



FRONTLINE NOVEMBER 12, 2018

TRIBUNE

VOLUME 6 / EDITION 41



COMPASSION is our
PASSION



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital
Met Campus-1995 Lens Avenue, Windsor, N8W 1L9 / Ouellette Campus-1030 Ouellette Avenue, Windsor, N9A 1E1

IN THIS WEEK'S ISSUE

- 1 • GIVE BLOOD IN HONOUR OF OUR TROOPS
- 2 • MAKING DIFFICULT CONVERSATIONS A POSITIVE ROUTINE
• UPCOMING EVENTS
• NEW FACES AT WRH
- 3 • T2B RANDOM ACTS OF KINDNESS
• CCOT – KEEPING PATIENTS ON THE ROAD TO STABILITY, RECOVERY
• GROW ON WINDSOR
- 4 • UPDATED POLICIES & PROCEDURES
• RECIPE OF THE WEEK
• CHARITY BINGO NIGHT
• STUDENTS UP FOR A CHALLENGE

WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

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@WRHospital

Give Blood In Honour Of Our Troops

During the month of November to commemorate Remembrance Day, Canadian Blood Services is encouraging Canadians to donate blood in honour of the women and men of the Canadian Armed Forces.

Many of our staff already know the importance of donating blood when it comes to our patients, and for many staff, donating is a regular way of giving back.

Bryan Giles, Clinical Practice Manager at the Met campus ED and a longtime member of the Canadian Armed Forces Reserve, just recently donated blood for the 100th time. He's been donating for the past 33 years and knows well the importance of blood donation and making trips to donate at the local Canadian Blood Services location at 3909 Grand Marais Road East in Windsor.

Members of the Canadian Armed Forces are some of the most generous blood donors. In 2006, the Department of National Defence became Canadian Blood Services' first national Partner for Life organization. Since then, they have provided more than 40,000 blood donations to Canada's national blood supply.

In 2018, Department of National Defence is aiming to contribute at least 500 new donors and 6,000 donations from Canadian Armed Forces and civilian employees across the country. Besides pledged support, partners can also adopt specific clinics, arrange group donations, and help raise awareness of the need for donors.

Donating blood is a meaningful way to commemorate Remembrance Day, while serving your country by helping hospital patients across Canada. One in two Canadians is eligible to donate blood, but only one in 60 give.

The relationship between Canada's military and the blood system began with the early days of blood transfusion during WWI, and grew as Canadians donated blood to help wounded troops during WWII.

All donors are urged to get involved – particularly donors with Type-O blood. In an emergency, when seconds count, there is no time to check blood type; patients receive O-negative blood.

For more information, and for hours at the 3909 Grand Marais Road East location, call 1-888-236-6283.

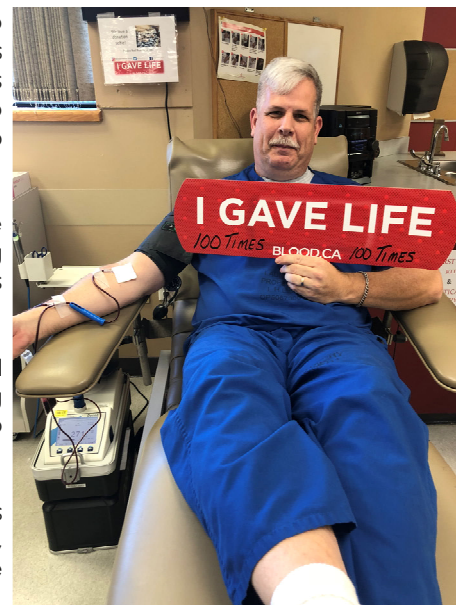


Photo: Bryan Giles, Clinical Practice Manager of WRH Emergency Department.

Visit our website for more information at www.wrh.on.ca



UPCOMING EVENTS

OCTOBER - NOVEMBER 20, 2018

**Alzheimer's Society of Windsor Essex
Coffee Break Campaign**

NOVEMBER 15, 2018

**City Of Roses Sixth Annual Emergency
Medicine Conference**

Ciociaro Club
3745 North Talbot Road, Windsor

DECEMBER 16, 2018

**Children's Christmas Party
Ciociaro Club**

3745 North Talbot Road, Tecumseh

JANUARY 26, 2019

T2B Gala

Caesars Windsor
377 Riverside Drive East, Windsor

FEBRUARY 2, 2019

**In Honour Of The Ones We Love Gala
Ciociaro Club**

3745 North Talbot Road, Oldcastle

MARCH 5, 2019

Hats On For Healthcare Day

Windsor Regional Hospital, Windsor-Essex

APRIL 19, 2019

Volunteer Appreciation Party

Riverside Sportmen's Club
10835 Riverside Drive East, Windsor

MAY 23, 2019

WRHF Annual Golf Tournament

Essex Golf & Country Club
7555 Matchette Road, LaSalle



Health Canada has reported a total of 33 acute flaccid myelitis cases to date in 2018, including 18 confirmed cases and 15 that are still under investigation.

