



FRONTLINE DECEMBER 3, 2018

TRIBUNE



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COMPASSION is our
PASSION



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital
Met Campus-1995 Lens Avenue, Windsor, N8W 1L9 / Ouellette Campus-1030 Ouellette Avenue, Windsor, N9A 1E1

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Bra Day 2018 At Windsor Regional Hospital

Last Tuesday, Windsor Regional Hospital hosted its first Breast Reconstruction Awareness (BRA) Day. BRA Day is an international event held in communities around the world to educate and empower women with information about breast reconstruction options available to them.

The Windsor BRA Day event was also an opportunity to highlight the new Breast Reconstruction Program at Windsor Regional Hospital that allows local women to have the surgery done close to home.

Close to 150 people attended the event with speakers including Plastic Surgeons Dr. Hana Farhang and Dr. Kristina Lutz and Breast Surgeon Dr. Kristen Gyetvai.

The event also included a special Facebook LIVE webcast featuring Dr. Hana Farhang and patient Lee Monaghan who discussed the topic of breast reconstruction from both a clinical and patient perspective and answered questions from those attending the event in person, and those who posted questions on Facebook.

That discussion is available to anyone who missed the event on the hospital's Facebook or Youtube page.



WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

To contribute a news tip, story or advertisement in the next issue, please email us at:
frontlinetribune@wrh.on.ca

Ron Foster, Editor
ron.foster@wrh.on.ca
519-254-5577 ext. 52003

Gisele Seguin
gisele.seguin@wrh.on.ca
519-254-5577 ext. 52008

Steve Erwin
steve.erwin@wrh.on.ca
519-254-5577 ext. 33350

David Lenz
david.lenz@wrh.on.ca
519-254-5577 ext. 32539



[facebook.com/windsorregionalhospital](https://www.facebook.com/windsorregionalhospital)



[@WRHospital](https://twitter.com/WRHospital)

VENDORS ON DISPLAY: DECEMBER 3-7, 2018

Met Campus: Kidbits, Silver n Such, Crystal Clear Jewellery, Freak Parade, Little Red Door, Those Shortbread; Accessorize it, Christmas Wreaths, Sweetlegs

Ouellette Campus: Kidbits; Thermal Corp., Monique's Boutique, Funky Living, Unique Books, Red Diamond Nuts

Please note: Vendors subject to change.

Visit our website for more information at www.wrh.on.ca



UPCOMING EVENTS

DECEMBER 16, 2018

**Children's Christmas Party
Ciociaro Club**

3745 North Talbot Road, Tecumseh

JANUARY 26, 2019

T2B Gala

Caesars Windsor
377 Riverside Drive East, Windsor

FEBRUARY 2, 2019

**In Honour Of The Ones We Love Gala
Ciociaro Club**

3745 North Talbot Road, Oldcastle

MARCH 5, 2019

Hats On For Healthcare Day

Windsor Regional Hospital, Windsor-Essex

MARCH 8, 2019

International Women's Day

Ciociaro Club Of Windsor
3745 North Talbot Road

APRIL 19, 2019

Volunteer Appreciation Party

Riverside Sportmen's Club
10835 Riverside Drive East, Windsor

MAY 23, 2019

WRHF Annual Golf Tournament

Essex Golf & Country Club
7555 Matchette Road, LaSalle

JUNE 19, 2019

**Funkenhauser Family - A Day For A Life
Golf Tournament**

Kingsville Golf & Country Club
640 County Road 20, Kingsville

JUNE 22, 2019

Sail Into Summer Dinner

Windsor Yacht Club
9000 Riverside Drive East, Windsor



Chickenpox is a viral infection that causes a blister-like rash, itching, and fever. In serious cases, it can lead to complications like inflammation of the brain, pneumonia and death. The CDC recommends vaccinating children between one and 12 years of age.

Windsor Regional Hospital Retirees Holiday Luncheon

Windsor Regional Hospital Retirees Association and Steering Committee was created over a decade ago to provide an opportunity for former employees to remain connected with the hospital for fellowship, social activities and information. Over 1,100 retirees are registered online with WRH to receive invitations to luncheons and other events.

Membership is open to all WRH employees when retirement occurs from past organizations that include the Metropolitan General Hospital, Windsor Western Hospital, Riverview Hospital and the current Met Campus and Ouellette Campus employees. Associate Membership is open to all employees who worked for outsourced companies such as Angus, Aramark and G4S.

