareness Day saw activities from a number of partner organizations such as In Honour of the Ones We Love, ChildCan, Transition to Betterness, Canadian Blood Services, W.E. Care for Kids, Children's Wish Foundation and the Hospice of Windsor and Essex County. Child Life Services organizes the event with activities for children, including cake and cookies.

Dr. Mohammad Jarrar, Paediatric Oncologist, indicated that about 15 new cases are received each year in Windsor, with 30 children receiving chemotherapy and related follow-up services. Another 60 to 80 are also seen in the Paediatric Oncology POGO Clinic each year. POGO is the Paediatric Oncology Group of Ontario who report that over 400 children are diagnosed and 4,000 children are receiving cancer treatment and follow-up in Ontario. They also state that cure rates are greater than 80% and approximately 60% of childhood cancer survivors face late effects like neurocognitive impairments, fertility issues and secondary cancers as a result of the disease.

Below, Caroline Rice speaking about her son, now 22 and a cancer survivor; Dr. Mohammad Jarrar, Paediatric Oncologist providing information; Child Life display and Iain and Chantelle Macri speaking on the Fight Like Mason Foundation.



VENDORS ON DISPLAY

OCTOBER 1 - 5, 2018

Met Campus: Shoreview Retirement, Alice Betty Designs, Rhonda Farici Wreaths, Tote n' Tutu, Thirty-One; Diane's Gifts

Ouellette Campus: Robert Bishop Artwork, Unique Books, Custom Essentials

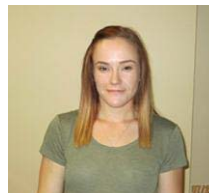
Please note: Vendors subject to change.

INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Chelsea Laidlaw

RETAIL SERVER
GUEST SERVICES



Anne Roy

REGISTERED NURSE
MENTAL HEALTH



Lillian Marentette

MDR TECHNICIAN
MEDICAL DEVICE REPROCESSING



Dr. Christina Paul

PROFESSIONAL STAFF
MEDICINE

When You Wish Upon A Star

Starlight Children's Foundation Canada is a charitable organization dedicated to bringing laughter, joy and hope back into the lives of children with serious illnesses. Since 1982, the in-hospital entertainment therapy and out-of-hospital fun family adventure programs have brought smiles to children when they need it most. While professional, nursing and allied health staff focus on treatment, Starlight assists with providing assistance as they receive their treatment.

Windsor Regional Hospital's Child Life Services submitted a grant application again this year to the Starlight organization and received \$2000 to assist their Treasure Box Kits located in areas of the hospital, such as the Emergency Department and Paediatrics Services - Inpatient and Outpatient Units.

Toys R Us Canada donate up to \$1.5 million to the Starlight Children's Foundation annually and, in turn, Starlight re-donates to hospitals throughout Canada.



Photo: Presenting the \$2000 grant from Starlight Children's Foundation is Sophie Lyons, with Lisa Galbraith, Child Life representative from WRH joined by Jennifer Coulter of Toys R Us Canada, Windsor outlet.



CITY OF ROSES 6TH ANNUAL 2018 COMMUNITY MEDICINE CONFERENCE

THURSDAY, NOVEMBER 15, 2018

The Ciociaro Club, 3745 North Talbot Rd, Oldcastle ON N0R1L0

Time: 7:00am - 5:45pm

Come join us for a day of informative lectures & ED case studies pertinent to your daily work experiences. Breakfast, Lunch & Coffee Provided.

Cost: \$35 (plus \$3.10 eventbrite processing fee)

SPEAKERS (In Order Of Appearance)

