



FRONTLINE TRIBUNE

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COMPASSION is our
PASSION



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital
Met Campus-1995 Lens Avenue, Windsor, N8W 1L9 / Ouellette Campus-1030 Ouellette Avenue, Windsor, N9A 1E1

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WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

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[facebook.com/windsorregionalhospital](https://www.facebook.com/windsorregionalhospital)



@WRHospital

April Is Organ Donor Month

Organ and tissue donation registration rates – through the provincial Be A Donor database (www.beadonor.ca) - are rising in our community, but there is still work to do to rise above the provincial average for donation consent.

In Windsor, we've reached the quarter-way mark – with registrations as of the end of December 2015 at 26% of health card carrying individuals in the city, an increase of 5,800 registrants from a year earlier. This represents a 10 percentage point increase from 16 per cent in 2011. However, we're still below the provincial average of 29%. Numbers elsewhere in our region vary, from Leamington's 27% rate to 36% in Kingsville and 38% in Essex.



The hope is that more individuals throughout our community consider taking two minutes of their time to register.

"We often choose not to think about what will happen after we die, but it is an important conversation that has the power to save lives," says Stephanie MacDonald, Organ and Tissue Donation Coordinator at Trillium Gift of Life Network. "When you register your consent for organ and tissue donation, you give hope to those waiting for a life-saving transplant and you relieve your family of the burden of making the decision on your behalf."

April is Be A Donor month. WRH is helping to promote and support a number of community initiatives planned to help raise awareness in April and beyond, including:

- Working with local organ donation advocates to offer more community events for schools and workplaces, where survivor and donor family stories are shared and celebrated to bring about a better understanding of what the Gift of Life truly means.
- Holding a "Green Carpet Gala" at Lakeshore Cinemas on Wed., April 27th where the film KiliKlimb 2015, which was featured at last year's Windsor International Film Festival, will be shown. The film features a number of local individuals who went on a mission to climb Mount Kilimanjaro in Tanzania, including Dennis Segatto, an organ transplant survivor. Dennis will be on hand to speak to attendees, as will as Heather St. Pierre, a young Belle River mom who recently had a successful kidney transplant.
- WRH is celebrating its "Hidden Heroes" – hospital professionals who are involved in organ and tissue donation and transplantation whom you might not normally think of being involved in the process, such as porters, lab technicians, security, switchboard operators and spiritual care providers.
- The sixth annual "A Day For A Life" golf tournament in memory of the late Trevor Funkenhauser takes place on Wed., June 22nd at Kingsville Golf and Country Club. For more information, visit www.facebook.com/trevor.funkenhauser.

Story continues on Page 2

UPCOMING EVENTS

- APR 27** **KiliKlimb Film Presentation**
Time: 7:00pm
Lakeshore Cinemas
165 Commercial Blvd, Tecumseh
- MAY 10** **Blood Pressure Screening Clinic**
Time: 12:00pm - 3:00pm
Ouellette Campus, Vendor Hallway
- MAY 14** **Car Seat Clinic**
Time: 10:00am
Amherstburg Fire Station #1
271 Sandwich Street South
- JUN 09** **WRH Annual Golf Tournament**
Essex Golf & Country Club
7555 Matchette Road, LaSalle
- JUN 11** **Car Seat Clinic**
Time: 10:00am
Formula First Collision
9420 Tecumseh Road East
- JUL 09** **International Dragon Boat Races**
Waterfront Park
13451 Riverside Drive East, Tecumseh
- JUL 12** **Blood Pressure Screening Clinic**
Time: 12:00pm - 3:00pm
Met Campus, Vendor Hallway
- AUG 09** **Blood Pressure Screening Clinic**
Time: 12:00pm - 3:00pm
Ouellette Campus, Vendor Hallway
- SEP 10** **Car Seat Clinic**
Time: 10:00am
Windsor Fire Station #7
1380 Matthew Brady Avenue



Discontinuation of VRE screening was associated with an increased rate of rise of VRE-positive blood cultures; although VRE positive blood cultures have increased in both hospitals that are screening for VRE and hospitals that have discontinued screening for VRE.

April Is Organ Donor Month Cont'd...

WRH will continue to use social media as well to continue to promote organ and tissue donation.

"There are two steps to saving a life: First, go to BeADonor.ca. All you need is your health card - it takes two minutes to register. Second, share your decision with your family, so they can honour your wishes, if the circumstances present themselves," says Dr. Natalie Malus, Medical Director for the ICU at the Ouellette campus and Hospital Donation Physician, Trillium Gift of Life Network.

If you want to register your consent, or check to ensure your consent has been confirmed, please go to www.Beadonor.ca - you could save a life!



TREVOR SAVED THREE LIVES. WILL YOU?

beadonor.ca

www.facebook.com/trevor.funkenhauser

NATIONAL MED LAB PROFESSIONALS WEEK 2016

WRH OUELLETTE CAMPUS INTEGRATED LAB SERVICES OPEN HOUSE

Tues, April 26 & Thurs, April 28
1000 to 1100 or 1300 to 1400

"THIS IS ONLY THE BEGINNING"

A lot happens between giving a sample and getting results. Please join us for a behind the scenes look at our procedures and instrumentation.



Check out the latest news at Windsor Regional Hospital
Visit our website at www.wrh.on.ca

INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Charlotte Janik
PHARMACY TECHNICIAN
PHRAMACY



Sana Minhas
RPN
2 NORTH



Caitlin Meyer
PHARMACIST
PHARMACY



Agata Szelest
HEALTH RECORDS CLERK
HEALTH RECORDS

Lois Fairley Nursing Award

Congratulations to Marylynn Holzel - the 2016 Lois Fairley Nurse of the Year Community Service Award! The RNAO's Windsor-Essex chapter presented Marylynn with the award on April 12. She is pictured here by the loving sons of the late Lois Fairley, Grant and John.

