



FRONTLINE OCTOBER 15, 2018

TRIBUNE



VOLUME 6 / EDITION 37

COMPASSION is our
PASSION



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital
Met Campus-1995 Lens Avenue, Windsor, N8W 1L9 / Ouellette Campus-1030 Ouellette Avenue, Windsor, N9A 1E1

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WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

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@WRHospital

MDRD Week At Windsor Regional Hospital

Medical Device Reprocessing Department staff are responsible for the decontamination, inspection, assembly, packaging and sterilization of medical devices. They are tasked with providing consistent sterile products using specialized techniques to maintain a high standard of safety and cleanliness at the Met and Ouellette Campuses.

Not all hospital staff are aware of the work that occurs behind the MDRD doors. By opening the doors, MDRD staff demonstrate the great work that occurs within the departments at both campuses. Their infection prevention and control focus ensures patient safety and quality assurance is achieved! If professional staff and nurses do not have the reprocessed medical devices to perform procedures, their patients will not receive the care they need.

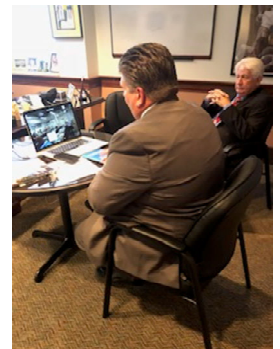
Happy MDRD Week to the great team for the work you do every day to ensure quality and safety at Windsor Regional Hospital.



Photos: MDRD Met Campus Staff / MDRD Ouellette Campus staff)

WRH – Front Of The Class

On October 4, David Musyj, accompanied by Board Chair, Dan Wilson attended the University of Saskatchewan – Edward School of Business class via skype. It had been learned that the Operational Executive Certificate Program taught a course on Windsor Regional Hospital's segment on CBC's The Fifth Estate program. Students asked questions on the Standardization and Optimization process, Command Centre operations, transparency, quality and safety and on the future new hospital plans. It was so successful that another live session is planned for next spring. Photo: David Musyj and Board Chair, Dan Wilson speaking to University of Saskatchewan students.



Visit our website for more information at www.wrh.on.ca



UPCOMING EVENTS

OCTOBER - NOVEMBER 20, 2018

**Alzheimer's Society of Windsor Essex
Coffee Break Campaign**

OCTOBER 20, 2018

Halloween Family Spooktacular
Malden Park
4200 Malden Road, Windsor

OCTOBER 22 - NOVEMBER 9, 2018

WRH Family Giving Campaign

OCTOBER 25, 2018

Do Good Divas
Night in Handbag Heaven
www.dogooddivas.com

NOVEMBER 15, 2018

**City Of Roses Sixth Annual Emergency
Medicine Conference**
Ciociaro Club
3745 North Talbot Road, Windsor

DECEMBER 16, 2018

Children's Christmas Party
Ciociaro Club
3745 North Talbot Road, Tecumseh

JANUARY 26, 2019

T2B Gala
Caesars Windsor
377 Riverside Drive East, Windsor

FEBRUARY 2, 2019

In Honour Of The Ones We Love Gala
Ciociaro Club
3745 North Talbot Road, Oldcastle

MARCH 5, 2019

Hats On For Healthcare Day
Windsor Regional Hospital, Windsor-Essex



Last year 80,000 people died from influenza infection in the United States including 180 children. Most of the children that died had not been vaccinated.

Pregnancy And Infant Loss Awareness Day October 15, 2018

As many as one in five pregnancies end in miscarriage, and each year in Canada, there are approximately six stillborn infants in 1000 total births.

As a result of Pregnancy and Infant Loss Awareness, we acknowledge and remember these losses, as well as the unique grief bereaved parents' experiences. This awareness provides the opportunity to show support to the many families who have suffered the loss of a pregnancy or a death of an infant.

Baby Steps – A Walk to Remember was held last Saturday in the town of Essex. Baby Steps is a support group who state, "Every life, no matter how brief, forever changes the world".

The Provincial Government passed Bill 141: the Pregnancy and Infant Loss Awareness, Research and Care Act, 2015. It is an Act that requires research be done and programs developed for pregnancy and infant death and to proclaim October 15, 2018 as Pregnancy and Infant Loss Awareness Day each year. It is a day that can be observed with remembrance ceremonies, candle-lighting vigils and concludes with the International Wave of Light. By lighting a candle at 7:00 pm on this day across many time zones and leaving the candle to burn for a least an hour, honours and remembers children who have passed away in pregnancy or as infants.

Windsor Regional Hospital's Family Birthing Centre will host a Sunnybrook Pregnancy and Infant Loss Network Workshop this week, offering the one-day educational session for professionals who provide care, services, or support to bereaved parents and families during a loss.