- **Dr. David Carr**
Keynote Speaker: Aorta Will #\$\$\$! You Up: Pearls and Pitfalls in the Diagnosis of Aortic Dissection
- **Dr. Allison Morand**
"Things just don't seem right!" - Novel Chatham ED Cases
- **Dr. Edward Sabga**
Reeler Madness - Legalized Cannabis: Recreational Complications in ED
- **Dr. Jody Slasko**
Dental Siles: A Mouth Full of Pearls
- **Dr. Alice Tsui**
Don't Crash and Burn: An Interactive Discussion on Recognizing and Managing Burnout in Health Care Providers
- **Dr. David Carr**
Keynote Speaker: Endocarditis Will Also #\$\$\$! You Up: Pearls and Pitfalls in the Diagnosis of Endocarditis.
- **Dr. Bram Dolcourt**
Cranking the Dragon - The Drug Crises of Fentanyl & Crystal Meth
- **Dr. Therese Mead**
Pediatric Toxicology: Laundry Pods, Edibles (and other things kids shouldn't eat)
- **Dr. Amil Bagga**
IV Contrast Nephropathy: To Dye or Not To Dye, That is the Question
- **Mrs. Monica Staley Liang**
Patient Satisfaction: What are we Missing? (Interactive discussion)
- **Dr. Jeya Nadarajah**
Orange is the New Black - The Re-emerging Infectious Diseases
- **Dr. Wassim Saad**
Management of Atrial Fibrillation in the ED with a Focus on Anticoagulation Emergencies
- **Dr. Sindu Kanjeekal**
Oncology Pearls - Two things you need to know in the ED
- **Dr. Jeya Nadarajah**
Kick the Ticks: A Primer on Lyme Disease
- **Dr. Vladislav Khokhlova**
Bariatric Surgery: When to be Concerned in ER
- **Dr. James Webley**
Ortho Primer: DFPA & SCFE
- **Dr. Sara Guerra**
Plastics Tips: Burn Management
- **Dr. Diane Bradford**
Injury Trends: What are they, why should I care, and what can I do to make a difference?
- **Dr. James Webley**
Ortho Primer: Another Serving of Emergency Ortho
- **Dr. Jody Slasko**
Keeping People Alive: Optimizing our Most Critical Patients

WRHcityofrosesedconference.ca

100th
Anniversary

WINDSOR REGIONAL
HOSPITAL FOUNDATION
License # M818619

Raffle

with Windsor-Essex County Association of Realtors

TICKETS: \$5 EACH

Chance to win 1 of the following 6 prizes.

| PRIZE ITEM | VALUE |
|---|----------|
| 1) Special SHINOLA Package (His & Her Watches, Backpack, Portfolio, Pen) | \$ 3,658 |
| 2) Two Unisex BMW Cruise Bikes | \$ 2,093 |
| 3) Windsor Spitfire Suite for 2018-19 season (14 person luxury suite) | \$ 1,356 |
| 4) Travel Voucher with Luggage (LaSalle Travel and The Personal) | \$ 1,735 |
| 5) Via Rail Travel Voucher | \$ 500 |
| 6) Cash Prize of \$700 | \$ 700 |

Proceeds benefit the Windsor Regional Hospital Foundation toward the future Acute Care Hospital. You do not need to be present to win. Maximum of only 10,000 tickets sold. Draw will take place on December 7, 2018 at the Ciociaro Club, 3745 N Talbot Rd, Oldcastle, ON.

Purchase your tickets at the Public Affairs/Foundation Office and the Nevada Desks at Met or Ouellette Campuses.



A Girls Night Out In Handbag Heaven

Featuring the Auction of Handbags donated by Celebrities, Retailers and Generous Individuals

Special Silent Auction Feature
Vintage & Collectible Handbags

Thursday, October 25th, 2018

Giovanni Caboto Club | Doors Open 5:00 PM / Dinner 6:30 PM



Ticket price includes Dinner,
Tim Hortons Coffee Bar and much more.

\$60.00 Each / **\$550.00** Table of 10

Call: 519-735-0211

Email: tickets@dogooddivas.com

Proceeds to benefit the Unemployed Help Centre
"Shuttling for Success" program.

Handbag Donations Appreciated | Drop off during business hours at

Harmony Day Spa
4114 Walker Road, Ferrari Plaza, Suite 3
Windsor, Ontario N8W 3T5

Forest Glade Fireplaces
11400 Tecumseh Road
Windsor, Ontario N8N 1L7

www.dogooddivas.com





WIN THIS

Harley-Davidson

2018 FL Street Glide

WINNING TICKET

WILL BE DRAWN ON
SATURDAY, OCTOBER 13TH
AT THE THOMPSON HOUSE
(WINNER NEED NOT BE PRESENT)

License #M801481

\$100

PER TICKET



PROVIDED AND SUPPORTED BY:

Rapid Drainage Ltd.
Lakeshore, ON @ (519) 727-5556 @ rapiddrainage@bellnet.ca

Authentic Property Maintenance Inc.



TICKETS SOLD HERE!

