



FRONTLINE JANUARY 29, 2018 TRIBUNE

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COMPASSION is our
PASSION



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital
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We Are #1

The Windsor Regional Cancer Program took the # 1 spot in all of Ontario recently from a performance perspective. Cancer Care Ontario measures performance with a variety of metrics across many programs including wait times, access to service, screening and pathology. These indicators are then measured against the 14 other cancer services within the Local Health Integration Networks in the Province.

Monica Staley Liang, Regional Vice President, Cancer Services; Renal, Patient Relations and Legal Affairs stated, "I take this time to thank each and every one of you for your commitment, hard work, compassion and spirit of team work. We are # 1 in the Province for this quarter and it has taken a lot of dedication and true love of doing what is right that helped us achieve the #1 spot. Our patients, their families and our communities in Erie St. Clair can be assured that they have the best of the best taking care of them.



Congratulations to the WRH Cancer Program!

WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

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WRH Seeks To Educate On Feb. 1st - World Hijab Day

WRH's Diversity Committee is proud to announce that on February 1st, 2018, we will be participating in World Hijab Day (WHD). This is the annual event in its sixth year that is recognized at workplaces around the world.

It's important to be clear about what WHD is all about – and why it is important for us to improve understanding about the Hijab head covering, within our workplace to support members of our team who wear the Hijab themselves, and in serving our diverse community of patients.

According to WorldHijabDay.com, the overall mission of WHD is to create a more peaceful world where global citizens respect each other.

The brainchild of this movement is a New York resident, Nazma Khan, who came up with the idea as a means to foster religious tolerance and understanding by inviting women (non-Hijabi Muslims/non-Muslims) to experience the hijab for one day.

For many people, the Hijab is a symbol of oppression and segregation. By opening up new pathways to understanding, Nazma hopes to counteract some of the controversies surrounding why Muslim women choose to wear the hijab.

Story continues on Page 4.

Visit our website for more information at www.wrh.on.ca



UPCOMING EVENTS

FEB 03 **In Honour Of The One We Love Gala**
Ciociaro Club
3745 North Talbot Road, Windsor

FEB 09 **W.E. Care For Kids Under The Big Top Gala**
Caboto Club
2175 Parent Avenue, Windsor

FEB 22 **Windsor Spitfire Game For Hats On For Healthcare**
WFCU Centre
8787 McHugh Street, Windsor

MAR 03 **Windsor Express Game For Hats On For Healthcare**
WFCU Centre
8787 McHugh Street, Windsor

MAR 07 **Hats On For Healthcare Day**
www.hatsonforhealthcare.com

MAR 07 **WRH Charity Pasta Night**
Riverside Sportmen Club
10835 Riverside Drive East, Windsor

MAR 08 **International Women's Day**
Ciociaro Club
3745 North Talbot Road, Windsor

MAR 14 **WRH Charity Pasta Night**
Riverside Sportmen Club
10835 Riverside Drive East, Windsor

MAR 21 **WRH Charity Pasta Night**
Riverside Sportmen Club
10835 Riverside Drive East, Windsor

MAR 28 **St. Clair College Pizza Luncheon**
St. Clair Centre For The Arts
201 Riverside Drive West, Windsor

MAR 28 **WRH Charity Pasta Night**
Riverside Sportmen Club
10835 Riverside Drive East, Windsor



Any instrument that comes in contact with mucous membranes or non-intact skin requires high level disinfection at a minimum.

Hats Off To Hats On!

The Annual Hats On For Healthcare kicked off its media event with a parade of hats worn by a variety of individuals from the region. This year's host was the Town of LaSalle Civic Centre with its beautiful lobby as a backdrop.

Always a fun event, it is impressive to note that over the last 9 years that the Hats On For Healthcare fundraiser has occurred, up to \$250,000 has been raised for programs and services at Windsor Regional Hospital.

This year specifically, the Neonatal Intensive Care Unit (NICU) was chosen. Its history under the direction of Medical Director, Dr. Godfrey Bachevie is impressive. Opening in 1982 at the former Grace Site and caring for 250 infants that first year, now, the NICU cares for over 800 infants annually. The Regional Modified Level III Unit is designed to take care of newborns with selected high risk issues requiring intensive monitoring and observation for weeks and months at a time.

