



FRONTLINE TRIBUNE

JULY 27, 2015

VOLUME 3 / EDITION 30



COMPASSION is our
PASSION



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital
Met Campus-1995 Lens Avenue, Windsor, N8W 1L9 / Ouellette Campus-1030 Ouellette Avenue, Windsor, N9A 1E1

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WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

To contribute a news tip, story or advertisement in the next issue, please email us at:
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Got a news story, contest or announcement that you would like to be considered for posting in the next issue of the newsletter?

Send it to us today!!!!

Windsor Comicon Supports WRH

Want to meet celebrities from some of your favourite shows ... or the creative minds behind some of your favourite comics ... and help raise funds for WRH at the same time?

Windsor ComiCon is coming to Caesars Windsor on the weekend of August 15th (10 am to 7 pm) and August 16th (10 am to 5 pm)! A portion of all ticket sales using the promo code **G400DJKL** will support the Windsor/Essex Hospitals Foundation.

Some of the guests at the show include:

- Michael Cudlitz and Alanna Masterson, who play Abraham and Tara on "The Walking Dead"
- Ryan Hurst, who played Harry 'Opie' Winston on "Sons of Anarchy"
- Giancarlo Esposito, who played Gustavo 'Gus' Fring on "Breaking Bad"
- Sean Pertwee, who plays Alfred on "Gotham"
- Marina Sirtis, who played Deanna Troi on "Star Trek: The Next Generation"
- Ray Park, who played Darth Maul on "Star Wars: Episode 1 - The Phantom Menace"
- George Wendt, who played the iconic character of Norm on "Cheers"
- Don't forget to get a photo with the 1966 Batmobile!

Also, tickets can also be purchased for "An Evening With Kevin Smith," featuring the writer, comedian and film director behind such films as Clerks, Mallrats, Chasing Amy and Dogma and creator of the TV show "Comic Book Men."

Tickets are available by going to www.windsorcomicon.com - there are a number of prices and options depending on whether you are planning to visit for one day, both days, and whether you want to schedule a time to meet some of the celebrities attending the show. Kids under 12 get in FREE with a paid adult!

So if you are planning to attend Windsor ComiCon, please use the promo code: **G400DJKL** to help support WRH at the same time!



Get Connected with Windsor Regional Hospital!

www.wrh.on.ca / [@WRHospital](http://www.facebook.com/WindsorRegionalHospital)

UPCOMING EVENTS

AUG 15 **Peddling For A Purpose Glow Ride**
 Time: 9:15pm
 Riverside Sportmen's Club
 10835 Riverside Drive East, Windsor

AUG 28 **Back From Africa**
 Time: 6:30pm
 Fogolar Furlan Club
 1800 North Service Road, Windsor

SEP 23 **Infectious Disease Conference**
 Time: 9:00am
 Giovanni Caboto Club
 2175 Parent Avenue, Windsor

OCT 29 **Do Good Dives Gala**
A Night Out In Handbag Heaven
 Ciociaro Club of Windsor
 3745 North Talbot Road, Windsor

JAN 23 **DREAMCLIMB**
 Chrysler Building, Downtown
 One Riverside Drive West, Windsor

JAN 24 **DREAMCLIMB**
 Chrysler Building, Downtown
 One Riverside Drive West, Windsor

MAR 02 **Hats On For Healthcare Day**
 Various Locations
 Windsor-Essex



WRH screens all patients on presentation to determine whether additional precautions are required based on the risk of infection. The screening is completed on the Infection Control Risk Assessment Tool.

Food Service Improvements And Summer Food Truck Festival

Retail Food Services at the Ouellette Campus will be undergoing changes this summer.

CrossRoads Café has closed to make way for the installation of a Tim Hortons kiosk. The kiosk is slated to open on August 7th, 2015.

During renovations, the hours of the cafeteria will be extended and are as follows:

Monday – Friday	7:00am - 8:00pm
Saturdays, Sundays and Holidays	8:00am - 7:00pm

*Please note that the Windsor Star will be available in the cafeteria (as well as the Ouellette Campus Gift Shop).

On Monday, August 3, 2015, the Ouellette Campus Cafeteria will close for further renovations. This will make way for the new Armando's at Ouellette service.

While the cafeteria is being renovated (Tuesday, August 4 to Sunday, August 16, 2015), a food truck with a variety of options and picnic tables will be located on the Ouellette/Erie lawn.

The hours will be:
 Monday – Friday 10:30 am – 7:00pm
 Weekends: 11:00 am – 5:00pm

Monday, August 17, 2015 – Armando's at the Ouellette Campus will open in the current cafeteria location – watch for new extended hours!

We thank everyone for their patience and understanding while these improvements take place.



Stay Connected With Us!

[facebook.com/WindsorRegionalHospital](https://www.facebook.com/WindsorRegionalHospital)
twitter.com/WRHospital

INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Edward Cerilli
 MRI TECHNOLOGIST
 DIAGNOSTIC SERVICES



Jessica Gabrieau
 REGISTERED NURSE
 SURGICAL UNIT



Tiffany Hodges
 REGISTERED NURSE
 EMERGENCY



Samantha Postma
 ADMITTING CLERK
 ADMITTING

You've Got Mail

Do you have a 'wrh.on.ca' email address but cannot access that email from home or your iphone, android or blackberry?

Increasingly, email is a key activity for communications in organizations. Windsor Regional Hospital is pleased to announce that email access will soon be available to all WRH staff including employees and professional staff remotely!

