



FRONTLINE SEPTEMBER 12, 2016 TRIBUNE

VOLUME 4 / EDITION 33



COMPASSION is our
PASSION



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital
Met Campus-1995 Lens Avenue, Windsor, N8W 1L9 / Ouellette Campus-1030 Ouellette Avenue, Windsor, N9A 1E1

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WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

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@WRHospital

Early Pledges, Early Prizes in United Way Campaign

The Windsor Regional Hospital 2016 United Way Campaign kicks off on Wednesday, September 14, 2016.

Pledge forms and flyers will be placed in mailboxes at both campuses. A table with United Way information and pledge cards will be set up in the Met Campus Vendor Hallway and near the first floor vendor kiosk at Ouellette Campus. To PRINT the flyer and raffle ticket and United Way Pledge Card visit the Intranet webpage under Programs and Services.

Hand in your pledge card and raffle ticket together (minimum donation of \$1 per pay or \$26 total cash donation) to the Public Affairs/Foundation offices at Met or Ouellette Campus by Thursday, September 22nd AT NOON and you will be entered in the EARLY BIRD DRAW to win \$600 in gift cards of your choice.

Please visit the WRH Intranet Site to learn more about the United Way campaign at Windsor Regional Hospital. We have many more prizes available including 7 days off with pay, Adventure Bay Family Passes, Pizza, gift cards and more.

Please note that for those of you already donating to United Way through Payroll Deduction, last year's pledge form is only good until December 2016 UNLESS you selected the Continuous Pay Period Donation option last year. We will contact you if you selected this option last year and will ensure you are entered in the draw. If you would like to increase your donation, please contact Linda McLean at Ext.52005.

In order to continue donating In 2017, you will need to complete a new pledge form and raffle ticket. The new form will be considered your authorization for payroll deduction for 2017. Please remember: United Way has included a "Continuous Giving Option" on their pledge card. If you would like to have your donations continue on an ongoing basis, be sure to check this box.

Why give?

United Way/Centraide Windsor-Essex County supports thousands of people across the community, and is committed to those in need. Currently it supports three main priorities: reducing poverty, supporting kids and families, and strengthening neighbours across Windsor & Essex County.

For more information on how the United Way contributes to our community, visit www.weareunited.com.

Let's show Windsor and Essex County that WINDSOR REGIONAL HOSPITAL cares! Every donation big or small will help.....



**United Way
Centraide
Windsor-Essex County**

Visit our website for more information at www.wrh.on.ca



UPCOMING EVENTS

SEP 16 **Roman Feast**
Time: 6:30pm
Ciociaro Club
3745 North Talbot Road, Windsor

SEP 23 **India Canada Association Dinner**
Time: 6:00pm
Fogolar Furlan Club
2175 Parent Avenue, Windsor

SEP 28 **Infectious Disease Conference**
Time: 9:00am
Caboto Club
2175 Parent Avenue, Windsor

SEP 29 **Cindy's Fashion Show**
Time: 6:00pm
Cindy's Home & Garden
585 Seacliff Drive, Kingsville

JAN 15 **Europro Vertical Climb**
Time: 8:30am
1 Riverside Drive West, Windsor

MAR 01 **2017 Hats On For Healthcare**

UPCOMING AWARENESS WEEKS

**Suicide Prevention Week
(September 10 - 16, 2016)**

**Problem Gambling Prevention Week
(September 26 - October 2, 2016)**



Influenza vaccination is recommended for all individuals aged 6 months and older, with particular focus on: people at high risk of influenza-related complications or hospitalization, including all pregnant women, and people capable of transmitting influenza to those at high risk.

Wear Yellow This Wednesday #SuicidePrevention2016

SUICIDE PREVENTION DAY

Windsor Regional Hospital (WRH) is encouraging staff at both campuses to wear yellow on Wednesday, September 14, 2016 to raise awareness about suicide prevention.

