



# FRONTLINE OCTOBER 22, 2018 TRIBUNE



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COMPASSION is our  
PASSION



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## WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

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[facebook.com/windsorregionalhospital](https://www.facebook.com/windsorregionalhospital)



@WRHospital

## Family Birthing Centre Celebrates EPIQ Success!

The Neonatal Intensive Care Unit (NICU) at Windsor Regional Hospital has attained great strides since joining EPIQ (Evidenced-based Practice for Improving Quality) over a year ago. WRH's NICU is part of 25 NICU's across the country participating in the process.

The focus was to work on infection in the NICU as the ranking was poorer with comparators. The goal was to achieve zero (0) infections! To date, the NICU is aligned with that goal. The highest number of days with a blood stream infection was 332 and the highest number of days without was 261.

"I worked closely with Tammy Warkentin, NP and the EPIQ Chair to continue to keep the momentum going within the department," stated Josie Piazza, Clinical Practice Coordinator for the NICU. "We introduced multiple practice changes, developed policy changes and collaborated with other existing committees to support complementary projects such as Oral Immune Therapy within 6 hours of birth in the Family Birthing Centre. We also facilitated site visits to other NICU's to seek new information and ideas to help achieve the success we have seen in a relatively short time."

EPIQ is a national network of clinicians, front-line workers and researchers, collaborating cumulative experiences and expertise of all participants to encourage evidence-based practice for improving quality.

The goals of EIPQ are:

- To evaluate practice in relation to the outcomes of morbidities in the NICU including Necrotizing Enterocolitis (NEC), Bronchopulmonary Dysplasia (BPD), Nosocomial Infection (NI), Intraventricular Hemorrhage (VH) and Retinopathy of Prematurity (ROP).
- To promote education and awareness of quality improvement within frontline staff;
- To evaluate, identify and lead practice changes through PDSA (Planning, Doing, Studying and Acting) cycles; and
- Endure the NICU is in alignment with evidence-based practice as recommended by the ERIQ bundles of care.

Congratulations to all frontline and management staff for their work and striving toward the ultimate goal through EPIQ!



**2018 Family Giving Campaign**  
**October 22 - November 9, 2018**  
See Page 3 for more information.



Visit our website for more information at [www.wrh.on.ca](http://www.wrh.on.ca)

OUTSTANDING CARE - NO EXCEPTIONS!

# UPCOMING EVENTS

**OCTOBER - NOVEMBER 20, 2018**

**Alzheimer's Society of Windsor Essex  
Coffee Break Campaign**

**OCTOBER 22 - NOVEMBER 9, 2018**

**WRH Family Giving Campaign**

**OCTOBER 25, 2018**

**Do Good Divas: A Night in Handbag Heaven**  
www.dogooddivas.com

**NOVEMBER 15, 2018**

**City Of Roses Sixth Annual Emergency  
Medicine Conference**

Ciociaro Club  
3745 North Talbot Road, Windsor

**DECEMBER 16, 2018**

**Children's Christmas Party**  
Ciociaro Club

3745 North Talbot Road, Tecumseh

**JANUARY 26, 2019**

**T2B Gala**

Caesars Windsor  
377 Riverside Drive East, Windsor

**FEBRUARY 2, 2019**

**In Honour Of The Ones We Love Gala**

Ciociaro Club  
3745 North Talbot Road, Oldcastle

**MARCH 5, 2019**

**Hats On For Healthcare Day**

Windsor Regional Hospital, Windsor-Essex

**APRIL 19, 2019**

**Volunteer Appreciation Party**

Riverside Sportmen's Club  
10835 Riverside Drive East, Windsor



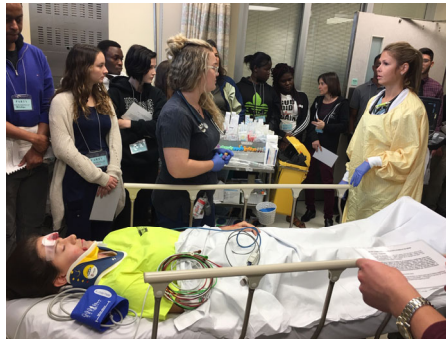
A recent study in day cares showed that the children using soap and water had a 21% greater chance of coming down with cold-like symptoms than the kids using hand sanitizer. They were also prescribed medications 31% more often.

