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TRIBUNE



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COMPASSION is our
PASSION



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WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

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MRT (Medical Radiation Technologists) Week At WRH

WRH is celebrating Medical Radiation Technologist Week and recognizing the professionals who provide an essential link between advanced technology and patient care.

Medical Radiation Technologists, across Canada and at Windsor Regional Hospital celebrate their work during this special week. These nationally certified technologists and therapists are committed to delivering compassionate care to patients, while delivering critical high-tech services to professional staff and other healthcare professionals. MRTs deliver essential care through the use of technology in hospitals and clinics from coast to coast, and also on the battlefields wherever our Canadian Forces are deployed. They can also be found in dressing rooms of professional sport teams.

Sponsored by the Canadian Association of Medical Radiation Technologists and its provincial partners, MRT Week shines a spotlight on this dynamic area of healthcare to increase awareness and understanding of the contributions of the professionals involved in the clinical applications of medical radiation technology.

The Canadian Association of Medical Radiation Technologists (CAMRT) is the national professional association and certifying body for radiological, nuclear medicine and magnetic resonance imaging technologists and radiation therapists. Recognized at home and internationally as a leading advocate for the profession of medical radiation technology, the CAMRT is an authoritative voice on the critical issues that affect its members and their practice. Established in 1942, the CAMRT today represents over 12,000 members.

The MRT profession today includes a diverse array of highly-trained professionals representing various disciplines in medical imaging and radiation therapy.

Magnetic Resonance Technologists – produce diagnostic images with equipment that generates radio-waves and a strong magnetic field. Extensive knowledge of anatomy, pathology and physiology allows MRI technologists to obtain images, monitor and care for patients during scans.

Nuclear Medicine Technologists – have technical expertise in the use of radiopharmaceuticals and radiation physics, allowing them to perform diagnostic imaging procedures with sophisticated technology. Their use of exceptional quality assurance techniques provides for patient safety and comfort.

Radiation Therapists – are responsible for planning and administering radiation treatment for cancer patients. Therapists offer ongoing care and support to patients and their families during the course of treatment.

Radiological Technologists – produce images of body parts and systems by performing exams in general x-ray, CT, breast imaging and operating room procedures. They are expert in the operation of complex medical radiation equipment, while providing comprehensive, compassionate care to each patient.

Visit our website for more information at www.wrh.on.ca



UPCOMING EVENTS

OCTOBER - NOVEMBER 20, 2018

**Alzheimer's Society of Windsor Essex
Coffee Break Campaign**

OCTOBER 22 - NOVEMBER 9, 2018

WRH Family Giving Campaign

NOVEMBER 15, 2018

**City Of Roses Sixth Annual Emergency
Medicine Conference**

Ciociaro Club

3745 North Talbot Road, Windsor

DECEMBER 16, 2018

**Children's Christmas Party
Ciociaro Club**

3745 North Talbot Road, Tecumseh

JANUARY 26, 2019

T2B Gala

Caesars Windsor

377 Riverside Drive East, Windsor

FEBRUARY 2, 2019

In Honour Of The Ones We Love Gala

Ciociaro Club

3745 North Talbot Road, Oldcastle

MARCH 5, 2019

Hats On For Healthcare Day

Windsor Regional Hospital, Windsor-Essex

APRIL 19, 2019

Volunteer Appreciation Party

Riverside Sportmen's Club

10835 Riverside Drive East, Windsor

MAY 23, 2019

WRHF Annual Golf Tournament

Essex Golf & Country Club

7555 Matchette Road, LaSalle



Become a FluWatcher today and you can help us track the flu! It only takes 15 seconds a week!

Sign up here:

<https://cnphi.canada.ca/fluWatcher/register>

Nurse Practitioner Week 2018

The role of the nurse practitioner (NP) will be showcased November 11-17, 2018, as NPs across the country celebrate their practice during National Nurse Practitioner Week. In Canada, this distinguished group of health care professionals number close to 5000 strong with an additional number of NP students graduating each year.

