

The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital Met Campus-1995 Lens Avenue, Windsor, N8W 1L9 / Ouellette Campus-1030 Ouellette Avenue, Windsor, N9A 1E1

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WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

To contribute a news tip, story or advertisement in the next issue, please email us at: frontlinetribune@wrh.on.ca

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After announcing that Windsor Regional Hospital would be establishing a Cardiac Surgery Clinic to assist patients requiring cardiac surgery in London, the first patients were seen last week when the Clinic opened at the Ouellette Campus.

The Cardiac Surgery Clinic is under the leadership of Dr. Bob Kiaii, Chief of Cardiac Surgery at London Health Sciences Centre who is also Chair of the Division of Cardiac Surgery at the Schulich School of Medicine, University of Western Ontario Campus.

The Clinic's operational plan is to see patients once a month with intentions of building over a six to twelve week period. The Cardiac Surgery Clinic is located on the 4th floor at the Ouellette Campus.

Currently, approximately 30% of cardiac surgery volumes at London Health Sciences Centre are patients from Windsor and Essex County. These patients make up the approximate 400 surgeries performed in London from this region.

"The opening of the Clinic is another first step in providing a continuum of service that focuses on trying to remove as much stress as possible on the patient and their families," stated Dr. Kiaii. Dr. Kiaii went on to say, "With the Schulich Windsor Campus and plans for a future state-of-the-art acute care hospital in this region, Windsor Regional Hospital's and Windsor's future looks very promising."

"The presence of this on-site Cardiac Surgery Clinic further advances the regional cardiac program here at Windsor Regional Hospital," said Dr. Roland Mikhail, Medical Director, Cardiology Services. "By moving to a 24/7 cardiac catherterization lab last fall and, the need to send patients to London or Detroit for life saving angioplasty services having been virtually eliminated, the future for Windsor-Essex cardiac care Kayla Lubyk, Registered Cardiology Technologist; is exciting."



Photo Above: Lori Lamb O'Brien, Nurse Practitioner and, Dr. Bob Kiaii, Chief of Cardiac Surgery, LHSC.

Keep up to date with Windsor Regional Hospital on social media!

Get connected with us on Facebook, Twitter, Instagram and Youtube



Visit our website for more information at www.wrh.on.ca

UPCOMING EVENTS

JULInternational Dragon Boat RacesU9Waterfront Park13451 Riverside Drive East, TecumsehJULBlood Pressure Screening Clinic

Time: 12:00pm - 3:00pm Met Campus, Vendor Hallway

Prohibition Night 2016 Time: 6:00pm

Canadian Club Heritage Centre 2072 Riverside Drive East, Windsor

AUG Blood Pressure Screening Clinic Time: 12:00pm - 3:00pm Ouellette Campus, Vendor Hallway

AUGRejuvenation Of The Spirit Pow Wow12Time: 4:00pmBevel Line & Seacliff Dr., Learnington

AUGRejuvenation Of The Spirit Pow Wow13Time: 11:00amBevel Line & Seacliff Dr., Learnington

SEP 10 10 Car Seat Clinic Time: 10:00am Windsor Fire Station #7 1380 Matthew Brady Avenue

SEPRunning From Cancer11Tecumseh Arena12021 McNorton Street, Tecumseh

SEP Roman Feast

Ciociaro Club 3745 North Talbot Road, Windsor

India Canada Association Dinner
 Caboto Club
 2175 Parent Avenue, Windsor



It is the shared responsibility of each person involved with each surgical instrument or piece of medical equipment throughout the process of care to ensure that effective reprocessing will take place.

Patient Wants To Give Back

Ved Uppal received outstanding care during his time at Met campus last August. He pledged to give back – and he's doing so by coordinating an effort for a neighbourhood cleaning project with WRH staff and volunteers!

"From the Emergency Room to discharge it was a good experience," Ved says of his experience almost a year ago. By the third day of his hospital stay, Ved was able to explore parts of the hospital and it inspired him to want to give back.

"I was very impressed to see the number of volunteers busy helping patients. It was so infectious that I made a promise to myself to do my part when I am retired and settled here in Windsor."

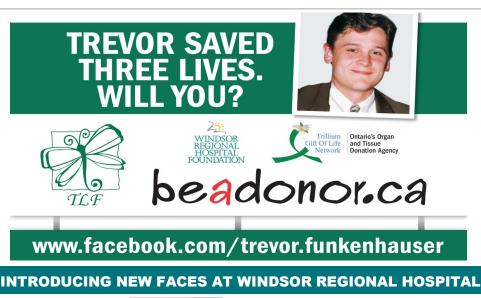
True to his kind and generous spirit, he has kept his word – spearheading an effort to provide an opportunity for some outdoor fun and team building with colleagues – all in support of an initiative that lets us take pride in our campus neighbourhoods.

Please join "Team Clean" for a morning in July where a group of staff, volunteers, friends and family will take a stroll around our hospital neighbourhoods to clean away trash and raise awareness about our local environment. It's a great way to have fun with colleagues or take the kids – it's an excellent opportunity for teenagers looking to fill community hours!

The Ouellette campus "Team Clean" will meet at 9 am on Wednesday July 6th and the Met campus Team Clean will assemble at 9 am on Thursday, July 7th. Both sessions will run until 1 pm (with lunch at noon) but you don't have to stay for the full time period – come on out for as long as you are able and willing to help!

Participants will also receive an appreciation gift and supplies for the cleanup.

