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TRIBUNE

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COMPASSION is our
PASSION



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital
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Made It To The Top!

To recognize the achievement of the 2014 Dream Climb and KiliKlimb, the Windsor/Essex Hospitals Foundation was pleased to receive a donation of \$70,000 from the proceeds of a generous community.



PHOTO ABOVE: Dr. Dante Morassutti, Chief of Neurosciences, Windsor Regional Hospital; Richard Vennettilli, Vice President, Windsor/Essex Hospitals Foundation and; Ilias Kiristis, President/Chair of the Windsor/Essex Hospitals Foundation with KiliKlimb proceeds.

It all began when Dr. Morassutti and Richard Vennettilli decided to change their lives by getting in better shape through fitness and running. Once achieving success with weight loss and in better shape, they talked about another challenge, that of climbing Mount Kilimanjaro, the highest mountain in Africa. Dennis Segatto overheard them and he too asked to be included in the challenge!

Out of ideas to raise funds came the first Dream Climb - Step Up Your Game held in January 18, 2015 with over 150 participants. Following was the Out of Africa event held at Walkerville Brewery to showcase the climbers and their families as they prepared for their journey. They began their trip in late June and reached the summit of Mount Kilimanjaro on July 5, 2015.

As both Dr. Morassutti and Richard Vennettilli stated, they were exhausted due to the altitude and very emotional as a result of reaching the top, 19,340 feet above sea level. Dennis gave it his best; however, due to a fall along the trail, was advised not to climb any further and return to base camp. He can be proud of the fact that, as a two-time kidney transplant survivor, he was recognized for his valor attempt and his compassion to promote the Gift of Life Organ and Tissue Donor Awareness.

Story cont'd on Page 2

WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

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[facebook.com/windsorregionalhospital](https://www.facebook.com/windsorregionalhospital)



@WRHospital

Visit our website for more information at www.wrh.on.ca



UPCOMING EVENTS

- JAN 12** **Blood Pressure Screening Clinic**
Time: 12:00pm - 3:00pm
Met Campus, Vendor Hallway
- JAN 16** **DREAMCLIMB**
Time: 10:00am - 4:30pm
Chrysler Building, 1 Riverside Dr. West
- JAN 17** **DREAMCLIMB**
Time: 10:00am - 4:30pm
Chrysler Building, 1 Riverside Dr. West
- JAN 30** **T2B "The Love Boat" Gala**
Time: 5:30pm
Ciociaro Club of Windsor
3745 North Talbot Road, Windsor
- FEB 06** **In Honour Of The Ones We Love Gala**
Time: 6:00pm
Ciociaro Club of Windsor
3745 North Talbot Road
- FEB 09** **Blood Pressure Screening Clinic**
Time: 12:00pm - 3:00pm
Ouellette Campus, Vendor Hallway
- MAR 02** **Hats On For Healthcare**
Locations throughout Windsor-Essex
www.hatsonforhealthcare.com
- APR 12** **Blood Pressure Screening Clinic**
Time: 12:00pm - 3:00pm
Met Campus, Vendor Hallway
- MAY 10** **Blood Pressure Screening Clinic**
Time: 12:00pm - 3:00pm
Ouellette Campus, Vendor Hallway
- JUN 09** **WRH Annual Golf Tournament**
Essex Golf & Country Club
7555 Matchette Road, LaSalle



Alcohol-based hand rub should be provided for patients and visitors to reduce the risks of environmental contamination with respiratory viruses, gastrointestinal viruses and antibiotic-resistant organisms (AROs).

Made It To The Top cont'd...

A celebration event, "Return From Africa" featured Beth Daly, victim of an accident that required neurosurgery and extensive rehabilitation. She herself assisted in raising a good portion of the proceeds. A video documentary, capturing every step of the journey by film director, Sasha Jordan of Appler was shown at the event, qualifying to be shown at WIFF (Windsor's International Film Festival) a few weeks later.