The Hats On For Healthcare kick off saw judges, Mayor Ken Antaya, Elaine Chatwood from St. Clair College's Design Program and WE Tech Alliance's Yvon Pilon select three winners with the best hats who received gift certificates for participating.



The great news this year is that already, many businesses, schools and organizations have signed up to participate. It's so easy to participate! For a 'toonie', you have the privilege of wearing a funny, colorful hat on March 7, 2018, the official Hats On For Healthcare Day. For information and a start-up kit, go to www.hatsonforhealthcare.com

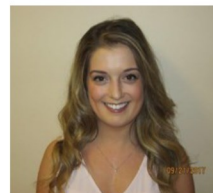
WRH Threepeat!

Most Canadians who access health services receive safe care. However, sometimes there are adverse effects to receiving care, unintended harm associated with the delivery of care that can result in prolonged hospital stay, disability or death. For the third time in two months, Windsor Regional Hospital has achieved a "0" Harm Index. A Zero Harm index measures a number of preventable harm that occur in hospitals such as falls, health-acquired infections and irreplaceable lab specimens.

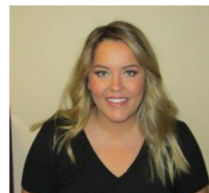
This remarkable achievement occurred in December 2017 at the Met Campus, again the first week of January at the Ouellette Campus and once again at the Met Campus the second week of January 2018. All those involved in patient care at every level should be proud of this achievement.



INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Kristina Greco
UNIT CLERK
DAY SURGERY



Kylie Froese
REGISTERED NURSE
MEDICINE



Sarah Tofflemire
REGISTERED NURSE
RENAL DIALYSIS



Sagal Guled
OUELLETTE DISCHARGE
VOLUNTEER SERVICES

Get your "Hats On" and make a difference for healthcare in your community!



HATS ON FOR HEALTHCARE WEDNESDAY, MARCH 7, 2018

2018 CAMPAIGN SUPPORTING THE NEONATAL INTENSIVE CARE UNIT (NICU)
AT WINDSOR REGIONAL HOSPITAL

The 9th Annual "Hats On For Healthcare" is a fundraising initiative supporting Windsor Regional Hospital.

Participating individuals and organizations, together with their employees, members and clients are invited to put on their unique and creative head attire, make a donation and take part in many entertaining activities to help raise funds for the Neonatal Intensive Care Unit (NICU) at Windsor Regional Hospital.

Participating in the 2018 "Hats On For Healthcare" is a great way to show the community that you and your employees care about healthcare in Windsor-Essex.

www.hatsonforhealthcare.com

Stepping Up At The Vertical Climb

The Europro Vertical Climb fundraiser was held on January 21, 2018 and those who braved the 13 floor stairway got what they came out for, a good workout and feeling good about supporting Windsor Regional Hospital's Neurosciences Program.

Vertical Climb is for a selected few who brave the challenge of running or walking several loops of the 13 floors within the downtown FCA Chrysler Facility. Sponsored in part by Greg Monforton & Partners Injury Lawyers and Sabga Physiotherapy, the event is unique and somewhat different from the season runs/walks that occur.

Actually achieving 7 rounds of the stairs is equal to completing the CN Tower in Toronto. For those who might have achieved up to 12 rounds, they can boast of equaling the climb of Dubai's Burj Khalifa, the tallest building in the world.

The Neurosciences Program at the Ouellette Campus provides care for complex spine injuries for trauma, cancer and degenerative diseases. Part of the Level 1 Trauma Service includes patients being treated for brain injuries and strokes.



SAVE THE DATE

UNDER THE BIG TOP

KIDS GALA

WE CARE FOR KIDS

CALL TODAY FOR THIS SELL OUT EVENT
~Sponsorship packages and tickets released Nov 20th, 2017~

FRIDAY FEBRUARY 9, 2018

WE CARE FOR KIDS Office: 519-985-2608 | Email: Ashley.Weeres@wrh.on.ca

CABOTO CLUB WINDSOR

ACT QUICKLY, PURCHASE YOUR **EARLYBIRD TICKETS!**

VENDORS ON DISPLAY

JAN. 29 - FEB. 2, 2018

Met Campus: Kidbits; Mary Christine Smith Teas, Diane's Gifts, Just Jewellery, Coconut Oil of Canada

Ouellette Campus: Kidbits, Red Diamond Nuts.