Marylynn is a St. Clair College graduate who started at the Ouellette site (then Hotel-Dieu) in 1985 on a busy medical-surgical unit. She has also worked paediatrics, spent the majority of her career on telemetry and is currently working in ambulatory care at the Ouellette campus.

For more information on Marylynn's many career and personal highlights, see the full posting on the WRH Facebook page where we celebrated her award with the community!



PHOTO ABOVE (l to r) : Grant Fairley, winner Marylynn Holzel and John Fairley

Chicken, Swiss & Vegetable And Bulgar Salad

Makes 4 servings

Preparation: 20 min

Cooking Time: 5 min

INGREDIENTS

- 3/4 cup coarse bulgur salt
- 2 stalks celery, sliced
- 1/2 English cucumber, chopped
- 1/2 cup chopped fresh parsley
- 1 tbsp olive oil
- 1 1/2 cup chopped cooked chicken breast
- 4 oz cubed Swiss or washed-rind cheese
- 1/4 cup freshly squeezed orange juice
- 1 1/2 cup water
- 1 large tomato, chopped
- 2 tsp grated orange zest
- 2 tbsp wine vinegar
- 2 tsp Dijon mustard

METHOD

In a saucepan, combine bulgur, 1/4 tsp (1 mL) salt and water and bring to a boil over high heat. Remove from heat, cover and let soak for 15 minutes. Drain and place in a large bowl. Let cool to room temperature. Add celery, tomatoes, cucumber, parsley, chicken and cheese to bulgur. In a small bowl, whisk together orange zest, orange juice, vinegar, oil, mustard and pepper. Pour over bulgur mixture and toss to coat. Season with up to 1/4 tsp (1 mL) salt.

Source: Dietitians of Canada, Cookspiration website:

www.cookspiration.com

NUTRIENTS Per Serving :

Calories: 358; Protein: 29g; Total Fat: 15 g; Carbohydrates: 28g; Sodium 163 mg



Vendors On Display This Week!

April 18 - 22, 2016

* Please note: Vendors subject to change

MET CAMPUS

K. Lucas ▪ Monique's Boutique ▪ Just Jewellery;
Coconut Products ▪ Funky Living ▪ Hook & Needle Crafts
Sweets XS

OUELLETTE CAMPUS

Coconut Products ▪ Moniques Boutique
Smarts Last Call

You Can Book On Michaels

Michaels Arts and Craft Store on Walker Road came through in a big way in supporting Paediatric Child Life Services by hosting a book drive and donating up to 350 books. Jennifer Burton Liang is presented with boxes of books by a Michaels representative recently.

Thank you Michaels for assisting our young patients with many varieties of books to read and enjoy!



YOU ARE INVITED



**A QUALITY - 11 DAY
CUSTOM DESIGNED & ESCORTED TOUR**

ICELAND and NORWAY

and the **NORWEGIAN COASTAL CRUISE** (HURTIGRUTEN)

Departing September 24, 2016

TICO 50015768



ACCOMMODATIONS	RATES	WRHF SPECIAL RATES
Upper Deck (5) Stateroom	\$ 4,395	\$ 4,195
Center Deck (3) Stateroom	\$ 4,315	\$ 4,115
Lower Deck (2) Stateroom	\$ 4,310	\$ 4,110

Price includes all airfares from Toronto, sight seeing tours and all meals.

Make your deposit of \$200 per person NOW. Final payments are due July 15, 2016.
Taxes included. Port charges are included. All rates are in U.S. dollars.

Southland Travel

23 Talbot Street North, Essex, Ontario, N8M 1A5
Phone: 519-776-9336 / 519-776-6928 / www.southlandtravel.ca

Health & Wellness Fair 2016

Met Campus Auditorium: April 19, 11am - 2pm

WRH's Health and Wellness fair is all about YOU!

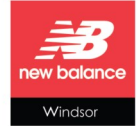
Meet your WRH fitness class instructors

See what's going on in the community

Learn how to cook healthier

Special Spa Services to be provided by *Aramesh*

Plenty of Vendor **prizes and information!**



Get your passport signed by all the vendors for your chance to win an iPod Shuffle, or iPod Touch, or Sony Home Audio System, or Breville Café Venezia Espresso Machine!!!

BINGO CHARITY NIGHTS

April 22, 2016

When you play Bingo on Charity nights at Breakaway Gaming Centre on Crawford, mention you are with Windsor Regional Hospital. The Hospital will receive \$10 per person towards our fundraising efforts.

Please remember to mention you are with:



Breakaway Gaming Centre
655 Crawford

COMPLIMENTARY SOFT DRINK OR COFFEE & FREE GIFT TWO \$50 GIFT CARD GIVEAWAYS



CHARITY #W939

KiliKlimb 2015
A FEATURE PRESENTATION

ORGAN DONATION REGISTRATION BOOTH

ENTER FOR A CHANCE TO WIN AN IPAD MINI!

A CHANCE TO BE INSPIRED AND TO LEARN MORE ABOUT ORGAN DONATION

FEATURING SURVIVOR STORIES!

WEDNESDAY, APRIL 27
DOORS OPEN: 6:30PM / SHOWTIME: 7:00PM

LAKESHORE CINEMAS

164 COMMERCIAL BLVD, TECUMSEH

For more information or to purchase tickets, please visit the Public Affairs office at Met or Ouellette Campuses or call 519-973-4433 (Ouellette) 519-985-2656 (Met) www.wrh.on.ca