Along with the cheque presentation on January 5, staff on 8 West displayed some of the medical equipment purchased from KiliKlimb proceeds.



PHOTO ABOVE: Occupational Therapist, Kelly Hindemeier demonstrating the Neurogym Technology Sit-to-Stand Trainer.



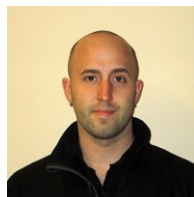
PHOTO ABOVE: Dr. Morassutti, Chief of Neurosciences with patient, Kim Kelly who uses a new breast call switch system (call bell) when requiring staff assistance.

All three participants and their families who climbed Mt. Kilimanjaro stated that it was a moment in history and meant something very special to each of them. It was not an easy feat; however, each are praised and thanked for their unselfish desire to climb to new heights to benefit patient care through philanthropy.



PHOTO ABOVE: KiliKlimb enthusiasts...Dennis Segatto, Dr. Dante Morassutti and Richard Vennettilli.

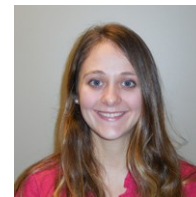
INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Joshua McCarton
REGISTRATION PORTER
PATIENT TRANSPORT



Erin Bray
UNIT CLERK
7 WEST MEDICAL



Nicole Bertucci
REGISTERED NURSE
8 EAST NEUROSURGERY



Victoria Rocheleau
FOOD SERVICE WORKER
GUEST SERVICES

Have Faith...Christmas Did Come!

Faith Mueller is a busy and compassionate lady. At 8 years old, similar to other years, she organized fundraising events in order to give back to children who might be in the hospital over the holidays.

She, with help from family and friends, sold cookies and hosted a lemonade stand. With extra help from No Frills, Costco and Cavalier Tool & Manufacturing Ltd., Faith donated over \$1,000 in toys, stuffed animals and games to Paediatric Child Life Services at Windsor Regional Hospital.



PHOTO ABOVE:

In photo with Faith is her brother, Joshua, dad Edward, mom, Angela, sister, Kaitlyn and Jennifer Burton Liang of Child Life Services.



Join the Ontario Masons at Devonshire Mall on Saturday, January 16 & Sunday, January 17

Find out more about MASONiCh.i.p
(Child Identification Program)



Connect on social media with
Windsor Regional Hospital!



Dedicated Years Of Service 2015

Every year, thousands of people in our community receive outstanding care from the dedicated women and men who work at Windsor Regional Hospital. To acknowledge staff, a 'Celebration of Service' was held on January 5 at Met Campus and January 6 at the Ouellette Campus to recognize staff for their many years of service to the hospital.

Windsor Regional Hospital Board of Directors and Executive Committee, along with Directors, Managers and Supervisors express their appreciation to all employees for their dedication and service. All are valued and recognized for the role they play in making Windsor Regional Hospital a caring and special place to work!



Kelly Azar (15yrs) and Georgia Kitching (25yrs)



MDRD Group
Traci Caza-Taggart (15 yrs), Carrie Teall (15 yrs),
Carrie Breault (10 yrs), Thom Morris (Manager),
Wendy Druskovich (10 yrs) and Liza Sim (15 yrs)



Joan Fuerth (30 yrs) and Jodie Nugent (10 yrs)



Stephanie Coll (15yrs), Rosemary Stephen (30yrs),
Crystal Palumbo (15yrs), Marlene Bafaro (35yrs),
Toni Piazza (40yrs), Tracey Pardalis (20yrs) and
Gayle Billson (20yrs)



Deborah Ayotte (Manager), (Heather Campbell (16yrs),
Shelley Kaschak (16yrs), Shannon Buckley (16yrs) and
Kim Helmer (Manager)



Cheryl Singer (15yrs), Nancy Dresser (30yrs), Lisa
Pinsonneault (15yrs), Ann DiPierdomenico (30yrs),
Gale Brydon (35yrs), Brenda Hunt (15yrs) and
France Champoux (Manager)



**BEAUTY
ROADSHOW**

Friday, January 15, 2016

**Windsor Regional Hospital
Ouellette Campus - 2nd Floor Mezzanine
11:00am - 6:00pm**

A New Year...and a New You!