**SUPPORT WINDSOR REGIONAL HOSPITAL FOUNDATION
THROUGH THE NATIONAL BANK FINANCIAL
WEALTH MANAGEMENT COMMUNITY SUPPORT PROGRAM**

**Receive world class investment advice and financial planning help
and support Windsor Regional Hospital Foundation at the same time.**

**Contact me at 519-258-7349 or larry.sandre@nbc.ca and I will meet
with you to determine if this program will be right for you.**

Larry Sandre, CPA, CA, IA

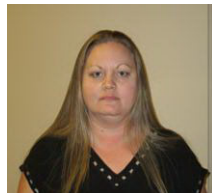


VENDORS ON DISPLAY: OCTOBER 15 - 19, 2018

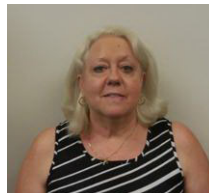
Met Campus: Crystal Clear Jewellery, Monique's Boutique, Magnolia & Vine, PG Cosmetics, Funky Living, Custom Essentials, Sweets XS, G&D Jewellery, Epicure, Qualicare

Ouellette Campus: PG Cosmetics, Little Red Door, Ruelands Stuff n' Bears
Please note: Vendors subject to change.

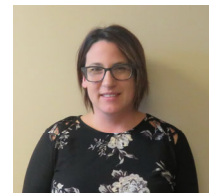
INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Jill Seifert
REGISTERED NURSE
MENTAL
HEALTH



Lori Grenier
FOOD SERVICE WORKER
GUEST
SERVICES



Jessica Desjardins
WELCOME MAT
VOLUNTEER
SERVICES



Dr. Fatema Mewa
PROFESSIONAL
STAFF
MEDICINE

RNAO CEO makes visit to Met Campus

Registered Nurses' Association of Ontario (RNAO) CEO Doris Grinspun took time out of her busy schedule to visit our Met campus on October 5th and meet some of our amazing nurses!

Met campus was one of several spots in Windsor visited by Doris, who became president of RNAO back in April 1996.

RNAO is the professional association representing registered nurses, nurse practitioners and nursing students in the province of Ontario. RNAO's mandate is to advocate for healthy public policy and for the role of registered nurses and nurse practitioners.

Doris is a forceful advocate of the Canadian health care system and the contribution of registered nurses and nurse practitioners to its success. Her expertise is in areas of health, health-care, and nursing. She is the founder of RNAO's internationally renowned Best Practice Guidelines Program, and a leading figure in Canadian and international health and nursing policy.



WRH Community Gardens Green With Envy!

On behalf of Volunteer Services and Manager, Renee Hopes, congratulations to all of the volunteers and staff who tended and managed the WRH Community Gardens this summer at both the Met and Ouellette Campuses.

In its third 'growing' season, the gardens produced cucumbers, tomatoes, lettuce and green onions that were used in patient meals with excess donated to food banks.

Thank you to the following dedicated volunteers and staff – Ian Coffin; Nella DeSalvo; Roby Dyck; Nancy Gibbons; Darcy Haggith; Pat Hickmott; Bill Ladouceur; Thomas Maika; Sheri McLeod; Jessica Tullio and Marg Woltz. A special thanks to RobyMate Organic Services for their contributions to the success of the gardens this past season.



Breast Cancer Awareness PINKTOBER

Every Wednesday in October
wear pink & show your team spirit.

Email your photos to
ScreeningContest@wrh.on.ca

for a chance to win a Tim Horton's Gift Card

Watch our social media
accounts for your photos!



To learn more about Breast Screening visit:
www.cancercareontario.ca/en/types-of-cancer/breast-cancer/screening



The 2018/2019 Windsor Regional Hospital Family Giving Campaign will launch next week, giving all staff, professional staff, allied professionals, front line staff, volunteers and retirees an opportunity to give back ... to their own hospital.

This year, the Family Giving Campaign will focus on a three-week timeframe, from October 22 to November 9, with official kick off on October 24 from 11am - 1pm in the Ouellette Campus Cafeteria and from 2 - 4 pm in the Vendor Hallway at the Met Campus.

The campaign provides several prizes over the three-week period, including an Early Bird prize of a new Apple Ipad Pro 2nd Generation A10X Fusion Chip Wi-Fi/256 GB/Space Grey valued at \$1,400. Also, if you select to donate on-line by going to wrhfamilygivingpledge.ca, you qualify to win a Google Home Mini & Apple AirPods In-Ear Bluetooth Headphones with Mic, a value of \$400.