All cases were in young patients with polio-like condition who have developed the muscle weakness following a viral illness.

Making Difficult Conversations A Positive Routine

The Erie St. Clair Regional Cancer Program (ESCRCP) hosted a Palliative Care Education Day last week to educate healthcare providers on the right way to have difficult conversations about dying with patients who have life-threatening diseases.

"If you start that conversation too late, or not at all, that creates a problem," speaker Dr. James Downar, a Palliative Care Physician at Ottawa Hospital told the crowd.

About 100 people including Oncologists, Nurses, Social Workers, etc. from the ESC Region attended the event.

Dr. Wallace Liang and ESCRCP VP Monica Staley Liang spoke about the importance of making these conversations an ongoing part of a patient's journey. They focused on Windsor Regional Hospital's "Goals of Care," a communication tool used by healthcare providers to ensure patients' values and wishes are respected throughout the course of their care.

"Patients want to have these conversations," said Staley Liang. "We think they don't because we are uncomfortable."

Liang told the crowd it is not about delivering bad news; it's about finding out what is important for the patient. Honest conversations empower patients to decide how they want to die and who they want to be there. They also help families avoid conflicts down the road.

"When you think of it that way, it should give you peace of mind to start the conversation."

For more information about Goals of Care, visit www.wrgoalsofcare.ca.



Photo: Dr. Wallace Liang (left) and Monica Staley Liang, ESCRCP Vice President (right) speaking at the education day.

VENDORS ON DISPLAY

NOVEMBER 12 - NOVEMBER 16, 2018

Met Campus:

Little Red Door, Unique Books, Edgukids, G&D Jewellery, Express Uniforms, Ruellands Stuff n Bears, Madison Young Artist.

Ouellette Campus:

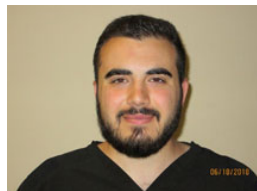
Edgukids, Lifetimes on Riverside, Express Uniforms, Funky Living.

Please note: Vendors subject to change.

INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



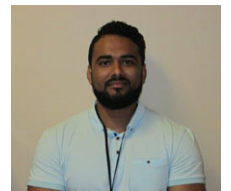
Jocelyne Wiley
ENVIRONMENTAL
SERVICE WORKER
GUEST SERVICES



Haidar Nasser
REGISTERED
NURSE
MEDICINE



Kathryn Benoit
OCCUPATIONAL
THERAPIST
OCCUPATIONAL THERAPY



Sheraz Thomas
COORDINATOR
STANDARDIZATION
& OPTIMIZATION

T2B Promotes Random Acts Of Kindness

Each year around this time, many organizations, schools, not for profits and individuals participate in Random Acts of Kindness Day. T2B was pleased to step forward and offer donuts to all who stopped at their kiosk last Friday at the Met Campus and earn the delicious treat. The event went over well where dozens of donuts were handed out to many.

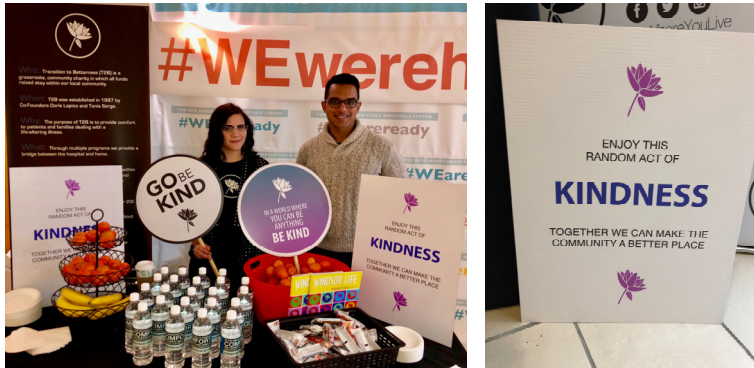


Photo above:
T2B Volunteers promoting Random Acts of Kindness at Windsor Regional Hospital Met Campus.

CCOT – Keeping Patients On The Road To Stability, Recovery

This month, WRH is celebrating the achievements of the Critical Care Outreach Team (CCOT), that now responds to some 8,000 calls in hospital annually to help keep patients on the acute patient floors rather than needing to be transferred to the ICU for care.

CCOT was established 10 years ago at Ouellette campus as a Physician-Led team. Three years ago the Met Campus established a Nurse-Led team and became a Physician-Led service one year ago. We are proud to celebrate the successes of this program, which sees specially trained ICU nurses work closely with a CCOT physician to close that gap between the acute care floors and the critical care setting. This means following a patient over a 48-hour period after that patient has left the ICU, and following early intervention in identifying and helping resuscitate in-patients at risk of seeing their condition deteriorate.