## P.A.R.T.Y. Program 2018-2019

P.A.R.T.Y. Program or Prevent Alcohol and Risk-Related Trauma in youth is a program offered through Windsor Regional Hospital's Regional Trauma Program and Injury Prevention that takes students on the journey of a trauma patient. We discuss risks, coping mechanisms, and consequences of participating in high-risk behaviours. The students have an opportunity to role-play and tour our level II trauma centre, taking the journey that a trauma patient would go through. They have the opportunity to meet various health care practitioners and end their experience meeting injury survivors. Our hospital has been running this unique program for over twenty years now and aims to give students the skills to help prevent injury, particularly around road safety.

This year marks a unique time in the lives of safety and Canadians. P.A.R.T.Y. Program Windsor has completed our first year of evaluating participant's behaviours and beliefs around drug use, including alcohol and other drugs. On the eve of our country's new cannabis legislation, and with a marked increase in THC positive testing from our region's trauma patients, we look forward to analyzing and comparing pre and post legalization survey results.

Friday, October 12 marked the beginning of our latest season. Students of E.J. Lajeunesse were our first participants this year and experienced, first hand, what it potentially means to be one of our WRH trauma patients. They learned the potential life threatening and life changing consequences of high-risk behaviours while touring our hospital and meeting the host of volunteers and staff that make this program possible, saving the lives of the youth of Windsor and Essex County, together.



**SUPPORT WINDSOR REGIONAL HOSPITAL FOUNDATION  
THROUGH THE NATIONAL BANK FINANCIAL  
WEALTH MANAGEMENT COMMUNITY SUPPORT PROGRAM**

Receive world class investment advice and financial planning help and support Windsor Regional Hospital Foundation at the same time.

Contact me at 519-258-7349 or [larry.sandre@nbc.ca](mailto:larry.sandre@nbc.ca) and I will meet with you to determine if this program will be right for you.

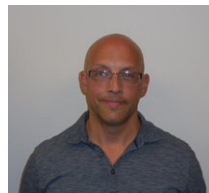
**Larry Sandre, CPA, CA, IA**



## INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



**Chantelle Badour**  
ENVIRONMENTAL  
SERVICE WORKER  
GUEST SERVICES



**Kevin Ryan**  
REGISTERED  
NURSE  
OPERATING ROOM



**Amanda McIntosh**  
REGISTERED  
NURSE  
EMERGENCY DEPARTMENT



**Ms. Sherri Matthews**  
MIDWIFE  
OBSTETRICS  
& GYNECOLOGY

## Celebrate PINKTOBER Every Wednesday in October

The Erie St. Clair Cancer Program is encouraging members of the healthcare community to recognize Breast Cancer Awareness Month and the importance of breast screening by wearing PINK on Wednesdays throughout the month of October.

Participants are encouraged to wear pink and send your photos to [ScreenContest@wrh.on.ca](mailto:ScreenContest@wrh.on.ca) and for a chance to win some Tim Horton's gift cards.

Thanks to our friends Dr. Tomen, Regional Aboriginal Cancer Lead, the WRH SOP Team, Jill Jakob from Erie Shores Healthcare and the Day Surgery team at Chatham-Kent Health Alliance for these pinktastac pics!



## WRH Family Giving Campaign Kicks Off!

October 22 is the kick off day for the annual Windsor Regional Hospital Family Giving Campaign. Each employee will receive their personal 'giving starts from within' brochure which offers many prizes over the next three weeks. Note the Early Bird prizes and timelines, it could be you taking an Apple Ipad or Apple AirPods home with you.

The Campaign Chair is Carol Parent, a former hospital employee and now an avid volunteer who is thrilled to be asked to be involved in this year's campaign. A very generous person herself, she simply states, "who would not want to give to this campaign, it is helping all of us through the purchase of needed capital medical equipment, essential to enhancing patient care at WRH."

