



FRONTLINE TRIBUNE

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COMPASSION is our **PASSION**



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital
Met Campus-1995 Lens Avenue, Windsor, N8W 1L9 / Ouellette Campus-1030 Ouellette Avenue, Windsor, N9A 1E1

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Caesars Windsor Cares!

Caesars Windsor presented Windsor Regional Hospital Foundation with a donation of \$9,000 to name the OB Triage Waiting Room on 2 West, Met Campus. The funds assisted with new furnishings, painting, digital television and decorating the room with baby prints.

The OB Triage Program is an Emergency Department for pregnant women who come directly up to the 2nd floor Maternal Newborn Program for service. The program provides care for any pregnancy related concerns for women over 13 weeks gestation that have been confirmed by an ultrasound. Women who have appointments for non-stress tests and cesarean sections also attend the OB Triage Program.



Photo Above: (l to r): Richard Vennettilli, President/Chair, Windsor Regional Hospital Foundation; Devon Lanspeary, Clinical Practice Manager, Maternal/Newborn Program, WRH; and, Mary Riley, Vice President of Marketing, Caesars Windsor.

"Partnering with the Windsor Regional Hospital Foundation and giving back to our community, is an important part of who we are as an organization," stated Mary Riley, Vice President of Marketing, Caesars Windsor.

Since its beginning, Caesars Windsor Cares has proudly supported local organizations that work towards building a better future for the community and its citizens. From corporate giving, volunteering and fundraising, Caesars Windsor works to enrich our community by partnering and contributing to local not-for profits in long lasting, suitable ways.



Photo Above (l to r): Mary Riley and Devon Lanspeary, outside of OB Triage Waiting Room.

WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

To contribute a news tip, story or advertisement in the next issue, please email us at:
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@WRHospital



Visit our website for more information at www.wrh.on.ca

UPCOMING EVENTS

JUN 30 **Dragon Boat Bake Sale**
Teets-Ahoy Dragon Boat Team
Vendor Hallway, Ouellette Campus

JUL 01 **Canada D'eh 5K Run**
Time: 9:00am
Fort Malden Historic Site
100 Laird Avenue, Amherstburg

JUL 01 **Canada Day At Adventure Bay**
Time: 10:00am - 8:00pm
Adventure Bay
401 Pitt Street West

JUL 09 **International Dragon Boat Races**
Waterfront Park
13451 Riverside Drive East, Tecumseh

JUL 12 **Blood Pressure Screening Clinic**
Time: 12:00pm - 3:00pm
Met Campus, Vendor Hallway

AUG 09 **Blood Pressure Screening Clinic**
Time: 12:00pm - 3:00pm
Ouellette Campus, Vendor Hallway

AUG 12 **Rejuvenation Of The Spirit Pow Wow**
Time:
Bevel Line & Seacliff Dr., Leamington

AUG 13 **Rejuvenation Of The Spirit Pow Wow**
Time:
Bevel Line & Seacliff Dr., Leamington

SEP 10 **Car Seat Clinic**
Time: 10:00am
Windsor Fire Station #7
1380 Matthew Brady Avenue

OCT 11 **Blood Pressure Screening Clinic**
Time: 12:00pm - 3:00pm
Met Campus, Vendor Hallway



Bed bugs are transported from place to place as people travel in the seams and folds of luggage, overnight bags, folded clothes, and bedding. Bagging belongings and providing a fresh hospital gown when an infestation is suspected prevents the spread.

Hospital Challenge Blood Drive

Once again this summer, WRH will be taking part in Canadian Blood Services' annual Hospital Challenge during which hospitals in Ontario compete to donate the most units of blood during the months of July and August.

The summer is a critical time in the need for blood and the Hospital Challenge helps to boost reserves.

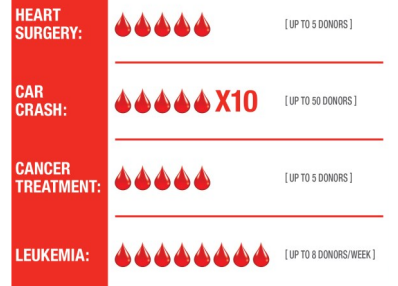
All staff, physicians and volunteers are being encouraged to help WRH win the challenge. Family and friends can also take part.