Anyone interested in joining can register with Renee Hopes ext. 33184 or by email at renee.hopes@wrh.on.ca. Photo above: Ved Uppal, former patient and WRH Volunteer





 Chantelle Lawrence
 Kassandra Armstrong

 UNIT CLERK
 RESPIRATORY THERAPIST

 MENTAL HEALTH
 CARDIO PULMONARY



Lacey Derbyshire UNIT CLERK MEDICINE



Alyssa Fitch RPN MEDICINE

Students Pay It Forward

Students from Our Lady of Perpetual Help School in Windsor, along with their teacher, Ms. Martin donated \$500 worth of art supplies to Paediatric Child Life Services. The Grade 6 and 7 students applied to the Windsor Essex Community Foundation for a grant to provide the donation to Windsor Regional Hospital. Jennifer Burton Liang, Child Life specialist and Art Therapist states the supplies assist children in hospital with activities during their convalesces.



"STEP UP" TO PREVENT FALLS!

Do your part to prevent patient falls at Windsor Regional Hospital!





- Notice the falling leaf on the patient room **X** Walk by a patient room and ignore door frames. **X** Fail to check when walking by a patient room.
- Complete a visual sweep of the patient & the patient environment
- Call for help if the patient appears to be trying to get out of bed/ chair or ambulating alone or appears in an unsafe situation.





out notifying nursing staff.

Don'ts

Observe a patient trying to get out of

bed or chair or ambulating alone with

For more information on the Falls Prevention Program visit: www.wrhpreventfalls.ca



BBQ & Picnic Food Safety 101

Barbeaues and Picnics

Ontarians love to barbecue, especially when the weather starts to get warm. Food poisoning risk increases during the summer when people are more likely to be cooking outdoors. Harmful bacteria spread quickly in warm, moist conditions, so it's especially important to follow safe food handling guidelines. Here's some food safety tips that can help keep you and your family safe from food poisoning during the warm summer months.

In the cooler

- If you are storing your meat in a cooler, make sure that the cooler is kept cold with ice packs, dry ice or ice cubes from a safe drinking source.
- Keep the cooler out of direct sunlight.
- Avoid opening the cooler often. You may want to use a separate cooler for drinks as it will get opened more often.
- Always remember to keep food out of the temperature danger zone of 4°C to 60°C (40°F to 140°F). Your food can become dangerous after only two hours in this range.

Safe cooking tips

- Cook meat thoroughly to a safe temperature. Use a clean food probe thermometer to be sure!
- Keep cold food cold and hot food hot until it's served. You can keep cooked meats hot by setting them to the side of the grill.
- Discard any food left out for more than two hours. On hot summer days don't keep any food out for more than one hour.

Avoid cross-contamination

- Keep raw meat away from other foods. You can do this by packing meats separately or by making sure they are wrapped separately, so that juices don't leak out onto other foods.
- Wash your hands carefully with soap and warm water for at least 20 seconds before and after handling raw meat.
- Clean your cooking equipment, utensils and work surfaces and sanitize them with a mild bleach solution 5mL (1tsp) bleach with 750mL (3 cups) water).



On Display July 4 - July 8, 2016

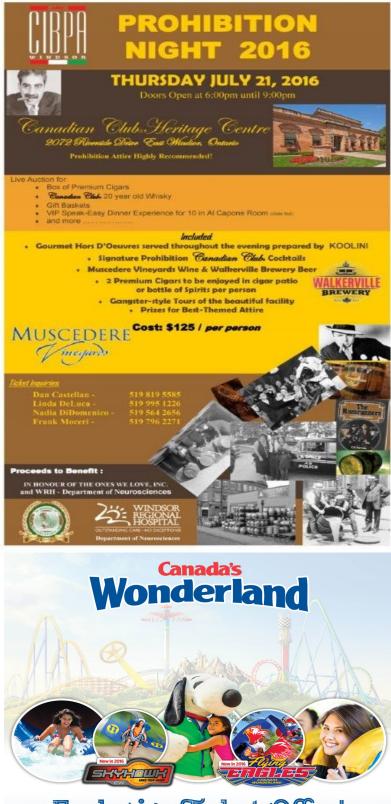
* Please note: Vendors subject to change

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and enter the following promo code in the space provided in the top right hand corner:

WRH2016 *case sensitive*



Lets take pride in our neigbourhood, participate in the Team Clean at Windsor Regional Hospital



Ved Uppal Invites You To "TEAM CLEAN" WEDNESDAY, JULY 6 / OUELLETTE CAMPUS / 9AM - 1PM THURSDAY, JULY 7 / MET CAMPUS / 9AM - 1PM

Volunteers will be picking up garbage, etc....making the environment for patients and families a little better.

If you have two hours or more to give, you are invited to join in this initiative - participants will receive supplies, lunch and an appreciation gift. (Students needing to complete hours are encouraged to participate)

> To register call Renee Hopes at 519-254-5577 ext.33184 or email renee.hopes@wrh.on.ca to sign up to help.

SUMMER CEREAL PROGRAM

A supplemental program to fill the void of school breakfast programs once school is out for the summer.

Donations to go to Street Help for their Breakfast Program

DONATION CENTRE SET UP IN THE HEALTH RECORDS DEPARTMENT SECOND FLOOR OF THE JEANNE MANCE BUILDING



<u>GIFT CARDS FROM FOOD BASICS ARE VERY APPRECIATED,</u> <u>TO BUY FRESH MILK, FRUIT, EGGS, ECT.</u>

FOR MORE INFORMATION PLEASE CONTACT DENISE RENAUD EXT. 33682 OR WENDY HOLLAND EXT. 33191