Carol further states, "Each of you can make a difference and every little bit helps!" You can meet Carol at each kick off kiosk this Wednesday. She will be at the Ouellette Campus at 11:00 a.m. in the Cafeteria and, will venture over to the Met Campus for 2:00 pm in the Vendor Hallway. She will motivate you!

If you have already considered a donation, THANK YOU!



(photo above: Carol Parent, Chair, 2018/2019 Family Giving Campaign)

## Seasonal Influenza Vaccine Now available!

The seasonal influenza vaccine is now available in the following areas:

**We Care Pharmacy (Ouellette Campus)**  
Monday to Friday: 9:00am to 5:00pm

**Cancer Centre Pharmacy (Met Campus)**  
Monday to Friday: 8:30am to 4:30pm

**Health Office (Met & Ouellette Campuses)**  
Monday to Friday: 10:00am to noon / 2:00pm to 3:30pm

Any staff that receive their influenza vaccination from a WRH Pharmacist will receive a \$2 Tim Horton's gift card.

**AS A REMINDER, PLEASE REMEMBER TO BRING YOUR HEALTH CARD.**

Get the  
**FLU**  **SHOT**  
not the flu!



Join today at  
[www.GrowOnWindsor.com](http://www.GrowOnWindsor.com)

A LOCAL FUNDRAISING CAMPAIGN  
IN SUPPORT OF CANCER AWARENESS,  
RESEARCH & TREATMENT  
FOR MEN LIVING IN WINDSOR/ESSEX



## Powering It Up On Behalf of Renal Patients

The EDA (Electricity Distributors Association) Western District, along with Enwin Utilities, and several sponsors, made a significant donation of \$33,500 to Windsor Regional Hospital's Renal Dialysis Program, and an additional \$33,350 to Ronald McDonald House Windsor. They raised the funds from their annual golf tournament held on September 25 at Ambassador Golf Club.

"The EDA Western District has a long commitment of supporting local Southwestern Ontario communities, having donated close to \$290,000 over the last six years," stated Ray Tracey, President and CEO, Essex Power and Chair, EDA Western District.

Monica Staley Liang, Vice President, Regional Cancer Services, Renal Dialysis, Patient Relations and Legal Affairs said that renal chairs are vital in the daily care of patients affected by chronic kidney disease. They provide comfort during long hours of dialysis required for each patient.

"We are pleased to be able to donate this year's proceeds to the two very worthy organizations that provide health care and support to many," said Helga Reidel, President and CEO, Enwin Utilities Ltd.

The WRH Nephrology-Renal Dialysis Program has grown 43% over the last five years, now housed in the Bell Building on Goyeau Street, adjacent to the Ouellette Campus. Over 43,000 hemodialysis patients have received treatment from the 30 new stations; in addition to the 10 in the Jeanne Mance Building, 7 at Leamington's Erie Shores Healthcare and 4 inpatient stations.



(photo above) – Helga Reidel, Ken Antaya, Gary McNamara, Drew Dilken, Monica Staley-Liang and Ray Tracey.

# #RECIPEOFTHEWEEK

## Skillet Gnocchi with Chard & White Beans

Makes 6 servings / Preparation/Cooking: 30 min

### INGREDIENTS

- 1 teaspoon extra-virgin olive oil, divided
- 1 16-ounce package shelf-stable gnocchi
- 1 medium yellow onion, thinly sliced
- 4 cloves garlic, minced
- ½ cup water
- 6 cups chopped chard or spinach leaves
- 1 (15-ounce) can diced tomatoes with Italian seasonings
- 1 (15-ounce) can white beans, rinsed
- ¼ teaspoon freshly ground pepper
- ½ cup shredded part-skim mozzarella cheese
- ¼ cup finely shredded Parmesan cheese



### DIRECTIONS

Heat 1 tablespoon oil in a large nonstick skillet over medium heat. Add gnocchi and cook, stirring often, until plumped and starting to brown, 5 to 7 minutes. Transfer to a bowl. Add the remaining 1 teaspoon oil and onion to the pan and cook, stirring, over medium heat, for 2 minutes. Stir in garlic and water. Cover and cook until the onion is soft, 4 to 6 minutes. Add chard (or spinach) and cook, stirring, until starting to wilt, 1 to 2 minutes. Stir in tomatoes, beans and pepper and bring to a simmer. Stir in the gnocchi and sprinkle with mozzarella and Parmesan. Cover and cook until the cheese is melted and the sauce is bubbling, about 3 minutes.

