



FRONTLINE TRIBUNE

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COMPASSION is our **PASSION**



The **FRONTLINE TRIBUNE** is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital
Met Campus-1995 Lens Avenue, Windsor, N8W 1L9 / Ouellette Campus-1030 Ouellette Avenue, Windsor, N9A 1E1

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WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

To contribute a news tip, story or advertisement in the next issue, please email us at: frontlinetribune@wrh.on.ca

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Got a news story, contest or announcement that you would like to be considered for posting in the next issue of the newsletter?

Send it to us today!!!!

Local Plan For Future Unveiled

It was an historic day on July 16th for the future of health care in Windsor-Essex, with the unveiling of a multi-layered plan to redesign hospital service delivery in our community for generations to come.

Media and community leaders were taken on a bus trip for a close-up look at the future of our hospital system, including:

- The proposed site for a new state-of-the-art acute care hospital on the southeast corner of Highway 42 and Concession Road 9;
- The rebirth of the former Grace Hospital site, with a proposed Urgent Care Centre operated by WRH Emergency Room staff;
- An expansion of Hotel-Dieu Grace Healthcare's Tayfour campus to accommodate the transfer of acute mental health beds and the addition of dialysis and diagnostic imaging;
- The return to the Ouellette site by HDGH, where most of the current facility will be torn down to accommodate a new "community hub" for mental health and other services for the downtown population; and
- A plan to turn over the Met campus to the City of Windsor, with buildings demolished to make room for future opportunities such as commercial and residential development;

"The goal of the entire project is to create a seamless, integrated and accessible healthcare system for Windsor-Essex," said Steering Committee Co-Chair Dave Cooke.

The proposal follows many months of discussion by the Steering Committee overseeing the planning process, and by the Site Selection Committee made up of 10 community members specifically tasked with selecting one site for a new hospital out of more than 20 submissions. We have been told that the process to select a site was unlike any other process used before in Ontario. Experts involved in site selection for hospitals across North America have referred to the process as "brave" because it attempts to include the community at every step. **Cont'd page 2.**



PHOTO'S ABOVE:
Left: WRH CEO, David Musyj speaks to the media and guests at the historic Grace sight on University Avenue West.
Right: David Musyj, WRH CEO and Mayor Drew Dilkens with the O'Keefe family.

Get Connected with Windsor Regional Hospital!

www.wrh.on.ca / www.facebook.com/WindsorRegionalHospital / @WRHospital

UPCOMING EVENTS

- JUL 26** **Running From Cancer**
Time: 7:00am
Tecumseh Arena
12021 McNorton, Tecumseh
- AUG 15** **Peddling For A Purpose Glow Ride**
Time: 9:15pm
Riverside Sportmen's Club
10835 Riverside Drive East, Windsor
- AUG 28** **Back From Africa**
Time: 6:30pm
Fogolar Furlan Club
1800 North Service Road, Windsor
- SEP 23** **Infectious Disease Conference**
Time: 9:00am
Giovanni Caboto Club
2175 Parent Avenue, Windsor
- OCT 29** **Do Good Dives Gala
A Night Out In Handbag Heaven**
Ciociaro Club of Windsor
3745 North Talbot Road, Windsor
- JAN 23** **DREAMCLIMB**
Chrysler Building, Downtown
One Riverside Drive West, Windsor
- JAN 24** **DREAMCLIMB**
Chrysler Building, Downtown
One Riverside Drive West, Windsor
- MAR 02** **Hats On For Healthcare Day**
Various Locations
Windsor-Essex



Educational pamphlets are available for patients, families, and visitors about hand hygiene and cough etiquette, and additional precautions.

Local Plan For Future Unveiled cont'd...

The site, which will be the new workplace for thousands of WRH employees, will be a 10-storey, 1.6-million square foot facility. It will modernize the way we deliver health care in Windsor-Essex, with 80 per cent private rooms and many state-of-the-art features that improve the patient experience and make it easier for staff to do their jobs.

Another WRH site will be at the old Grace site, where the Urgent Care Centre (UCC) is envisioned as a four-storey, 80,000-square-foot facility that will meet the needs of patients with less serious issues who do not require all of the resources of an Emergency Department (ED). This model has been used in other jurisdictions to reduce ED wait times. Also at the UCC will be diagnostics such as a CT Scanner, plus chronic disease management, laboratory and pharmacy services.

"We are so excited to be part of something positive ...something that will change this community again – and bring it back to its roots in healthcare," said WRH President and CEO and Steering Committee Co-Chair David Musyj.