Wear a yellow shirt or sweater to support the Suicide Prevention Week campaign led by the Canadian Mental Health Association (CMHA) in collaboration with the Windsor-Essex County Health Unit (WECHU). WRH is proud to be a community partner supporting this important campaign.

"Suicide impacts all of us, by wearing yellow on Wednesday you are recognizing the importance of continuing the great work we do every day to reduce the risk of suicide in our community" says Jonathan Foster, Director – Mental Health and Regional Renal Programs.

You and your colleagues are also encouraged to take photos and post them on Facebook (see the Canadian Mental Health Association-Windsor page) and on Twitter using the hashtags **#SuicidePrevention2016** and **#YouAreNotAlone**.

Also, registration is open for a Suicide Prevention Day workshop to be held on October 21, 2016, which is an informative day for health care professionals to discuss suicide prevention and the impact it has on our communities. See the flyer on page 4 of this newsletter for more details or go to www.wrhsuicidepreventionday.ca.

Windsor Comicon Returns To Caesars Windsor

Windsor Regional Hospital Foundation has teamed up with Windsor Comicon again this year with the event taking place Saturday, October 15 and Sunday, October 16 at the Colosseum at Caesars Windsor.

Billed as a "celebration of comics, sci-fi and all things pop culture!", the two-day event will feature a myriad of celebrities including but not limited to Jason Priestly of Beverly Hills 90210 fame and Tia Carrere of Wayne's World. Also, autograph sessions and photo opportunities, cosplay contests for adults and for kids, shopping galore, comic artists, celebrity question and answers, panels, workshops, a kids zone and much more!

"We are delighted to launch a corporate recognition platform this year to encourage growth and participation." said Steve Menzie, President & CEO, Windsor Comicon.

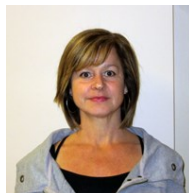


Tickets are From \$20 each to \$39 for a week-end pass For more information, go to www.windsorcomicon.com

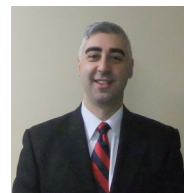
VENDORS ON DISPLAY (SEPT. 12-16, 2016)

MET CAMPUS: Kidbits, Sunlife, Just Jewellery, Express Uniforms, Little Red Door, Envy Boutique
OUELLETTE CAMPUS: Kidbits, Envy Boutique, Little Red Door

INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Leah-Ann Bessey
RPN
DAY SURGERY



Farzeen Dastoori
VOLUNTEER
DISCHARGE



Lynette Vitale
PAYROLL CLERK
GENERAL ACCOUNTING



Sridevi Kanneganti
PHYSIOTHERAPIST
PHYSIOTHERAPY

Corvettes On Display For A Cause

An annual event to benefit Windsor Regional Hospital was held by members of the Corvette Car Club who donated over \$6000 to the Paediatric Oncology Satellite Unit recently. The funds were raised during the Annual Corvette Car Show held on Windsor's Waterfront on June 12th. The first Corvette vehicle rolled off the GM assembly line in 1953, costing \$3,500. Today, a vintage Sport Coupe Convertible Corvette is now worth over \$80,000. There are over 800,000 collectable Corvettes registered throughout North America.

