



FRONTLINE DECEMBER 14, 2015 TRIBUNE

VOLUME 3 / EDITION 47



COMPASSION is our
PASSION



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital
Met Campus-1995 Lens Avenue, Windsor, N8W 1L9 / Ouellette Campus-1030 Ouellette Avenue, Windsor, N9A 1E1

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WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

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@WRHospital

Way To Go 7 North & 8 North Met Staff

It's infectious! 5S is driving clinical change for the better! Another 5S initiative took place at the Met Campus on 7North and 8North Surgical. 5S is a methodology for organizing and systemizing workflow for maximum efficiency, providing staff more time with their patients.

Similar to the work accomplished on Ouellette 8East last week, both 7 & 8 North spent the better part of this week organizing, decluttering and identifying unused space for equipment. Medication Rooms were organized on each floor with well-marked signage and systems in place toward reducing medication errors. Clean and Soiled Utility Rooms are well defined and organized, adding to efficiency and eliminating the clutter. Multi-disciplinary rooms are now being used for rounding, and to provide an organized space for additional equipment, utilization managers and students. Equipment such as lifts, commodes and lounge chairs have a designated home and the goal is "a place for everything, and everything in its place". Staff use it and return it to the same place in order to improving efficiency.

On 8North, the physiotherapy area is now more user-friendly for patient therapy and accessibility. The "Post Operative Transition Unit" (POTU) is clearly identified for maximum use by staff.

Congratulations to all who participated in the 5S and making the SOP changes for the better.



PHOTO ABOVE:
5S Working Team at the Met Campus of Windsor Regional Hospital



PHOTO ABOVE: Clearly labelled and defined PPE (Personal Protective Equipment) including gloves and gowns on one side of the door and hand hygiene and wipes on the opposite side, conveniently located between patient rooms; a standard to be expanded to other areas and floors.

ONE CAN MAKE A DIFFERENCE CAMPAIGN

CANNED GOODS & FOOD ITEMS CAN BE DONATED UNTIL DEC.24/15 AT THESE LOCATIONS

OUELLETTE CAMPUS - WE CARE PHARMACY (GOYEAU ENTRANCE)
MET CAMPUS - WELCOME DESK (MAIN ENTRANCE) • MET CAMPUS - CANCER CENTER - MAIN LOBBY

Visit our website for more information at www.wrh.on.ca



UPCOMING EVENTS

- DEC 15** **Blood Pressure Screening Clinic**
Time: 12:00pm - 3:00pm
Met Campus, Vendor Hallway
- JAN 12** **Blood Pressure Screening Clinic**
Time: 12:00pm - 3:00pm
Met Campus, Vendor Hallway
- JAN 16** **DREAMCLIMB**
Time: 10:00am - 4:30pm
Chrysler Building, 1 Riverside Dr. West
- JAN 17** **DREAMCLIMB**
Time: 10:00am - 4:30pm
Chrysler Building, 1 Riverside Dr. West
- JAN 30** **T2B "The Love Boat" Gala**
Time: 5:30pm
Ciociaro Club of Windsor
3745 North Talbot Road, Windsor
- FEB 06** **In Honour Of The Ones We Love Gala**
Time: 6:00pm
Ciociaro Club of Windsor
3475 North Talbot Road
- FEB 09** **Blood Pressure Screening Clinic**
Time: 12:00pm - 3:00pm
Ouellette Campus, Vendor Hallway
- MAR 02** **Hats On For Healthcare**
Locations throughout Windsor-Essex
www.hatsonforhealthcare.com
- APR 12** **Blood Pressure Screening Clinic**
Time: 12:00pm - 3:00pm
Met Campus, Vendor Hallway
- MAY 10** **Blood Pressure Screening Clinic**
Time: 12:00pm - 3:00pm
Ouellette Campus, Vendor Hallway
- JUN 09** **WRH Annual Charity Golf Tournament**
Essex Golf & Country Club
7555 Matchette Road, LaSalle



Routine Practice includes sufficient, easily accessible and appropriate PPE to prevent health care provider contact with blood, body fluids, secretions, excretions, non-intact skin or mucous membranes.

Dr. Caroline Hamm Receives ECMS Glenn Sawyer Service Award

Congratulations to Dr. Caroline Hamm, a Cancer Program Oncologist who was presented with the Glenn Sawyer Service Award during the Essex County Medical Society Annual General Membership Dinner Gala on December 2, 2015.

