



FRONTLINE TRIBUNE

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COMPASSION is our **PASSION**



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital
Met Campus-1995 Lens Avenue, Windsor, N8W 1L9 / Ouellette Campus-1030 Ouellette Avenue, Windsor, N9A 1E1

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Windsor Regional Hospital Welcomes A New Patient Representative

Angela D'Alessandro began her role on May 30, 2016. She joins the Patient Relations team that includes Patient Representative, Robin Williams (Met Campus) and is based out of the Ouellette Campus .

Patient Representatives work to support the patient and their family during their stay or visit to the hospital. Their goal is to strengthen, personalize and enhance the relationships among patients, their families and the health care team.

Patient Representatives act as an unbiased resource for patients, clients, residents and families when dealing with services delivered at Windsor Regional Hospital.

The Patient Relations team is led by Monica Staley Liang, Regional Vice President, Cancer Services, Renal, Patient Relations & Legal Affairs.



Angela D'Alessandro



Robin Williams



WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

To contribute a news tip, story or advertisement in the next issue, please email us at:
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[facebook.com/windsorregionalhospital](https://www.facebook.com/windsorregionalhospital)



@WRHospital

#WEareready At Carousel of Nations Fusion of Culture

#WEareready for a weekend of culture, food, music and discussion about the proposed Windsor-Essex Hospitals System. Stop by and visit the #WEareready booth this Saturday, June 11 and Sunday, June 12, at the Carrousel of the Nations - Fusion of Culture Festival, at the Riverfront Festival Plaza.

This is yet another way the Program and Services Steering Committee is engaging/educating the community on the proposal for a new hospital system. Stop by and visit us, have your picture taken in front of the #WEareready booth this weekend to find out more about the project, what it means for you and how you can get involved.

There are plenty of other great activities and events happening at the festival including face painting, free throw basketball and music from DJ Jazzy Jeff, Karl Wolf and local favorite, the Jody Raffoul Band.

Hope to see you there!



Visit our website for more information at www.wrh.on.ca



UPCOMING EVENTS

JUN 08 National Bank Baseball Fundraiser
Time: 12:00pm - 3:00pm
Walkerville Brewery
525 Argyle Road, Windsor

JUN 09 WRH Annual Golf Tournament
Essex Golf & Country Club
7555 Matchette Road, LaSalle

JUN 11 Car Seat Clinic
Time: 10:00am
Formula First Collision
9420 Tecumseh Rd. E

JUN 12 Workout For W.E. Care For Kids
Time: 10:00am - 4:00pm
Place Concorde
7515 Forest Glade Drive

JUN 22 A Day For A Life Golf Tournament
Time: 10:00am
Kingsville Golf & Country Club

JUL 01 Canada Day At Adventure Bay
Time: 10:00am - 8:00pm
Adventure Bay
401 Pitt Street West

JUL 09 International Dragon Boat Races
Waterfront Park
13451 Riverside Drive East, Tecumseh

JUL 12 Blood Pressure Screening Clinic
Time: 12:00pm - 3:00pm
Met Campus, Vendor Hallway

AUG 09 Blood Pressure Screening Clinic
Time: 12:00pm - 3:00pm
Ouellette Campus, Vendor Hallway

SEP 10 Car Seat Clinic
Time: 10:00am
Windsor Fire Station #7
1380 Matthew Brady Avenue



In the hospital setting there is a low risk of transmission of head lice unless close, head-to-head contact between healthcare worker and patient occurs.

WRH Foundation Partnership Continues To Grow With National Bank Financial & Mallender Group

Windsor Regional Hospital Foundation has a partnership with National Bank Financial (NBF) and the Mallender Wealth Management Group for WRH to be part of their Community Sharing Program. This program incorporates NBF donating a percentage of fees clients pay back to Windsor Regional Hospital. New clients to NBF who want to participate in this program can direct approximately 21% of the investment fees they pay, to be donated.