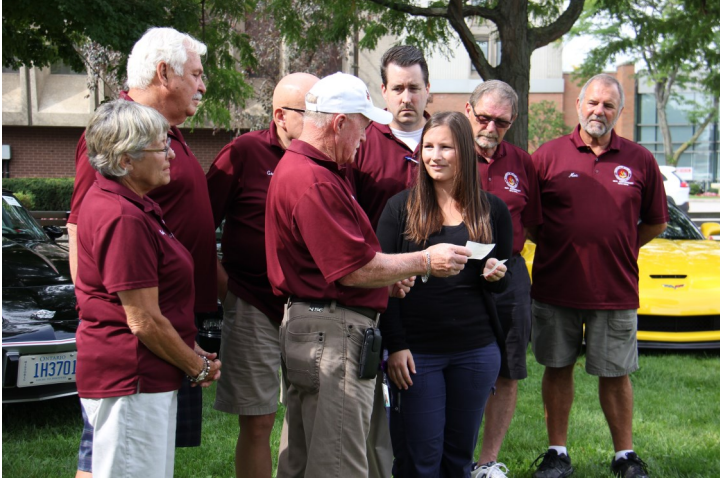


Photo Above:
Corvette Club of Windsor members displaying their prized vehicles and presenting a donation to Paediatric Oncology.



2016 UNITED WAY CAMPAIGN



Look for your United Way
Pledge Card on September 14, 2016
in Mail Slots, on the Intranet
or on Display Tables in Lobbies

Early Bird
Draw!

Return your pledge card and raffle ticket by
Noon, Thursday, September 22nd

WRH Met Campus - Linda McLean - Public Affairs (Ext. 52005)
WRH Ouellette Campus - David Lenz - Public Affairs (Ext 32539)
and you will be ELIGIBLE TO WIN:

\$600 in Gift Cards of Your Choice!

(Get yourself an IPAD, the latest fashion
or free groceries for a month!)

All pledge cards and raffle tickets returned by
Noon - Thursday, September 29th
will be eligible to WIN one of the following prizes AND MORE!

- (7) Different Prizes Each of One Day Off With Pay
- (2) Adventure Bay 4-Pack Family Passes
- (1) Ipod Shuffle
- (1) Armando's Pizza - Large Pizza
- (1) Chefs of Caesar's Windsor Panini Press
- (1) Broil King Stone Grill Set and a \$50.00 Ted Farron's Gift Card
- (1) \$50 Red Sail Restaurant Gift Certificate
- (5) \$20 Tim Hortons Gift Cards

Minimum \$26 (\$1 per pay or Cheque/Cash/Visa) donation to be eligible for draws

To obtain pledge cards, raffle tickets or United Way information,
please contact:

Met Campus - Public Affairs/Foundation: Linda McLean Ext.52005
Ouellette Campus - Public Affairs/Foundation: David Lenz Ext.32539



Capture your Senses
and Indulge in an
Evening of Endless
Culinary Delights,
Live Theatre, Music &
Belly Dancers!

FRIDAY SEPTEMBER 16, 2016

Doors Open at 6:30

CIOCIARO CLUB
3745 N. Talbot Rd., Oldcastle



Entertainment



Exotic Belly Dancers
Live Performance: "THE TWINS" by Plautus, directed
by Jeff Marontate, Korda Artistic Productions
Live Entertainment by: "Big Louie & the Band"

PURCHASE TICKETS AT - Ciociaro Club: 519 737-6153
Guaranteed A Fine Furniture: 519 948-1646
F&J Collision: 519 945-2363
Windsor Regional Hospital: 519 985-2656
CIBPA c/o Ermanna Filice: 519 982-0817
Ticket: \$85 / person or \$800 / tbl of 10 (Roman Attire Encouraged)

Menu

Antipasto Buffet at 6:30 pm
Banquet Style Dinner
Pasta with Tomato Basil Sauce
Tossed Salad
Roasted Chicken & Potatoes
Seafood Platter & Green Beans
Dessert, Coffee & Tea
Wine served with Dinner

Porchetta & Peasocchia Buffet
@ 11:00 pm

NET PROCEEDS TO SUPPORT
WINDSOR REGIONAL HOSPITAL
(OUELLETTE & MET CAMPUS)

www.romanfeast2016.ca



INDIA CANADA ASSOCIATION
in association with
WINDSOR REGIONAL HOSPITAL FOUNDATION

Gala Dinner

Friday, September 23, 2016

Fogolar Furlan Club • Reception: 6:00pm/ Program: 7:00pm

Tickets are \$60.00 each or \$550 for a table of 10

India Canada Association would like to thank all those who enabled us in the past to change
the lives of disadvantaged people around the world.