This year's Family Giving Campaign Chair is Carol Parent, an energized and enthusiastic volunteer with Windsor Regional Hospital. Carol is also a former employee who worked in Laboratory Services for over 40 years at the former Salvation Army Grace Hospital, Hôtel Dieu of St. Joseph's Hospital and in hospitals in Detroit. She knows the importance of raising funds for essential medical equipment. Carol stated, "I feel that each of you can make a difference and every little bit helps".



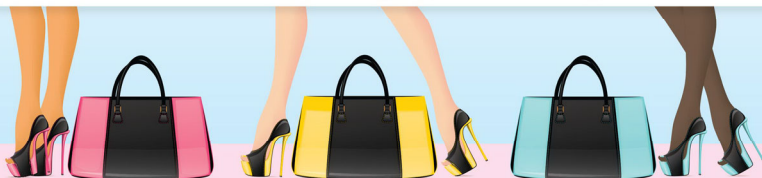
A Girls Night Out In Handbag Heaven

Featuring the Auction of Handbags donated by Celebrities, Retailers and Generous Individuals

Special Silent Auction Feature
Vintage & Collectible Handbags

Thursday, October 25th, 2018

Giovanni Caboto Club | Doors Open 5:00 PM / Dinner 6:30 PM



Ticket price includes Dinner,
Tim Hortons Coffee Bar and much more.

\$60.00 Each / **\$550.00** Table of 10

Call: 519-735-0211 Email: tickets@dogooddivas.com

Proceeds to benefit the Unemployed Help Centre
"Shuttling for Success" program.

Handbag Donations Appreciated | Drop off during business hours at

Harmony Day Spa
4114 Walker Road, Ferrari Plaza, Suite 3
Windsor, Ontario N8W 3T5

Forest Glade Fireplaces
11400 Tecumseh Road
Windsor, Ontario N8N 1L7

www.dogooddivas.com



#RECIPEOFTHEWEEK

Grilled Thai Chicken Sandwich

Makes 5 servings / Preparation / Cooking: 45 min

INGREDIENTS

- ½ cup "lite" coconut milk
- 2 tablespoons lime juice
- 1 pound prepared pizza dough
- 1 red bell pepper, quartered
- 2 tbsp chopped fresh cilantro
- 1 tbsp canola oil, divided
- 1 tbsp low-sodium soy sauce
- 2 tbsp chili-garlic sauce
- ¼ cup smooth natural peanut butter
- 2 (6-ounce) boneless, skinless chicken breasts
- 1 large onion, sliced into ½-inch-thick rounds

DIRECTIONS

Preheat grill to medium-high. Whisk coconut milk, peanut butter, lime juice, 1 tablespoon chili-garlic sauce and soy sauce in a bowl until well combined. Working on a lightly floured surface, divide dough into 5 equal pieces. Roll each piece into a 6-inch disk with a rolling pin or press into a disk with your hands. Using 1½ teaspoons oil, brush one side of each disk. Oil the grill rack; place the dough, oiled-side down, on the grill and cook until light brown and puffed, 1 to 2 minutes. Brush the dough with the remaining 1½ teaspoons oil, flip and grill until cooked through, but still a little soft, 1 to 2 minutes more. Wrap in foil to keep warm. Brush chicken with the remaining 1 tablespoon chili-garlic sauce. Place the chicken, bell pepper and onion on the grill. Grill the chicken, turning once, until an instant-read thermometer inserted into the thickest part registers 165°F, 10 to 14 minutes. Grill the pepper and onion, turning once, until lightly charred and cooked through, 8 to 10 minutes. Slice the pepper and onion. Toss with ½ cup of the reserved dressing in a medium bowl. When the chicken is cool enough to handle, slice or shred into bite-size pieces. Top flatbreads with equal portions of the vegetables and chicken; drizzle with the remaining dressing and sprinkle with cilantro. Fold to eat.

NUTRIENTS Per Serving

Calories: 411; Protein: 24g; Total Fat: 18g; Carbohydrates: 44g; Sugar 6g; Fibre 4g; Sodium 443mg

Bench Talks With The Downtown Mission

WRH representatives strolled down Ouellette Avenue last week to have a conversation on a bench with our friends at The Downtown Mission.



This was the second annual 24-hour, Community Bench Talks & Sleepover event, where the Mission's Executive Director, Ron Dunn literally sleeps the night outside their 875 Ouellette Avenue location to raise awareness about the people the Mission serves.

Jonathan Foster, Director of Mental Health and Regional Renal Programs at WRH, took the opportunity to chat with Ron about ways our organizations can collaborate when it comes to helping patients struggling with addiction, poverty, homelessness and related issues.

For more information about The Downtown Mission, visit www.downtownmission.com.