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COMPASSION is our
PASSION



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital
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WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

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@WRHospital

Ronald McDonald House (RMH) Windsor Begins Construction

It was an excited and large group of dignitaries, supporters, families and staff who attended the Met Campus on November 5th to take part in the groundbreaking/construction start of the future Ronald McDonald 'House Within A Hospital'; the first ever Canadian home inside of a hospital.

Local Windsor firm, Architecttura created the design and Adine Builders will build the facility. The Steering Committee for RMH Windsor has been working closely with the architect to maximize the space with support and comfort for families.

"We are very proud to be building the first House-Within-A-Hospital in Canada here at Windsor Regional Hospital," stated Michael Barrett, Board President of Ronald McDonald House Charities of South Western Ontario (RMHSWO). Michael went on to say, "The creation of this space right inside the hospital will keep families and caregivers literally steps away from their sick child."

The new RMH Windsor will have seven bedrooms, five will be full bedrooms with en suite bathrooms, and two will be smaller bedrooms for shorter term stays. The space will also contain a full kitchen and dining area, laundry room, two family lounges and a sunroom/lunai to bring some fresh air and sunlight into the House.

"We are extremely proud to be the first hospital in Canada privileged to house a Ronald McDonald House program that meets the needs of any parent by giving them a comfortable place to rest during very difficult times," said David Musyj, WRH President and CEO.

Story continues on page 2...



Photo Above:
Gabby and Daniella Pizzuti, along with Margaret Anderson, Executive Director, RMHSWO begin the demolition process during a ceremony to officially start construction on 3West.



Photo Above:
Conceptual rendering of the sunroom/lunai to be constructed in the Ronald McDonald House at Windsor Regional Hospital.

Visit our website for more information at www.wrh.on.ca



UPCOMING EVENTS

NOV 17 **Blood Pressure Screening Clinic**
Time: 12:00pm - 3:00pm
Ouellette Campus, Vendor Hallway

DEC 03 **In Honour Of The Ones We Love Potato Fest**
Time: 11:00am
St. Clair Centre, 201 Riverside Dr. W

DEC 13 **WRH Children's Christmas Party**
Ciociaro Club of Windsor
3745 North Talbot Road, Windsor

DEC 15 **Blood Pressure Screening Clinic**
Time: 12:00pm - 3:00pm
Met Campus, Vendor Hallway

JAN 16 **DREAMCLIMB**
Time: 10:00am - 4:30pm
Chrysler Building
1 Riverside Dr. W.

JAN 17 **DREAMCLIMB**
Time: 10:00am - 4:30pm
Chrysler Building
1 Riverside Drive W.

JAN 30 **T2B "The Love Boat" Gala**
Ciociaro Club of Windsor
3745 North Talbot Road, Windsor

FEB 06 **In Honour Of The Ones We Love Gala**
Ciociaro Club of Windsor
3475 North Talbot Road

MAR 02 **Hats On For Healthcare**
Various locations throughout Windsor-Essex
www.hatsonforhealthcare.com



Effective communication regarding Additional Precautions is essential when a patient goes to another department for testing, to another unit or to other healthcare settings or facilities.

Ronald McDonald House cont'd...

"Our House in London celebrated its 30th birthday in May of this year and we have seen first-hand what a tremendous difference this support can make in the lives of sick children and their families," stated Margaret Anderson, Executive Director of the London House. "We are incredibly honoured to bring "The House That Love Built" to Windsor Regional Hospital for families of paediatric patients.

Construction of the new facility is estimated to take five months with a planning opening of the new 'house within a hospital' in April of next year.



ACCREDITATION UPDATE

Things staff should know!

Surveyors from Accreditation Canada will be onsite Monday, November 30th - Friday, December 4th

REQUIRED ORGANIZATIONAL PRACTICE (ROP)

WRH staff implement & evaluate a falls prevention strategy to minimize client injury from falls.