Help us continue our work and join us for an enchanting evening of delicious
East Indian food, live Bollywood style entertainment, inspiration, socializing and fundraising.



For tickets and sponsorships please call:

Paresh Jariwala: 519-317-7301
Jason Sekhon: 519-981-1579
Shrenik Parikh: 313-655-1658
Taskeen Jamali: 519-566-9560
Gisele Seguin: 519-987-3160





SUICIDE PREVENTION DAY AN INFORMATIVE DAY FOR HEALTHCARE PROFESSIONALS

Featuring expert guest speakers on suicide prevention and the impact it has on the families in our community.

Registration Fee: \$25 includes coffee and boxed lunch

FRIDAY, OCTOBER 21, 2016 - 9AM-5PM

Adventure Bay Meeting Room, 2nd Floor, 401 Pitt St. W, Windsor

For more information on the event, please contact Maria Di Stefano at 519-254-5577 ext.37617 or by email maria.distefano@wrh.on.ca

www.wrhsuicidepreventionday.ca



2nd Annual Walk/Run in Support of



September is Childhood Cancer Awareness Month

Sunday September 25, 2016

Seacliffe Park, Leamington

Register by September 10 & receive a free t-shirt

Registration begins at 9:00am

2km Walk - 10:00am / 5km Run - 10:45am



All proceeds to benefit Windsor Regional Hospital's Paediatric Oncology Unit

For more information please visit Super Ethan's Steps Facebook Page
Or contact charcole2784@gmail.com



To donate, visit www.wrh.on.ca and click on "Ways To Give". Please indicate "Super Ethan's Steps" under "Designation".



Potato Salad with Corn, Tomatoes And Charred Peppers

Makes 6-8 servings

Preparation: 30 min

Cooking Time: 20 min



INGREDIENTS (Salad)

- 1 each Red and Yellow Pepper
- 1 1/2 lb (750 g) Ontario Red Skin Potatoes (unpeeled), halved (about 4 medium)
- 3 cobs Ontario Sweet Corn, cooked
- 2 medium Ontario Tomatoes, seeded and diced
- 3 Ontario Green Onions, sliced
- 1/4 cup fresh Ontario Coriander, chopped

INGREDIENTS (Dressing)

- 1/3 cup olive oil
- 2 tbsp red wine vinegar
- 2 cloves Ontario Garlic, minced
- 2 tsp ground cumin
- 1/2 tsp each salt and black pepper

METHOD (Salad)

Broil red and yellow peppers until charred and blackened on all sides, about 20 minutes. Place in metal bowl; cover and let cool. Peel, seed and cut into 1/2-inch (1 cm) pieces. Meanwhile, in large pot of boiling salted water, cook potatoes until tender, about 15 minutes. Drain and let cool enough to handle. Cut into chunks. With sharp knife, cut kernels from corn cobs and place in large bowl. Add potatoes, charred peppers, tomatoes, green onions and coriander.

METHOD (Dressing)

In small bowl, combine oil, vinegar, garlic, cumin, salt and pepper; add to potato mixture and gently toss to coat. Chill before serving.

NUTRIENTS Per Serving (1 friter):

Calories: 230; Protein: 5g; Total Fat: 10g; Carbohydrates: 32g

TREVOR SAVED THREE LIVES. WILL YOU?



Ontario's Organ and Tissue Donation Agency

beadonor.ca

www.facebook.com/trevor.funkenhauser



THANK YOU FOR NOT SMOKING



Designated Areas: Met Campus (fenced area - Lens & Kildare) Ouellette Campus: (Goyeau St. glass shelter)
Smoking anywhere other than the Designated Smoking Area is punishable by a fine. (up to \$5,000) O.Reg.48/06

WANT TO STOP SMOKING?

1-877-513-5333 • WWW.SMOKERSHELPLINE.CA