Craig Mallender, NBF VP/District Manager oversees The Mallender Wealth Management Group. With over 90 years of investing experience. The Mallender Group possess a combination of knowledge and experience to best protect and grow your wealth.

It provides new clients with an exciting opportunity to access a premier wealth management group, get first class investment advice, and help WRH raise additional funds for much needed programs.

As part of their commitment to the WRH Foundation, NBF will be hosting an opportunity to watch the Detroit Tigers vs. Toronto Blue Jays baseball game on the big screen at Walkerville Brewery on June 8th, 2016 (details below).

For more information, call the Mallender Group at 519-258-0504 and they will explain how the Affinity program can benefit your family and the WRH Foundation. Please their website to find out more: www.mallenderwealth.ca



Join us to celebrate spring watching the **Detroit Tigers** and **Toronto Blue Jays**. **FREE PIZZA LUNCH** will be provided as we raise money for the Windsor Regional Hospital Foundation.

Date: June 8th, 2016

Location: Walkerville Brewery
525 Argyle Road
Windsor ON N8Y 4Z8

Time: 12 noon – 3 p.m.

Event: Celebrate Spring watching the Tigers vs Blue Jays and support Windsor Regional Hospital

Sponsored by: National Bank Financial and The Mallender Wealth Management Group



Donations at the door are appreciated and 100% go to Windsor Regional Hospital Foundation.
www.mallenderwealth.ca



National Bank Financial is an indirect wholly-owned subsidiary of National Bank of Canada which is a public company listed on the Toronto Stock Exchange (NA: TSX). National Bank Financial is a member of the Canadian Investor Protection Fund (CIPF).

INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Merna Sadiq
REGISTERED NURSE
SURGERY



Michelle Bucar
CV TECH
CARDIOPULMONARY



Keegan Tonkin
RPN
OPERATING ROOM



Heather Leblanc
REGISTERED NURSE
SURGERY



Recipe of the Week

Greek Style Couscous & Egg Wrap

Makes 4 servings

Preparation: 10 min

Cooking Time: 5 min



INGREDIENTS

- 1/2 cup whole wheat couscous
- 1 clove garlic, minced
- 1/2 tsp thyme or Italian herb seasoning
- 3/4 cup sodium reduced vegetable or chicken broth
- 1/4 cup each grated carrot and zucchini or diced bell pepper
- 3 hard cooked eggs, peeled
- 1/3 cup 0% fat plain Greek yogurt
- 1/2 cup quartered grape tomatoes or chopped tomatoes
- 1/4 cup crumbled light feta cheese
- 3 tbsp chopped fresh basil or parsley
- 1/4 tsp fresh ground pepper
- 4 small whole wheat flour tortillas

METHOD

Place couscous in a bowl with garlic and thyme. Bring broth to a boil and pour over couscous. Stir in carrot and zucchini; cover and let stand for 5 minutes. Meanwhile, in another bowl, mash eggs with a fork and stir in yogurt, tomatoes, feta, basil and pepper. Add couscous mixture and stir to combine. Divide among the tortillas and roll up to enjoy.

Using hard cooked eggs in sandwiches adds protein and a creamy texture to this filling. Switch up your cheese. Try goat cheese or ricotta instead of the feta for a flavour twist.

Source: Dietitians of Canada, Cookspiration website:
www.cookspiration.com

NUTRIENTS Per Serving :

Calories: 292; Protein: 150g; Total Fat: 8 g; Carbohydrates: 39g;
Sodium 482 mg



On Display June 6 - 10, 2016

* Please note: Vendors subject to change

MET CAMPUS

Kidbits, G&D Jewellery, Janet Fashions,
Barbs Healthcare, Little Red Door

OUELLETTE CAMPUS

Cardinal Place, Magic Magnets,
Janet Fashions, Kidbits



WINDSOR REGIONAL HOSPITAL FOUNDATION

You don't need deep pockets to afford quality insurance. We customize packages and provide options to fit your needs, at the right price.

HOME & AUTO INSURANCE THAT'S EASY ON THE WALLET.