### NUTRIENTS Per Serving:

Calories: 326; Protein: 14g; Total Fat: 7g; Carbohydrates: 56g; Sugar 5g; Fibre 6g; Sodium 610mg



## CITY OF ROSES 6TH ANNUAL 2018 COMMUNITY MEDICINE CONFERENCE

THURSDAY, NOVEMBER 15, 2018

The Ciociaro Club, 3745 North Talbot Rd, Oldcastle ON N0R1L0

Time: 7:00am - 5:45pm

Come join us for a day of informative lectures & ED case studies pertinent to your daily work experiences. Breakfast, Lunch & Coffee Provided.

Cost: \$35 (plus \$3.10 eventbrite processing fee)

**SPEAKERS** (In Order Of Appearance)

- **Dr. David Carr**  
Keynote Speaker: Aorta Will #3%&! You Up: Pearls and Pitfalls in the Diagnosis of Aortic Dissection
- **Dr. Allison Morand**  
"Things just don't seem right?" - Novel Chatham ED Cases
- **Dr. Edward Sabga**  
Reeler Madness – Legalized Cannabis: Recreational Complications in ED
- **Dr. Jody Stasko**  
Lethal Sites: A Mouth Full of Pearls
- **Dr. Alice Tsui**  
Don't Crash and Burn: An Interactive Discussion on Recognizing and Managing Burnout in Health Care Providers
- **Dr. David Carr**  
Keynote Speaker: Endocarditis Will Also #3%&! You Up: Pearls and Pitfalls in the Diagnosis of Endocarditis.
- **Dr. Bram Dolcourt**  
Cranking the Dragon – The Drug Crises of Fentanyl & Crystal Meth
- **Dr. Therese Mead**  
Pediatric Toxicology: Laundry Pods, Edibles (and other things kids shouldn't eat)
- **Dr. Amit Bagga**  
IV Contrast Nephropathy: To Dye or Not To Dye, That is the Question
- **Mrs. Monica Staley Liang**  
Patient Satisfaction: What are we Missing? (interactive discussion)
- **Dr. Jeya Nadarajah**  
Orange is the New Black - The Re-emerging Infectious Diseases
- **Dr. Wassim Saad**  
Management of Atrial Fibrillation in the ED with a Focus on Anticoagulation Emergencies
- **Dr. Sindu Kanjeval**  
Oncology Pearls – Two things you need to know in the ED
- **Dr. Jeya Nadarajah**  
Kick the Kick: A Primer on Lyme Disease
- **Dr. Vladislav Khokhlova**  
Bariatric Surgery: When to be Concerned in ER
- **Dr. James Webley**  
Ortho Primer: FDPA & SCFE
- **Dr. Sara Guerra**  
Plastics Tips: Burn Management
- **Dr. Diane Bradford**  
Injury Trends: What are they, why should I care, and what can I do to make a difference?
- **Dr. James Webley**  
Ortho Primer: Another Serving of Emergency Ortho
- **Dr. Jody Stasko**  
Keeping People Alive: Optimizing our Most Critical Patients

[WRHcityofrosesedconference.ca](http://WRHcityofrosesedconference.ca)

## VENDORS ON DISPLAY OCTOBER 22 - 26, 2018

### Met Campus:

Kidbits; Robert Bishop Artwork, Little Red Door, Funky Living, Ruelands Stuff n' Bears

### Ouellette Campus:

Kidbits, Magnolia & Vine, Crystal Clear Jewellery, Sweetlegs, Home Instead

Please note: Vendors subject to change.