



FRONTLINE SEPTEMBER 19, 2016 TRIBUNE



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COMPASSION is our
PASSION



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital
Met Campus-1995 Lens Avenue, Windsor, N8W 1L9 / Ouellette Campus-1030 Ouellette Avenue, Windsor, N9A 1E1

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WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

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@WRHospital

Childhood Cancer Awareness Day At WRH

To commemorate Childhood Cancer Awareness month, Windsor Regional Hospital held a celebration with some brave children and family members.

Mother Nicole Abdul-Massin who spoke at the event wants everyone to know childhood cancer is not as rare as some may think. She told the audience about the toll it took on her family, starting with the diagnosis. "The life I had imagined and planned for my son not only turned upside down, it disappeared," she said.

After 2 1/2 years of treatment, her son Ethan is "doing well", but she still has trouble even saying the word cancer.

The celebration has also recognized some "angels" says Laura Spencer, mother of Maiysn Spencer who lost her son to Leukemia. "My family is determined to keep Maisyn's memory alive by helping others".

"We hand out kick-it capes to children fighting an illness," she said. "We hold sewing bees to make hundreds of the capes and we have given out more than 5000 worldwide."

The Paediatric Oncology Satellite Clinic at WRH cares for 700 children every year.

Dr. Lenna Morgan, Chief of Paediatrics, says it is a privilege to work with these children and families during their difficult journey through cancer treatment. She says it puts an emotional, physical and financial strain on families, yet they always continue to inspire her.

"The families we see in the clinic teach us how to be braver and better."



Photo above:
Nicole Abdul-Massin speaking to the crowd at the event.



Photo above:
Child Life promoting kids activities at the event.

Visit our website for more information at www.wrh.on.ca



UPCOMING EVENTS

SEP 23 **India Canada Association Dinner**
Time: 6:00pm
Fogolar Furlan Club
2175 Parent Avenue, Windsor

SEP 23 **Prohibition Night**
Time: 6:00pm
Canadian Club Heritage Centre
2072 Riverside Drive East, Windsor

SEP 28 **Infectious Disease Conference**
Time: 9:00am
Caboto Club
2175 Parent Avenue, Windsor

SEP 29 **Cindy's Fashion Show**
Time: 6:00pm
Cindy's Home & Garden
585 Seacliff Drive, Kingsville

OCT 15 **Windsor Comicon**
Time: 9:00am
Caesars Windsor
377 Riverside Drive East, Windsor

OCT 16 **All For Mamas Family Fall Fest**
Time: 9:00am
Ciociaro Club
3745 North Talbot Road, Windsor

OCT 21 **Suicide Prevention Day**
Time: 9:00am
Adventure Bay, 2nd Floor
401 Pitt Street West, Windsor

**Problem Gambling Prevention Week
(September 26 - October 2, 2016)**



West Nile virus (WNV) is most commonly transmitted to humans by mosquitoes. There are no medications to treat or vaccines to prevent WNV infection. Fortunately, less than 1% of infected people develop a serious, sometimes fatal, neurologic illness.

Med Students Promote Cancer Screening

First year medical students from Western University's Schulich School of Medicine & Dentistry – Windsor Campus participated in the "Medical Apprentice" team challenge on September 8, 2016 and tested their knowledge about cancer screening and their community.

The event is a unique partnership between the Erie St. Clair Regional Cancer Program and Schulich School of Medicine & Dentistry - Windsor Campus. It is designed to raise public awareness around the importance of cancer screening while at the same time educating them about screening as well as their campus and community.

Dr. John Day, Primary Care Lead for the Regional Cancer Program, played host for the day's events, providing a warm welcome for the future physicians.

"This is a fun and interactive way for students to get to know each other, and for those joining the Schulich Medicine – Windsor Campus from outside our region, to get to know the city," Dr. Day said. "But most importantly, it will educate these students, as well as help raise public awareness about the importance of cancer screening and prevention."

Four teams of students competed in various challenges, including a "Family Feud" style event where students answered questions on cancer screening and prevention, and took part in a scavenger hunt on and off campus.

Students also headed out to the streets to hand out informational brochures on the MyCancerIQ website and took "selfies" with various people they met to post and spread the word about screening on Facebook.

For more information on cancer screening visit www.mycanceriq.ca.

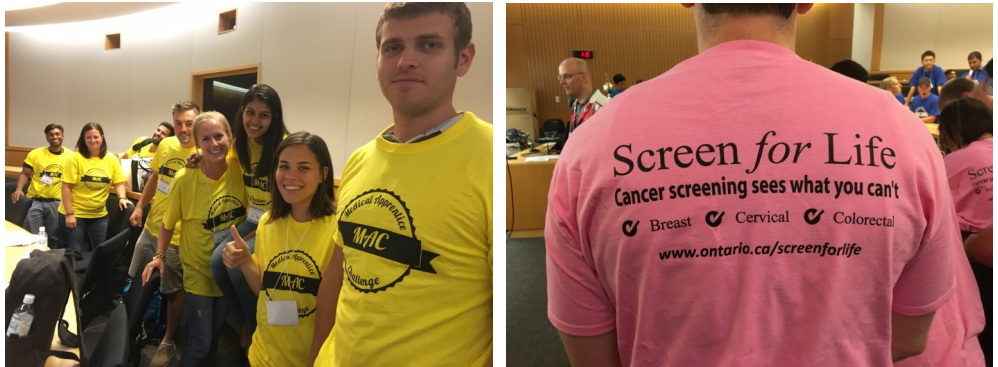


Photo above: Medical students from Western University's Schulich School of Medicine & Dentistry raising awareness and importance of cancer screening.

