

The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital Met Campus-1995 Lens Avenue, Windsor, N8W 1L9 / Ouellette Campus-1030 Ouellette Avenue, Windsor, N9A 1E1

IN THIS WEEK'S ISSUE



THE NEW WRH.ON.CA
INFLUENZA VACCINE
NEW FACES AT WRH



ONE CAN MAKE A DIFFERENCE
EMPLOYEE RECOGNITION
TIS THE SEASON
BLOOD DRIVE

CHRISTMAS CRAFTMANIA
RECIPE OF THE WEEK
HOLIDAY SOCIAL
GIFT SHOP HOLIDAY HOURS
& SPECIALS

WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

To contribute a news tip, story or advertisement in the next issue, please email us at: frontlinetribune@wrh.on.ca

> Ron Foster, Editor ron.foster@wrh.on.ca 519-254-5577 ext. 52003

Gisele Seguin gisele.seguin@wrh.on.ca 519-254-5577 ext. 52008

Steve Erwin steve.erwin@wrh.on.ca 519-254-5577 ext. 33350

David Lenz david.lenz@wrh.on.ca 519-254-5577 ext. 32539



facebook.com/windsorregionalhospital



Teddy Bears For Adults

A big thank you to Chartwell Royal Marquis Retirement Residence in Windsor who visited the Met Campus recently and donated a number of the cute, little bears that Spiritual Care and Social Work can use to brighten a patients spirit.

Chartwell has partnered with Wish of a Lifetime Canada, a charitable organization who holds value beyond a passing desire or casual thought. They stated, it is a dream, a lifelong goal or, a meaningful component to one's life that has been missing. Basically, to help older adults keep their dreams and living a life of purpose.



Photo above: Accepting the teddy bears from Chartwell Royal Marquis are: (back row) Pierina Calcara (Social Work); Anthony Paton (Social Work); Paul Sharrow (Spiritual Care); (front row) Catherine Boyce (Social Work); Sheila Kendall (Spiritual Care) and; Jeanette Belleperche (Medicine Program). In centre is Lou-Ann Erickson, Retirement Living Coordinator for Chartwell Royal Marquis Retirement Residence.

Chinese Canadian Association River Walk

The Essex County Chinese Canadian Association has a long history in the region. They established the association in 1976, with their first President being Dr. Chosen Lau, a member of the Professional Staff at Windsor Regional Hospital (Met Campus) for several decades. Another long time Association President was our very own Chief of Staff, Dr. Gary Ing.

The Chinese Canadian Association participate in the annual Canada Day Parade, Carousel of the Nations, Chinese New Year Celebration, along with other community events including their Annual Chinese Walk.

Recently, they visited the Met Campus and presented this year's donation to the Windsor Regional Hospital Foundation.



Photo: Members of the Essex County Chinese Canadian Association presenting a donation to the Windsor Regional Hospital Foundation.



Visit our website for more information at www.wrh.on.ca

UPCOMING EVENTS

DECEMBER 16, 2018

Children's Christmas Party Ciociaro Club 3745 North Talbot Road, Tecumseh

JANUARY 26, 2019

T2B Gala Caesars Windsor 377 Riverside Drive East, Windsor

FEBRUARY 2, 2019 In Honour Of The Ones We Love Gala Ciociaro Club 3745 North Talbot Road, Oldcastle

MARCH 5, 2019 Hats On For Healthcare Day Windsor Regional Hospital, Windsor-Essex

MARCH 8, 2019 International Women's Day Ciociaro Club Of Windsor 3745 North Talbot Road

APRIL 19, 2019

Volunteer Appreciation Party Riverside Sportmen's Club 10835 Riverside Drive East, Windsor

MAY 23, 2019

WRHF Annual Golf Tournament Essex Golf & Country Club 7555 Matchette Road, LaSalle

JUNE 19, 2019

Funkenhauser Family - A Day For A Life Golf Tournament Kingsville Golf & Country Club 640 County Road 20, Kingsville

JUNE 22, 2019

Sail Into Summer Dinner Windsor Yacht Club 9000 Riverside Drive East, Windsor



The first-ever multi-drug randomized control trial to evaluate the efficacy and safety of drugs used to treat Ebola patients is underway in the Democratic Republic of the Congo.

THE NEW WRH.ON.CA - Clean, Relevant, Accessible

Last week we launched a redesigned WRH website, featuring a fresh new look with easy to navigate, relevant information about our sites and services and a fully-responsive, mobile friendly layout.