Events held in communities around the country will acquaint local citizens with the role of NPs as providers of high-quality, cost-effective, personalized health care and will highlight the value of NPs as care providers. NP practice offers a unique combination of nursing and health care service to patients. Focusing not only on diagnosing and managing acute and chronic illnesses, NPs integrate health promotion, disease prevention, counselling and patient education to help patients understand their complete health picture.

In a population that is aging, with baby boomers becoming seniors in growing numbers over the next ten years, having access to health care professionals such as NPs who offer personalized health care based on medical and advanced nursing knowledge will become even more important.

Windsor Regional Hospital implemented the NP role almost 20 years ago and now has over 30 NPs who are integrated within teams. At WRH, NPs provide service to patients and teams in both ERs, both ICUs, Respiriology, Cardiology/CCU, Neurosurgery, Trauma/ General Surgery, Unattached Patient Program (Hospitalist), Pain Management, Oncology, NICU and the NP-Led Outreach to Long Term Care. For more information please visit www.wrh.on.ca.

In-patient NPs work with patient care teams to ensure that patients are making progress toward their goals. NPs improve flow by ordering needed tests, medications and/or treatments as the patient's situation evolves and saves time wasted in waiting for the physician to call back. NPs help to improve patient and family experience by communicating the patient's present condition, plan of care and discharge plan. Discharge is expedited by NPs making referrals to appropriate community resources, writing discharge prescriptions and dictating the discharge summary to ensure continuity of the plan with the patient's community physicians.



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**Contact me at 519-258-7349 or larry.sandre@nbc.ca and I will meet
with you to determine if this program will be right for you.**

Larry Sandre, CPA, CA, IA



INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Kristen Mailloux

MANAGER
RENAL
PROGRAM



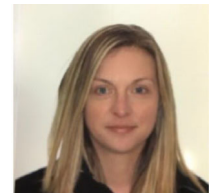
Dayle Smith

RADIOLOGICAL
TECHNOLOGIST
DIAGNOSTIC IMAGING



Jennifer Piche

ENVIRONMENTAL
SERVICE WORKER
GUEST SERVICES



Dr. Andrea Ens

PROFESSIONAL
STAFF
PAEDIATRICS

Caring For Autistic Children

Patients with an Autism Spectrum Disorder (ASD) at times come to the hospital with certain patient care needs. The better staff are aware of them, the better the care will be for ASD patients, particularly kids.

The Summit Centre for Autism has provided us with a helpful guide that includes tips that health care providers can use when interacting with an autistic patient and his or her parents.

We were fortunate to have Dr. Marcia Gragg, Ph.D., C.Psych., University of Windsor and the local Summit Centre for Autism, and April Paré, the mother of an autistic child and a Summit Centre parent advisor, come to the Met ED for two staff discussions on autism.

While the PowerPoint was shared with our Emergency Department staff, the information is useful throughout our hospital and is available online by looking for "Autism: Patient Care Tips" under the Current Interest section on the Intranet homepage.

For more information about the Summit Centre for Autism, visit www.summitcentre.org.



CITY OF ROSES 6TH ANNUAL 2018 COMMUNITY MEDICINE CONFERENCE

THURSDAY, NOVEMBER 15, 2018

The Ciociaro Club, 3745 North Talbot Rd, Oldcastle ON N0R1L0

Time: 7:00am - 5:45pm

Come join us for a day of informative lectures & ED case studies pertinent to your daily work experiences. Breakfast, Lunch & Coffee Provided.