VENDORS ON DISPLAY (SEPT. 19-23, 2016)

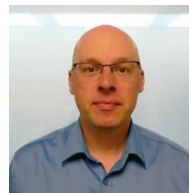
MET CAMPUS: Lemontree Jewellery, Just Jewellery, Absolute Fitness, Maxim Medical, Unique Books, G&D Jewellery, Smarts Last Call

OUELLETTE CAMPUS: Magnolia & Vine, Lemontree Jewellery, Smarts Last Call; Funky Living

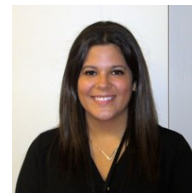
INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Lindsay George
RPN
AMBULATORY CLINICS



Joshua Leclair
ACCOUNTING ANALYST
ACCOUNTING ADMIN



Nicole Coppola
UNIT CLERK
OUT PATIENT DAY CARE



Kelsey Policella
HEALTH RECORDS CLERK
RECORD PROCESSING

Kids Love Helping Kids

Paediatric Child Life Services at the Met Campus received more stuffed animals as a result of the generosity of 9 year old, Madison Trealout who sold rainbow loom bracelets, raising \$150, then purchasing the items for kids who are in the hospital.



Photo Above (left to right) Jennifer Burton Liang, Child Life specialist with Madison, Makensi and Brayden (Trealout) as they present their stuffed animals. Thanks for paying it forward!



2016 UNITED WAY CAMPAIGN



Look for your United Way Pledge Card on September 14, 2016 in Mail Slots, on the Intranet or on Display Tables in Lobbies

Early Bird Draw!

Return your pledge card and raffle ticket by **Noon, Thursday, September 22nd**
 WRH Met Campus - Linda McLean - Public Affairs (Ext. 52005)
 WRH Ouellette Campus - David Lenz - Public Affairs (Ext 32539)
 and you will be **ELIGIBLE TO WIN:**
\$600 in Gift Cards of Your Choice!
 (Get yourself an IPAD, the latest fashion or free groceries for a month!)

Early Bird Draw!

All pledge cards and raffle tickets returned by **Noon - Thursday, September 29th** will be eligible to WIN one of the following prizes AND MORE!

- (7) Different Prizes Each of One Day Off With Pay
- (2) Adventure Bay 4-Pack Family Passes
- (1) Ipod Shuffle
- (1) Armando's Pizza - Large Pizza
- (1) Chefs of Caesar's Windsor Panini Press
- (1) Broil King Stone Grill Set and a \$50.00 Ted Farron's Gift Card
- (1) \$50 Red Sail Restaurant Gift Certificate
- (5) \$20 Tim Hortons Gift Cards

Minimum \$26 (\$1 per pay or Cheque/Cash/Visa) donation to be eligible for draws

To obtain pledge cards, raffle tickets - or United Way information, please contact:

Met Campus - Public Affairs/Foundation: Linda McLean Ext.52005
Ouellette Campus - Public Affairs/Foundation: David Lenz Ext.32539



PROHIBITION NIGHT 2016

FRIDAY SEPTEMBER 23, 2016

Doors Open at 6:00pm until 9:00pm



Canadian Club Heritage Centre
 2072 Riverside Drive East Windsor, Ontario

Prohibition Attire Highly Recommended!



Live Auction for:

- Box of Premium Cigars
- Canadian Club 20 year old Whisky
- Gift Baskets
- VIP Speak-Easy Dinner Experience for 10 in Al Capone Room (date tbd)
- and more

Included:

- Gourmet Hors D'Oeuvres served throughout the evening prepared by KOOLINI
- Signature Prohibition Canadian Club Cocktails
- Muscedere Vineyards Wine & Walkerville Brewery Beer
- 2 Premium Cigars to be enjoyed in cigar patio or bottle of spirits per person
- Gangster-style Tours of the beautiful facility
- Prizes for Best-Themed Attire



Cost: \$125 / per person



ticket inquiries:

- Dan Castellani - 519 819 5585
- Linda DeLuca - 519 995 1226
- Nadia DiDomenico - 519 564 2656
- Frank Moceri - 519 796 2271

Proceeds to Benefit :

IN WHOR OF THE ONES WE LOVE, INC.
 and WRH - Department of Neurosciences



all4mamas PRESENTS

Family Fall Fest

Mommy Market and 5km

Sunday Oct. 16th 2016

Ciociaro Club Windsor • 3745 Talbot Rd • Oldcastle ON NOR 1L0

9-2pm, warm-up 9:30am, 5k starts at 10am
 Price: \$20 Age 18+ - \$10 Age 3-17 - Donation: Age 2 and under