We hope you'll find it easy to navigate so you can find the information you need without delay.

Highlights include:

Newsroom: Regularly updated with information about our team, programs, services and partnerships.

Events: Colour coated calendar allows you to view events by category and save them into your personal outlook calendar.

Send an e-greeting: Let your loved ones in hospital know you are thinking of them even when you can't be with them.

Share feedback: Questions, Compliments, complaints? Let us know. We're listening.

ED wait times: Information is updated in real time for each WRH Emergency Department.

Subscribe to our newsletters: Stay informed by subscribing to one or all of our WRH publications.

If you haven't already, please check it out and let us know what you think at publicaffairs@wrh.on.ca.

This is the first in a multiphase web update. Stay tuned for an updated intranet in the new year.

Photo: Windsor Regional Hospital website team reviewing sections of the new website.



Time To Get Your Influenza Vaccine

It's important to get your influenza vaccine. Remember this is not only to protect you but also those around you that might not be able to cope with influenza and could negatively impact their ongoing health.

- REMINDER -

1) You can still attend either the WRH Retail Pharmacy and get the vaccine;

Ouellette - Lobby We Care Pharmacy Monday – Friday: 9:00am - 5:00pm Met Cancer Centre Retail Pharmacy Monday-Friday: 8:30am - 4:30pm

2. Bring your health card wherever you are getting a vaccine;

3. If you get your vaccine outside of the hospital, alert the employee health office with evidence of the vaccine

Also, you get a \$2 Tim's card if you get the vaccine within the four walls of the hospital.

INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Julie Morris LABORATORY ASSISTANT LABORATORY SERVICES



Crystal Sheppy REGISTERED NURSE INTENSIVE CARE UNIT



Tiffany Steen UNIT CLERK EMERGENCY SUPPORT SERVICES



Krystine Dzudz SWITCHBOARD OPERATOR TELECOMMUNICATIONS

WINDSOR REGIONAL HOSPITAL





CANNED GOODS - BOXED FOOD ITEMS

DONATIONS WILL BE ACCEPTED AT THE FOLLOWING DROP OFF LOCATIONS OUELLETTE CAMPUS - WE CARE PHARMACY (GOYEAU ENTRANCE) MET CAMPUS - WELCOME DESK (MAIN ENTRANCE) MET CAMPUS - CANCER CENTER (MAIN LOBBY)



You are invited to join us for a reception tea recognizing your years of service & dedication to our patients, our hospital, and our community Pick up your recognition pin and enjoy light refreshments and snacks

Met Campus Clinical Education Centre Tuesday, December 11th, 2018 2:00pm-4:00pm or 6:30pm-7:30pm

Ouellette Campus LaSalle & Cottam Rooms

Thursday, December 13th, 2018 2:00pm-4:00pm or 6:30pm-7:30pm





Christmas is a wonderful time of year for all of us, including Paediatric Services where many donations are received pre-and-post the holiday season.

Recently, the Vollmer / Fahrhall / Southland Corporation visited the Met Campus with a vast array of toys and activities for children in the hospital during and after Christmas.

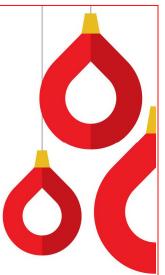
"This is a great way to stock our Treasure Chests in Paediatric Inpatient, Outpatient and the Emergency Department" said Jennifer Burton Liang, Paediatric Child Life Specialist. Child Life staff assist children and families with anxiety and stress symptoms while in the hospital.



Photo (I to r) are: Darlene Vollmer; Joe Rooney; Gabe Prestia; Crystal Garvin; Jennifer Burton Laing (WRH); Dagmara Wasiluk; Daniela Nussio and Alana Mariani.

Be part of Canada's lifeline this holiday season.

Book now to donate blood.ca



Over 1,460 open appointments in December.

Windsor Donor Centre, 3909 Grand Marais Road East, Windsor Open: Mon / Tues / Wed - 3 p.m. - 7 p.m. Thurs - 11 a.m. - 7 p.m. Fri / Sat - 8 a.m. - 12 p.m.

> **Holiday Hours** Christmas Eve - 9 a.m. to 1 p.m. Boxing Day - 9 a.m. to 1 p.m. New Years Eve - 9 a.m. to 1 p.m.



Canadian

Christmas Craftmania! Children's Holidau Partu Sunday, December 16, 2018 **Ciocioro Club**

Salon A/B Get a picture with SANTA!!!

