

The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital Met Campus-1995 Lens Avenue, Windsor, N8W 1L9 / Ouellette Campus-1030 Ouellette Avenue, Windsor, N9A 1E1

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WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

To contribute a news tip, story or advertisement in the next issue, please email us at:

frontlinetribune@wrh.on.ca

Ron Foster, Editor ron.foster@wrh.on.ca 519-254-5577 ext. 52003

Gisele Seguin gisele.seguin@wrh.on.ca 519-254-5577 ext. 52008

Steve Erwin steve.erwin@wrh.on.ca 519-254-5577 ext. 33350

David Lenz david.lenz@wrh.on.ca 519-254-5577 ext. 32539



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IN THIS WEEK'S ISSUE CQSI Data Provides An Opportunity For Meaningful **Change For Patients In Windsor-Essex**

Patients receiving cancer treatment in Windsor are among the most satisfied in the province when it comes to the patient experience, but there is room for improvement according to the results of the latest Cancer System Quality Index (CSQI) 2016, released last week by the Cancer Quality Council of Ontario.

The CSQI measures 39 indicators from screening to end-of-life care and survivorship.

"Having access to this kind of data allows us to make meaningful change," says Monica Staley

Liang, Regional Vice President of the Erie St. Clair Regional Cancer Program, "This year's report shows a number of improvements in our system and it also shows us where we need to direct our attention as we go forward to improve the experience and outcomes for our patients."

"One of the things this year's report showed was that our patients feel we are not doing enough to respond to their worries, and feelings of sadness," said Staley Liang.

Based on the results, the cancer centre team is already looking at innovative ways to improve the patient experience, by investing the dedicated quality improvement funding that the centre receives annually from Cancer Care Ontario.



PHOTO ABOVE: Dr. Ken Schneider, Chief of Oncology Windsor Regional Hospital

Additional findings from the CSQI 2016 show the Erie St. Clair LHIN:

- Has above average risk factors for cancer. Individuals are more likely to smoke and consume more than the recommended amount of alcohol, they are also more likely to be obese and less likely to eat vegetables or exercise.
- Has above average incident rates of lung, prostate and female breast cancer and below average incidents of colorectal cancer.
- Has below average rates of screening for most cancers.
- Has one of the quickest wait times for patient pathology results. This allows a quicker start to their care plans and treatments.
- Has above average scores for most areas related to patient satisfaction with their experience.

"The data provides us with a great opportunity to continue to improve care across the spectrum of cancer services which could not only improve patient satisfaction and expectations, but also the potential for better outcomes," says Dr. Ken Schneider, Chief of Oncology.



UPCOMING EVENTS

CIBPA Charity Golf Classic

Time: 10:00am

Pointe West Golf Club 200 Golfwood Drive, Amherstburg

National Bank Baseball Fundraiser

Time: 12:00pm - 3:00pm Walkerville Brewery 525 Argyle Road, Windsor

WRH Annual Golf Tournament

Essex Golf & Country Club 7555 Matchette Road, LaSalle

Car Seat Clinic

Time: 10:00am Formula First Collision 9420 Tecumseh Rd. E

A Day For A Life Golf Tournament

Time: 10:00am

Kingsville Golf & Country Club

International Dragon Boat Races

Waterfront Park

13451 Riverside Drive East, Tecumseh

Blood Pressure Screening Clinic

Time: 12:00pm - 3:00pm Met Campus, Vendor Hallway

Blood Pressure Screening Clinic

Time: 12:00pm - 3:00pm Ouellette Campus, Vendor Hallway

Car Seat Clinic

Time: 10:00am Windsor Fire Station #7 1380 Matthew Brady Avenue

Blood Pressure Screening Clinic

Time: 12:00pm - 3:00pm Met Campus, Vendor Hallway



Patients presenting with acute respiratory infection should be provided a mask to prevent transmission to other patients and staff.

Our Dragon Boat Teams Are Ready!

On Saturday, July 9th, the 2016 Windsor Essex Dragon Boats Festival for the Cure will return for its 14th year of helping to ensure that the very best breast cancer screening, diagnosis and treatment is available, close to home.

The Dragon Boat Festival over the last many years has raised more than \$3.4 million to support area hospitals provide state-of-the-art diagnostic equipment that include full-field digital mammography systems, mammatone machine and core biopsy steriotatic attachment.

Windsor Regional Hospital also wants to do its part and contribute, and that is where the teams come in. Thanks to the following who have stepped forward again this year to raise funds to support the Dragon Boat Festival initiatives.

Our Dragon Boat Teams include:

- The Best In Chest Team Captain: Sabrina Perissinotti
- The Main Squeeze Team Captain: Kelly Glaves
- Pharma C-Cups Team Captain: Renee Gee
- Teets Ahoy Team Captain: Sheena Kechego
- We Labour For Life Team Captain: Debbie St. Pierre

Everyone is invited on July 9th to the 14th Annual Dragon Boat Festival at Waterfront Park in Tecumseh. Come out and cheer our teams to victory, knowing, that the real winners are the patients who receive care at Windsor Regional Hospital.



Join us to celebrate spring watching the **Detroit Tigers** and **Toronto Blue Jays**. FREE PIZZA LUNCH will be provided as we raise money for the Windsor Regional Hospital Foundation.

Date: June 8th, 2016

Time: 12 noon - 3 p.m.

Location: Walkerville Brewery 525 Argyle Road Windsor ON N8Y 4Z8

Event: Celebrate Spring watching the Tigers vs Blue Jays and support

Windsor Regional Hospital

Sponsored by: National Bank Financial and The Mallender Wealth Management Group

Donations at the door are appreciated and 100% go to Windsor Regional Hospital Foundation.