- WRH implements a falls prevention strategy via
 - Process Improvement Plan (PIP).
 - Falls and Comfort Rounds.
 - Staff education at Hospital-Wide Orientation.
 - Harm Prevention Checklist - ongoing education, coaching and mentoring of staff.
- The strategy identifies populations at risk.
- Communication Through Unit Specific Data; Unit Safety Boards; Unit Staff Meetings. Monday Morning Huddle; Clinical Red Green; Quality of Care; and Leadership Forum.
- Organizational strategies include Minimal Restraint Policy, Toileting Schedules, Comfort Rounds, Lift Devices, Individualized Plan of Care, Hand Off Tools, Safety Huddles, Audits and Feedback Tools, Root Cause Analysis and Debriefing.
- Education provided to patient/families through Patient and Family Education Pamphlet, Awareness Posters and Patient White Boards.
- WRH measures the strategy on an ongoing basis via Falls Prevention Team Meetings, Unit Staff Meeting, RL6 Follow Up, RCA, & Unit Audits.
- Evaluations are used to make improvements to the strategy by Unit.

A message from David Musyj, President & CEO

Windsor Regional Hospital is committed to continually improving our services. That's why we voluntarily participate in accreditation with Accreditation Canada - to learn what we're doing well and where we can improve. By having external surveyors assess our services against national standards, we are better able to focus our quality improvement efforts.

Everyone at Windsor Regional Hospital is involved in accreditation, including frontline staff, physicians, dentists, midwives, volunteers and board members. That's because we are committed to quality and patient safety.

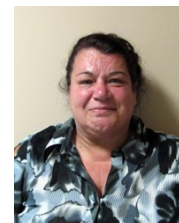
INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Monika Marshall
CLINICAL PRACTICE MGR.
OUTPATIENT SERVICES



Kimberley Regnier
TRANSCRIPTIONIST
DIAGNOSTIC IMAGING



Denise Stefina
RETAIL SERVER
GUEST SERVICES



Alaina Morgan
RESPIRATORY THERAPIST
RESPIRATORY

Music To Our Ears

Central Park Inc., owned and operated by Jim and Leigh Ann King generously completed their 'Cornerstone of Caring' pledge toward a grand piano placed in the Ken Lewenza Lobby of the Tayfour Campus a few years ago. The Kings wanted to support the campaign and were delighted with the idea that music is a great addition to a health facility.

The concept of providing music to patients and their families was developed out of the 'In Concert With Wellness' music program at the Met Campus.



Leigh Ann King presenting her \$15,712 cheque with Ted Farron, former Honorary Chair of the Western Redevelopment Project - Cornerstone of Caring Campaign.

Beef & Rice Kebabs

Makes 12 kebabs
Preparation Time: 10 min
Cooking Time: 15 min

INGREDIENTS:

- 1 egg
- 2 tbsp chimichurri sauce
- 1 small onion, grated
- 2 cloves garlic, minced
- 2 tbsp chopped fresh cilantro or parsley
- 1/4 tsp each salt and pepper
- 1 extra lean ground beef
- 1/2 cup cooked and cooled brown rice
- 3 whole wheat pita breads, cut in half
- 1/2 cup plain yogurt
- 1 cup shredded lettuce
- 1/3 cup shredded marble cheese



METHOD:

In a large bowl, stir together egg, chimichurri sauce, onion, garlic, cilantro, salt and pepper. Stir in beef and rice. With your hands mix together until ingredients are spread evenly throughout. Divide mixture into 12 balls and shape into 3 inch (7.5 cm) logs. Place on parchment paper lined baking sheet and bake in 350°F (180°C) oven for about 15 minutes or until no longer pink inside. Let cool slightly. Open pita halves and spread with yogurt. Add some lettuce to each and place two kebabs into each pita. Sprinkle with cheese to serve.

TIPS:

Try using tzatziki sauce instead of plain yogurt for bigger flavour. You can bake the kebabs and then keep them in an airtight container in the freezer for up to 1 week. Then thaw and warm them up to serve.

FLU SHOT NOTICE!

Flu shots are available at the WE Care Pharmacy 9am-5pm
FREE PARKING in the parking garage for Met Campus staff.