Join the Windsor Regional Hospital Life-Saving Team. Stay tuned for an email being sent to all staff on Monday, June 27 with a registration link where your blood donation will count towards WRH's overall total.

For more information about how to donate, go to www.blood.ca!



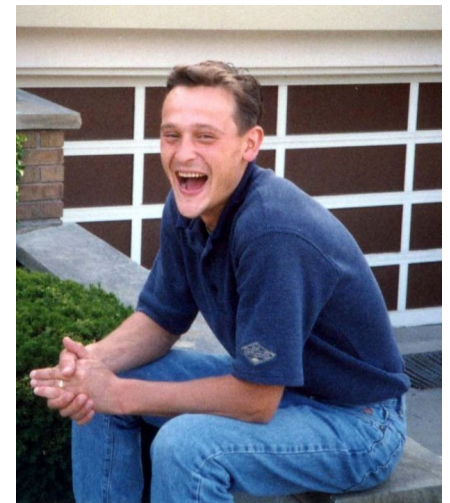
Canadian Blood Services
it's in you to give



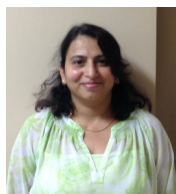
Golf Tournament Returns As "A Day For A Life!"

The Annual 'A Day For A Life' Charity Golf Tournament, honouring the memory of Trevor Louis Funkenhauser took place last Wednesday at the Kingsville Golf and Country Club and saw a full roster of golfers enjoy a day of fun, memories and family kinship. Over the last five years, the tournament has raised over \$125,000 to transform the Ouellette Campus ICU Waiting Room, private family rooms and the purchasing of specialized surgical instrumentation for Windsor Regional Hospital.

The tournament also promotes organ and tissue donor awareness for Windsor and Essex County. "Organ donor registration rates in this area have improved; however, we have a long way to go related to every individual registering at www.beadonor.ca," stated Gunther Funkenhauser, father to Trevor who passed away at a young age. Trevor's gift provided vital organs to three individual's lives through the Trillium Gift of Life program.



INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Nupur Brahmabhatt
LABORATORY TECHNOLOGIST
LABORATORY



Lina Phan
REGISTERED NURSE
NEUROLOGY



Hailey Rice
REGISTERED NURSE
SURGERY



Amber Hope
LAB ASSISTANT
MED LAB

Join Team Clean To Help Us Stay Green!

Here's an opportunity for some outdoor fun and some team building with colleagues – all in support of an initiative that lets us take pride in our campus neighbourhoods.

Join "Team Clean" for a morning in July where a group of staff, volunteers, friends and family will take a stroll around our hospital neighbourhood to clean away trash and raise awareness about our local environment!

The project is being led by a former WRH patient – Ved Uppal, who says the concept of having teams assemble to clean up around facilities is one he's seen implemented in India that helps connect staff with the neighbourhood where they work. Uppal's hope is that the July clean up days will be just a start of an ongoing project – one that can be fun for participants in the summer sun!

The Ouellette campus "Team Clean" will meet at 9 am on Wednesday, July 6th and the Met campus Team Clean will assemble at 9 am on Thursday, July 7th. Both sessions will run until 1 pm (with lunch at noon) but you don't have to stay for the full time period – come on out for as long as you are able and willing to help!

Participants will also receive an appreciation gift and supplies for the cleanup.

Anyone interested in joining can register with Renee Hopes at ext. 33184 or renee.hopes@wrh.on.ca.



Lets take pride in our neighbourhood, participate in the Team Clean at Windsor Regional Hospital

TEAM CLEAN



Ved Uppal

"Be the change that you wish to see in the world"

Gandhi



Ved Uppal Invites You To "TEAM CLEAN"

WEDNESDAY, JULY 6 / OUELLETTE CAMPUS / 9AM - 1PM
THURSDAY, JULY 7 / MET CAMPUS / 9AM - 1PM

Volunteers will be picking up garbage, etc....making the environment for patients and families a little better.