This means that all staff will have the ability to access their email from home or from a smart phone at any time, 24 hours a day, 7 days a week at their convenience. Stay tuned for more information soon!



2015 W.E. CARE FOR KIDS

RAFFLE

AUGUST 14 2015 AT 12:00 P.M.

WIN AN *All Inclusive* TRIP FOR 2 TO THE
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www.wecareforkids.org

Tickets available at:
Foundation Office, Met Campus;
Foundation Office, Ouellette Campus;



WPARA Printing Courtesy of Windsor Professional Auto Repair Association

Kalahari RESORTS & CONVENTIONS

WINDSOR REGIONAL HOSPITAL SPECIAL

	JULY 31	AUGUST 1	AUGUST 2 - 4
HUT OR DESERT ROOM	\$209	\$209	\$159
NOMAD ROOM	\$229	\$229	\$179
AFRICAN QUEEN SUITE	\$399	\$399	\$299
COMBINATION SUITE	\$479	\$479	\$349

Join us at Kalahari Waterpark Resort in Sandusky, Ohio for a special family getaway weekend! All standard reservations include waterpark passes for each registered guest. Start your registration by calling 877.525.2427 and mention Booking Code 23651.

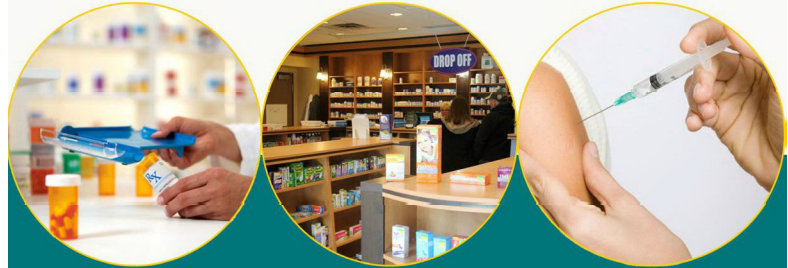
ALL GUESTS RESPONSIBLE FOR ALL APPLICABLE TAXES. RESORT FEE \$14.99 PER ROOM. *NO SATURDAY ONLY STAY. BASED ON AVAILABILITY ON THE 2015 DATES LISTED ABOVE.

KALAHARIRESORTS.COM / 1-877-KALAHARI / SANDUSKY, OHIO
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WeCare PHARMACY

WINDSOR REGIONAL HOSPITAL

1030 OUELLETTE AVE., WINDSOR, ON. 519-255-2181



WeCare Pharmacy is a full service pharmacy at the Ouellette Campus of Windsor Regional Hospital and provides outstanding service to hospital patients, employees, volunteers, professional staff and our community.

WeCare Pharmacy - Windsor Regional Hospital
1030 Ouellette Avenue, Windsor, Ontario, N9A 1E1

Monday to Friday / 9:00am - 5:00pm
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* Free parking in Parking Garage when you fill your prescription

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Healthy Living Recipe: Lime Pork Tenderloin

Makes 6 servings.

Per serving: 185 calories, 8 g total fat (2 g saturated fat), 2 g carbohydrate, 24 g protein, 0 g dietary fiber, 90 mg sodium.

- 4 large cloves garlic, minced
- 3 Tbsp. fresh lime juice
- 2 Tbsp. extra virgin olive oil, divided
- 1 tsp. unsulphured blackstrap molasses
- 1 tsp. low-sodium soy sauce
- 1/2 tsp. chili powder, or to taste
- Salt and freshly ground pepper, to taste
- 1 1/2 lb. pork tenderloin
- 1 small red apple, optional for garnish

Preheat oven to 375 degrees.

In large mixing bowl combine garlic, lime juice, 1 tablespoon oil, molasses, soy sauce, chili powder, salt and pepper. Place tenderloin in bowl, turning to completely coat with marinade.

Heat large ovenproof pan or cast iron skillet over high heat. Add remaining oil. When oil is hot, use tongs to place meat in skillet, being careful to avoid splatter. Turn tenderloin every 2-3 minutes for even searing to seal in juices.

Remove pan from burner. Pour remaining marinade over meat and brush to coat well. Add 3 tablespoons water to bottom of skillet, not on tenderloin.

Place pan in oven. Cook approximately 30 minutes or until a meat thermometer inserted into center reads 145 degrees. Remove skillet from oven and allow tenderloin to rest for 5 minutes before slicing.

Cut tenderloin diagonally in 1/4-1/2 inch slices. Arrange slices on plate, garnish with apple slices, and drizzle with remaining juice from pan. For garnish, if using, cut apple in thin slices.



Beth Daly
Featured Speaker
Neurosciences Patient



KiliKlimb 2015
IN SUPPORT OF WINDSOR/ESSEX
HOSPITALS FOUNDATION

www.kiliklimb2015.ca



Welcome Back
to our 2015 KiliKlimb Team

BACK FROM AFRICA

WELCOME BACK OUR KILIKLIMB 2015 TEAM

FRIDAY, AUGUST 28, 2015
TIME: 6:30PM

FOGOLAR FURLAN CLUB (Windsor Room)
1800 NORTH SERVICE RD, WINDSOR

CASH BAR ■ DINNER

SILENT AUCTION FEATURING SPECIAL TANZANIAN ITEMS

Experience Mount Kilimanjaro through the eyes of our team during a special video presentation

TICKETS - \$35 EACH

RESERVED TABLES OF (10) \$350.00

Tickets available at the Windsor/Essex Hospitals Foundation office at the
Met Campus 519-985-2656 or Ouellette Campus at 519-973-4433

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