It's Never To Late For MRT Week



MRT Week is November 9-13, 2015

MRT Week is an annual celebration of the crucial role that medical radiation technologists (MRTs) play in the healthcare system. MRTs provide the professional imaging and radiation-related treatment services and caring touch that allow patients to fully benefit from the latest medical diagnostic and treatment technologies. From November 9 to 13, 2015, MRTs will celebrate their profession with their community, colleagues, and each other in order to promote **The Essential Link** that MRTs are between patient care and advanced technology.

CONTRIBUTE



TO A HEALTHIER FUTURE

The **Ontario Health Study** is returning to Windsor!
If you are between ages 30 and 74, please consider giving a small amount of your time and a blood sample to help researchers understand the causes of cancer and other chronic diseases.

Windsor Study Centre

Monday, November 30, 1 p.m. - 9 p.m.
Tuesday, December 1, 9 a.m. - 9 p.m.
Wednesday, December 2, 9 a.m. - 9 p.m.
Thursday, December 3, 9 a.m. - 2 p.m.

**Royal Canadian Legion (Riverside Branch 255),
Dart Room - 5645 Wyandotte Street East, Windsor**

To sign up or receive more information call 1-866-606-0686, send an email to info@ontariohealthstudy.ca or visit our website:

OntarioHealthStudy.ca/Windsor



WRH Community Garden

A Huge Success

Windsor Regional's Community Garden was a great success. Launched in the spring of 2015, staff, volunteers, retirees and patient family members planted and tended to our first gardens located at both the Met and Ouellette Campus.

The garden offerings included lettuce, tomatoes, and cucumbers. The harvest was used to supplement patient meals but more importantly it was a good use of space at both sites. Surplus was given to the Downtown Mission.

Many thanks to all the tireless volunteers who planted, tended, weeded and harvested vegetables. Many thanks to all the volunteers who made this possible.

Special thanks to widower, Thomas Maika who spent countless hours helping. He told us that he wanted to give back because his wife had received such great care at the Ouellette Campus.

Plans are underway for this project to continue in 2016! Email Renee Hopes at renee.hopes@wrh.on.ca if you want to receive regular updates/volunteer opportunities.



IN HONOUR OF THE ONES WE LOVE



PRESENTS THE 5TH ANNUAL POTATO FEST

THURSDAY DECEMBER 3RD, 2015
11AM TO 2PM
ST. CLAIR COLLEGE OF APPLIED ARTS
201 RIVERSIDE DRIVE WEST

POTATO SOUP & GNOCCHI

ALL YOU CAN EAT \$10 PER PERSON

POTATO MARTINIS

Choice of Yukon Gold Whipped or Carrot and Leek smashed with Crisp Fried Onion, Cheddar Cheese, Blue Cheese, Sour Cream, Whipped Butter

BAKED POTATO BAR

Oven Baked Russet Potatoes, Whipped Butter, Fresh Chives, Bacon Bits, Cheddar Cheese, Sour Cream, Sautéed Button Mushrooms

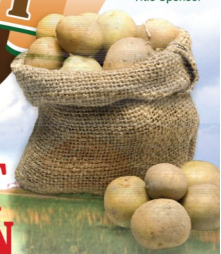
FRESH CUT FRIES

Chili, Cheese, Sauce, Green Onion, Black Olives, Sour Cream, Cheese Curds, Gravy

SALAD BAR

Baby Potato Salad with Sour Cream and Chive, Niçoise with Tuna, French Beans and Olives, Warm Potato Salad with Dijon Vinaigrette

Come join the fun, bring family and friends!
For Tickets Call 519-966-2960 or
Email tina@inhonour.ca



Proceeds to benefit Ronald McDonald House and In Honour of The Ones We Love



UNIVERSAL CHILDREN'S DAY

FRIDAY NOV. 20th

P.A. DAY FOR SCHOOLS

Park Hours
10am-8pm

Free Health Expo
10am-4pm

REDUCED ADMISSION

\$12 for adults
\$7 for kids
(age 12 and under)

FREE HEALTH EXPO

Activities, info booths, and educational opportunities in the lobby (10am to 4pm), including parenting tips, activities for kids and more, all on the theme of children's health and wellbeing.

401 PITT ST. W. | 519-974-AQUA(2782) | ADVENTUREBAY.CA