Retirees are entitled to Windsor Regional Hospital promotional/infinity activities like CAA Corporate rates, Great Wolf Lodge visits, Lose Weight With Tina and Rafih Auto Group Employee Program.



Photo: Retirees enjoying the holiday luncheon held at the Ciociaro Club on November 28, 2018.

Influenza Update - Time To Get Your Vaccine

Our stats are getting better. We have pierced the 30% immunization rate. However, we can do so much better. Remember this is not only to protect you but also those around you that might not be able to cope with influenza and could negatively impact their ongoing health.

REMINDER

1) You can still attend either the WRH Retail Pharmacy and get the vaccine;

Ouellette - Lobby We Care Pharmacy

Hours: Monday – Friday from 9:00am to 5:00pm

Met - Cancer Centre Retail Pharmacy

Hours: Monday – Friday from 8:30am to 4:30pm

2. Bring your health card wherever you are getting a vaccine;

3. If you get your vaccine outside of the hospital alert employee health office with evidence of the vaccine

Also, you get a \$2 Tim's card if you get the vaccine within the four walls of the hospital.

INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Nirzari Pandya

REGISTERED
NURSE

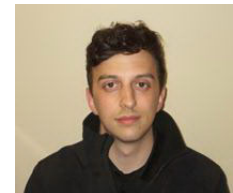
CLINICAL TEACHING UNIT



Katherine Golden

REGISTERED
NURSE

OPERATING ROOM



Zachery Sleiman

DECISION SUPPORT
ANALYST

DECISION SUPPORT



Jarod Furmanek

OPERATING
ROOM

VOLUNTEER SERVICES

Christmas Craftmania!

Children's Holiday Party

Sunday, December 16, 2018

Ciociaro Club
Salon A/B

Get a picture with SANTA!!!

While his helpers hand out gifts from one of Santa's special workshops at Mastermind Toys

Doors open at 11:00

Lunch served promptly at 12:00

Santa arrives at 1:00

Party is open to staff members' children and grandchildren ages 0-10yrs

**Tickets: \$15 per Adult
\$20 per child**

Tickets can be purchased in Human Resources at Met (ext 52330) and Ouellette (ext 33023)
Advance Sales Only

**Deadline to purchase tickets:
Nov 30, 2018**

Gifts will be given out by age - youngest to oldest - sorry, no exceptions

Write to Santa

Decorate a Cookie

Create a keepsake

Donate Food Items To Local Food Banks

Once again WRH is supporting local food banks with our annual "One CAN Make a Difference" food drive!

Look for donation bins at three locations:

- Ouellette campus: Goyeau lobby adjacent to the WE Care Pharmacy;
- Met campus: lower lobby, beside the Christmas tree display; and
- Cancer Centre: near the main staircase in the front lobby.

Our donations will be collected for CBC Windsor's "Sounds of the Season" campaign, which is an annual effort by CBC to raise food and funds for food banks. All donations will go to support the Windsor Essex Food Bank Association, an organization representing 15 area food banks.

Also, during this holiday season, if you as an individual or as part of a team here at WRH are planning a giving campaign for the holidays in support of a local organization, please let us know so we can show how we demonstrate Compassion for Community and most importantly, encourage others to support community endeavours!

Please take a minute to tell us what your team members will be up to this season by emailing Steve Erwin at steve.erwin@wrh.on.ca.

Donations of non-perishable food items will be accepted until December 14, 2018.



ONE CAN

MAKE A DIFFERENCE FOOD DRIVE CAMPAIGN

DECEMBER 3 - DECEMBER 14, 2017



CANNED GOODS - BOXED FOOD ITEMS

DONATIONS WILL BE ACCEPTED AT THE FOLLOWING DROP OFF LOCATIONS

- OUELLETTE CAMPUS - WE CARE PHARMACY (GOYEAU ENTRANCE)
- MET CAMPUS - WELCOME DESK (MAIN ENTRANCE)
- MET CAMPUS - CANCER CENTER (MAIN LOBBY)

HOLIDAY SOCIAL TUESDAY, DECEMBER 11

ALL EMPLOYEES, PROFESSIONAL STAFF & VOLUNTEERS

Windsor Regional Hospital will be holding a **Holiday Social** with sandwiches, vegetables, coffee and tea in exchange for a small **\$2.00 donation**. Proceeds will benefit the Downtown Mission, which provides emergency shelter, a hot meal or other basic necessities.

