



# FRONTLINE TRIBUNE

APRIL 25, 2016

VOLUME 4 / EDITION 17



COMPASSION is our **PASSION**



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital  
Met Campus-1995 Lens Avenue, Windsor, N8W 1L9 / Ouellette Campus-1030 Ouellette Avenue, Windsor, N9A 1E1

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## WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

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[facebook.com/windsorregionalhospital](https://facebook.com/windsorregionalhospital)



@WRHospital

## Make Your IT Idea A Reality At Hacking Health

Got an idea for a health app or medical device? Want to join 250 creative American and Canadian professionals from the health and IT sectors in a weekend of inspiring and innovative cross-border collaboration?

WEtech Alliance, TechTown Detroit and the EPICentre are accepting registrations for the 2nd annual Hacking Health Windsor Detroit, which takes place in the Anthony P. Toldo Health Education Centre at the University of Windsor, May 13-15, 2016.

WRH and other local health care partners are sponsoring the event that is an open invitation to health care professionals, information technology experts and others – everyone from doctors, nurses, allied health professionals, administrators, computer programmers, graphic designers, technology companies, students and investors. They'll come together over the course of a weekend to form teams that dream up, design and build mobile apps and IT solutions for the health care sector.

Last year more than 35 ideas were pitched and over \$30,000 in prizes were awarded. WRH's Kaitlyn Sheehan (Clinical Practice Manager, Cardiac Catheterization Lab, Cardiac Care Unit & Diagnostic Imaging) was one of last year's award winners for her idea for an app called "Stent Tracker." Named the Judges' Overall Favourite and the idea with the Highest Potential For Adoption, the web-based app would allow patients to store their cardiac stent information, manage their medication list, schedule reminders when to take their meds and provide education on heart health and coronary angioplasty.

"I had this idea and I didn't really know who to call, what to do with it, how to take it to the next level," Kaitlyn told the Windsor Star this month about the experience, where she arrived alone to pitch her idea but soon was able to partner with IT experts to help her develop the concept.

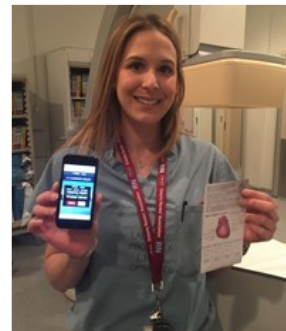
Last year's inaugural Hacking Health was held at TechTown and brought together over 250 participants who pitched more than 20 groundbreaking ideas.

To Register visit: [www.hackinghealth.ca/city/hh-windsordetroit/](http://www.hackinghealth.ca/city/hh-windsordetroit/)

- All participants register individually - even if you are part of a team.
- You don't have to be part of a team to register nor do you have to have an idea formulated, you can show up and join a team at the event. Bring your skills and an open mind.

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Visit our website for more information at [www.wrh.on.ca](http://www.wrh.on.ca)

# UPCOMING EVENTS

- APR 27** **KiliKlimb Film Presentation**  
Time: 7:00pm  
Lakeshore Cinemas  
165 Commercial Blvd, Tecumseh
- MAY 10** **Blood Pressure Screening Clinic**  
Time: 12:00pm - 3:00pm  
Ouellette Campus, Vendor Hallway
- MAY 14** **Car Seat Clinic**  
Time: 10:00am  
Amherstburg Fire Station #1  
271 Sandwich Street South
- JUN 09** **WRH Annual Golf Tournament**  
Essex Golf & Country Club  
7555 Matchette Road, LaSalle
- JUN 11** **Car Seat Clinic**  
Time: 10:00am  
Formula First Collision  
9420 Tecumseh Road East
- JUL 09** **International Dragon Boat Races**  
Waterfront Park  
13451 Riverside Drive East, Tecumseh
- JUL 12** **Blood Pressure Screening Clinic**  
Time: 12:00pm - 3:00pm  
Met Campus, Vendor Hallway
- AUG 09** **Blood Pressure Screening Clinic**  
Time: 12:00pm - 3:00pm  
Ouellette Campus, Vendor Hallway
- SEP 10** **Car Seat Clinic**  
Time: 10:00am  
Windsor Fire Station #7  
1380 Matthew Brady Avenue



The Provincial Infectious Disease Advisory Committee (PIDAC) PIDAC-IPC currently recommends that all hospitals continue to screen and isolate for VRE.

# LAST CALL TO NOMINATE!!!

## UPCOMING NURSING AWARDS

### THE DAISY AWARDS

The DAISY Awards recognize nurses for remarkable patient experience. These nurses consistently demonstrate excellence through their clinical expertise and extraordinary compassionate care, and they are recognized as outstanding role models in our nursing community. **Deadline for submission is April 29.**

### JEANNE MANCE NURSING EXCELLENCE AWARD

Nomination forms are also now online for the Jeanne Mance Nursing Excellence Award, which recognizes RNs and RPNs who continually go above and beyond to provide compassionate and professional care to his/her patients, and exemplifies teamwork, compassion, stewardship and respect.

