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TRIBUNE

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COMPASSION is our
PASSION



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital
Met Campus-1995 Lens Avenue, Windsor, N8W 1L9 / Ouellette Campus-1030 Ouellette Avenue, Windsor, N9A 1E1

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2015 Family Giving Campaign



The Windsor Regional Hospital Family Giving Campaign kicks off on Monday, October 26th. Thanks to so many staff, physicians and volunteers who, over the last seven (7) years, have assisted to raise well over \$500,000. Our thanks also to Dayna Roberts, SOP Coordinator, for stepping forward as the 2015 Chair of the Family Giving Campaign. Please refer to the launch flyer on the back page of this newsletter for launch times and locations.

Now, we head into our eighth (8) year and provide an opportunity to each of you to support your own program or service that you work in every day.

There are up to 24 prizes that will be awarded throughout the campaign. Simply complete your donation form by November 2 and return it to the Foundation Office at either Ouellette or Met Campus (by hand delivery, interoffice mail or on the Intranet by clicking 'Giving Starts From Within'. By doing so by November 2, you qualify and are entered into the draw for a MacBook Pro (state-of-the-art Apple laptop computer) valued at \$1,700 dollars.

The Family Giving Campaign continues from October 26 to December 4 and, by completing your Donation Form and giving a minimum of \$26 (\$1 per pay), you qualify for additional prizes (noted on the Family Giving Campaign brochure) which indicates that four prizes are awarded each week as listed.

Also note under Recognition in the brochure, the incentives under the Family Circle, Member's Circle, Circle of Friends and Circle of Care categories. They provide you with an added incentive, as a result of your generous gift toward supporting Windsor Regional Hospital and specifically, the option to check off a program of your choice under Gift Designations.

Prize winners will be announced each week through the campaign. Note that the earlier you donate, the more prizes you qualify for! Again, the prize structure is defined in the brochure.

Thank you for your consideration to support the **2015 Family Campaign...Giving Starts from Within!**

WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

To contribute a news tip, story or advertisement in the next issue, please email us at:
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[facebook.com/windsorregionalhospital](https://www.facebook.com/windsorregionalhospital)



@WRHospital

Visit our website for more information at www.wrh.on.ca



UPCOMING EVENTS

OCT 29 **Paint The Night Pink**
Time: 6:00pm, Gourmet Emporium
1799 Wyandotte Street East, Windsor

OCT 29 **Do Good Dives Gala
A Night Out In Handbag Heaven**
Ciociaro Club of Windsor
3745 North Talbot Road, Windsor

OCT 30 **Charity Bingo**
Time: 10:45am - 12:45pm
Breakaway Gaming Centre
655 Crawford Avenue, Windsor

NOV 03 **Ethics Lunch & Learn**
Time: 1:00pm
Boardroom, Ouellette Campus
Clinical Education, Met Campus

NOV 11 **Great Lakes Crossing Outlets
WRH Holiday Shopping Trip**
Time: 8:00am
Pickup at Devonshire Mall
3100 Howard Avenue

NOV 17 **Blood Pressure Screening Clinic**
Time: 12:00pm - 3:00pm
Ouellette Campus

DEC 13 **WRH Children's Christmas Party**
Time: TBD
Ciociaro Club of Windsor
3745 North Talbot Road, Windsor

DEC 15 **Blood Pressure Screening Clinic**
Time: 12:00pm - 3:00pm
Met Campus, Vendor Hallway

JAN 16 **DREAMCLIMB**
Time: 10:00am - 4:30pm
Chrysler Building, 1 Riverside Dr. W.

JAN 17 **DREAMCLIMB**
Time: 10:00am - 4:30pm
Chrysler Building, 1 Riverside Drive W.



Bed bugs infestation can be prevented by exchanging a patient's clothing, then sealing all clothing and belongings from home in bags. An inspection of the room should be performed and a certified pest management service may be required to fumigate.

New EMS Video Celebrates Paramedic Excellence

Congratulations to our vital partners at Essex-Windsor Emergency Medical Services (EMS) for the launch of their new video that underlines the critical role paramedics play each and every day on behalf of patients throughout the Windsor-Essex region.

The video educates the community on the depth of the paramedic role, noting the 260 paramedics from 12 EMS bases are far from being just "ambulance drivers" but rather, medical professionals who provide procedures, medicine and compassion in an intense atmosphere.

"They are thrown into really difficult situations under very arduous working conditions," says Windsor Regional Hospital Emergency Physician, Dr. Paul Bradford, who was interviewed for the video. "They're saving lives in peoples' living rooms, their bedrooms, and in their homes, in front of their families, and they're ready to do that 365 days a year."