SANDWICHES - VEGGIES & DIP - COFFEE/TEA
2PM - 4PM **11PM - 1AM**

MET CAMPUS
(Administration Conference Room #1)

OUELLETTE CAMPUS
(Essex Room)

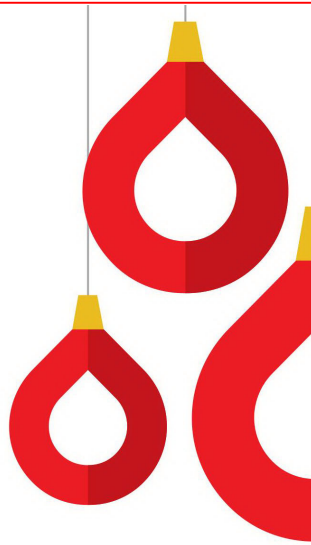
BELL BUILDING, WFCU & LEAMINGTON (special delivery times)

MET CAMPUS
(Lobby Level)

OUELLETTE CAMPUS
(Mezzanine)

Be part of
Canada's lifeline
this holiday season.

Book now to donate
blood.ca



Over 1,460 open appointments in December.

Windsor Donor Centre, 3909 Grand Marais Road East, Windsor
Open: Mon / Tues / Wed - 3 p.m. - 7 p.m.
Thurs - 11 a.m. - 7 p.m. Fri / Sat - 8 a.m. - 12 p.m.

Holiday Hours

Christmas Eve - 9 a.m. to 1 p.m.
Boxing Day - 9 a.m. to 1 p.m.
New Years Eve - 9 a.m. to 1 p.m.



**Canadian
Blood
Services**
BLOOD
PLASMA
STEM CELLS
ORGANS
& TISSUES

#RECIPEOFTHEWEEK

Vanilla Candy Cane Peppermint Bars

Makes 16 servings / Preparation: 20 min
Cooking: 20-25 min

INGREDIENTS

Nonstick cooking spray	- ¾ cup sugar (see Tips)
⅓ cup canola oil	- 1 egg
1 teaspoon vanilla	- 1 cup all-purpose flour
½ teaspoon baking powder	- ½ teaspoon baking soda
¼ teaspoon salt	
⅓ cup crushed peppermint candies	
3 ounces dark chocolate, melted	

DIRECTIONS

Preheat oven to 350°F. Line an 8-inch square baking pan with foil, extending foil over edges. Coat foil with cooking spray. In a medium bowl beat sugar, oil, egg, and vanilla with a mixer on medium 2 minutes or until slightly thick and pale yellow. Beat in flour, baking powder, baking soda, and salt just until combined. Stir in 2 Tbsp. of the peppermint candies. Spread batter in the prepared pan. Bake 20 to 25 minutes or until edges are puffed and top is golden. Cool in pan on a wire rack. Using foil, lift uncut bars out of pan. Cut into bars. Line a tray with parchment paper. Dip one corner of each bar into melted chocolate and place on the prepared tray. Sprinkle chocolate with the remaining peppermint candies. Let stand until set.

NUTRIENTS Per Serving (1/6 of Recipe)

Calories: 155; Protein: 1g, Total Fat: 7g, Carbohydrates: 22g, Sugar 14g, Fibre 1g, Sodium 98mg.

Employee Recognition Open House

*You are invited to join us for a reception tea
recognizing your years of service & dedication
to our patients, our hospital, and our community*

*Pick up your recognition pin and enjoy light refreshments
and snacks*

Met Campus Clinical Education Centre

Tuesday, December 11th, 2018
2:00pm-4:00pm or 6:30pm-7:30pm

Ouellette Campus LaSalle & Cottam Rooms

Thursday, December 13th, 2018
2:00pm-4:00pm or 6:30pm-7:30pm



Run For Windsor Stays The Course

Congratulations again to the Ahmadiyya Muslim Jama'at, Windsor Chapter for hosting the Annual 'Run For Windsor' held in September. The Chapter has a long tradition of serving the Windsor Essex community through their motto, 'Love for All Hatred for None'. They have instilled a spirit of serving humanity and giving back to their community.

During their annual dinner celebration, they presented a cheque to the Windsor Regional Hospital Foundation for \$15,000 toward their pledge and support of the future Emergency Satellite Urgent Care Centre.



Photo: Members of the Ahmadiyya Muslim Jama'at, Windsor Chapter with Ron Foster, Executive Director, Windsor Regional Hospital Foundation.