Register by contacting All 4 Mamas Foundation
 Email: info@all4mamas.com - Call: 519-792-4639 OR

Register online:
www.all4mamas.com

PRICE INCLUDES:
 Entrance to Mommy Market, pasta and salad lunch, coffee, tea, registration to the 5km walk, face painting, costume parade, bouncy castle, family yoga class

This event is held by the All 4 Mamas Foundation - The funds raised from this event are being raised to donate to the Windsor Regional Hospital Family Birthing Centre and Paediatric Oncology Items

EVENTS & ACTIVITIES
 Shop at our Mommy Market - Pasta Lunch - 5km walk - Costume Parade - Family Harvest Photo Booth
 Face Painting - Bouncy Castle - Family Yoga Class



Gala Dinner

Friday, September 23, 2016

Fogolar Furlan Club • Reception: 6:00pm/ Program: 7:00pm

Tickets are \$60.00 each or \$550 for a table of 10

India Canada Association would like to thank all those who enabled us in the past to change the lives of disadvantaged people around the world.

Help us continue our work and join us for an enchanting evening of delicious East Indian food, live Bollywood style entertainment, inspiration, socializing and fundraising.



For tickets and sponsorships please call:

Paresh Jariwala: 519-317-7301
Jason Sekhon: 519-981-1579
Shrenik Parikh: 313-655-1658
Taskeen Jamali: 519-566-9560
Gisele Seguin: 519-987-3160



Eggplant Parmesan Lasagna

Makes 8 servings

Preparation: 30 min

Cooking Time: 50 min



INGREDIENTS

- 1 tbsp. olive oil
- 1 large egg
- 2 egg whites
- 1 c. panko bread crumbs
- ½ cup all-purpose flour
- 6 oz. part-skim mozzarella
- 2 medium eggplants
- 1 container lowfat cottage cheese
- 1 container part-skim ricotta
- ½ c. grated Romano or Parmesan cheese
- 2 tbsp. grated Romano or Parmesan cheese
- black pepper
- 1 cup roughly chopped fresh basil
- ½ cup roughly chopped fresh flat-leaf parsley
- 2 ½ cups jarred marinara sauce

METHOD

Heat oven to 450 degrees F. Lightly oil two large rimmed baking sheets. Beat the egg and egg whites together in a shallow bowl. Place the bread crumbs and flour in separate shallow bowls. Add 1 tablespoon oil to the bread crumbs and mix to combine. Slice the eggplants into 1/2-inch-thick rounds. Dip the eggplant rounds in the flour, then the eggs (letting any excess drip off), and finally in the bread crumb mixture, pressing gently to help them adhere; transfer to the prepared baking sheets. Roast until the eggplant is golden brown, 15 to 20 minutes. Reduce oven temperature to 400 degrees F. Meanwhile, in a large bowl, combine the cottage cheese, ricotta, 1 cup mozzarella, 1/2 cup Romano, and 1/2 teaspoon pepper. Fold in the basil and parsley. Spread 1/2 cup marinara on the bottom of a 9- by 13-inch baking dish. Top with a layer of eggplant (8 to 12 slices) and 1/2 cup marinara, and dollop with a third of the ricotta mixture (about 1 1/2 cups). Repeat eggplant, marinara, and ricotta layers twice. Top with the remaining 1/2 cup marinara. Sprinkle with the remaining 1/2 cup mozzarella and 2 tablespoons Romano. Cover the dish tightly with an oiled piece of foil and bake for 20 minutes. Uncover and bake until the top is light golden brown, 20 to 25 minutes more. Let stand for 10 minutes before serving.

Make it Ahead: Line the baking dish with foil, leaving a 3-inch overhang on two sides. Prepare the lasagna as directed. After baking, allow it to cool in the dish. Use the overhangs to lift it out; wrap tightly in plastic, then foil, and freeze for up to 2 months. To serve: Let thaw in the refrigerator, remove the foil and plastic, and transfer the lasagna to a casserole dish. Reheat in a 375 degree F oven, about 20 minutes.

NUTRIENTS Per Serving:

Calories: 380;
Protein: 22g;
Total Fat: 16 g;
Carbohydrates: 35g;
Sodium 755mg;
Potassium 716 mg



2nd Annual Walk/Run in Support of



September is Childhood Cancer Awareness Month

Sunday September 25, 2016

Seacliffe Park, Leamington

Register by September 10 & receive a free t-shirt

Registration begins at 9:00am

2km Walk – 10:00am / 5km Run – 10:45am



All proceeds to benefit
Windsor Regional Hospital's
Paediatric Oncology Unit

For more information please visit Super Ethan's Steps Facebook Page 
Or contact charcole2784@gmail.com

To donate, visit www.wrhl.on.ca and click on "Ways To Give". Please indicate "Super Ethan's Steps" under "Designation".