At the Tayfour Campus, HDGH will continue to deliver its current core services with several additions: construction of a new 60-bed acute mental health wing; development of a satellite dialysis location; and expanded diagnostic imaging services.

"It brings care closer to home for many of our community members and with the geography of the new acute care site, comprehensive care in the West end is required," said HDGH CEO Janice Kaffer.

The plan for Ouellette campus sees HDGH return to a redeveloped site to support outpatient mental health services currently offered at this site and the HDGH Transitional Stability Centre, as well as Chronic Disease Management and the opportunity for partnerships at a "community hub."

Also, a clean transfer of the Met Campus to the City will allow the municipality to control any future development at the site. Future development would "respect the characteristics of this vibrant and well-established, residential neighbourhood and commercial corridor," Mayor Drew Dilkens said.

It's important to keep in mind that the proposals announced last week require review and approval by the Ministry of Health and Long-Term Care. We are optimistic about this plan and will continue to work with the Ministry and the Erie-St. Clair Local Health Integration Network to make this project a reality.



PHOTO'S ABOVE:
HDGH CEO, Janice Kaffer speaks to media and guests.



PHOTO'S ABOVE:
Mayor Drew Dilkens speaks to media and guests

INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Monique Beausoleil
REGISTERED NURSE
EMERGENCY



Dawn Bougher
REGISTERED PRAC. NURSE
2 NORTH



Jennifer Horne
LAB TECHNOLOGIST
LABORATORY



Stephanie Strickland
LAB TECHNOLOGIST
LABORATORY

What Happens Next

The plan we have submitted to the province is now waiting for their review and approval. If and when they move the project to "Stage 2" – what's known as "Functional Programming" – it will be a matter of when, not "if," the new hospital will be built. We hope to receive approval to move to Stage 2 some time in calendar year 2016.

Keep in mind that even with approval next year to move to the next stage, we will have to complete five stages before a new hospital could open. Media have asked what the earliest year would be for a new hospital opening and we have indicated 2022 at the earliest. The new Urgent Care Centre would ideally be operational before the opening of the new acute care hospital.

In the meantime, as our work continues and we explain the plan to the community and secure financial requirements, we hope that you will support this ambitious initiative and speak proudly of it with your colleagues, your family, your neighbours and your friends. As a community, we need to be united in order to encourage government to support these transformational investments in our health care system.

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STANDARDS, WITH THE CAPACITY
TO SERVE THIS COMMUNITY FOR
GENERATIONS TO COME.

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Need More Information?

Looking for more details?

WRH and HDGH will co-host a **Town Hall** meeting for staff on Tuesday, July 21st at 2 pm teleconferenced between the three campuses. You can attend at one of the following locations:

- WRH – Met Campus – Auditorium both sides
- WRH – Ouellette Campus – Windsor Room
- HDGH – Tayfour Campus – Chrysler Room

The Town Hall meeting will be recorded for those who cannot attend live.

You can also go to www.windsorhospitals.ca for all of the updated information, including:

- Links to each part of the proposed system;
- A video presentation of the official July 16 announcement featuring Steering Committee co-chairs David Musyj and Dave Cooke, HDGH CEO Janice Kaffer, WRH Board Chair and Site Selection Committee Chair Bob Renaud, Windsor Mayor Drew Dilkens and Essex County Warden Tom Bain; and
- Click on the "Media Coverage" link on the left side of the page to see the top recent news items on the project.

Chocolate Banana Strudel

Makes 8 servings

Per serving: 182 calories, 8 g total fat (1 g saturated fat), 28 g carbohydrate, 3 g protein, 3 g dietary fiber, 42 mg sodium.


INGREDIENTS:

- Cooking spray
- 8 (9" x 14") sheets phyllo pastry*
- 2 Tbsp. canola oil
- 8 Tbsp. whole-wheat panko
- 3 oz. dark chocolate, finely chopped
- 4 just-ripe large bananas, peeled & halved
- 1 large egg, beaten with 1 tsp. water
- 8 large fresh strawberries




DIRECTIONS:

Preheat oven to 400 degrees. Coat baking sheet with cooking spray and set aside. Place a sheet of phyllo with narrow end toward you. Brush it lightly with oil. Sprinkle 1 tablespoon panko over phyllo. Set a banana half 2 inches above bottom of phyllo. Sprinkle 1 tablespoon chocolate over and around banana. Lifting bottom edge of phyllo up over banana, roll it over, covering banana. Fold in sides, then finish rolling banana in phyllo. Transfer phyllo roll to prepared baking sheet. Repeat, wrapping remaining banana halves. Brush top, sides and ends of phyllo rolls liberally with beaten egg. Using small, sharp knife, make 2 diagonal slits in phyllo to let steam escape. Discard remaining egg. Bake phyllo rolls for 12 minutes, or until golden brown. Cool baked phyllo rolls on baking sheet for 20 minutes. Meanwhile, cut bottom tip off each strawberry. Placing strawberry with bottom toward you and rotating blade of a sharp knife at 45-degrees, make 4 or 5 vertical cuts from base to near top, just below hull. Gently press on strawberry to fan out slices. To serve, transfer warm phyllo rolls to individual dessert plates. Sprinkle 1 teaspoon grated chocolate over each roll. Place a fanned strawberry on plate, and serve. *If you can find only 13" x 18" sheets, cut in half to make 13" by 9" sheets.



WHO WANTS TO LOSE 10-20LBS IN 28 DAYS?



(WHILE EATING GREAT FOODS AND NOT FEELING HUNGRY)

WRH has received special permission to run a weight loss and healthy eating program called *The TakeDown Challenge*

Orientation meetings: Tuesday, July 14th (Ouellette, Board Room) or Wednesday, July 15th (Met, Clinical Education Classroom) at 7pm

Program begins: Friday, July 17th

Why take the TakeDown Challenge?

1. The program has been tested and proven to work in 28 days and most people stick with the program when it is done because they love it.
2. The program has delivered amazing results.
3. The program is individualized for each person based on their unique needs. Works for Vegans and Diabetics.
4. The program includes a wide range of recipes that taste great.
5. The program is easy to follow for people that are not gourmet chefs and have a busy lifestyle.


How does it work?
Each week you will come in for a weigh in have your food journal checked. At these appointments, you will also get your new batch of weekly meals. Nutrition coaches will be available to help you during the 4 weeks via email, phone or in person. You will also be able to attend 3 exercise sessions at Refine Fitness Studio.

ONLY \$129 + tax

CONTACT Laura Carcelen at 52330 or Danielle Spidaleri at 33023 with questions. THE DEADLINE TO REGISTER IS FRIDAY, July 10th AT 12PM

IF YOU HAVE ANY QUESTIONS about the program itself, CONTACT MIKE BATES AT 519-254-9400 OR MIKE@REFINEFITNESS.CA

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\$5 PER TICKET

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Foundation Office, Met Campus
Foundation Office, Ouellette Campus



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WeCare Pharmacy is a full service pharmacy at the Ouellette Campus of Windsor Regional Hospital and provides outstanding service to hospital patients, employees, volunteers, professional staff and our community.

WeCare Pharmacy - Windsor Regional Hospital
1030 Ouellette Avenue, Windsor, Ontario, N9A 1E1

Monday to Friday / 9:00am - 5:00pm
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Beth Daly
Featured Speaker
Neurosciences Patient



KiliKlimb 2015
IN SUPPORT OF WINDSOR/ESSEX HOSPITALS FOUNDATION

www.kiliklimb2015.ca



Welcome Back
to our 2015 KiliKlimb Team

BACK FROM AFRICA

WELCOME BACK OUR KILIKLIMB 2015 TEAM

FRIDAY, AUGUST 28, 2015

TIME: 6:30PM

FOGOLAR FURLAN CLUB (Windsor Room)
1800 NORTH SERVICE RD, WINDSOR

CASH BAR - DINNER

SILENT AUCTION FEATURING SPECIAL TANZANIAN ITEMS

Experience Mount Kilimanjaro through the eyes of our team during a special video presentation

TICKETS - \$35 EACH

RESERVED TABLES OF (10) \$350.00

Tickets available at the Windsor/Essex Hospitals Foundation office at the Met Campus 519-985-2656 or Ouellette Campus at 519-973-4433

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10th Annual running from CANCER

Sunday July 26th/15

WHERE:
Tecumseh Arena
12021 McNorton

TIME:
Late Registration
05:30am - 07:45am
Pre Race Instructions
06:45am & 07:45am

Half Marathon → 07:00am
5k & 10k Start → 08:00am
Disney Dash & 1k → 09:00am
Awards → 09:30

Proceeds benefit:



Windsor & Essex County
Cancer Centre Foundation
...supporting our Cancer Centre

www.runningfromcancer.com
For further information contact (519) 735-4742