This award was established in 1972 in honour of Dr. Glenn Sawyer, the longest-serving General Secretary of the OMA. The Glenn Sawyer Service Award is awarded "in recognition of significant service to the OMA, medical profession, or public at the community level."



PHOTO ABOVE: (l to r) Dr. Michael Toth, President of the Ontario Medical Association presents the Glenn Sawyer Award to Dr. Caroline Hamm, Cancer Program Oncologist.

Cranberry Cobbler

Makes 8 servings
Cooking Time: 55 min



INGREDIENTS

- 3 cups fresh cranberries
- 1 1/2 cups sugar, divided
- 1/2 cup chopped walnuts
- 2 eggs
- 3/4 cup all-purpose flour
- 1/2 cup butter, softened and cut into pieces

PREPARATION

1. Preheat oven to 325 degrees F. Coat a 9" deep-dish pie plate with cooking spray, then spread cranberries over the bottom. Sprinkle cranberries with 3/4 cup sugar and walnuts; stir with a spoon until evenly combined then flatten mixture with the spoon. In a large bowl, beat eggs until fluffy. Gradually add remaining 3/4 cup sugar then gradually add in flour, mixing well. Slowly beat in butter until thoroughly combined and smooth then spread batter over cranberries. Bake 55 minutes, or until entire crust is brown. Serve hot or cold.

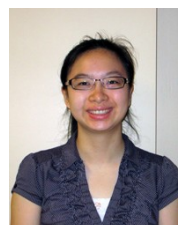
NUTRIENTS (Per Serving)

Calories: 349; Protein: 3g; Total Fat: 12 g; Carbohydrates: 60g; Sodium 66mg

INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Janie Findlay
UNIT CLERK
AMBULATORY CLINICS



Linda Ou
PHARMACY RESIDENT
PHARMACY



Alaina Cavers
REGISTERED NURSE
MENTAL HEALTH



Marie Ann Sawatzky
RADIOLOGICAL TECH
DIAGNOSTIC SERVICES

Kudos To A Grateful Donor

Yes, we say grateful as donor, Nancy Allen says she does not require a thank you when she stated, "one can see that medical equipment like this ultrasound is appreciated by the patients which is the most important thing."

Nancy heard that Renal Dialysis was in need of an ultrasound machine and was pleased to provide \$22,500, allowing the department to purchase a new state-of-the-art Sonosite Vascular Access Ultrasound now in service within Renal Dialysis. Please accept our thanks Nancy as it truly goes a long way to help us provide Outstanding Care – No Exceptions!



PHOTO ABOVE (l to r):

Windsor Regional Hospital Renal Dialysis staff Evelyn Chappus, Manuel Alfaro, Andrea Palaccia, Colleen Nasello, Charmaine Foresto with donor Nancy Allen and Jonathan Foster, Director of Mental Health and Renal Programs.

Myles Benic Is A Hero To His Family

Wanting to remember and honour his grandfather, John Meloche, 10 year old, Myles Benic joined up with Warden Tom Bain last July 1st and shaved his head in support of cancer victims.

The funds raised went toward a television and children's activity centres in the OR Waiting Room, funded and named on behalf of "In Honour of the Ones We Love".

"Myles was keen on supporting the Honourable Little Ninjas Program and the funds he raised from the Canada Day event truly supports families waiting for their loved ones while in surgery," stated Teresa Sylvestre, Board member of "In Honour of the Ones We Love". She also commented on the support that the Meloche Family has provided to patients and their families through comfort carts.



PHOTO ABOVE (l to r)

Dr. Bill Taylor, Anesthesiologist at the Ouellette Campus congratulating young Myles Benic for his generosity on 'paying it forward'.