**Nominations are open until April 29th.** If you have someone in mind you would like to nominate, please click the link [www.wrhnursingweek.ca](http://www.wrhnursingweek.ca)

### LORI DUPONT BURSARY

Also, RNs who are taking or considering education courses are also encouraged to submit an application for The Lori Dupont Bursary. This is a \$5,000.00 bursary funded by Windsor Regional Hospital and Hôtel-Dieu Grace Healthcare to assist RN staff with continuing education costs. All ONA staff members who are planning to attend education courses, conferences and workshops or who are working toward certification in 2016, are invited to **submit a bursary application by April 29th.** Each successful candidate will be awarded up to \$1,000. The awards and bursaries will be handed out at a joint celebration with Hôtel-Dieu Grace Healthcare at Met campus during Nurses Week, which runs May 9-13, 2016.

## TREVOR SAVED THREE LIVES. WILL YOU?



WINDSOR REGIONAL HOSPITAL FOUNDATION

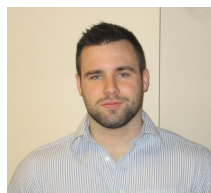


Ontario's Organ and Tissue Donation Agency

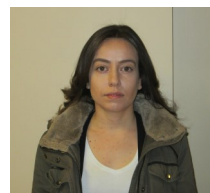
# beadonor.ca

[www.facebook.com/trevor.funkenhauser](http://www.facebook.com/trevor.funkenhauser)

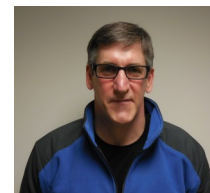
### INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



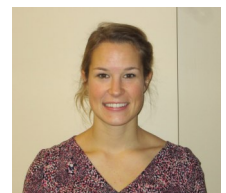
**Jacob Dahl**  
RPN  
8 WEST



**Victoria Kalivas**  
RPN  
CYSTO UROLOGY CLINIC



**Evan Little**  
MAINTENANCE MECHANIC  
FACILITIES



**Kayla Rienas**  
OCCUPATIONAL THERAPIST  
OCCUPATIONAL THERAPY

## Baked Eggs With Lentils, Peppers And Tomatoes

Makes 8 servings

Preparation: 20 min

Cooking Time: 55 min

Serving Size:

1 egg and 1 cup (250 mL)  
tomato and lentil sauce



### INGREDIENTS

- 1 tsp cumin
- 1 tsp coriander
- 2 large onions, thinly sliced
- 2 Tbsp olive oil
- 2 garlic cloves, minced
- 4 bell peppers (variety), sliced into 1/2 inch (1 cm) strips
- 1 Tbsp honey
- 2 bay leaves
- 1 Tbsp chopped thyme
- 1/2 cup chopped cilantro (reserve some for garnish)
- 10 large Roma tomatoes, chopped
- 1 tsp smoked paprika
- sea salt & ground black pepper, to taste
- 1 cup cooked or canned green lentils drained and rinsed
- 8 large eggs
- 1/2 cup feta cheese, crumbled

### METHOD

PREHEAT oven to 400 °F (200 °C). COOK in a large, ovenproof sauté pan over medium high heat, the cumin and coriander for 2 minutes stirring often. Add onions and olive oil, and sauté 5 minutes. Add garlic, peppers, honey, bay leaves, thyme, cilantro, and cook for 5 minutes, stirring often. Add tomatoes, paprika, and season with salt and pepper. Reduce heat to medium low and simmer for 10 minutes. STIR in cooked lentils and cook 7 minutes longer. Remove bay leaves. CONTINUE in your ovenproof sauté pan, or divide lentil sauce into 8 individual ovenproof skillets or ramekins. Make 8 indentations in the sauce and crack an egg into each. Sprinkle with crumbled feta cheese. Bake for 15 minutes or until eggs are cooked to desired doneness. GARNISH with chopped cilantro, and serve.

Source: Dietitians of Canada, [www.cookspiration.com](http://www.cookspiration.com)

### NUTRIENTS Per Serving :

Calories: 320; Protein: 12g; Total Fat: 21 g; Carbohydrates: 20g;  
Sodium 260 mg



## Vendors On Display This Week!

April 25 - 29, 2016

\* Please note: Vendors subject to change

### MET CAMPUS

Diane's Gifts; Sea Vital; Beauty Control;  
Leamington Medical Supply; Red Door Salon;  
Allstate Insurance; Casual Line

### OUELLETTE CAMPUS

Diane's Gifts; Maxim Medical;  
Casual Line; Funky Living

## Windsor Express Do Good!

The photo may have you ask, what's up? The basketball of course! The Windsor Express Basketball Team held a Do Good Divas night where a portion of ticket revenue supported the group. Do Good Divas have a history of supporting the community through their annual 'Handbags For Heaven' event that has drawn up to 1300 women for an evening of signed handbags being offered from artists, entertainers and politicians along with many designer and fashionable products. Do Good Divas have supported Windsor Regional Hospital for several years by adding comfort to patients and their families through furnishing lounges and waiting areas.