Cost: \$35 (plus \$3.10 eventbrite processing fee)

SPEAKERS (In Order Of Appearance)

- **Dr. David Carr**
Keynote Speaker: Aorta Will #3%&I You Up: Pearls and Pitfalls in the Diagnosis of Aortic Dissection
- **Dr. Allison Morand**
"Things just don't seem right?" - Novel Chatham ED Cases
- **Dr. Edward Sabga**
Reefer Madness - Legalized Cannabis: Recreational Complications in ED
- **Dr. Jody Stasko**
Dental Sites: A Mouth Full of Pearls
- **Dr. Alice Tsui**
Don't Crash and Burn: An Interactive Discussion on Recognizing and Managing Burnout in Health Care Providers
- **Dr. David Carr**
Keynote Speaker: Endocarditis Will Also #3%&I You Up. Pearls and Pitfalls in the Diagnosis of Endocarditis.
- **Dr. Bram Dolcourt**
Cranking the Dragon - The Drug Crises of Fentanyl & Crystal Meth
- **Dr. Therese Mead**
Pediatric Toxicology: Laundry Pods, Edibles (and other things kids shouldn't eat)
- **Dr. Amit Bagga**
IV Contrast Nephropathy: To Dye or Not To Dye, That is the Question
- **Mrs. Monica Staley Liang**
Patient Satisfaction: What are we Missing? (Interactive discussion)

- **Dr. Jeya Nadarajah**
Orange is the New Black - The Re-emerging Infectious Diseases
- **Dr. Wassim Saad**
Management of Atrial Fibrillation in the ED with a Focus on Anticoagulation Emergencies
- **Dr. Sindu Kanjeekal**
Oncology Pearls - Two things you need to know in the ED
- **Dr. Jeya Nadarajah**
Kick the Tick: A Primer on Lyme Disease
- **Dr. Vladislav Khokhova**
Bariatric Surgery: When to be Concerned in ER
- **Dr. James Webley**
Ortho Primer: FDPA & SCFE
- **Dr. Sara Guerra**
Plastics Tips: Bum Management
- **Dr. Diane Bradford**
Injury Trends: What are they, why should I care, and what can I do to make a difference?
- **Dr. James Webley**
Ortho Primer: Another Serving of Emergency Ortho
- **Dr. Jody Stasko**
Keeping People Alive: Optimizing our Most Critical Patients

WRHcityofrosesedconference.ca

Recognizing Those Who Make A Difference In The Lives Of Cancer Patients And Their Families

The Erie St. Clair Regional Cancer Program Summit Awards are given annually to recognize healthcare employees or volunteers who are devoted to minimizing the impact of cancer and improving quality of life for the residents of Erie St. Clair. The awards were presented last week at the Erie St. Clair Cancer Program's Summit in Chatham.

2018 SUMMIT AWARD WINNERS:

Dr. Kristina Lutz & Dr. Hana Farhang Khoei - Since joining Windsor Regional Hospital's plastic surgery team last year, Dr. Hana Farhang Khoei and Dr. Kristina Lutz have worked with the hospital to establish the Erie St. Clair region's first breast reconstruction program in over a decade.

Bluewater Health Hospital Outpatient Pharmacy (BWH Pharmacy Care) - The team at BWH Pharmacy Care goes above and beyond what is expected to ensure oncology patients in Lambton County have timely and affordable access to all the new oral chemotherapy regimens.

Barb Lather, Program Manager, Thamesview Family Health Team (FHT) - Barb Lather brings a unique perspective to cancer care. As both Program Manager at the Thamesview FHT and a member of the ESCRCP Patient & Family Advisory Council (PFAC), Lather has put in a tremendous amount of effort to improve the quality of life patients in ESC.

Carolyn McFadden, Retired Nurse, Bluewater Health (BWH) - As charge nurse of the oncology department, McFadden's warm and kind approach made each patient's experience a little brighter. Her warm approach and positive example set the bar high for her co-workers throughout the organization.

Former Windsor Regional Hospital Director, Colleen Reaume, who recently accepted a position as Executive Director of the Hospice of Windsor and Essex County, was also recognized for 32 years of service and dedication to patients and staff.

Congratulations to all the award winners!