HOLIDAY HOURS OF OPERATION

WINDSOR REGIONAL HOSPITAL

MET CAMPUS

OUELLETTE CAMPUS

Tim Hortons

Open weekend hours for holidays:
Dec. 19 – Jan. 4/16: 8am – 4pm
Christmas Day: Closed
New Years Day: Closed

Tim Hortons

Hours for the holiday period:
7am – 9 pm, every day except:
Christmas Day: Closed
New Years Day: Closed

Daily Grill

Dec. 21 – 24 : 7am – 6pm
(coffee available 7am at The Daily Grill)
Dec. 25, 26, 27: Closed
Dec. 28 – 31: 7am – 6pm
Jan. 01: Closed
Jan. 02: 8am – 2pm
Jan. 03: Closed

Armandos

Dec. 21, 22, 23: 8am – 6pm
Dec. 24: 9am – 5pm
Dec. 25: 10am – 5pm
Dec. 26, 27: 9am – 5pm
Dec. 28, 29, 30: 8am – 6pm
Dec. 31: 9am – 5pm
Jan.01: 10am – 5pm
Jan.02, 03: 9am – 5pm

Subway

Dec. 21, 22, 23: 8am – 10pm
Dec. 24: 8am – 8pm
Dec. 25: 10am – 6pm
Dec. 26-31: 8am – 10pm
Jan. 01: 10am – 6pm
Jan. 02: Regular hours, 8am – 10pm



ONE CAN

MAKE A DIFFERENCE

FOOD DRIVE CAMPAIGN



CANNED GOODS - BOXED FOOD ITEMS
COATS - GLOVES

DONATIONS WILL BE ACCEPTED AT THE FOLLOWING DROP OFF LOCATIONS
OUELLETTE CAMPUS - WE CARE PHARMACY (GOYEAU ENTRANCE)
MET CAMPUS - WELCOME DESK (MAIN ENTRANCE)
MET CAMPUS - CANCER CENTER - MAIN LOBBY

We Care Pharmacy is now an authorized fitter and provider of Sigvaris Compression Stockings.

Most of the hospital Green Shield plans pay for compression stockings and there are a lot of newer styles to choose from including athletic and running, casual, dress socks, etc.

Visit the We Care Pharmacy at the Ouellette Campus for more information.

(Reminder free parking in the garage for staff visiting from the Met Campus)



GET YOUR GIFT CARDS!

Did you know that you can **SUPPORT** and **DONATE** to Windsor Regional Hospital without any extra money coming out of your own pocket?

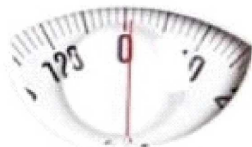
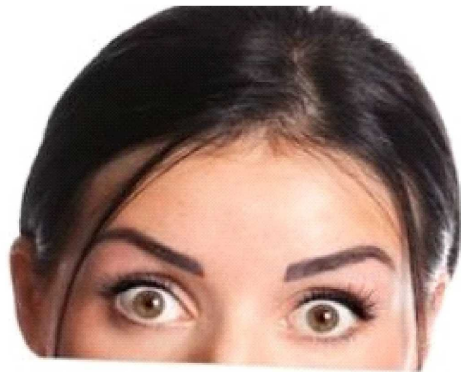
Choose from over 100 gift cards including local shops, restaurants and services!



SHOPPING MADE SIMPLE! GET YOURS TODAY!

Public Affairs / Foundation Office - Ouellette & Met Campuses

For more information contact Sandra Bauer at 519-254-5577 ext.52004 or Sandra.bauer02@wrh.on.ca



WRH Healthy Lifestyles invites you to:
Lose Weight with Tina!

Winter 2016 Session:

\$160 for 18 weeks beginning Thursday Jan 14th

Payroll deduction available

Met sessions at 12:00 ~ Ouellette sessions at 3:15

Schedules to be provided when registration is completed

Registration: Thursday January 7th

Met Campus-Vendors Hallway, 12:00pm to 1:00pm

Ouellette Campus-Vendors Hallway 2:30pm to 3:30pm



OUTSTANDING CARE—NO EXCEPTIONS!



HOLIDAY SOCIAL THURSDAY, DECEMBER 17

ALL EMPLOYEES, PROFESSIONAL STAFF & VOLUNTEERS

Windsor Regional Hospital will be holding a **Holiday Social** with sandwiches, vegetables with dip, fruit, coffee and tea in exchange for a small **\$2.00 donation**. Proceeds will benefit the Unemployed Help Centre, which provides programs and services to assist local unemployed and underemployed individuals and their families.

SANDWICHES • VEGGIE TRAYS • DESSERTS • COFFEE/TEA

2PM - 4PM

MET CAMPUS (Auditorium Side A/B)

OUELLETTE CAMPUS (Boardroom)

11PM - 1AM

MET CAMPUS (Lobby Level)

OUELLETTE CAMPUS (Mezzanine)

MCDougall & Leamington (special delivery times)