• HOME INSURANCE •

Providing protection and peace of mind for the place you call home. Our coverages include:

- Homeowners
- Seasonal Dwellings
- Personal Umbrella
- Condominiums
- Tenants
- Rented Dwellings
- Watercraft
- Increased Liability Limits

Additional discounts may include: security/fire alarm, newer home, mature homeowner, mortgage-free, claims-free and renewal.

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We cover your insurance needs while you are on the go. We insure a broad range of vehicles, including:

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- Motorcycles
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- Antique
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Additional discounts may include: experienced driver, anti-theft, multi-policy, profession, conviction-free, multi-vehicle, renewal and age.

No service fees on payment plans. An additional 3 percent savings.

Supporting the Windsor Regional Hospital Foundation

GETTING A QUOTE IS EASY.

Contact Lesley Tofflemire at **519-776-6457** or lesley.tofflemire@dpmns.com

www.dpmns.com



SHOW YOUR SPIRIT AT THE CANADA DAY 5K RUN!

Staff who submit proof of registration by June 10 will receive a "Building on our Strength – the New Windsor Essex Hospitals System" T-shirt.

Send your proof of registration along with your shirt size to Melissa.Simas@wrh.on.ca by June 10th to qualify.

Wear your shirt in the run and show your support for the new hospital system.

A DAY FOR A LIFE CHARITY GOLF TOURNAMENT



HONOURING THE MEMORY OF
**TREVOR LOUIS
FUNKENHAUSER**

**WEDNESDAY
JUNE 22, 2016**

**KINGSVILLE GOLF & COUNTRY CLUB
REGISTRATION: 10:00AM**
PLEASE COME EARLY FOR BREAKFAST OR LUNCH

PROCEEDS RAISED FROM THIS TOURNAMENT WILL CONTINUE TO SUPPORT AWARENESS CAMPAIGNS TO INCREASE THE NUMBER OF REGISTERED ORGAN AND TISSUE DONORS AND MAINTENANCE OF THE WINDSOR REGIONAL HOSPITAL ICU AREA AND WAITING ROOM

For sponsorship or to register, please contact:

Gunther: 519-966-6241 / Eric: 519-819-1491
Jason: 519-996-6712 / Fallon: 519-995-3198

By email to: kingsvillefoods@yahoo.ca or pfunkenhauser@yahoo.ca

www.facebook.com/trevor.funkenhauser



FOR THE CONVENIENCE OF STAFF AND VISITORS DRYCLEANING SERVICE NOW AVAILABLE IN OUR GIFT SHOP MET & OUELLETTE CAMPUS

PROCEEDS SUPPORT WINDSOR REGIONAL HOSPITAL EQUIPMENT PURCHASES



OUTSTANDING CARE - NO EXCEPTIONS!

PROUDLY PROVIDED BY:



IXL CLEANERS LTD.

Did you know...

You can **SUPPORT** and **DONATE** to WRH Hospital *without any extra money coming out of your pocket?*



It's easy to make a difference...

Pay for your everyday purchases with gift cards purchased from FundScrip and automatically contribute to Windsor Regional Hospital!

Over **100** to choose from including local shops, restaurants and services!



SHOPPING MADE SIMPLE!

GIFT CARDS AVAILABLE AT

Public Affairs / Foundation Office

at Metropolitan or Ouellette Campus

Contact Sandra Bauer at (519) 254-5577 x52004

Email: sandra.bauer02@wrh.on.ca



CANADA DAY at ADVENTURE BAY

**Friday, July 1, 2016
10AM to 8PM**



Ceremony at 9AM

Discounted Admission

\$12 Adults * \$7 Children under 12

\$2 from each Admission donated to support We Care For Kids (Windsor, ON)

Join us for a Citizenship Ceremony as we welcome our new Canadians.

For details visit www.adventurebay.ca



Adventure Bay Family Water Park Presented by wfcu Credit Union

401 Pitt Street West * Windsor, ON

519-974-2782 (AQUA) * www.adventurebay.ca * #AdBay