Dr. Bradford notes that the quick decisions on scene are crucial in terms of having the right information they can pass along to Emergency Room staff as they prepare for a patient's arrival. Dr. Bradford went on to state, "A lot of their assessment and what they're telling us is critical for us to prepare well. If they don't get that part right, then we can't do our part very well."

Please take the time to watch this video and share it with the community! Please visit the "Of Current Interest" page at www.wrh.on.ca

Take Your Kid To Work Day 2015

Windsor Regional Hospital again offers an opportunity by providing an interactive tour of various departments for Grade 9 students of employee's children on **Wednesday, November 4** for the 2015 Take Your Kids To Work Day.

Take Your Kid to Work Day is part of the school system curriculum for many High Schools. If your child qualifies, please register through the WRH Intranet.

Employees are encouraged to talk to your child who qualifies and determine whether they would be interested in participating in the WRH annual organized tour. Note that it is not job shadowing but rather, a planned tour. Due to limited space, it can only be a son or daughter of an employee, not relatives.

For complete information on WRH's Take Your Kid To Work Day, please visit the Windsor Regional Hospital Intranet site including the following:

- Take Your Kids to Work 2015 Information
- Registration Form
- WRH Parental Release Form
- Consent Form



Visit www.wrh.on.ca for staff news and information!

INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Caleb Morrell
ENVIRONMENTAL WORKER
GUEST SERVICES



Cindy Fajardo
DIETICIAN
CLINICAL NUTRITION



Aaron Ryan
DIRECTOR
FINANCE



Caroline Szewczyk
REGISTERED NURSE
7 WEST

“USE YOUR HEAD”

FREE CONCUSSION WORKSHOP

TUESDAY, NOVEMBER 3, 2015 • 6:30PM - 8:30PM

Doors open at 6 p.m.
Essex Centre Sports Plex – Shaheen Community Room
60 Fairview Avenue West Essex, Ontario

To reserve a seat: 519.981.1329 or info@biawe.com
<https://www.eventbrite.ca/e/use-your-head-concussion-workshop-tickets-18935729276>

ER Drills Prepare Staff For Infectious Situations

Emergency preparedness drills took place on October 14 and 15 at the Ouellette and Met campuses, as part of Windsor Regional Hospital's efforts to provide staff the opportunity to practice situations involving highly infectious patients.

The drill at Ouellette Campus involved a mock ambulatory patient coming to the Emergency Department, while at the Met Campus, the scenario involved a patient arriving by EMS (Emergency Medical Services). In both drills, the patient is considered a risk for an infectious disease which initiates proper protocols and procedures to protect staff and other patients.

The drills gave physicians, nurses and respiratory therapists an opportunity to practice care to a patient, including peripheral IV insertion, blood draws, intubation, ventilation and line insertions, while wearing full biohazard gear. Security and Housekeeping were able to practice the logistics of securing the area and reviewing environmental decontamination requirements.

Karen Riddell, Director, Professional Practice and Operations, stated that as a designated Ebola Testing Facility, Windsor Regional Hospital conducted a number of drills at Met and Ouellette campuses earlier this year to practice screening, isolation and treatment of a suspect case.

“What we wanted to accomplish following this initial work was to build our protocols into a sustainment strategy for other highly infectious organisms that may become of concern in the future.” Karen went on to say, “Part of this sustainment strategy is having regular drills and testing various clinical scenarios to allow direct care providers, including Nurses, Physicians and Respiratory Therapists the opportunity to practice, providing care to a patient while wearing full biohazard gear.”

Following these drills, debriefing with participants provided feedback and a chance to enhance protocols further so that Windsor Regional Hospital is more prepared as an organization to respond to the needs of the community.



PHOTO (Left)

Karen Riddell, Director, Professional Practice and Operations demonstrates putting on biohazard gear in preparation for an infectious situation in the Ouellette Campus ER.

Fast And Easy Milk Free Fettuccine Alfredo

Makes 6 servings

Preparation Time: 30 min

INGREDIENTS

- 16 oz fettuccine
- 3 Tbsp flour
- 1 tsp onion powder
- 2 tsp garlic powder
- 1 tsp salt
- 1 tsp white pepper
- 1/4 tsp nutmeg
- Fresh chopped parsley for garnish
- 2 cups Silk Unsweetened soy or almond milk
- 4 Tbsp dry white wine or vegetable stock
- 3 Tbsp olive oil or soy margarine



METHOD

Prepare fettuccine according to package directions. While pasta is boiling, heat olive oil or margarine in a medium saucepan. Add flour and wine or stock and cook, stirring, for 2 minutes. Stir in Silk and remaining ingredients, except parsley. Bring to a simmer and stir until thickened, about 3 minutes. Remove from heat. Toss with cooked pasta, arrange on six plates and sprinkle each serving with fresh parsley.