National Bank Financial is an indirect wholly-owned subsidiary of National Bank of Canada which is a public company listed on the Toronto Stock Exchange (NA: TSX). National Bank Financial is a member of the Canadian Investor Protection Fund (CIPF).

INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Cassie Newby REGISTERED NURSE SURGICAL SERVICES



Karina Nataprawira PHARMACIST PHARMACY



Maxine Binder EEG STUDENT DIAGNOSTIC IMAGING



Angela D'Alessandro PATIENT ADVOCATE PATIENT REPRESENTATIVE

Windsor Regional Hospital "Hacks" WinIT Award

The second annual Hacking Health Windsor-Detroit event took place on May 13-15 with a number of great potential IT solutions for health care issues put forward including an award-winning one from a Windsor Regional Hospital (WRH) led team!

More than 200 health care and IT professionals from both sides of the border assembled for the weekend event at the University of Windsor's Toldo Health Education Centre. On Friday night, WRH Emergency Department physician, Dr. Faiz Alharbi and WRH Clinical Pharmacist, Anna Guo pitched separate ideas about the same problem, the challenge of obtaining a complete list of allergies and medications from patients coming into the ER and prior to admission.

The two decided to work together on the project and networked to put a team with a web developer/software engineer and a few Masters of Computer Science students to work on the idea over the weekend. The result by Sunday was an award winner, the proposed mobile app was named as having the "Highest Potential for Social/Patient Impact."

"It was an exciting and enjoyable weekend working on it," Anna said, noting that the live demo App was presented to the judges along with two dozen other teams on Sunday. "I met some amazing health care professionals from nurses to doctors and respiratory therapists to innovators/developers, IT specialists, corporate managers, entrepreneurs, etc.. We are planning out next steps and will continue to work on this project."

"I found the event to be quite inspiring, there was no shortage of great ideas, sincere feedback and willingness to help," stated Dr. Alharbi. "The event's atmosphere was filled with positive energy and enthusiasm to make the world a better place. I walked in with an idea and left two days later with a team who not only helped me grow the idea, but also managed to bring it to reality. I am very proud of all of my team members and can't wait to get back to working on the project."

Congratulations to all the teams who participated in Hacking Health 2016 and worked so hard on ideas using technology to improve health care delivery and outcomes!



Photo Above: Dr. Faiz Alharbi, WRH Physician and Anna Guo, WRH Clinical Pharmacist







Speedy Pork & Apple Skillet Dinner

Makes 4 servings Preparation: 10 min Cooking Time: 10 min

INGREDIENTS

1 tsp canola oil

2 cloves garlic, minced

1 tsp dried thyme leaves

1/4 tsp fresh ground pepper

4 (500g) boneless pork loin chops

2 red skinned apples, cored/sliced

1/2 cup sodium reduced chicken or vegetable broth

1 tsp Dijon mustard

1/2 tsp cornstarch

METHOD

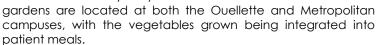
In a bowl, combine oil, garlic, thyme and pepper; add pork chops and rub mixture all over. Heat a large nonstick skillet over medium high heat and brown pork chops on both sides. Remove to plate and add apple slices to pan; cook, stirring for 2 minutes. Whisk together broth, mustard and cornstarch; pour into skillet. Stir to coat apples. Return pork chops to skillet and cook, turning once, for about 3 minutes. Note: Serve with a green vegetable and rice

NUTRIENTS Per Serving:

Calories: 211; Protein: 30g; Total Fat: 5 g; Carbohydrates: 10g; Sodium 159 mg

Planning Begins For 2016 Community Garden

A planning team composed of staff and volunteers began the process of preparing for the 2016 Windsor Regional Hospital Community Garden on Monday May 16th. The



This year sees a new face joining the fold with Roby Dyck of Natural Lane Farms donating Orgunique organic fertilizer for the garden, as well as offering advice for getting the best results from his products.

This year's garden will feature a plethora of flowers as well as cherry tomatoes, cucumbers and leaf lettuce to help supply patients with fresh, local produce. The community garden members are also looking at planting green onions at the Metropolitan site this year to see how the crop will fare.

The planting date for this year's community garden is set for Thursday May 26th, with Friday May 27th acting as the alternate day in case of rain.

Volunteers will soon be supplied with their schedules and will work throughout the summer to ensure the health of the garden, as well as to harvest the produce.

To get involved with the Community Garden or for more information, contact Renee Hopes at 519-254-5577 ext. 33184 or renee.hopes@wrh.on.ca.



WRH 2by4 Video Contest

The video contest is open to all staff (employees, volunteers, professional staff and affiliates). Entries will be accepted from groups or individuals.

Visit the 2 by 4 (Intranet Homepage) for an instructional video!

The subject of the video must be WRH's 2 by 4 Campaign which highlights – 2 Client Identifier and the 4 Moments of Hand Hygiene.

Send your video by Monday, May 30, to paula.pesce@wrh.on.ca or drop off a memory stick with your name and contact information to the Public Affairs office at either Met or Ouellette Campus. The winning team or individual will win a \$100 gift certificate to Ted Farron's Gourmet Butcher Shop.

Vendors On Display May 24-27, 2016

* Please note: Vendors subject to change

MET CAMPUS

Smarts Last Call, Beauty Control, Coconut Oil of Canada, Funky Living, Sarah Fawcett Books

OUELLETTE CAMPUS

Just Jewellery, Smarts Last Call, Little Red Door



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#KnowYour911 Campaign
Visit knowyour911.ca for more information

and for your chance to win an iPad mini.