While his helpers hand out gifts from one of Santa's special workshops at Mastermind Toys

Doors open at 11:00 Lunch served promptly at 12:00 Santa arrives at 1:00

Party is open to staff members' children and grandchildren ages 0-10yrs

Tickets: \$15 per Adult \$20 per child

Tickets can be purchased in Human Resources at Met (ext 52330) and Ouellette (ext 33023) Advance Sales Only

Deadline to purchase tickets: Nov 30, 2018

Gifts will be given out by age - youngest to oldest - sorry, no exceptions



HOLIDAY SOCIAL **TUESDAY, DECEMBER 11** ALL EMPLOYEES, PROFESSIONAL STAFF & VOLUNTEERS

Windsor Regional Hospital will be holding a Holiday Social with sandwiches, vegetables, coffee and tea in exchange for a small \$2.00 donation. Proceeds will benefit the Downtown Mission, which provides emergency shelter, a hot meal or other basic necessities.

SANDWICHES • VEGGIES & DIP • COFFEE/TEA

11PM - 1AM

2PM - 4PM MET CAMPUS (Administration Conference Room #1)

> OUELLETTE CAMPUS (Essex Room)

MET CAMPUS (Lobby Level) **OUELLETTE CAMPUS** (Mezzanine)

BELL BUILDING, WFCU & LEAMINGTON (special delivery times)

#RECIPEOFTHEWEEK

Make Ahead So-Easy Stuffing-Egg Bake

Makes 6 servings / Preparation: 10 min Cooking: 75 min

INGREDIENTS

- 1 tsp. oil
- 2 cups sliced fresh mushrooms
- 6 eggs
- 1/4 cup Miracle Whip
- 3/4 cup milk
- 1 pkg. (120 g) Stuffing Mix
- 1 tomato, thinly sliced 1 green onion, sliced - 1/2 cup Shredded Mozza-Cheddar Cheese

DIRECTIONS

Write to

Santa

Decorate

a

Cookie

Create a

keepsake

Heat oil in medium skillet on medium-high heat. Add mushrooms; cook 4 min. or until tender, stirring occasionally. Beat eggs, Miracle Whip and milk in large bowl with whisk until well blended. Stir in stuffing mix. Spoon into 9-inch square baking dish sprayed with cooking spray; top with mushrooms, tomatoes and onions. Cover with plastic wrap; freeze until solid. Wrap in foil. Freeze up to 3 months. Heat oven to 350°F. Remove foil and plastic wrap. Discard plastic wrap. Re-cover dish with foil. Bake 1 hour. Remove foil; top with cheese. Bake, uncovered, 15 min. or until centre is set.

NUTRIENTS Per Serving (1/6 of Recipe)

Calories: 230; Protein: 12g; Total Fat: 11g; Carbohydrates: 20g; Sugar 5g; Fibre 1g; Sodium 520mg

GIFT SHOP - HOLIDAY HOURS & SPECIALS

Met Campus Gift Shop December 16 to 23 - 25% off selected items.

Holiday Hours:

December 24: 12:00PM - 4:00PM December 25: Closed December 26: Closed December 27: Open December 28: 8:30AM – 7:00PM December 29: 8:30AM - 7:00PM December 30: 8:30AM - 7:00PM December 31: 8:30AM - 4:00PM January 1: Closed January 2: 8:30AM – 7:00PM January 3: 8:30AM – 7:00PM January 4: 8:30AM – 7:00PM

Ouellette Campus Gift Shop December 17 to 23 – 40% off Christmas items.

Holiday Hours:

December 24: 12:00PM - 4:00PM December 25: Closed December 26: Closed December 27: 12:00PM - 4:00PM December 28: 12:00PM - 4:00PM December 29: 12:00PM - 4:00PM December 30: 12:00PM - 4:00PM December 31: 12:00PM - 4:00PM January 1: Closed January 2: 12:00PM - 4:00PM January 3: 12:00PM - 4:00PM January 4: 12:00PM - 4:00PM

VENDORS ON DISPLAY December 10-14, 2018

Met Campus: Funky Living, Unique Books, Custom Essentials, Edgukids, A touch of Swede, Freak Parade, Express Uniforms, Those Shortbread, Just Jewellery

Ouellette Campus: Magnolia & Vine, Freak Parade, Little Red Door, Sweetlegs, A touch of Swede, Funky Living, Stuff n' Bears, Home Instead

Please note: Vendors subject to change.