NUTRIENTS Per Serving

(1/6 of recipe):

Calories: 380 ; Protein: 13 g; Total Fat: 9 g;
Carbohydrates: 62 g; Fibre: 3g; Sodium: 440mg

ETHICS LUNCH AND LEARN

Using the “Idea” Framework for Ethical Decision Making in the Health Care Setting

presented by:

Dr. W. LIANG MD, LLB, MHsc, BIOETHICS

Tues, Nov 3, 2015, 1:00-2:00PM

Windsor Regional Hospital
Ouellette Campus Boardroom

videoconferenced to
Met Campus Clinical Education Centre

All are Welcome!

ACCREDITATION UPDATE

Things staff should know!

Surveyors from Accreditation Canada will be onsite
Monday, November 30th - Friday, December 4th

REQUIRED ORGANIZATIONAL PRACTICE (ROP)

WRH staff assess each client's risk for developing a pressure ulcer and implement interventions to prevent pressure ulcer development.

What We Do at WRH:

- Staff check patients for pressure ulcers using a standardized tool.
 - Staff check upon admission, at regular intervals using the Braden skin scale.
 - Staff refer to wound wall for information and potentially consult the wound nurse for clinical guidance.
- Staff have measures in place for patients who have, or are at risk, for pressure ulcers.
 - Patients with decreased mobility: turn and reposition every 2 hours, heels should be elevated and equipment is available if necessary. Use cream with skin barrier to protect skin from breakdown, especially in high risk areas to promote circulation.
 - Air mattresses are available for high risk patients.
 - Dietitians are available to promote nutrition.
 - Wound wall resource provides current best practice and education. WRH has Mosby website as another resource found via Library icon/Internet.
- Staff record/report new pressure ulcer via RL6.
- Staff provide patients/families with verbal and/or written information/education about pressure ulcers.



Purple is a symbol of courage, survival and honour, and has come to symbolize the fight to end woman abuse.

WRH Staff are invited to wear purple on

Friday, November 13th

to "Shine the Light"
on the abuse of Women.



BECOME A



FLU CLINICS

OUELLETTE CAMPUS

- Oct 19 - 6:30-8:30am - ICU Staff Room
11:30-1:30pm - Vendor Hallway
- Oct 20 - 6:30-8:30am - OR Alcove/Staff Rm
11:30-1:30pm - Vendor Hallway
- Oct 21 - 10am-12pm - Vendor Hallway
2:30-4:30pm - 3S Mental Health
- Oct 22 - 10am-12pm - Manager Office (7th)
2:30-4:30pm - Vendor Hallway
- Oct 23 - 10am-12pm - ER Conference Rm
2:30-4:30pm - Vendor Hallway



Flu shots are also available at



Ouellette Campus, ext. 32181
Monday to Friday, 9am-5pm



Your Friendly Neighbourhood Pharmacy.
1909 Tecumseh Rd E
M-F 9am-5pm, 519-977-0090

FLU CLINICS

MET CAMPUS

- Oct 26 - 6:30-8:30am - Met Admin Rm 1
11:30am-1:30pm - Met Admin Rm 1
- Oct 27 - 6:30-8:30am - Critical Care Rm (ICU)
11:30am-1:30pm - Met Admin Rm 1
- Oct 28 - 10am-12pm - Yves Landry Rm (CC)
2:30-4:30pm - Met Admin Rm 1
- Oct 29 - 10am-12pm - 2East Classroom
2:30-4:30pm - Met Admin Rm 1
- Oct 30 - 10am-12pm - Met Admin Rm 1
2:30-4:30pm - D.I. Workroom



2015 FAMILY GIVING CAMPAIGN LAUNCH INVITATION

MONDAY, OCTOBER 26

12:00 p.m. - 12:45 p.m. (Ouellette Campus, SOP Office)

1:00 p.m. - 1:45 p.m. (Met Campus, SOP Office)

11:00 p.m. - 11:45 p.m. (Met Campus, 1st Floor lobby)

11:00 p.m. - 11:45 p.m. (Ouellette Campus, Mezzanine level)

CUPCAKES - REFRESHMENTS - PRIZES

Submit your completed pledge card by November 2nd and be entered for a draw for the Early Bird Prize of a MAC BOOK PRO! (Retail Value of \$1,700)

For more information on the Family Giving Campaign, please contact:

Ron Foster
Ext. 52003

Gisele Seguin
Ext. 52008



If you any questions, please contact the Employee Health Office

MET - ext. 52802, 52588
OUEL - ext. 33214, 32525