If you have two hours or more to give, you are invited to join in this initiative - participants will receive supplies, lunch and an appreciation gift.

(Students needing to complete hours are encouraged to participate)

To register call Renee Hopes at **519-254-5577 ext.33184** or email renee.hopes@wrh.on.ca to sign up to help.



Strawberry Apple Salsa With Cinnamon Crisps

Makes 5 servings

INGREDIENTS

Cinnamon Crisps

5 small (8-inch/20 cm) flour tortillas
1 tbsp granulated sugar
1/2 tsp ground cinnamon

Strawberry Apple Salsa

1 cup hulled strawberries
1 medium tart apple, peeled and diced
2 tbsp liquid honey or brown sugar
1/2 tsp grated orange zest (optional)

METHOD

Cinnamon Crisps: Brush tortillas with water; sprinkle with sugar and cinnamon. Cut into wedges. Place on nonstick baking sheet and bake in preheated oven for 5 minutes or until golden and crisp. Strawberry Apple Salsa: In a medium bowl, mash strawberries; add apple, honey and, if using, orange zest. Stir to blend well. Serve with Cinnamon Crisps.

DIETITIAN'S MESSAGE

Not only does Strawberry Apple Salsa invite kids to add fruit to their food choices, it also is a tasty way to add essential vitamins, minerals and antioxidants.

Source: Dietitians of Canada, Cookspiration website: www.cookspiration.com

NUTRIENTS Per Serving :

Calories: 141; Protein: 2.5g; Total Fat: 2.1 g; Carbohydrates: 29.5g; Sodium 218 mg



On Display June 27 - July 1, 2016

* Please note: Vendors subject to change

MET CAMPUS

Sunlife, Express Uniforms,
Coconut Oil of Canada

OUELLETTE CAMPUS

Express Uniforms

“STEP UP” TO PREVENT FALLS!

Do your part to prevent patient falls at Windsor Regional Hospital!



For all members of the Interdisciplinary Teams



- ✓ Notice the falling leaf on the patient room door frames.
- ✓ Complete a visual sweep of the patient & the patient environment.
- ✓ Call for help if the patient appears to be trying to get out of bed/ chair or ambulating alone or appears in an unsafe situation.



- ✗ Walk by a patient room and ignore the Falling Leaf sign.
- ✗ Fail to check when walking by a patient room.
- ✗ Observe a patient trying to get out of bed or chair or ambulating alone with out notifying nursing staff.



COMPASSION is our PASSION

For more information on the Falls Prevention Program visit:

www.wrhppreventfalls.ca

Community Working To Reduce Injury

WRH joined with other community partners to celebrate the City of Windsor's designation as a Canadian Safe Community.

The designation comes from Parachute Canada, a national organization dedicated to preventing injuries and saving lives. Led by The Safety Village, a year-long drive for the designation included identifying existing programming and new opportunities to improve injury prevention and awareness to meet criteria for the designation.

WRH is represented on the Safe Communities Windsor leadership table by Diane Bradford, who among her duties is the manager of the regional trauma program and injury prevention.



Photo Above (l to r)
EMS Chief Bruce Krauter, EMS Chief speaks to the attendees of the event along with Chief Al Frederick of Windsor Police Services.



SUN SAFETY

CAP IT

- Check the UV index - 3 or higher requires your sunglasses and wide brimmed hat

TIME IT

- Limit exposure time to the sun between 11am and 4pm when sun is the strongest
- Beware of medications sensitive to UV rays

DRINK IT

- Stay hydrated
- Drink plenty of fluids throughout the day
- Don't wait to get thirsty

SCREEN IT

- Apply SPF 15 or higher to all exposed skin
 - Re-apply often and generously
 - Use 'water resistant' sunscreens



BAKE SALE

Dragon Boat Bake Sale *Teets-Ahoy!*



When: Thursday June 30th
Time: 8am - till we run out
Where: Vender Hall
Ouellette Campus