VENDORS ON DISPLAY NOVEMBER 5 - NOVEMBER 9, 2018

Met Campus

Kidbits, Freak Parade, Envy Boutique, Tote n Tutu, Funky Living, Diane's Gifts, Monique's Boutique, Accessorize it.

Ouellette Campus

Unique Books, Robert Bishop Artwork, Magnolia & Vine, Kidbits, 31, Qualicare.

Please note: Vendors subject to change.



Join today at

www.GrowOnWindsor.com

A LOCAL FUNDRAISING CAMPAIGN
IN SUPPORT OF CANCER AWARENESS,
RESEARCH & TREATMENT
FOR MEN LIVING IN WINDSOR/ESSEX

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#RECIPEOFTHEWEEK

Egg & Cottage Cheese Breakfast Bowl

Makes 1 servings
Preparation: 10 min
Cooking: 10 min



INGREDIENTS

- 1/2 cup (125 mL) cottage cheese
- 1 hard or soft-cooked egg (fried works too!)
- Half ripe avocado, pitted, peeled and sliced
- 2 mini radishes, sliced
- 1/2 cup (125 mL) cucumber, sliced
- 1 tbsp (15 mL) each finely chopped chives and green onion
- Pinch each salt and pepper

DIRECTIONS

Place cottage cheese in the bottom of bowl or to-go container. Place egg, avocado, radish, and cucumber on top. Garnish with herbs, salt, and pepper. Make your eggs the night before to cut down on preparation time. Hard-cooked eggs can be kept in the fridge for up to a week. Include additional toppings such as tomatoes or wilted greens. If desired, substitute fried or poached eggs for hard or soft-cooked eggs.

NUTRIENTS Per Serving:

Calories: 308; Protein: 23g; Total Fat: 18g; Carbohydrates: 15g; Sugar 5g; Fibre 3g; Sodium 592mg

Halloween Pumpkins

To brighten up the spirits of children in the hospital during Halloween, students from Sandwich Secondary High School in LaSalle donated approximately 20 colourful and animated pumpkins.

The pumpkins were donated by Pepe's Pumpkin Patch, giving the students options to create and design a selection of themed pumpkins such as Kermit, Ninnons and a Princess.

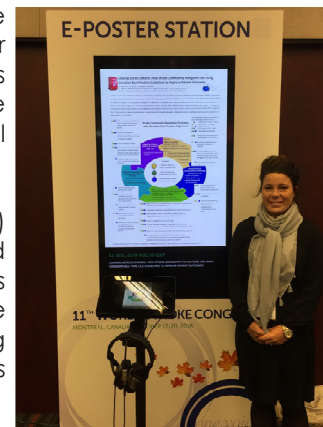


Photo: Sandwich Secondary students (left to right) are: Kaitlan, Esther, Maria, Chris, Julian, Maomi and Child Life representative, Jennifer Burton Liang.

Stroke Care Info Highlighted At International Conference

WRH efforts to improve the conversation about how our community cares for stroke patients were on electronic display at the World Stroke Congress in Montreal on October 17-20, 2018.

The two posters were about (1) community stroke navigation, and different approaches to it across Ontario and (2) how stroke community navigators are using Canadian best practice guidelines to improve patient outcomes.



A Stroke Community Navigator (SCN), such as Rachel Allchurch, Stroke Community Navigator for the Windsor Essex District Stroke Centre, (pictured above) is a health care professional that provides support for stroke survivors and their family to positively enhance the transitions across the continuum of care.

These services provided by the SCNs vary across Ontario, depending on the specific needs of those in the region.

Trained and professional SCNs provide holistic care and guidance, which helps to improve the stroke recovery experience and improve the client's quality of life. SCNs are able to ease the adjustment to post-stroke life through education, improved access to health care services and connections to appropriate care providers.

For more information, contact Denise St. Louis, WRH District Stroke Coordinator, at extension 33770.