By following medical directives and orders from the CCOT physicians, the CCOT nurses are able to care for the acutely ill in the acute care setting. CCOT nurses can respond to calls throughout each campus and contact a critical care physician any time of the day, with that physician not taking over the care of the patient, but rather consulting and assessing and in some cases ordering diagnostics or other medical directives to support the patient and keep them from a critical condition status.

By intervening earlier, CCOT teams strive to:

- Improve patient safety by DECREASING:
 - ICU re-admission rates within 48 hours of discharge from ICU.
 - The Number of in-patient cardiac arrests.
 - Overall hospital mortality.
 - Severity of illness of patients admitted to ICU from the ward.
 - Increase Accessibility to those patients who need critical care.
- Provide support to the acute care floors with increased acuity in the patient population.

More information on CCOT can be found by visiting www.wrhcot.ca.



Sitting in Chair: Dr. Ian Mazzetti
Standing (left to right): Randy Guenette, Colleen Bourner & Natalie Willms



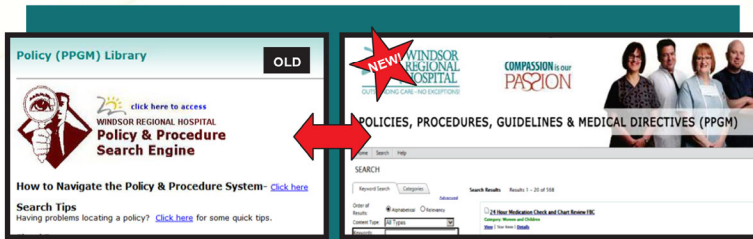
OFFICIAL SPONSOR

LISA & BRIAN SCHWAB



UPDATED Policies and Procedures Website

Goes **LIVE** Nov 13, 2018!



Upgraded website for searching Policies, Procedures, Guidelines and Medical Directives. (PPGM). Includes related forms & algorithms.

Look for email with detailed information coming soon

IMPROVED SEARCH ENGINE FOR FINDING POLICIES MORE QUICKLY

CUSTOMIZABLE OPTIONS TO QUICKLY ACCESS YOUR POLICIES

QUESTIONS: CONTACT SHERRI FRANZ, ext. 37041



#RECIPEOFTHEWEEK

Lentil & Root Veggie Soup

Makes 8 servings / Prep Time: 30 min
Cooking: 4 hrs



INGREDIENTS

- 3 cups chopped peeled celery root
- 2 cups chopped parsnips
- 1 cup chopped carrot
- 1 cup frozen pearl onions
- 1 stalk celery, chopped
- 2 plum tomatoes, seeded and chopped
- 3 cloves garlic, minced
- 2 teaspoons herbes de Provence
- 8 cups low-sodium chicken broth or vegetable broth
- 1 cup French green lentils or black lentils, rinsed
- 1 sprig fresh rosemary
- 1 (3 inch) rind Parmesan, plus ½ cup shredded Parmesan
- 1 bay leaf
- 1 teaspoon salt
- ½ teaspoon ground pepper
- 4 ounces pancetta, crisp-cooked and crumbled (optional)

DIRECTIONS

Combine celeriac, parsnips, carrot, pearl onions, celery, tomatoes, garlic and herbes de Provence in a 5- to 6-quart slow cooker. Add broth, lentils, rosemary, Parmesan rind, bay leaf, salt and pepper. Cover and cook on High 4½ hours or on Low for 8 hours. Remove the rosemary, Parmesan rind and bay leaf. Serve the soup topped with shredded cheese and garnished with pancetta, if desired. To make ahead: Chop celeriac, parsnips, carrot, celery and tomatoes and combine with onions and minced garlic. Refrigerate for up to 1 day.

NUTRIENTS Per Serving (1 ¾ cup)

Calories: 187; Protein: 13g; Total Fat: 3g; Carbohydrates: 28g; Sugar 6g; Fibre 6g; Sodium 528mg

BINGO

CHARITY NIGHTS

Thursday, November 15, 2018

When you play Bingo on Charity nights at Breakaway Gaming Centre on Crawford, mention you are with Windsor Regional Hospital. The Hospital will receive \$10 per person towards our fundraising efforts.

Please remember to mention you are with:



Breakaway Gaming Centre
655 Crawford

COMPLIMENTARY SOFT DRINK OR COFFEE & FREE GIFT TWO \$50 GIFT CARD GIVEAWAYS



CHARITY #W939

Students Up For A Challenge

Students from Catholic Centre High School visited Windsor Regional Hospital recently and donated toys for children in the hospital. With the students (on far left is) Jennifer Burton Liang, Child Life specialist who indicated to the students that the items go to good use as treasure chest rewards to assist with easing and comforting children when in the hospital for a clinic visit or as an inpatient.