*Please note: Vendors subject to change.



February 1, 2018

World Hijab Day

A WRH Diversity Committee Event

An open invitation to both Muslims & Non-Muslims
to try on a hijab
#stronginhijab

Ouellette Vendor Kiosk 11:00 - 1:00

Met Vendor Hall 2:00 - 4:00

Meet a World Hijab Day Ambassador

Visit an information booth

Try on a hijab

Taste some middle eastern sweets



**COMPASSION is our
PASSION**



RECIPE OF THE WEEK

Baked Oatmeal with Apples, Raisins and Walnuts

Makes 6 servings / Prep Time: 10 min / Cooking Time: 40 min

INGREDIENTS

- 2 cups old-fashioned rolled oats (not instant)
- 3/4 cup light brown sugar
- 1 cup walnuts or pecans, divided
- 1/2 cup raisins
- 1 teaspoon baking powder
- 2 teaspoons cinnamon
- 1/2 teaspoon salt
- 2 large eggs
- 2 cups milk
- 1 teaspoon vanilla extract
- 4 tablespoons unsalted butter, melted
(plus more for greasing the dish)
- 2 cups tart sweet baking apples, such as Honey Crisp, peeled and cut into 1/2-inch chunks



DIRECTIONS

Preheat the oven to 325°F. Grease an 8 or 9-inch baking dish with butter. In a medium bowl, combine the oats, brown sugar, 1/2 cup of the nuts, raisins, baking powder, cinnamon and salt. Mix well. In another bowl, break up the eggs with a whisk; then whisk in the milk and vanilla until well combined. Add the milk mixture to the oat mixture, along with the melted butter. Scatter the apples evenly on the bottom of the prepared baking dish. Pour the oatmeal mixture over top and spread evenly. Sprinkle remaining 1/2 cup nuts on top. Bake for 40-45 minutes, until the top is golden and the oats are set. Serve warm or at room temperature.

NUTRIENTS Per Serving :

Calories: 411, Protein: 10g, Total Fat: 17 g, Carbohydrates: 60g, Sugar 36g, Fibre 5g, Sodium 322mg.

WRH Seeks To Educate on Feb. 1st cont'd

Canada is a multicultural nation. WHD has thousands of volunteers worldwide and 70+ WHD Ambassadors from over 45 countries. WHD Ambassadors come from all walks of life from a high school student to a Congresswoman in the Philippines. Last year alone, 150 countries partook in WHD. In addition to that, WHD has been endorsed by many world renowned individuals including scholars, politicians, and celebrities worldwide.

WRH is a reflection of the world in our place of employment. At WRH, the Diversity Committee is planning to host World Hijab Day booths at each campus for February 1st. The booths will explain why the Hijab is worn and in what regions of the world. We encourage anyone who visits the booths to learn about the Hijab, try one on and share in the experience.

We hope that WRH employees, volunteers and professional staff, as well as our hospital guests, take the time to stop by these booths at either campus. We believe that understanding our different cultures will assist us in our mission of Compassion is our Passion.

The committee is looking forward to sharing different cultures in May through our Diversity Fair. Stay tuned for more information.



FREE COMMUNITY FORUM

"NOT MY KID"

ADOLESCENTS & ADDICTIONS

Attention Windsor-Essex: This forum has been organized to increase awareness and share information on prevention, support, and treatment of addictions in our community.

530pm-930pm	Community Booths
6pm-9pm	Information Sessions
5pm/730pm/9pm	Naloxone Training

THURSDAY, FEBRUARY 1, 2018
CABOTO CLUB
2075 PARENT AVE
WINDSOR, ON,

Pre-registration not required but available at:
www.notmykid2018.eventbrite.com

For more info, contact WECHC 519-258-6002 x 501



Windsor Essex Community Health Centre
Centre de santé communautaire de Windsor Essex