Beauty • Health & Wellness • Lifestyle • Community

It's Beauty at Work

Featuring beauty experts, health professionals and specialty vendors with the newest trends in beauty and wellness.

**FREE Beauty Make-overs & Mini-treatments
FREE Samples • Contests & Prizes • Refreshments • Show Specials**

Brought to you by the show producers of the Beauty Expo 2016
Proudly supporting small business, non-profits and community organizations within Windsor & Essex County.



SAVE the DATE

**Beauty Expo 2016
February 6 & 7, 2016 CABOTO CLUB
Vantage Marketing & Events • 900-500 Ouellette Ave., Windsor ON N9A 1B3
Tel: (519) 735-1142 • Email: VantageEvents@mnsi.net**

BeautyExpo.ca

Respect

*everyone
deserves it*

WRH respects our patients, visitors,
employees, professional staff, and volunteers.

**Threats
Bullying
Intimidation
Harassment
Violence**

Are considered unacceptable behavior and
will not be tolerated.

For concerns please contact your Manager, Human Resources (x52512),
or Risk Manager (x52510).

For details check wrhcreatingasafeworkplace.ca



**COMPASSION is our
PASSION**



**Greg
Monforton
AND PARTNERS
INJURY LAWYERS**

DREAM CLIMB 2016

STEP UP YOUR GAME!

JANUARY 16-17, 2016

ONE RIVERSIDE DRIVE WEST BUILDING (CHRYSLER / DREAM MGMT. BUILDING)
Windsor/Essex Hospitals Foundation invites the community to take part in repetitive walk or run of the stairwell (13 floors) of the One Riverside Drive West building while raising much needed funds for the Neurosciences program at Windsor Regional Hospital. This program provides care for complex trauma brain injuries, spine injuries, cancer issues, stroke related issues; brain aneurysms and degenerative diseases. The event also raises awareness of Organ and Tissue donation with Trillium Gift Of Life.

For more event information or to register, please call 519-973-4433 or 519-985-2656
www.dreamclimb.ca



Vegetarian Chili

Makes 6 servings
Preparation: 20 min
Cooking Time: 60 min



INGREDIENTS

- 3 tbsp. olive oil
- 2 tbsp. minced garlic
- 1 medium green bell pepper
- ¼ c. chili powder
- 13 tsp. ground cayenne pepper
- 1 medium zucchini
- 1 tsp. salt
- 1 can tomatoes in purée, tomatoes coarsely chopped (see note) ½ c. chicken or vegetable broth
- 1 c. diced onion
- 1 medium red bell pepper
- 1 c. thinly sliced carrots
- 1 tbsp. ground cumin
- 8 oz. fresh tomatillos
- 2 can black beans

METHOD

Heat oil in a 3 1/2- to 4-quart Dutch oven over medium heat. Add onion and garlic and cook 2 to 3 minutes, stirring often, until onion starts to soften. Add red and green bell peppers and carrots and cook 5 to 6 minutes, stirring often, until carrots. Add chili powder, ground cumin, salt and ground red pepper and cook and stir 1 minute. Add tomatillos and zucchini and cook 8 to 10 minutes, stirring often, until tomatillos start to soften. Stir in remaining ingredients. Bring to a boil, reduce heat to low, cover and simmer 20 minutes. Uncover and simmer 10 minutes longer, stirring occasionally, or until sauce has thickened and vegetables are tender.

NUTRIENTS Per Serving:

Calories: 314; Protein: 14g; Total Fat: 9 g; Carbohydrates: 50g;
Sodium 645mg; Potassium 1424 mg