Or by Calling W.E. Care for Kids at (519) 985-2608

#RECIPEOFTHEWEEK

Super Breakfast Burritos

Makes 5 servings

Preparation/Cooking: 30 min

INGREDIENTS

- 2 teaspoons olive oil
- Dash ground black pepper
- 3/4 cup frozen corn, thawed
- 1/4 cup snipped fresh cilantro
- 2 fresh poblano chile peppers, seeded and chopped
- 3/4 cup canned black beans, rinsed and drained
- 1/3 cup purchased tomato salsa or green salsa
- 1/2 teaspoon chili powder
- 6 (8-inch) whole grain tortillas, warmed
- 3/4 cup queso fresco or Monterey Jack cheese, shredded
- 1/2 cup purchased tomato salsa or green salsa (optional)
- 6 eggs
- Dash of salt
- 1/2 teaspoon ground cumin
- 1/2 teaspoon chili powder

DIRECTIONS

In a large skillet, heat 1 teaspoon of the olive oil over medium heat. Add chile peppers; cook about 3 minutes or just until tender, stirring occasionally. Stir in beans, corn, the 1/3 cup salsa, the cumin, and chili powder. Cook and stir about 2 minutes or until heated through. Remove vegetable mixture from skillet. In a medium bowl, whisk together eggs, salt, and black pepper. In the same skillet, heat the remaining 1 teaspoon oil over medium heat. Pour in egg mixture. Cook, without stirring, until mixture begins to set on the bottom and around edges. With a spatula or a large spoon, lift and fold the partially cooked eggs so that the uncooked portion flows underneath. Continue cooking over medium heat for 2 to 3 minutes or until egg mixture is cooked through, but is still glossy and moist. Remove from heat. Gently fold in vegetable mixture. Spoon about 3/5 cup of the egg mixture down the center of each tortilla. Top with cheese and cilantro. Fold sides of tortillas up over filling.

NUTRIENTS Per Serving

Calories: 297; Protein: 20g; Total Fat: 12g; Carbohydrates: 29g; Sugar 2g; Fibre 12g; Sodium 602mg

Congrats To WRH Employees!

It is with great pleasure that we announce that WRH employees donated \$21,338.00 to the United Way of Windsor-Essex County. The United Way still has a long way to go to reach their goal and pledges will continue to be accepted in the Public Affairs office by contacting Linda McLean at ext. 52005.

2018 United Way Campaign Raffle Winners

- Karen Denomme, SOP
- Diego Betancourt, Pharmacy
- Michelle Teschke, NICU
- Heather Matisz, Human Resources
- Jessica Oginski, Laboratory
- Michelle Rau, Library
- Johanna Ditouras, Pharmacy
- Tracy Baselj, Laboratory
- Emily Crumb, Health Information Services
- Heather Martin, Rehabilitation - Audiology
- Cathie Bunt, Pharmacy
- Diana Sarkis, Human Resources
- Mander Matharu, Nuclear Medicine
- Heather Ryan, NICU
- Catherine Boyce, Social Work



3RD ANNUAL HALLOWEEN FAMILY SPOOKTACULAR
SATURDAY, OCTOBER 20TH

IN PARTNERSHIP WITH Transition to Bottomness and WINDSOR-ESSEX COUNTY UNITED WAY

PRESENTED BY **MIX96.7**
HOSTED BY #T2BYOUTHAMBASSADORS | MALDEN PARK | 12PM-5PM

- BBQ • FACEPAINTING • GAMES
- LIVE ENTERTAINMENT
- FAMILY PHOTO OPPS • COSTUME CONTEST
- COSTUME CHARACTERS
- PUMPKIN DECORATING
- AND MUCH MORE!

FEATURING **DOGGIE COSTUME WALK**
\$25 MINIMUM PLEDGE PER PERSON
11:30AM START

FREE ADMISSION FROM 12-5PM

Thank you to our sponsors:

WINDSOR REGIONAL HOSPITAL
OUTSTANDING CARE - NO EXCEPTIONS

THE STEPHANIE & BARRY ZEKELMAN FOUNDATION

LIUNA!625

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DEVELOP • DESIGN • CONSTRUCT

LIVE PRODUCTION GROUP

FOR MORE INFORMATION CALL 519.944.5143 OR EMAIL INFO@T2B.CA OR CALL 519.966.5751 EXT. 23 OR EVENTS@WINDSORHUMANE.ORG