PHOTO ABOVE:

Gail Simko-Hatfield, President of Do Good Divas throwing out the first ball to team leaders from the Windsor Express and Halifax Hurricanes, in a game held at the WFCU Centre on April 16th.

## NATIONAL MED LAB PROFESSIONALS WEEK 2016

WRH OUELLETTE CAMPUS INTEGRATED LAB SERVICES OPEN HOUSE

Tues, April 26 & Thurs, April 28  
1000 to 1100 or 1300 to 1400

"THIS IS ONLY THE BEGINNING"

A lot happens between giving a sample and getting results.  
Please join us for a behind the scenes look at our procedures  
and instrumentation.



# ← + → HACKING HEALTH

WINDSOR + DETROIT II

MAY 13-15 2016

WINDSOR

DETROIT

UNIVERSITY OF WINDSOR TOLDO HEALTH EDUCATION CENTRE

**WANTED:**

<b>DESIGNERS</b>	TRANSFORM EVERYDAY HEALTHCARE CHALLENGES INTO REAL SOLUTIONS
<b>DEVELOPERS</b>	CONNECT TO CREATE HOLISTIC SOLUTIONS WITH PATIENTS, NOT JUST FOR PATIENTS
<b>HEALTHCARE PRACTITIONERS</b>	CONTRIBUTE TO IMPACTFUL HEALTHCARE CHALLENGES AND IMPROVE THE EXPERIENCE
<b>COACHES &amp; MENTORS</b>	OFFER YOUR IDEAS AND CONCEPTS TO HELP CATALYZE INNOVATION IN HEALTHCARE

Hacking Health Windsor-Detroit breaks down barriers to healthcare innovation by bringing together IT and healthcare professionals across the US-Canada border to collaborate, dream up & design apps for patient-centric care.

Building on the success of the first ever cross-border Hacking Health held at TechTown Detroit last year, Hacking Health Windsor-Detroit II will be crossing the border into Windsor and we want you to join us!

**REGISTER TODAY!**  
[HHWinDet.Eventbrite.ca](http://HHWinDet.Eventbrite.ca)

## 2016 Health & Wellness Expo

The 2016 Health & Wellness Expo took place on April 12 at the Ouellette Campus and April 19 at the Met Campus. The event featured numerous vendors related to health and well being.



PHOTO ABOVE:  
Lesley Zakoor of Breathe Pilates and Fitness Studio educates Health and Wellness Fair visitors about the numerous programs offered by her studio. Breathe offers programs that include Aerial Yoga, Pilates Barre and Kickboxing classes.



PHOTO ABOVE:  
Tina Thomas (right) and Nancy Bryan of Lose Weight with Tina discuss the weight loss and nutrition sessions the company offers. Their recipe cards and advice garnered avid visitor attention at the Metropolitan Campus Health and Wellness Fair on Tuesday April 19th.

YOU ARE INVITED

WINDSOR REGIONAL HOSPITAL FOUNDATION

A QUALITY - 11 DAY  
CUSTOM DESIGNED & ESCORTED TOUR

## ICELAND and NORWAY

and the NORWEGIAN COASTAL CRUISE (HURTIGRUTEN)

Departing September 24, 2016

TICO 50015768



ACCOMMODATIONS	RATES	WRHF SPECIAL RATES
Upper Deck (5) Stateroom	\$ 4,395	\$ 4,195
Center Deck (3) Stateroom	\$ 4,315	\$ 4,115
Lower Deck (2) Stateroom	\$ 4,310	\$ 4,110

Price includes all airfares from Toronto, sight seeing tours and all meals.

Make your deposit of \$200 per person NOW. Final payments are due July 15, 2016. Taxes included. Port charges are included. All rates are in U.S. dollars.

**Southland Travel**

23 Talbot Street North, Essex, Ontario, N8M 1A5  
Phone: 519-776-9336 / 519-776-6928 / [www.southlandtravel.ca](http://www.southlandtravel.ca)

**ORGAN DONATION REGISTRATION BOOTH**

**ENTER FOR A CHANCE TO WIN AN IPAD MINI!**

A CHANCE TO BE INSPIRED AND TO LEARN MORE ABOUT ORGAN DONATION

FEATURING SURVIVOR STORIES!

**WEDNESDAY, APRIL 27**  
DOORS OPEN: 6:30PM / SHOWTIME: 7:00PM

LAKESHORE CINEMAS

164 COMMERCIAL BLVD, TECUMSEH

For more information or to purchase tickets, please visit the Public Affairs office at Met or Ouellette Campuses or call 519-973-4433 (Ouellette) 519-985-2656 (Met) [www.wrhf.on.ca](http://www.wrhf.on.ca)